

National Day of Service



The Martin Luther King Day of Service is a way to transform Rev. Dr. Martin Luther King, Jr.'s life and teachings into community action that helps solve social problems.



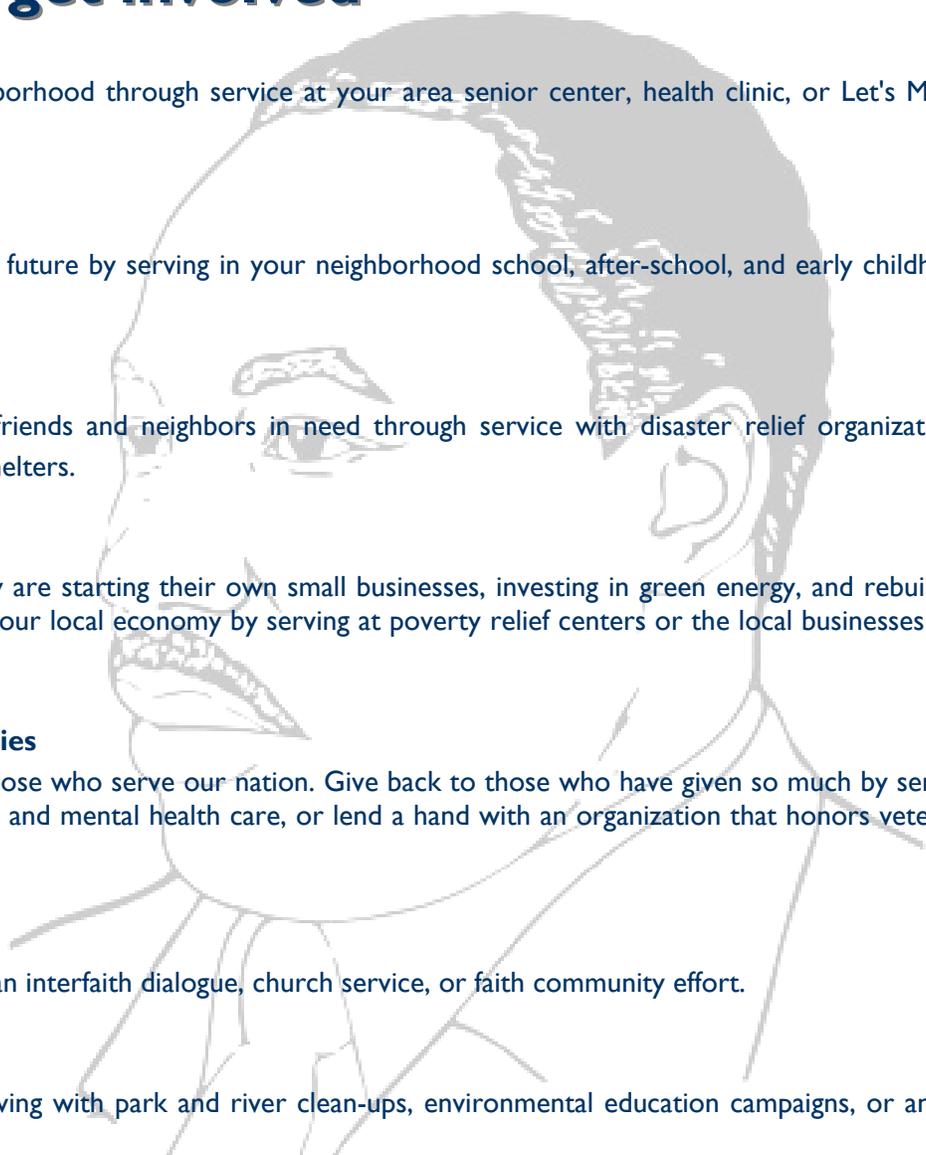
Be part of the National Day of Service

President Obama believes that service should be a lifelong commitment—whether it's at the school, community, city, state, or national level. That's why the first family serves on a regular basis, and it's why they're continuing the tradition they started four years ago with a National Day of Service on January 19th, 2013. To honor the life and legacy of Reverend Dr. Martin Luther King, Jr., the first family is asking Americans to find an event and serve with others in their community.

“Everybody can be great ... because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace, a soul generated by love.”

— Reverend Dr. Martin Luther King, Jr.

Seven ways to get involved

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-  **Health**
Help promote a healthy neighborhood through service at your area senior center, health clinic, or Let's Move! initiative.
 -  **Education**
Put stock in your community's future by serving in your neighborhood school, after-school, and early childhood programs.
 -  **Community resilience**
Reach out and support your friends and neighbors in need through service with disaster relief organizations, community gardens, and area shelters.
 -  **Economic development**
Americans all over the country are starting their own small businesses, investing in green energy, and rebuilding their communities. Help drive your local economy by serving at poverty relief centers or the local businesses that keep your community running.
 -  **Veterans and military families**
We have a sacred trust with those who serve our nation. Give back to those who have given so much by serving at facilities that provide medical and mental health care, or lend a hand with an organization that honors veterans and military families.
 -  **Faith**
Give praise through service in an interfaith dialogue, church service, or faith community effort.
 -  **Environment**
Better your community by serving with park and river clean-ups, environmental education campaigns, or animal shelters.