



*Embassy of the United States of America  
Bridgetown, Barbados*

**Q: I am a U.S. citizen and will be traveling to Barbados to surf during the coming months. Do I need to register my trip with the U.S. Embassy?**

**A:** We strongly encourage all U.S. citizens traveling abroad to enroll with the Smart Traveler Enrollment Program (STEP) at [www.step.state.gov](http://www.step.state.gov). STEP is a free service provided by the U.S. Government to U.S. citizens who are traveling to, or living in, a foreign country.

Your registration allows us to provide you with up-to-date information in the event of emergency or dangerous circumstances as they arise. It also makes it easier for us to contact you or your loved ones in the event of an emergency.

To register for STEP, go to [www.step.state.gov](http://www.step.state.gov), click on the “Create an Account” link, and follow the instructions provided. Once an account is created, it is important to provide thorough information so that the U.S. Embassy can communicate and assist you effectively.

You can find more information on our website, [www.barbados.usembassy.gov](http://www.barbados.usembassy.gov).

Keep on top of Embassy news on our Facebook page, <https://www.facebook.com/USEmbassyBarbados/> and by following @USEmbassyBdos on Twitter.