



Warm-ups at the YMCA



Trying out exercise machines at the YMCA (1)



Trying out the exercise machines at the YMCA (2)



Trying out the exercise machines at the YMCA (3)



Trying out the exercise machines at the YMCA (4)



Wall sits



Basketball drills



Women at the YMCA



Wheelchair basketball discussion



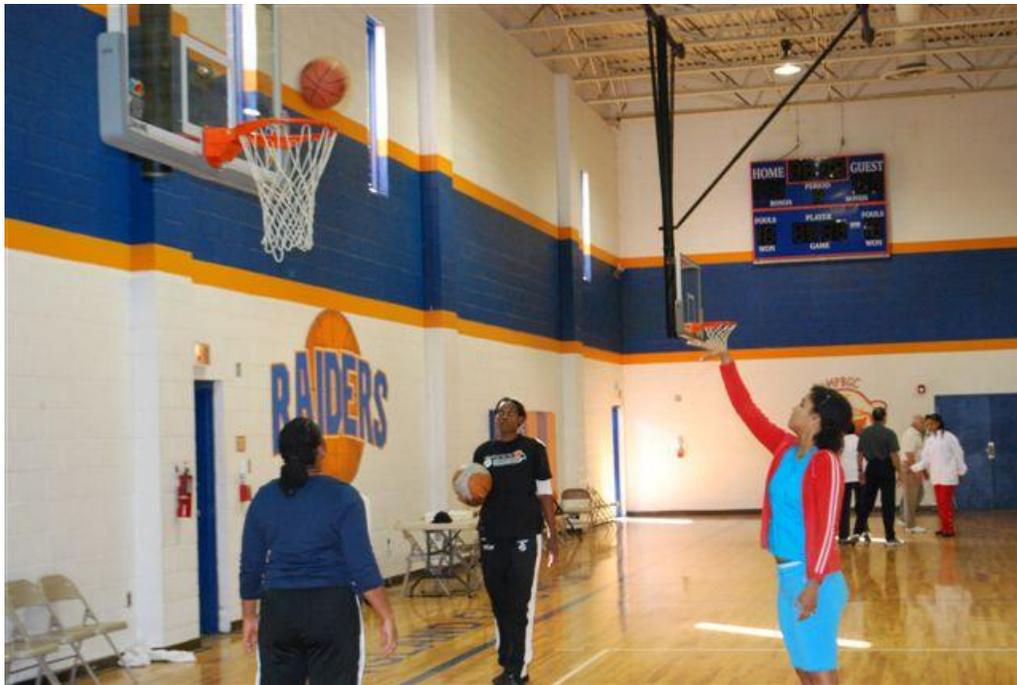
Passing and dribbling



Practicing in wheelchairs



George Selleck demonstrates proper shooting technique



Women practicing with Dr. Selleck



Shooting instruction with Dr. Selleck



Music of capoeira



Capoeira warm-ups



Capoeira mirroring exercises



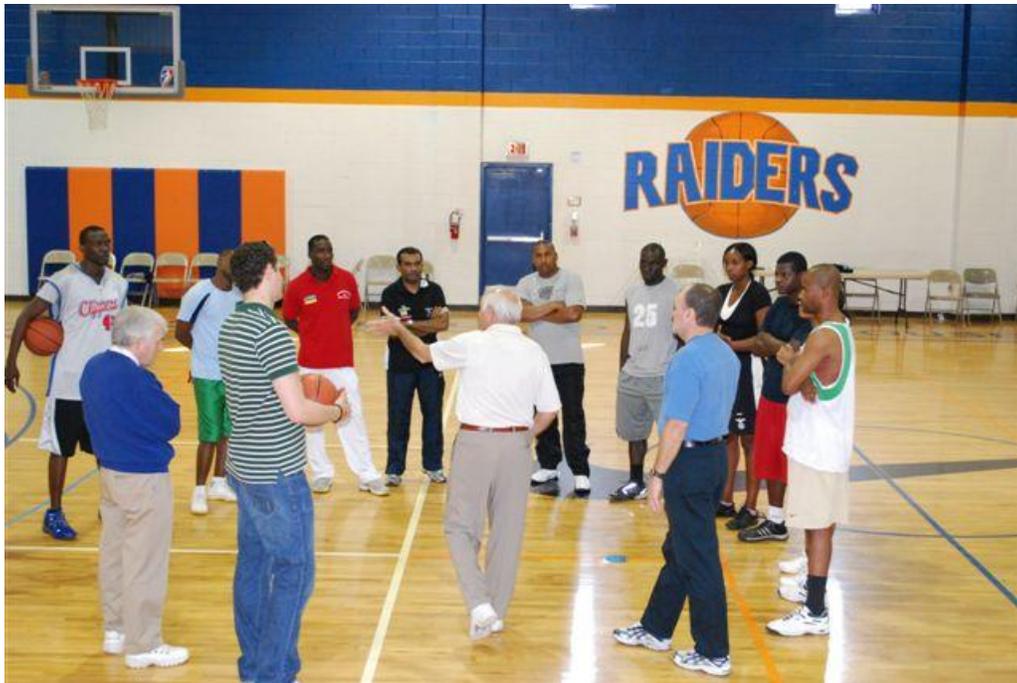
Pass-catching drill



At the Severn School with Stan Brudish



Shooting drill at the Severn School



Wrap-up with Dr. Selleck



Teresa Edwards talks with under-6 player



Teresa Edwards talks with kids at FBR



Coaches with players from DeMatha, Teresa Edwards, and Renee Brown



Coach with under-6 player



Teresa Edwards plays defense



Teresa Edwards explains drills



Teresa Edwards supervises knockout



Teresa Edwards rewards knockout winner



Teresa Edwards and Renee Brown with gifts from the coaches



Coaches with Teresa Edwards and Renee Brown



Strength and conditioning work with tires



Strength drills with basketballs



Coaches with Marshall Cho and Alan Stein



Training with Mark Wiggins



Meeting with Ray Thorn, Legislative Assistant to Representative Chris Van Hollen (D-MD)



Home hospitality and dinner with Marshall Cho