Hospitals, Clinics, Medical Practitioners and Dentists in Muscat

(December 2009)

The following health facilities and physicians are available in Oman. The listing of a hospital, clinic or physician does not constitute a recommendation of that health facility or physician. The choice of a personal physician is that of the individual. The U.S. Embassy in Muscat assumes no responsibility for the professional ability or reputation of the persons or medical facilities whose names appear on the following list.

Please note that the office hours listed are subject to change; please call ahead to confirm.

**EMERGENCY TELEPHONE NUMBERS**

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<td>ROYAL HOSPITAL (Accident &amp; Emergency Dept.)</td>
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**OTHER USEFUL TELEPHONE NUMBERS**

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<td>MEDIDENT CENTRE</td>
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<td>AL RIMAH MEDICAL CENTER</td>
<td>2470-0516</td>
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QURM DENTAL CLINIC 2469-2898
MEDIDENT DENTAL CLINIC 2460-1668
GULF MEDICAL CENTER 2456-4639
DR. KHALID (Veterinarian) 2456-2263 (Pager 9111678)

HOSPITALS

There are four government-run hospitals in the immediate area of Muscat to which the expat community has access. A letter of referral from an outside physician is required except in an emergency. The government hospitals will treat all patients in an emergency.

These are: Royal Hospital
Khoula Hospital
Sultan Qaboos University Hospital (SQUH)
Al Nahda Hospital

Each hospital has its own area of specialty. However, the Royal and Khoula Hospitals have 24-hour "specialized" accident and emergency departments.

Visiting hours for most of the hospitals:
1500-1800 Saturday - Wednesday
1000-1800 Thursday - Friday

As listed below, each hospital has its own area of specialty. **However, in an emergency you should proceed to the nearest hospital’s accident and emergency department.** Only if time permits should you consider selecting a specific hospital.

Ambulance service began in April 2004. It is currently limited to traffic accident response, but it will expand to full service in the near future. To call an ambulance, dial 9999. The operators are multi-lingual and should be able to help you.

Muscat Private Hospital is the only private hospital in Muscat. It is staffed by a variety of Western and Asian-trained physicians. Most specialties are available at this hospital.

*Payment of hospital bills is the responsibility of each individual. Please check in advance with the concerned hospital about payment procedures.*

GOVERNMENT HOSPITALS

Royal Hospital
Telephone: 2459-9000 (operator), 2459-9457 (emergency), 2459-9453 (emergency)
The Royal Hospital is a 635-bed facility.

Registration fee: RO 7
General practitioner fee: RO 5
Specialist fee: RO 5
Room charges per day: RO 10 (Group)  RO 30 (Private)  RO 40 (ICU)

The Royal Hospital has specialty clinics in the following areas:
- Internal medicine
- OB/GYN
- Surgery (including open-heart)
- Pediatrics and neonatal intensive care unit
- Intensive and coronary care unit
- Urology
- Cardiology
- Renal dialysis and kidney transplants

To locate the accident and emergency department, drive in the main entrance and turn immediately to the right. There are separate entrances for adults and children.

The Royal Hospital specializes in cardiac and pulmonary care, and can handle such emergencies as heart attacks and pulmonary distress.

**Khoula Hospital**
Telephone: 2456-3625

Khoula Hospital is a 470-bed facility and is the country’s regional trauma center.

Registration fee: RO 2
General practitioner fee: RO 5
Specialist fee: RO 5
Room charges per day: RO 10 (Group)  RO 30 (Private)  RO 40 (ICU)
Advance payment of 250 RO required

The Khoula Hospital has specialty clinics in the following areas:
- Burns Unit
- Trauma (especially road accidents)
- Plastic surgery
- Orthopedics/prosthesis
- OB/GYN (low risk)
- Neurosurgery
- Urology
- General surgery

Outpatient clinic hours: 0730 - 1430 Saturday – Wednesday

The accident and emergency entrance is well marked. Khoula Hospital will treat such emergencies as burns, road-traffic accidents, fractures and head trauma.
Khoula Hospital has recently opened its own MRI center. Please call the hospital for more information.

**Sultan Qaboos University Hospital**
**Telephone:** 2451-3355

The Sultan Qaboos University Hospital is a 275-bed facility. It primarily treats university personnel and their families and receives outside patients on a referral basis only.

Sultan Qaboos University Hospital has all specialties except orthopedics and neurosurgery. The majority of consultants and senior nurses are Western-trained.

You will need a pass, referral letter or appointment card to be allowed to pass through the security gate, outside of visiting hours. Once inside the gate, follow the signs to the hospital.

