

## **LIST OF HEALTH CARE FACILITIES IN BISHKEK, KYRGYZSTAN 2013**

Modern, American style health care is not available in Kyrgyzstan. The health care system is based on the Soviet style of health care which can seem very different in comparison to Western countries. Generally the medical personnel are knowledgeable but the system lacks the modern health care technology available in the US. There are very limited numbers of medical staff that speak English or that were trained in Western Europe or the U. S.

If travelling throughout the country for extended period of time please check the CDC website ([www.cdc.gov/travel](http://www.cdc.gov/travel)) for immunization recommendations and obtain the immunizations before travelling to Kyrgyzstan. People are advised to bring their own medical supplies and medications for any chronic illness, minor illnesses and injuries. Modern types and medicines commonly used in the US are not available. Insulin is one of many types of medications not available here. Kyrgyzstan is considered a tuberculosis endemic area and appropriate test for exposure to tuberculosis needs to be obtained upon returning to the U.S.

For major illness or injuries the normal practice is to get emergency treatment at local facilities and to arrange for medical evacuation as soon as possible. Adequate medical evacuation insurance coverage for all travelers is a high priority. In the event of a serious medical condition every effort should be made to evacuate to Istanbul or Western Europe. Please be advised that the cost of a medical evacuation to Istanbul or Western Europe can easily exceed \$60,000 USD and may take twenty-four to forty eight hours to arrange.

The U.S. Embassy maintains the following list of clinics and hospitals in Bishkek. Some are private clinics and others are part of the National Health System. All will require a cash payment for care rendered (usually in local currency).

**The U.S. Embassy assumes no responsibility for the professional ability or reputation of the persons or medical facilities whose name appears on this list.**

### **AMBULANCES**

Bishkek City Ambulance Dial 103

Commercial Ambulance Services

- 1.) Dial 139, 548666 or 549999
- 2.) Dial 151 or 439151

Generally the ambulances in Kyrgyzstan are not equipped with emergency medical supplies like medications or oxygen. The ambulances companies are staffed by physicians that will answer an emergency call then recommend triage and transport to the appropriate hospital. The dispatch operators do not speak English, generally Russian.

The wait time for an ambulance can be up to one hour. The ambulance staff does not speak English.

### **HEALTH CLINICS and HOSPITALS 2013**

#### **1. NeoMed A Private Diagnostic and Consultative Medical Clinic**

Address: 46 Orozbekova St.

Tel: (312) 906090.

This is general clinic with a number of specialists. It has a CT scanner and modern ultrasound machines with good diagnostic capabilities. One provider-internal medicine/cardiologist speaks English. Her name is Janna Savchenko.

#### **2. National Center of Traumatology and Orthopedics.**

Address: 206, Krivonosova Street

Admitting department: Tel: (312) 211778

This is a National Center with clinics and hospital wards. It has an emergency department, accepts all types trauma patients including burns. It also has a ward for detox from drugs and alcohol.

POC is Sabirbek Artisbekovich Jumabekov, professor, director. Phone: (312) 211669

#### **3. City Trauma Unit**

Address: 41 Manas (intersection Toktogul/Manas)

Reception: (312) 318922

Provides 24 hour first aid for minor traumas. No inpatient facilities.

#### **4. Pediatric Emergency Hospital.**

Address. 8a, Baitik Baatyr street.

Reception: (312) 544655

This is a pediatric general hospital in the city and accepts all types of pediatric emergencies.

POC is Talant Oroskulovich Omurbekov, professor, chief. Office: (312) 562326, 544642

#### **5. National Center of Cardiology and Internal Medicine**

Address: 3, Togolok Moldo street.

ICU department : (312) 625682

This Center has an ICU and is able to care for patients having heart attacks, and other cardiology problems. It has a 24 hour Emergency entrance with a physician on duty.

POC is Medet Beishenkulov, chief of CCU. Office: (312) 624206

#### **6. Infectious Disease Hospital.**

Address: 70, Tolstoy street.

ICU department: (312) 590018

This hospital accepts patients with infectious conditions, if one has a fever this is the hospital that accepts that patient, other hospitals usually do not accept a patient with a fever. There is a limited ICU. For foreigners a private room on a regular ward is

provided. There is a laboratory that can do cultures. POC is Guljigit Kengekaraevich Aliev, chief of the hospital. Phone: (312) 590154

#### **7. “Kamek” Private Surgical Clinic.**

Surgical department

Address: 225, Moskovskaya street. Tel. 0(312) 640055, 640101

Polyclinic address: 45, Aynee str.

