



AMERICAN SPACES PHILIPPINES

AMERICAN SPACES CONNECT

THE OFFICIAL INFORMATION DISSEMINATION SERVICE OF THE **THOMAS JEFFERSON INFORMATION CENTER**

SPORTS IN AMERICA

AUGUST 2014



Sports are an important part of life in the United States. Sports provide opportunities for children and youth to engage in valuable and positive relationships with adults and peers.

The U.S. Department of State is promoting **Sports Diplomacy** to build ever-strengthening relations between the United States and other nations. Sports diplomacy uses the universal passion for sports as a way to transcend linguistic and sociocultural differences and bring people together.

U.S. GOVERNMENT RESOURCES



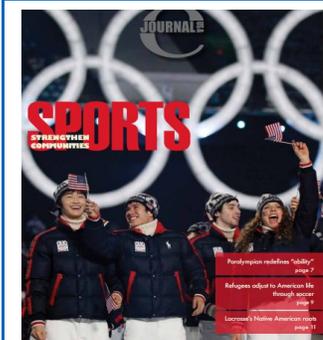
Sports Diplomacy

Bureau of Educational and Cultural Affairs, U.S. Department of State

This U.S. government website contains photos and videos of Sports Diplomacy initiatives of the United States

Read More:

<http://eca.state.gov/programs-initiatives/sports-diplomacy>



Sports Strengthens Communities

eJournal USA, U.S. Department of State

This issue of *eJournal USA* explores the integral role of sports in American society and highlights the power of sports to strengthen community bonds that transcend differences.

Read More: http://photos.state.gov/libraries/amgov/30145/publications-english/EJ_Sports_Strengthen_Communities_Interactive_English.pdf



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Goal! Food. Fitness. Fandom
eJournal USA, U.S. Department of State

The numbers are scary. Every day, children spend 7 1/2 hours in front of a video game or television screen while only a third get any exercise. Americans eat more junk food and fewer vegetables than they should. Since 1970, obesity rates have quadrupled for children and doubled for adults. This issue will show reports on health problems as well as fitness and sports trends towards a healthy environment

Read more: <http://iipdigital.usembassy.gov/st/english/publication/2013/09/20130924283411.html#axzz391eaFWra>



Cricket in America
IIP Pamphlet, U.S. Department of State

If you had to guess which country hosted the first-ever international cricket match, the United States might not be your first answer. This pamphlet explores the history of Cricket in the United States.

Read more: <http://iipdigital.usembassy.gov/st/english/pamphlet/2013/04/20130416145874.html#ixzz391pvJ4L4>



Oren Lyons: The Legacy of Lacrosse
IIP Pamphlet, Department of State

Like Oren Lyons, many native Americans play Lacrosse. They play to honor their heritage. They play to be part of a community. This pamphlet elaborates the rich history and culture of the Native American sport called Lacrosse

Read more: <http://iipdigital.usembassy.gov/st/english/pamphlet/2012/06/201206268129.html#ixzz391r2uUne>



Playing It Forward: Sharing the Power of Sports
IIP Photos, U.S. Department of State

Photo Gallery that shows U.S. athletes sharing their love of sports and showing the value of teamwork and respect for diversity.

Read more: <http://iipdigital.usembassy.gov/st/english/gallery/2012/04/201204234410.html#axzz391eaFWra>



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ELIBRARYUSA RESOURCES



CQ Researcher has written reports about such topics as sports, wellness and health. You can find them by clicking on Browse Reports by Topics. This resource can be accessed at American Spaces in the Philippines.

Read More: <http://library.cqpress.com/cqresearcher/>



Searching Academic OneFile for "sports" and "wellness" show a variety of news and magazine articles and academic journal reports covering this topic namely: (1) Sports Illustrated, (2) Sports Medicine., (3) Women's Sports and Fitness, (4) Journal of Sports Science and Medicine, (5) The American Journal of Sports Medicine, and (6) Open Access Journal of Sports Medicine. This resource can be accessed at American Spaces in the Philippines.

Read More: <http://elibraryusa.state.gov/databases/Academic%20OneFile>

Teen Health & Wellness

real life • real answers

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- >> Green Living
- >> Grief and Loss
- >> Mind, Mood, and Emotions
- >> Nutrition, Fitness, and Appearance
- >> Safety



tell your story

"The children that went to my school found it entertaining to bully me."

It left a scar that I'm sure will always be with me. Actually, I recall this one time this girl in my grade spit in my face. The kids would kick my seat on the bus the whole way home. It really saddened me because I didn't know what I did to them to have such hatred for me.

- > Read Abby's story.
- > Share your own story.
- > Read other stories.

watch it: trans fats



© Learning ZoneXpress

Teen Health and Wellness offers teenagers information on diseases, drugs, nutrition, and other topics related to their health and general well being such as sports and fitness. It uses JavaScript and Adobe Reader. This resource can be accessed at American Spaces in the Philippines.

Read More: <http://elibraryusa.state.gov/databases/Teen%20Health%20and%20Wellness>



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MULTIMEDIA RESOURCES



LGBT Acceptance in Sports

As part of State's celebration of LGBT Pride Month, this global webchat celebrated the successes and challenges on LGBT issues in US society. Discussion featured Jason Collins, who recently became the first U.S. professional basketball player (NBA) to announce that he is gay, and Wade Davis, a former NFL professional football player who came out publicly in 2012. Wade Davis is currently the executive director for the You Can Play Project, an advocacy organization working to eradicate homophobia in U.S. professional sports. They covered LGBT topics in relation to athletics.

Watch recorded video here:

<https://conx.state.gov/media/lgbt-acceptance-in-sports/>



Hometown Teams: Educational Resources

Sports are an indelible part of our culture and community. *Hometown Teams: How Sports Shape America* shows how sports reflect the trials and triumphs of the American experience and help mold our national character.

Each weekend, hundreds of thousands of Americans participate in some sport, on some level. We win and we lose, and we yearn to play another day. And if we're not playing, we're watching: in the stands, on the fields with our sons and daughters, or in our living rooms with friends in front of a television. Football, baseball, and basketball capture our attention most, but more and more, other non-traditional sports vie for our time and support. On any given weekend in America, sports are a big part of what we do.

<http://www.museumonmainstreet.org/hometownTeams/index.html>



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