



*Embassy of the United States of America
Muscat, Oman*

Hospitals, Clinics, Medical Practitioners and Dentists in Muscat

(December 2009)

The following health facilities and physicians are available in Oman. The listing of a hospital, clinic or physician does not constitute a recommendation of that health facility or physician. The choice of a personal physician is that of the individual. The U.S. Embassy in Muscat assumes no responsibility for the professional ability or reputation of the persons or medical facilities whose names appear on the following list.

Please note that the office hours listed are subject to change; please call ahead to confirm.

EMERGENCY TELEPHONE NUMBERS

KHOULA HOSPITAL (Accident & Emergency Dept.)	2456-3625
ROYAL HOSPITAL (Accident & Emergency Dept.)	2459-9000 (operator)/2459-9525 (emergency)
MUSCAT PRIVATE HOSPITAL	2458-3600 (operator)/2458-3791 (emergency)
SULTAN QABOOS UNIVERSITY HOSPITAL	2414-7777 (operator)/2414-4615 (emergency)
POLICE OPERATIONS CENTER	2456-0099 or 9999
POLICE STATION (Al Qurum/Baushar)	2460-0099
POLICE STATION (Ruwi)	2470-1099
FIRE DEPARTMENT	9999

OTHER USEFUL TELEPHONE NUMBERS

HATAT HOUSE POLYCLINIC	2456-3641
AL MASSARAAT CLINIC	2456-6435
MEDIDENT CENTRE	2460-0668
AL RIMAH MEDICAL CENTER	2470-0516

QURM DENTAL CLINIC	2469-2898
MEDIDENT DENTAL CLINIC	2460-1668
GULF MEDICAL CENTER	2456-4639
DR. KHALID (Veterinarian)	2456-2263 (Pager 9111678)

HOSPITALS

There are four government-run hospitals in the immediate area of Muscat to which the expat community has access. A letter of referral from an outside physician is required except in an emergency. The government hospitals will treat all patients in an emergency.

These are: Royal Hospital
 Khoula Hospital
 Sultan Qaboos University Hospital (SQUH)
 Al Nahda Hospital

Each hospital has its own area of specialty. However, the Royal and Khoula Hospitals have 24-hour "specialized" accident and emergency departments.

Visiting hours for most of the hospitals:
 1500-1800 Saturday - Wednesday
 1000-1800 Thursday - Friday

As listed below, each hospital has its own area of specialty. **However, in an emergency you should proceed to the nearest hospital's accident and emergency department.** Only if time permits should you consider selecting a specific hospital.

Ambulance service began in April 2004. It is currently limited to traffic accident response, but it will expand to full service in the near future. To call an ambulance, dial 9999. The operators are multi-lingual and should be able to help you.

Muscat Private Hospital is the only private hospital in Muscat. It is staffed by a variety of Western and Asian-trained physicians. Most specialties are available at this hospital.

Payment of hospital bills is the responsibility of each individual. Please check in advance with the concerned hospital about payment procedures.

GOVERNMENT HOSPITALS

Royal Hospital

Telephone: 2459-9000 (operator), 2459-9457 (emergency), 2459-9453 (emergency)

The Royal Hospital is a 635-bed facility.

Registration fee:	RO 7
General practitioner fee:	RO 5
Specialist fee:	RO 5
Room charges per day:	RO 10 (Group) RO 30 (Private) RO 40 (ICU)

The Royal Hospital has specialty clinics in the following areas:

- Internal medicine
- OB/GYN
- Surgery (including open-heart)
- Pediatrics and neonatal intensive care unit
- Intensive and coronary care unit
- Urology
- Cardiology
- Renal dialysis and kidney transplants

To locate the accident and emergency department, drive in the main entrance and turn immediately to the right. There are separate entrances for adults and children.

The Royal Hospital specializes in cardiac and pulmonary care, and can handle such emergencies as heart attacks and pulmonary distress.