Sultan Qaboos University Hospital does not receive emergencies from outside the campus.

- **General practitioner fee:** RO 12 with registration
- **Specialist fee:** RO 12 with registration
- **Room charges per day:** RO 15 (Group)   RO 30 (Private)
  - Advance payment of 300 RO required

**Al Nahdha Hospital**
**Telephone:** 2483-7800

Al Nahdha hospital is a 300-bed facility.

- **Registration fee:** RO 2
- **General practitioner fee:** RO 5
- **Specialist fee:** RO 5
- **Room charges per day:** RO 10 (Group)   RO 30 (Private)   RO 40 (ICU)
  - Advance payment of 250 RO required

The hospital has specialty clinics in the following areas:
- Ophthalmology
- Dermatology
- ENT (Ear, nose and throat)
- Dental (oral surgery)

Al Nadha Hospital has separate male and female entrances, and the outpatient clinics have separate waiting rooms.

**Outpatient clinic hours:** 0730 - 1430 Saturday – Wednesday

**Ibn Sina Hospital (For Psychiatric Care)**
**Tel:** 2487-6322 ext. 116

The Ibn Sina Hospital is government-run and specializes in psychiatric care. A letter of referral from an
outside physician is required except in an extreme emergency.

Registration fee: RO 2
General practitioner fee: RO 5
Specialist fee: RO 5
Room charges per day: RO 10 (Group) RO 30 (Private) RO 40 (ICU)
Advance payment of 250 RO required

Outpatient clinic hours: 0730 - 1400 Saturday - Wednesday

Emergency situations: The hospital is equipped to handle emergency cases on Thursdays and Fridays and after clinic hours. The emergency contact number is 2487-6322 ext. 303.

Blood Bank Unit
Tel: 2459-1255

The blood bank is located opposite the Royal Hospital (next to Boushar Clinic). If you would like to donate blood, no appointment is necessary. If you require further information, contact Dr. Faten Maftah, who is in-charge of the unit.

Donation hours: 0730 - 2030 Saturday – Friday

PRIVATE HOSPITALS

Muscat Private Hospital
Tel: 2458-3600

Muscat Private Hospital is a 72-bed facility that opened in October 2000. It has 66 private rooms with large en-suite bathrooms. Of these, 6 are double executive style rooms. There are six delivery suites, a neo-natal intensive care suite and four adult intensive care beds. There is a large, 24-hour emergency room. The hospital has the first private mammography facility in Oman. There is also an MRI center. Muscat Private Hospital hopes to provide a comprehensive ambulance service in the near future. It does not have all specialties. The Outpatient Department (OPD)’s telephone number is 2459-6047.

Consultation charges (approximate):
Consultation fee (Senior Consultant) RO 25
Consultation fee (Consultant) RO 20
Consultation fee (General practice) RO 18

In-patient charges (room) RO 70

PRIVATE MEDICAL CLINICS

Medinat Qaboos Medical (MEDIDENT) Centre LLC
Telephone: 2460-0668
Address: P.O. Box 2089, Ruwi 112, Sultanate of Oman
E-mail address: medident@oosc.net
Hours: 08:00 – 17:00 Saturday - Wednesday
08:00 - 12:00 Thursday
Closed – Friday

Registration fee: RO 5
General practitioner fee: RO 15
Specialist fee: RO 15

Hatat House Polyclinic - Wadi Adai and Al Azaiba Branch
Telephone (Main Clinic): Tel: 24563641/24564367/24560087
Al Azaiba (Branch): Tel: 2449-9269/2449-3270 Fax: 2449-6835
Mailing address: P.O. Box 1475, Ruwi 112, Sultanate of Oman
Hours (Main Clinic): 08:00 - 20:30 Saturday – Thursday
Al Azaiba (Branch): 08:30 – 12:30 & 16:30 – 20:30 Hrs

(During non-working hours, Fridays and holidays, the clinic operates through its telephone answering machine system, which will provide the telephone/pager number of the doctors on duty who can assist in the event of an emergency.)

Registration fee: RO 1
General Practitioner fee: RO 5
Specialist fee: RO 5 – 20 (varies according to specialist)

Specialists in gynecology, dermatology, psychology and pediatrics visit the branch on different days of the week. For appointments, please call the clinic.