Reception: (312) 215151

POC is Erkin Mamatov, chief, surgeon.

#### **8. National Republican Hospital**

Address: 1 Togolok Moldo St. (intersection of Togolok Moldo and Moskovskaya St.)

Admitting department: 0(312) 620987

Neurotrauma admitting department: (312) 620964

Angio neurology: (312) 666403, (312) 620991

Microsurgery department: (312) 660619

Eye department#1: (312) 663256

Eye department#2: (312) 621019

This is a very large compound that house different medical specialties. There are many buildings. When sending people to this center for any emergency one must ask where the correct building is for the specific problem. There is a place for Eye, Ear, Nose and Throat emergencies with 24 hour Emergency services. There is an Angio Neurology Center which is for strokes or aneurysm. There is a Neuro Trauma unit for severe head injuries. This hospital also has a good micro vascular department for nerve or tendon injuries in hands or lower extremities. The local ambulance will know where to take people in this compound. This is not a center to send someone unescorted if they do not speak Russian. They need to have a local person to translate or use the local ambulance. POC is Nuraliev Mirbek Askarovich, chief. Office: (312) 621014, (312) 661008.

#### **9. Eye Hospital and Clinic: Private Clinic**

Address: 5 Baytik Baatyr St.

Tel: (312) 510251 /510781/ 510783

This is a private eye clinic and hospital with ophthalmologists. Eye exams can be done here.

POC is Almazbek Ismankulov, professor, chief

### **DENTAL CLINICS**

#### **Kairos Dental Clinic**

Address: Ryskulov St 10      Tel: (312) 612302, 612303

This is a modern state of the art dental clinic newly opened in 2009. Dentists speak some English and the receptionist speaks English. There is a panoramic dental x-ray machine here.

POC are Bakhtigul Alibaeva and Aibek Moon.

**Estet**

Address: 51 Baytik Baatyr st / Gorky st

Tel: 0(312) 543884/ 900409

They provide a full range of services, and meet excellent quality standards in infection control, materials, and technique. No English speakers available.

**Alef Dental Clinic, specialize on children.**

Address: 40, Ibraimov street

Tel. 0 (312) 389600, 38960

This clinic has dentists that specialize in children and have anesthesiologists available for children.

**PHARMACIES**

Please be advised that medications purchased in the pharmacy may not be of the same quality as that obtained in the U.S. The brand name of the drug you request may not be the same as the brand available. Look for the formula name on your prescription if are searching for a replacement locally. Please be aware the pharmaceuticals come from a variety of countries including but not limited to the People's Republic of China, Russia, United States and the European Union.

**Neman:** Information Desk: (312) 689141; 689144

**Central Pharmacy**

Address: 127 Abdrakhmanov (former Sovetskaya) st. crosses Moskovskaya st.

Tel: (312) 901011, 665500

**Prestige**

Address: 95 A Kievskaya St.

Tel: (312) 621462

**LABS / Private Labs in Bishkek**

**Bonetsky's Laboratory**

20 Prospect Mira (main building)

Reception: (312) 316074, 316333

This lab has the capability to do culture and sensitivities.

**Human Laboratory**

Address: 21/2 Logvinenko

Reception: (312) 620102

**MRI, CT, Ultrasound : Private Diagnostic Centers**

**TOMEX CT Center**

165 Panfilov St. (cross st is Moskovskaya)

Tel (312) 667076, or (0798) 667076

This is a private free standing center with a CT machine,  
POC is Gennady Minenkov

**UNI –T- Reactive –Farma Clinic**

137 Toktogul St.

Tel: (312) 471563 or 471564

This is a private free standing center with an MRI machine and the CT machine, works  
7days/24 hours. There are wheel chairs and stretchers available.

POC is Jyldyz Abdykadyrova

**Ultrasound Center Diagnost**

Address: 37A Logvinenko st.

Tel: (312) 662150

This is a private center with the ultrasound machine for outpatient use. This place can be  
used for Echocardiography, Doppler study for vessels.

POC is Eleonora Kurmanbekova, ultrasound specialist.