Khoula Hospital

Telephone: 2456-3625

Khoula Hospital is a 470-bed facility and is the country's regional trauma center.

Registration fee:	RO 2
General practitioner fee:	RO 5
Specialist fee:	RO 5
Room charges per day:	RO 10 (Group) RO 30 (Private) RO 40 (ICU)

Advance payment of 250 RO required

The Khoula Hospital has specialty clinics in the following areas:

- Burns Unit
- Trauma (especially road accidents)
- Plastic surgery
- Orthopedics/prosthesis
- OB/GYN (low risk)
- Neurosurgery
- Urology
- General surgery

Outpatient clinic hours: 0730 - 1430 Saturday – Wednesday

The accident and emergency entrance is well marked. Khoula Hospital will treat such emergencies as burns, road-traffic accidents, fractures and head trauma.

Khoula Hospital has recently opened its own MRI center. Please call the hospital for more information.

Sultan Qaboos University Hospital

Telephone: 2451-3355

The Sultan Qaboos University Hospital is a 275-bed facility. It primarily treats university personnel and their families and receives outside patients on a referral basis only.

Sultan Qaboos University Hospital has all specialties except orthopedics and neurosurgery. The majority of consultants and senior nurses are Western-trained.

You will need a pass, referral letter or appointment card to be allowed to pass through the security gate, outside of visiting hours. Once inside the gate, follow the signs to the hospital.

Sultan Qaboos University Hospital does not receive emergencies from outside the campus.

General practitioner fee:	RO 12 with registration
Specialist fee:	RO 12 with registration
Room charges per day:	RO 15 (Group) RO 30 (Private)
	Advance payment of 300 RO required

Al Nahdha Hospital

Telephone: 2483-7800

Al Nahdha hospital is a 300-bed facility.

Registration fee:	RO 2
General practitioner fee:	RO 5
Specialist fee:	RO 5
Room charges per day:	RO 10 (Group) RO 30 (Private) RO 40 (ICU)
	Advance payment of 250 RO required

The hospital has specialty clinics in the following areas:

- Ophthalmology
- Dermatology
- ENT (Ear, nose and throat)
- Dental (oral surgery)

Al Nadha Hospital has separate male and female entrances, and the outpatient clinics have separate waiting rooms.

Outpatient clinic hours: 0730 - 1430 Saturday – Wednesday

Ibn Sina Hospital (For Psychiatric Care)

Tel: 2487-6322 ext. 116

The Ibn Sina Hospital is government-run and specializes in psychiatric care. A letter of referral from an

outside physician is required except in an extreme emergency.

Registration fee:	RO 2
General practitioner fee:	RO 5
Specialist fee:	RO 5
Room charges per day:	RO 10 (Group) RO 30 (Private) RO 40 (ICU)
	Advance payment of 250 RO required

Outpatient clinic hours: 0730 - 1400 Saturday - Wednesday

Emergency situations: The hospital is equipped to handle emergency cases on Thursdays and Fridays and after clinic hours. The emergency contact number is 2487-6322 ext. 303.

Blood Bank Unit

Tel: 2459-1255

The blood bank is located opposite the Royal Hospital (next to Boushar Clinic). If you would like to donate blood, no appointment is necessary. If you require further information, contact Dr. Faten Maftah, who is in-charge of the unit.

Donation hours: 0730 - 2030 Saturday – Friday

PRIVATE HOSPITALS

Muscat Private Hospital

Tel: 2458-3600

Muscat Private Hospital is a 72-bed facility that opened in October 2000. It has 66 private rooms with large en-suite bathrooms. Of these, 6 are double executive style rooms. There are six delivery suites, a neo-natal intensive care suite and four adult intensive care beds. There is a large, 24-hour emergency room. The hospital has the first private mammography facility in Oman. There is also an MRI center. Muscat Private Hospital hopes to provide a comprehensive ambulance service in the near future. It does not have all specialties. The Outpatient Department (OPD)'s telephone number is 2459-6047.