The clinic offers:
- Laboratory
- Radiological investigations – X-ray, ultrasound and color Doppler investigations
- Dental clinic
- Dermatological procedures and treatment
- Psychiatric consultation
- Stress management and counseling
- Eye clinic
- Physiotherapy unit
- Cardiologist consultation, procedures, treatment, ECG, stress test and Echocardiography
- Immunizations/vaccinations
- In-house pharmacy

Al Hayat Polyclinic LLC
Telephone: 2456-7646 Fax: 2456-4990
E-mail address Merrill@omantel.net.om
Address: P.O. Box 1037, Al Hamriya 131, Sultanate of Oman
Hours: 08:30 – 20:30 Saturday – Thursday

Annual consultation fee: RO 60
Referrals to Royal Hospital doctors: RO 15 - 20
House visits: RO 100

The clinic offers the following:
- Coronary Angiogram
- CCU
- Dobutamin stress echo
- Tissue Doppler imaging
- Contract echo
- Transtelephonic ECG
- 24-hour ABPM and holter
- Stress – treadmill
- Pulmonary function test
- Audiometry test
- Neurology clinic
- EEG
- EMG
- Nerve conduction study
- Evoked potential study
- Sleep laboratory
- Cosmetic Surgery
- Pain management clinic
- Diabetes management clinic
- Ultrasound
- Endoscopy
- Laboratory facility
- X-ray facility
- In-house pharmacy
- Vaccinations
- Day care surgical services both under General and Local Anesthesia
- Well-equipped male and female observation rooms.

Al Massaraat Clinic & Laboratory
Telephone: 2456-6435/2457-1033, Fax: 2456-6436
Emergency number (24 hrs) GSM: 9946-5316
E-mail address masaraat@omantel.net.om
Address: P.O. Box 746, Muttrah 114, Sultanate of Oman
Hours: 08:00 - 13:00/17:00 - 20:30 Saturday – Thursday

Registration fee RO 1
Consultation fees:
- General practitioner (adult or child) RO 8
- Specialist (adult or child) RO 12

Al Massaraat Clinic offers:
- Fully equipped laboratory
- X-ray facilities
- ECG facilities
- Audiometric testing
Fully equipped dental department
In-house pharmacy
Family or individual health care package
24-hour home visit

Al Rimah Medical Centre – Rex Road
Telephone (Main Clinic): 2470-0515 Fax: 2470-8939
Emergency numbers (24 hrs) 9932-7164 (Mobile)
E-mail address alrim@omzest.com
Address: P.O. Box 2544, Ruwi 112, Sultanate of Oman
Hours: 07:30 - 21:30 Saturday - Thursday
09:00 - 13:00 and 17:00 - 21:00 Fridays/Public Holidays

Registration fee: RO Included in appointment fee
General Practitioner fee: RO 3
Specialist fee: RO 5

Al Rimah Medical Centre has facilities for all routine examinations and clinical procedures. It also offers:
- Portable ECG
- Ultrasound
- Treadmill
- Ambulatory BP monitoring
- Video EEG (Electroencephalogram)
- Computerized pulmonary function test (PFT)
- Custom-made sound-proof audiometry booth
- Gastroscopy (video endoscopy)
- Event Recorder for Arrhythmias test facilities

Al Rimah Medical Centre – Al Khuwair Branch
Telephone (Main Clinic): 2447-9664 Fax: 2447-9665
Hours: 08:00 – 12:30/17:00 – 20:30 Hrs Saturday - Wednesday
08:00 - 13:00/16:30 – 19:30 Hrs Thursday
Closed on Fridays/Public Holidays

Registration fee: Included in appointment fee
General Practitioner fee: RO 3
Specialist fee: RO 5

Al Khuwair Branch also has facilities for all routine examinations and clinical procedures. It also offers:
- Portable ECG
- Ultrasound
- Treadmill
- Ambulatory BP monitoring
- Video EEG (Electroencephalogram)
- Computerised pulmonary function test (PFT)
- Gastroscopy (video endoscopy)
- Event Recorder for Arrhythmias test facilities
Al Rimah Medical Centre – Al Khoud Branch
Telephone (Main Clinic): 2454-4705 Fax: 2454-4706
Hours: 08:00 – 12:30/17:00 – 20:30 Hrs Saturday - Wednesday
08:00 - 13:00/16:30 – 19:30 Hrs Thursday
Closed on Fridays/Public Holidays

Registration fee: Included in appointment fee
General Practitioner fee: RO 3
Specialist fee: RO 5

Gulf Medical Centre
Telephone: 2456-4639 Fax: 2456-5667
Address: P.O. Box 471, Mina Al Fahal 116, Sultanate of Oman
Hours: 10:00 - 13:00/17:00 - 21:00 Saturday - Wednesday
10:00 - 14:00 Thursday

Services offered include:
- Consultation for diseases of the skin, hair and nail
- Skin allergy treatment
- Laser hair removal
- Laser treatment for skin
- Botox and other cosmetic procedures
- Electrosurgery
- Cryotherapy

Patient Registration Fee RO 3
Consultation Fee (new consultation and follow up visits after 6 months) RO 16
Consultation Fee (follow-up within 3 months) RO 7
Consultation Fee (follow-up 3-9 months) RO 8

Charges for other procedures such as laser treatments, Botox, chemical peels and office-based surgery are quoted after consultation and review.

