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## Pakistan State Alumni E-Newsletter

### Thank You!

Friends:

Welcome to the first edition of the Alumni Voices! We are very excited to publish this and highlight your stories, experiences, and opinions. I just arrived in Pakistan in early August, and already I have been overwhelmed by the vibrant and dedicated alums I have had the pleasure of meeting. Your amazing efforts to help victims of the flooding has been noticed and greatly admired all around the world. YOU are the true spirit of Pakistan!

The purpose of this E-Newsletter is to inspire readers to become more involved in their communities and collaborate with other alumni to share what they learned on their journey. As you all know, a person's life is forever changed after participating in a U.S. exchange program; let's work together to inspire new candidates to apply for expanding opportunities. We look forward to the continued partnership!

We hope that you continue to be in touch with us through the Internet: <https://alumni.state.gov/> and on Facebook: <http://www.facebook.com/StateAlumni>. We are always open to your new and creative ideas. On behalf of the Embassy in Islamabad and our consulates in Lahore, Karachi, and Peshawar.

بعثت بہت شکریہ

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Thank You!

Brent Beemer  
Cultural Affairs Attaché  
U.S. Embassy, Islamabad

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## Educational and Cultural Affairs Deputy Assistant Secretary Visits Islamabad



*U.S. Deputy Assistant Secretary of the Bureau of Educational and Cultural Affairs Alina Romanowski responds to questions*

U.S. Deputy Assistant Secretary of the Bureau of Educational and Cultural Affairs Alina Romanowski attended the June 29 Pakistan U.S. Alumni Network's seminar "Pak-U.S. Relations: Youth Dialogue on Culture, Education and Leadership" at the National Library of Pakistan.

Romanowski shared ideas and

encouraged young alumni fellows to use their diverse and rich experiences to better serve their communities.

She also held a separate meeting with the core alumni group to discuss resource opportunities. She cited different successful regional alumni networks that Pakistan can replicate. Members of the Youth Parliament of Pakistan and the Pakistan Youth Forum, as well as Islamabad and Rawalpindi university students, attended the dialogue.

During three sessions, 11 youth alumni from various Department of State exchange programs, including Fulbright, Youth Exchange and Study, and Study of U.S. Institutes, gave presentations on leadership, education, and culture.

The speeches, which were directed by three alumni moderators, focused on the impact of exposure to overseas education, leadership development, and cross-cultural challenges.

Member of the National Assembly of Pakistan and the Joint Secretary of

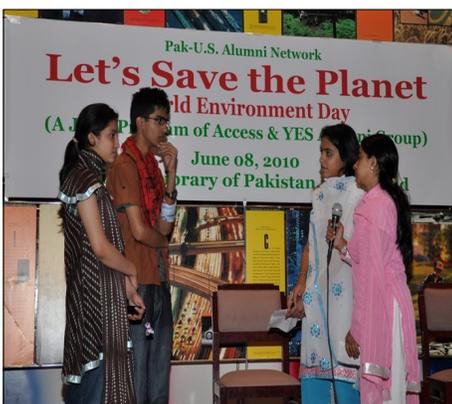


*Seminar attendees discuss youth program*

Young Parliamentarian Forum Asiya Nasir closed out the day with remarks regarding her experience as an alumna of the International Visitors Leadership Program.

Nasir shared her thoughts on the importance of youth education. Peshawar Consulate Public Affairs Officer Jon Cebra, President Pak-U.S. Alumni Network, Judge Majid Bashir, and Nasir awarded certificates to the participants.

## Pakistan-U.S. Alumni Network Celebrates World Environment Day, Youth Programs



*Access alumni celebrate World Environment Day*

The Pak-U.S. Alumni Network organized a June 8 joint event involving 40 alumni of the English Access Microscholarship Program and the Youth Exchange Study program to celebrate World Environment

Day at the National Library of Pakistan.

An audience of more than 250 Pakistani students, teachers, principals, and alumni fellows of different exchange programs attended.

The Access Program alumni, composed of 40 students, delivered 17 performances including skits, poems, and speeches. Three Youth Exchange Study Alumni fellows shared stories through a video screening and presentation about their environmental projects across the country.

Senior Cultural Affairs Specialist Dilawar Khan closed the session emphasizing the need for the continuation of youth programs. The program brought alumni of different exchange groups together to network and share their common experiences.



*A group of volunteers share their contributions*

Alumni groups (Access program and YES) also had the opportunity to share their talent and accomplishments with their peers (who represented of different educational institutions) on current Pakistani issues, while also advertising USG-funded programs to a large audience.



*Pakistani alumni of U.S. State Department study and cultural programs continue to play a role in flood relief efforts through NGOs and as individuals. Here are some of the highlights:*

- ◆ The College of Youth Activism and Development in Baluchistan raised 500,000 Rs. and provided basic disaster relief training to 50 young leaders and deployed them to affected areas.
- ◆ Indus River Development Organization, English Access Microscholarship Program partner

## Flood Relief

in Multan, established a collection center on the highway to Muzzafargarh and recruited three doctors to provide medical services.