Consultation charges (approximate):	
Consultation fee (Senior Consultant)	RO 25
Consultation fee (Consultant)	RO 20
Consultation fee (General practice)	RO 18

In-patient charges (room)	RO 70
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PRIVATE MEDICAL CLINICS

Medinat Qaboos Medical (MEDIDENT) Centre LLC

Telephone: 2460-0668

Address: P.O. Box 2089, Ruwi 112, Sultanate of Oman

E-mail address: medident@oosc.net
Hours: 08:00 – 17:00 Saturday - Wednesday
08:00 - 12:00 Thursday
Closed – Friday

Registration fee: RO 5
General practitioner fee: RO 15
Specialist fee: RO 15

Hatat House Polyclinic - Wadi Adai and Al Azaiba Branch

Telephone (Main Clinic): Tel: 24563641/24564367/24560087
Al Azaiba (Branch): Tel: 2449-9269/2449-3270 Fax: 2449-6835
Mailing address: P.O. Box 1475, Ruwi 112, Sultanate of Oman
Hours (Main Clinic): 08:00 - 20:30 Saturday – Thursday
Al Azaiba (Branch): 08:30 – 12:30 & 16:30 – 20:30 Hrs

(During non-working hours, Fridays and holidays, the clinic operates through its telephone answering machine system, which will provide the telephone/pager number of the doctors on duty who can assist in the event of an emergency.)

Registration fee: RO 1
General Practitioner fee: RO 5
Specialist fee: RO 5 – 20 (varies according to specialist)

Specialists in gynecology, dermatology, psychology and pediatrics visit the branch on different days of the week. For appointments, please call the clinic.

The clinic offers:

- Laboratory
- Radiological investigations –X-ray, ultrasound and color Doppler investigations
- Dental clinic
- Dermatological procedures and treatment
- Psychiatric consultation
- Stress management and counseling
- Eye clinic
- Physiotherapy unit
- Cardiologist consultation, procedures, treatment, ECG, stress test and Echocardiography
- Immunizations/vaccinations
- In-house pharmacy

Al Hayat Polyclinic LLC

Telephone: 2456-7646 Fax: 2456-4990
E-mail address: Merrill@omantel.net.om
Address: P.O. Box 1037, Al Hamriya 131, Sultanate of Oman
Hours: 08:30 – 20:30 Saturday – Thursday

Annual consultation fee: RO 60
Referrals to Royal Hospital doctors: RO 15 - 20

House visits:

RO 100

The clinic offers the following:

- Coronary Angiogram
- CCU
- Dobutamin stress echo
- Tissue Doppler imaging
- Contract echo
- Transtelephonic ECG
- 24-hour ABPM and holter
- Stress – treadmill
- Pulmonary function test
- Audiometry test
- Neurology clinic
- EEG
- EMG
- Nerve conduction study
- Evoked potential study
- Sleep laboratory
- Cosmetic Surgery
- Pain management clinic
- Diabetes management clinic
- Ultrasound
- Endoscopy
- Laboratory facility
- X-ray facility
- In-house pharmacy
- Vaccinations
- Day care surgical services both under General and Local Anesthesia
- Well-equipped male and female observation rooms.

Al Massaraat Clinic & Laboratory

Telephone: 2456-6435/2457-1033, Fax: 2456-6436
Emergency number (24 hrs) GSM: 9946-5316
E-mail address massaraat@omantel.net.om
Address: P.O. Box 746, Muttrah 114, Sultanate of Oman
Hours: 08:00 - 13:00/17:00 - 20:30 Saturday – Thursday

Registration fee	RO 1
Consultation fees:	
General practitioner (adult or child)	RO 8
Specialist (adult or child)	RO 12

Al Massaraat Clinic offers:

- Fully equipped laboratory
- X-ray facilities
- ECG facilities
- Audiometric testing

Fully equipped dental department
In-house pharmacy
Family or individual health care package
24-hour home visit