Qurum Clinic
Telephone: 2456-3181/2456-3497/2456-3183
Emergency number (24 hrs) 2701469
Address: P.O. Box 438, Muscat 113, Sultanate of Oman
Hours: 08:45 - 12:00/16:45-19:30 Saturday - Wednesday
09:45 – 14:00 Thursday – Closed on Friday

Registration fee RO 3
Consultation fee RO 7
Ultrasonography RO 10

Laboratory and x-ray facilities are available in the clinic.

Badr Al Sama Clinic
Telephone: Ruwi (2479-9760) Al Khoud (2454-6099) Al Khuwair (2448-8322)
Sohar (2684-6660) Barka (2688-4910) Salalah (2329-1830)

General Practitioner fee  RO 2 (Includes registration)
Specialist fee  RO 3 (Includes registration)
Room charges  RO 25 per day

PRIVATE DENTAL CLINICS

Harub Dental Surgery
Telephone:  2456-3814/2456-3217   Fax: 2456-3342
Emergency number:  92993128
Address:  P.O. Box 133, Al Harthy Complex 118, Sultanate of Oman
E-mail address:  hdsugery@omantel.net.om
Hours:  08:30 – 11:30/14:30 – 18:00 Saturday - Wednesday
        08:00 – 13:00 Thursday

Registration fee:  RO 3
Consultation:  RO 10
Cleaning:  RO 25 – 35
Filling  RO 25 – 85

Medident Centre Dental Clinic
Telephone:  2460-1668
Address:  P.O. Box 2089, Ruwi 112, Sultanate of Oman
Hours:  08:00 - 13:00/16:00 - 17:00 Saturday - Wednesday
        Closed – Thursday and Friday

Registration or Consultation fee:  RO 3
Cleaning:  RO 30
Filling  RO Varies, priced according to doctor

The clinic handles most dentistry problems including orthodontic, crown and bridgework. All crown and bridgework is now made in Oman by Syrian technicians trained in Germany, using top class German materials.

Qurum Medical Center (Dental Clinic)
Telephone:  2469-2898   Fax: 2460-4547
Address:  P.O. Box 393, Mina Al Fahal 116, Sultanate of Oman
Hours:  09:00 - 12:00/14:00 – 17:00 Saturday - Wednesday
        Closed on Thursday & Friday

Registration fee:  RO No Charge
Consultation fee:  RO 10
Cleaning:  RO 15 (child) RO 30 (adult)
Filling  RO 40

The clinic has its own laboratory facilities with a dental laboratory assistant.
Al Rimah Dental Clinic – (Ruwi and Al Khuwair)
Telephone: 2470-0516 Ext. 41 or 22 (Ask for the Dental clinic)
Address: P.O. Box 2544, Ruwi 112, Sultanate of Oman
Hours: 08:00 - 12:30/17:00 - 20:30 Saturday - Wednesday
08:00 - 13:00/16:30 - 19:30 Thursday

Badr Al Sama Dental Clinic
Telephone: Ruwi (2479-9760) Al Khoud (2454-6099) Al Khuwair (2448-8322)
Sohar (2684-6660) Barka (2688-4910) Salalah (2329-1830)

Registration Fee RO 2
Cleaning fee RO 15
Filling fee RO 10 to 15

PRIVATE OPTICAL CENTERS

Gulf Optical Center
Address: P.O. Box 3450, Ruwi 112, Sultanate of Oman
Hours: 09:30 - 13:00/17:00 - 20:30 Saturday - Thursday
Telephone: 2479-7480 (Ruwi) 2329-6480 (Salalah)

Consultation fee: RO 5

COMMONLY USED CLINICAL SPECIALISTS

Primary Care Physicians:
Dr. Anna Rady Muscat Private Hospital 2458-3600
Dr. Moustafa Abdel Nabi Medident Center 2460-0668
Dr. Sheelagh George Medident Center 2460-0668
Dr. Firazath Hussain Al Massaraat Clinic 2456-6435

Pediatricians:
Dr. Amjad Muscat Private Hospital 2458-3600
Dr. Salim Muscat Private Hospital 2458-3600
Dr. Firazath Hussain Al Massaraat Clinic 2456-6435
Dr. Christopher Dias Wellcare Diagnostic Clinic 2447-7666

Pediatric Surgeons:
Dr. Mohammed Jaffer Sajwany Muscat Private Hospital 2458-3600

Muscalt Private Hospital offers a 24-hour pediatric emergency hotline at 9947-4989.

