



**Public Lecture**

by

**Prof. Kapila Seneviratne**

on

# **Beyond Conventional Wisdom on Coconut Oil**

**New findings about the nutritional and chemical aspects of coconut oil**

Even though the composition of the lipid fraction of coconut oil is well known, there is not much information available about the non-lipid fraction. Recent findings indicate that the non-lipid compounds present in coconut oil confer several beneficial health effects including the reduction of the risk of coronary heart disease. The lecture will focus on modern findings about both lipid and non-lipid components of coconut oil and their health aspects.

**Date: 5<sup>th</sup> of October 2011**

**Time: 6.00 - 7.00 p.m.**

*Refreshments will be served from 5.30 - 6.00 p.m.*

**Venue: United States-Sri Lanka Fulbright Commission  
22 Flower Terrace (off Flower Road), Colombo 7**

Entry: By prior registration by phone - seating on a first-come first-served basis.

**Call: 471- 8744 to register**

Prof. Kapila Seneviratne graduated in 1990 from University of Kelaniya with a Special Degree in Chemistry. He obtained his Ph.D. from Wayne State University, Detroit, MI, USA in 1997 and did his post-doctoral studies at University of British Columbia, Vancouver, Canada during 1997-1998. He was a visiting academic of the School of Land and Food Sciences, University of Queensland, Brisbane, Australia, 2003, Commonwealth Fellow, School of Food Science and Nutrition, University of Leeds, England, 2010 and Fulbright Fellow, Department of Food Science, University of Massachusetts, Amherst, USA, 2011. He is the recipient of Esther and Stanley Kirschner Graduate Award for outstanding academic and research achievements, Wayne State University, 1996 and Dr. C.L.de Silva Gold Medal Award-2009 for an outstanding research contribution done in of any branch of Chemical Sciences during last five years in Sri Lanka offered by Institute of Chemistry, Ceylon. He is currently a Professor in the Department of Chemistry, University of Kelaniya.