Al Rimah Medical Centre – Rex Road

Telephone (Main Clinic): 2470-0515 Fax: 2470-8939
Emergency numbers (24 hrs) 9932-7164 (Mobile)
E-mail address alrim@omzest.com
Address: P.O. Box 2544, Ruwi 112, Sultanate of Oman
Hours: 07:30 - 21:30 Saturday - Thursday
09:00 - 13:00 and 17:00 - 21:00 Fridays/Public Holidays

Registration fee: RO Included in appointment fee
General Practitioner fee: RO 3
Specialist fee: RO 5

Al Rimah Medical Centre has facilities for all routine examinations and clinical procedures. It also offers:

Portable ECG
Ultrasound
Treadmill
Ambulatory BP monitoring
Video EEG (Electroencephalogram)
Computerized pulmonary function test (PFT)
Custom –made sound -proof audiometry booth
Gastroscopy (video endoscopy)
Event Recorder for Arrhythmias test facilities

Al Rimah Medical Centre – Al Khuwair Branch

Telephone (Main Clinic): 2447-9664 Fax: 2447-9665
Hours: 08:00 – 12:30/17:00 – 20:30 Hrs Saturday - Wednesday
08:00 - 13:00/16:30 – 19:30 Hrs Thursday
Closed on Fridays/Public Holidays

Registration fee: Included in appointment fee
General Practitioner fee: RO 3
Specialist fee: RO 5

Al Khuwair Branch also has facilities for all routine examinations and clinical procedures. It also offers:

Portable ECG
Ultrasound
Treadmill
Ambulatory BP monitoring
Video EEG (Electroencephalogram)
Computerised pulmonary function test (PFT)
Gastroscopy (video endoscopy)
Event Recorder for Arrhythmias test facilities

Al Rimah Medical Centre – Al Khoud Branch

Telephone (Main Clinic): 2454-4705 Fax: 2454-4706
Hours: 08:00 – 12:30/17:00 – 20:30 Hrs Saturday - Wednesday
08:00 - 13:00/16:30 – 19:30 Hrs Thursday
Closed on Fridays/Public Holidays

Registration fee: Included in appointment fee
General Practitioner fee: RO 3
Specialist fee: RO 5

Gulf Medical Centre

Telephone: 2456-4639 Fax: 2456-5667
Address: P.O. Box 471, Mina Al Fahal 116, Sultanate of Oman
Hours: 10:00 - 13:00/17:00 - 21:00 Saturday - Wednesday
10:00 - 14:00 Thursday

Services offered include:

Consultation for diseases of the skin, hair and nail
Skin allergy treatment
Laser hair removal
Laser treatment for skin
Botox and other cosmetic procedures
Electrosurgery
Cryotherapy

Patient Registration Fee RO 3
Consultation Fee (new consultation and follow up visits after 6 months) RO 16
Consultation Fee (follow-up within 3 months) RO 7
Consultation Fee (follow-up 3-9 months) RO 8

Charges for other procedures such as laser treatments, Botox, chemical peels and office-based surgery are quoted after consultation and review.

Qurum Clinic

Telephone: 2456-3181/2456-3497/2456-3183
Emergency number (24 hrs) 2701469
Address: P.O. Box 438, Muscat 113, Sultanate of Oman
Hours: 08:45 - 12:00/16:45-19:30 Saturday - Wednesday
09:45 – 14:00 Thursday – Closed on Friday

Registration fee RO 3
Consultation fee RO 7
Ultrasonography RO 10

Laboratory and x-ray facilities are available in the clinic.