Obstetricians/Gynecologists:
Dr. Pritima Kaushi Muscat Private Hospital 2458-3600
Dr. Kanchana Rajan Muscat Private Hospital 2458-3600
Dr. Qabas Hikmat (infertility) Muscat Private Hospital 2458-3600
Dr. Araf Jahan  Muscat Private Hospital  2458-3600

Muscat Private Hospital offers a 24-hour OB/GYN hotline at 2459-6907 or 2459-2600 ext. 2200.

**Cardiologists:**
- Dr. Rashid Shahrabani  Muscat Private Hospital  2458-3600
- Dr. Kadhim Jaffer  Muscat Private Hospital  2458-3600
- Dr. Al Riyami  Muscat Private Hospital  2458-3600

**Dermatologists:**
- Dr. Farouk Iqbal  Gulf Medical Center  2456-4639
- Dr. Fatma Obaid Ali  Emirates Dermatology Center  2460-4540
- Dr. Abdulla Al Taie  Muscat Private Hospital  2458-3600

**Ophthalmologists:**
- Dr. Ashraf  Magrabi Eye & Ear Clinic  2456-8870
- Dr. Lisa  Finland Eye Center  2456-4488

**Neurologists:**
- Dr. Sharma  Muscat Private Hospital  2458-3600

**Urologists:**
- Dr. Joseph John  Muscat Private Hospital  2458-3600
- Dr. M. Sadiq Lala  Muscat Private Hospital  2458-3600

**Nephrologists:**
- Dr. Nabil Muhsin  Muscat Private Hospital  2458-3600

**Rheumatologists:**
- Dr. Humaid  Muscat Private Hospital  2458-3600

**Endocrinologists:**
- Dr. Al Lamki  Muscat Private Hospital  2458-3600

**Orthopedists:**
- Dr. Ramanathan  Muscat Private Hospital  2459-3600
- Dr. Joel Coutinho  Muscat Private Hospital  2458-3600
- Dr. Al Harthy  Muscat Private Hospital  2458-3600
- Dr. Al Maskari  Muscat Private Hospital  2458-3600

**Plastic Surgeons:**
- Dr. Wayne Smith  Muscat Private Hospital  2458-3600

**Physiotherapists:**
- David Smith  Muscat Private Hospital  2458-3600

**Psychiatrists:**
- Dr. Yousif Mirza  Al Elaj Medical Center  2456-7005
Dr. Al Hussaini  Muscat Private Hospital  2458-3600

**Ear, Nose and Throat Specialists:**
Dr. Mazen  Muscat Private Hospital  2458-3600
Dr. Hisham  Magrabi Eye & Ear Clinic  2456-8870
Dr. Ali Yassin  Wellcare Center  24477666

**Counselors:**
Mrs. Claire Al-Turihi  95925802

**Eye Glass Centers/Opticians:**
Al Gazal Opticians  Sabco Center  2456-3545
El Maghraby  Qurum Shopping Area  2456-8870

**Hearing Aids:**
National Optical & Hearing Aid Center  Al Wadi Commercial Center  2457-1096
Hassan Optical & Hearing  Al Harthy Complex  2456-6742
Hearing Aid Center  Al Sarooj Complex

**Dentists:**
Medident Center  2460-1668
Harub Dental Surgery (Orthodontist available)  2456-3814
Qurum Dental Surgery (Orthodontist available)  2469-2898
Dr. Qousay Fadhal Al Qaisi  Muscat Private Hospital  2458-3600
Dr. F. Habaj  American Dental Center  2469-5422
Dr. Tim Dabbous  Dental & Oral Center  2469-8066/2469-8055

**Dental Hygienists:**
Harub Dental Clinic  2456-3814
American Dental Clinic  2469-5422

**MRI Scans:**
Muscat Private Hospital  2458-3600

**Mammographies:**
Muscat Private Hospital  2458-3600

**Pharmacies:**
Muscat Pharmacy  Madinat Al Sultan Qaboos  2469-9457
Muscat Pharmacy  Al Shati Plaza  2469-5477 (24 hours)
Muscat Pharmacy  Al Sarooj Commercial Center  2469-5536
Scientific Pharmacy  Qurum  2456-6601 (24 hours)

A list of pharmacies available outside normal business hours is printed outside your local pharmacy and in the daily newspaper.