- ◆ Social Youth Council of Patriots, a Muzzafargarh-based NGO relocated 250 people and is caring for 90 others.
- ◆ Seema Azim, trustee of CARE Pakistan, is launching an internet fund-raising campaign.
- ◆ Community Support Concern,

English Access Microscholarship Pro-gram partner in Dera Ghazi Khan, raised funds and will work with other UN partners to design and announce a donation strategy in Multan.

- ◆ Youth Exchange Study alumni in Karachi, Lahore, Sialkot, Hyderabad, Kotli, and Peshawar went door-to-door raising funds (Rs.150,000) and collecting food and clothing. Eight YES alumni in Peshawar sold wrist bands and delivered rations at relief camps setup by PIMA and the Pakistan Army.

## Women Share Stories, Applaud Successful Sports Exchange Program

Twelve members of the Young Rising Stars Female Football Club share stories of their 2009 State Department exchange program with more than 50 undergraduates students of five Islamabad/Rawalpindi colleges from at the National Library of Pakistan.

During the May 26 presentation, the young team members discussed how

sports exchange programs develop tolerance, leadership, and discipline to their academic and professional lives.

Young Rising Star Captain Sana Mahmood spoke about ‘Sports – A Way of Life’ and cited examples of how this exchange program helped her team realize the importance of cooperation, discipline, and respect in achieving goals.

The program offered an opportunity for other students to learn about women’s participation in sports in Pakistan.

One of the many participants, a male student from Dera Ghazi Khan (Southern Punjab), argued that “it is impossible to

introduce female sports in my locality because of local perceptions, even among my own family.”

Another player discussed her experiences of joining the team in spite of her coming from Baluchistan.



*Young Rising Star Captain Sana Mahmood speaks about sports and culture*



*Audience members support change*

## State Alumni ELT Fellows Explore Bilingual Trends

State alumni fellows of 2010 ELT Programs Dr. Hina Ashraf and Dr. Serwet Rasool presented their research work at a May 7 to 8 national conference titled “Rethinking Bilingualism: New Perspectives, Challenges and Interpretations,” held at Rawalpindi’s Fatima Jinnah Women University.

The conference explored bilingualism and multilingualism in Pakistan, and how the issues of identity and plurality are affecting the national and regional languages. Dr. Ashraf’s paper was inspired by Myers-Scotton’s “model of Markedness” and examined Pakistani urban students’ preferences for using Urdu, English, or both in their conversation.

Dr. Sarwet Rasul presented a paper on students’ perception of bilingual practices in the Urdu classroom, describing how teachers and students use their linguistic repertoire to carry out classroom interaction and how students perceive these bilingual practices.



*State alumnae Dr. Hina (top photo, left) and Dr. Serwet (below photo, left) receive certificates from Vice Chancellor Dr. Saeeda Asadullah*



*Audience members discuss media at Riphah International University*

## Best Practices: Health Reporting

“The role of media and journalists in reporting health problems can foster the social change in the society” said State alumni fellows Ayesha Sadaf and Afshan Shiraz who participated in a May 10 program at Riphah International University’s Riphah Institute of Media Sciences, on “Journalism: Best Practices” for 40 postgraduate students. U.S. Embassy Research and Reference Specialist Maqsood Shaheen shared 25 successful online research techniques for media and journalists.

U.S. Embassy Assistant Cultural Affairs Officer Julia Fendrick also met with Riphah University Pro Vice Chancellor M. Hassan Khan to pursue projects and future collaborations.

**“The role of media and journalists in reporting health problems can foster the social change in the society”**

**State alumnae fellows  
Ayesha Sadaf and  
Afshan Shiraz**

## Young Alumni Leaders Get Hands-on Experience

International Visitor Leadership Program alumnus and principal of Aixar High School Eugien John organized a May 2010 science exhibition for more than 600 students to encourage observation and experimentation. Students of 3<sup>rd</sup> to 10<sup>th</sup> classes used ordinary objects to explain concepts of electricity, metals vs. non metals, gravity, and the solar system. In addition, they made colorful models with details about the planets, space shuttles, the human body, and physics. The younger

children emphasized life sciences and made beautiful and informative models about plants and animals, flowers and seeds, the food chain, forest habitats, desert habitats, water habitats, human body health, nature, and reflexes.

Visitors enjoyed watching students represent the Wright brothers, Marie Currie, and Thomas Edison.

The District Coordination Officer Gujranwala Ali Akbar Bhindar inaugurated the science exhibition and said, “This is the need of the

hour to organize such educational activities which develop natural curiosity and interest among the students.”

“The mind of the nation can’t be fed on slogans, it has to be cultivated through hands on experiments” the high school principal said.

Minister for Human Rights and Minority Affairs Kamran Michael congratulated the students for taking such a useful initiative. Parliamentary Secretary for Human Rights Tahir Khalil Sandhu also appreciated the efforts of students.

### State Alumna Serving as First Female Prime Minister of Australia

Julia Eileen Gillard became the first female Prime Minister of Australia June 24, 2009.