Badr Al Sama Clinic

Telephone: Ruwi (2479-9760) Al Khoud (2454-6099) Al Khuwair (2448-8322)

Sohar (2684-6660) Barka (2688-4910) Salalah (2329-1830)

General Practitioner fee	RO 2 (Includes registration)
Specialist fee	RO 3 (Includes registration)
Room charges	RO 25 per day

PRIVATE DENTAL CLINICS

Harub Dental Surgery

Telephone:	2456-3814/2456-3217	Fax: 2456-3342
Emergency number:	92993128	
Address:	P.O. Box 133, Al Harthy Complex 118, Sultanate of Oman	
E-mail address:	hdsugery@omantel.net.om	
Hours:	08:30 – 113:00/14:30 – 18:00 Saturday - Wednesday 08:00 – 13:00 Thursday	

Registration fee:	RO 3
Consultation:	RO 10
Cleaning:	RO 25 – 35
Filling	RO 25 – 85

Medident Centre Dental Clinic

Telephone:	2460-1668
Address:	P.O. Box 2089, Ruwi 112, Sultanate of Oman
Hours:	08:00 - 13:00/16:00 - 17:00 Saturday - Wednesday Closed – Thursday and Friday

Registration or Consultation fee:	RO 3
Cleaning:	RO 30
Filling	RO Varies, priced according to doctor

The clinic handles most dentistry problems including orthodontic, crown and bridgework. All crown and bridgework is now made in Oman by Syrian technicians trained in Germany, using top class German materials.

Qurum Medical Center (Dental Clinic)

Telephone:	2469-2898	Fax: 2460-4547
Address:	P.O. Box 393, Mina Al Fahal 116, Sultanate of Oman	
Hours:	09:00 - 12:00/14:00 – 17:00 Saturday - Wednesday Closed on Thursday & Friday	

Registration fee:	RO No Charge
Consultation fee:	RO 10
Cleaning:	RO 15 (child) RO 30 (adult)
Filling	RO 40

The clinic has its own laboratory facilities with a dental laboratory assistant.

Al Rimah Dental Clinic – (Ruwi and Al Khuwair)

Telephone: 2470-0516 Ext. 41 or 22 (Ask for the Dental clinic)

Address: P.O. Box 2544, Ruwi 112, Sultanate of Oman

Hours: 08:00 - 12:30/17:00 - 20:30 Saturday - Wednesday

08:00 - 13:00/16:30 - 19:30 Thursday

Badr Al Sama Dental Clinic

Telephone: Ruwi (2479-9760) Al Khoud (2454-6099) Al Khuwair (2448-8322)

Sohar (2684-6660) Barka (2688-4910) Salalah (2329-1830)

Registration Fee	RO 2
Cleaning fee	RO 15
Filling fee	RO 10 to 15

PRIVATE OPTICAL CENTERS

Gulf Optical Center

Address: P.O. Box 3450, Ruwi 112, Sultanate of Oman

Hours: 09:30 - 13:00/17:00 - 20:30 Saturday - Thursday

Telephone: 2479-7480 (Ruwi) 2329-6480 (Salalah)

Consultation fee: RO 5

COMMONLY USED CLINICAL SPECIALISTS

Primary Care Physicians:

Dr. Anna Rady	Muscat Private Hospital	2458-3600
Dr. Moustafa Abdel Nabi	Medident Center	2460-0668
Dr. Sheelagh George	Medident Center	2460-0668
Dr. Firazath Hussain	Al Massaraat Clinic	2456-6435

Pediatricians:

Dr. Amjad	Muscat Private Hospital	2458-3600
Dr. Salim	Muscat Private Hospital	2458-3600
Dr. Firazath Hussain	Al Massaraat Clinic	2456-6435
Dr. Christopher Dias	Wellcare Diagnostic Clinic	2447-7666

Pediatric Surgeons:

Dr. Mohammed Jaffer Sajwany	Muscat Private Hospital	2458-3600
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Muscat Private Hospital offers a 24-hour pediatric emergency hotline at 9947-4989.

Obstetricians/Gynecologists:

Dr. Pritima Kaushi	Muscat Private Hospital	2458-3600
Dr. Kanchana Rajan	Muscat Private Hospital	2458-3600
Dr. Qabas Hikmat (infertility)	Muscat Private Hospital	2458-3600

Dr. Araf Jahan	Muscat Private Hospital	2458-3600
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Muscat Private Hospital offers a 24-hour OB/GYN hotline at 2459-6907 or 2459-2600 ext. 2200.

