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Kenyan Students Prepare for Track and Field Program in U.S.

Prior to their April 17th departure to the U.S. to participate in a Youth Sports Exchange program, six students from Voi and Taita Taveta and their parents enjoyed an evening at the home of the Cultural Affairs Officer. The five girls and one boy will visit Washington, DC and Philadelphia, PA for two weeks.

For the first five days of the program in Washington, D.C., the participants will learn about sports in the U.S. through participation in track and field events and engage in strength and conditioning clinics as well as attend sessions on nutrition, conflict resolution, and disability sports. They will join practices and mock track meets with local high schools and attend a DC United soccer game. The Kenyan delegation will then travel to Philadelphia, PA to attend the Penn Relays and participate in other related community activities.

Sports diplomacy builds on Secretary of State Hillary Rodham Clinton’s vision of “smart power,” embracing the full range of diplomatic tools—in this case, track and field—to bring individuals for foster greater understanding.



The Mothers sing their thanks after the dinner



Students and Parents enjoy an American dinner