

U.S. Embassy Nouakchott, Mauritania
Message for U.S. Citizens – Rape Awareness Training
April 23, 2013

The Consular Section at U.S. Embassy Nouakchott is pleased to invite all interested U.S. citizens to a training session on rape awareness that will be hosted by the Regional Security Office on May 7 from 18:00 to 20:00 at the U.S. Embassy.

This awareness training will instruct participants to identify a potential attack in advance as well as how to defend yourself during an attack.

U.S. Citizens who would like to participate in the training should RSVP to CLOnouakchott@state.gov by 17:00 on April 26.

You can stay in touch and get Embassy updates by checking the [U.S. Embassy Nouakchott website](#). You can also get global updates at the U.S. Department of State's, [Bureau of Consular Affairs website](#) where you can find the current [Worldwide Caution](#), [Travel Warning](#), including the [Travel Warning for Mauritania](#), [Travel Alerts](#), and [Country Specific Information](#). Follow us on [Twitter](#) and the Bureau of Consular Affairs page on [Facebook](#) as well, or you can download our free Smart Traveler App, available through [iTunes](#) and [Google Play](#), to have travel information at your fingertips. If you don't have internet access, current information on safety and security can also be obtained by calling 1-888-407-4747 toll-free in the United States, or for callers from other countries, a regular toll line at 1-202-501-4444. These numbers are available from 8:00 a.m. to 8:00 p.m. Eastern Time, Monday through Friday (except U.S. federal holidays).

If you are going to live in or travel to Mauritania, please take the time to tell us about your trip by enrolling in the [Smart Traveler Enrollment Program \(STEP\)](#). If you enroll, we can keep you up to date with important safety and security announcements. It will also help your friends and family get in touch with you in an emergency. You should remember to keep all of your information in STEP up to date. It is important during enrollment or updating of information to include your current phone number and current email address where you can be reached in case of an emergency.

The U.S. Embassy in Nouakchott is located between the Presidency building and the Spanish Embassy on Rue Abdallaye and is open Sunday-Thursday from 8:00 a.m. to 5:00 p.m. The phone number is 45 25 26 60. If you are a U.S. citizen in need of urgent assistance, the emergency number for the U.S. Embassy is 36 62 81 63. In the event of an emergency that interrupts mobile phone (SMS) or Internet communication in Mauritania, U.S. citizens may call the Embassy's dedicated Consular emergency recording at 45 25 37 01 to receive the most up-to-date instructions.