Cardiologists:

Dr. Rashid Shahrabani	Muscat Private Hospital	2458-3600
Dr. Kadhim Jaffer	Muscat Private Hospital	2458-3600
Dr. Al Riyami	Muscat Private Hospital	2458-3600

Dermatologists:

Dr. Farouk Iqbal	Gulf Medical Center	2456-4639
Dr. Fatma Obaid Ali	Emirates Dermatology Center	2460-4540
Dr. Abdulla Al Taie	Muscat Private Hospital	2458-3600

Ophthalmologists:

Dr. Ashraf	Magrabi Eye & Ear Clinic	2456-8870
Dr. Lisa	Finland Eye Center	2456-4488

Neurologists:

Dr. Sharma	Muscat Private Hospital	2458-3600
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Urologists:

Dr. Joseph John	Muscat Private Hospital	2458-3600
Dr. M. Sadiq Lala	Muscat Private Hospital	2458-3600

Nephrologists:

Dr. Nabil Muhsin	Muscat Private Hospital	2458-3600
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Rheumatologists:

Dr. Humaid	Muscat Private Hospital	2458-3600
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Endocrinologists:

Dr. Al Lamki	Muscat Private Hospital	2458-3600
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Orthopedists:

Dr. Ramanathan	Muscat Private Hospital	2459-3600
Dr. Joel Coutinho	Muscat Private Hospital	2458-3600
Dr. Al Harthy	Muscat Private Hospital	2458-3600
Dr. Al Maskari	Muscat Private Hospital	2458-3600

Plastic Surgeons:

Dr. Wayne Smith	Muscat Private Hospital	2458-3600
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Physiotherapists:

David Smith	Muscat Private Hospital	2458-3600
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Psychiatrists:

Dr. Yousif Mirza	Al Elaj Medical Center	2456-7005
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Dr. Al Hussaini	Muscat Private Hospital	2458-3600
<u>Ear, Nose and Throat Specialists:</u>		
Dr. Mazen	Muscat Private Hospital	2458-3600
Dr. Hisham	Magrabi Eye & Ear Clinic	2456-8870
Dr. Ali Yassin	Wellcare Center	24477666
<u>Counselors:</u>		
Mrs. Claire Al-Turihi		95925802
<u>Eye Glass Centers/Opticians:</u>		
Al Gazal Opticians	Sabco Center	2456-3545
El Maghraby	Qurum Shopping Area	2456-8870
<u>Hearing Aids:</u>		
National Optical & Hearing Aid Center	Al Wadi Commercial Center	2457-1096
Hassan Optical & Hearing	Al Harthy Complex	2456-6742
Hearing Aid Center	Al Sarooj Complex	
<u>Dentists:</u>		
Medident Center		2460-1668
Harub Dental Surgery (Orthodontist available)		2456-3814
Qurum Dental Surgery (Orthodontist available)		2469-2898
Dr. Qousay Fadhal Al Qaisi	Muscat Private Hospital	2458-3600
Dr. F. Habaj	American Dental Center	2469-5422
Dr. Tim Dabbous	Dental & Oral Center	2469-8066/2469-8055
<u>Dental Hygienists:</u>		
Harub Dental Clinic		2456-3814
American Dental Clinic		2469-5422
<u>MRI Scans:</u>		
Muscat Private Hospital		2458-3600
<u>Mammographies:</u>		
Muscat Private Hospital		2458-3600
<u>Pharmacies:</u>		
Muscat Pharmacy	Madinat Al Sultan Qaboos	2469-9457
Muscat Pharmacy	Al Shatti Plaza	2469-5477 (24 hours)
Muscat Pharmacy	Al Sarooj Commercial Center	2469-5536
Scientific Pharmacy	Qurum	2456-6601 (24 hours)

A list of pharmacies available outside normal business hours is printed outside your local pharmacy and in the daily newspaper.