Gillard participated in a 2006 International Visitor’s Leadership Program while she was serving as shadow minister for health.

Many observers applaud Gillard for her hard-working and focused nature.

Before her election as prime minister she worked on major education and workplace relations reforms as Deputy Prime Minister.

She is the daughter of a coal miner and industrial-relations lawyer and was born in Wales.



*Australia’s Prime Minister  
Julia Eileen Gillard*

## Lahore Alumni Project Encourages Youth to Develop Oratorical Skills

The FY2010 Educational and Cultural Affairs Alumni Project Competition selected the project of a team of three alumni Dr. Farhan Ebadat Yar Khan, Daniyal Talat, and Madiha Gul.

The chosen project, “Pakistan Youth Leadership Forum 2010” promises a platform that provides bright students from middle-and lower-income groups with an opportunity to enhance their

leadership, oratory, and presentational skills.

The project is composed of interactive workshops and lectures focusing on communication and leadership skills, the art of decision making, social entrepreneurship, U.S. history, Pakistan-U.S. relations, and public speaking with special emphasis on parliamentary style debating, and various

theatrical activities as a medium for social change.

The project’s prime also aims to bring alumni from different parts of the country to share their experiences with youth.

This consolidatory venture of alumni members from various fields of practical life will give them a chance to interact, learn from each other, and share their success stories.



## Pak-U.S. Alumni Network Focuses on Crisis Communication

The Pak-U.S. Alumni Network hosted a U.S. speaker program on the complexities and difficulties of crisis communication for more than 50 undergraduate students of the Center of Media and Communication, International Islamic University, Islamabad.



*National Endowment for Democracy Director Marguerite Hoxie Sullivan discusses crisis communication*

The Center on International Media Assistance, National Endowment for Democracy Director Marguerite Hoxie Sullivan was the keynote speaker. She discussed the nature and dynamics of crisis communication and cited global and local examples of the media’s role in critical situations.

This was followed by a lively Q & A session. Center of Media and Communication and International Visitors Leadership Program fellow Ayesha Sadaf moderated the session.

In addition, U.S. Embassy Research and Reference Specialist Maqsood Shaheen shared U.S.G online Internet resources for media professionals and emphasized

the importance of these resources in their academic studies programs.

The Pak-U.S. Alumni Network provides a platform for its fellows to synergize their energies to create better understanding between the people of Pakistan and the United States.

This session gave a direct opportunity to Pakistani youth to interact with a U.S. expert in the field of their academic study. The gathering was also a rare opportunity to gather both male and female students in the same room for a discussion.



*Speaker explores media coverage of crises*

## Alumni Spotlight: Flood Response

Alumnus Sadaf Zuberi participated in an October 2008 International Visitors Leadership Program on "Education Today" and now works as Sindh Education Foundation’s senior manager. The foundation is busy undertaking relief efforts for flood-affected Sindh residents. Projects include the creation of educational aids for children and restoration of destroyed schools.

Youth Exchange Study alumni coordinator Haider Mirza and IVLP alumnus Nasser Memon participated in a flood relief marathon on Islamabad’s radio network, FM-Power 99 on Aug. 18. They discussed the impact of the devastating floods and the response of their associations’ members. English Access Microscholarship Program coordinator Shamshad Hussain also spoke live from Skardu about their efforts.

## Embassy, National Library of Pakistan Celebrate Books, Copyrights, Literacy

The U.S. Embassy Public Affairs Section and the National Library of Pakistan held an April 28 celebration of World Book and Copyright Day for 100 students and library professionals from six institutions from Islamabad and Rawalpindi.

Alumnus of the Study of the United States for Student Leaders and “Prime Minister” of Pakistan’s Youth Parliament Amaar bin Farooq highlighted the significance of World Book and Copyright Day in the promotion of a reading culture.

International Visitors Leadership Program alumni and president of the Pak-U.S. Alumni Network Judge Majid Bashir emphasized the vital need to raise awareness about the copyrights laws among students, professionals, researchers and academia.

The National Library of Pakistan’s Deputy Director Ghyour Hussain spoke on the importance of copyrights for library professionals. U.S.



*U.S. Embassy Assistant Cultural Affairs Officer Julia Fendrick speaks about World Book and Copyright Day*

Embassy’s representatives Julia Fendrick and Afshan Amir spoke on exchange programs and educational opportunities in the United States as well as resources available through the Information, Research, and Communication section of U.S. Embassy.

The National Library of Pakistan, Director General Muhammad Nazir addressed the audience and close the event.



## New Eyes — My Experiences in the United States

*Contribution written by 2010 IVLP Fellow Nighat Paristan*

“The real voyage of discovery consists not in seeing new landscapes, but in having new eyes.” The reason I choose the Marcel Proust quote for my one month stay in United States to participate in the legislative fellows programme is that it provide me with an opportunity to live in a very different culture, observe a different government structure and to witness how they respond to the needs of their masses, all extraordinary experience.

Being a researcher Congressional Research Services not only impressed me but I also realized that all success stories start from scratch.

I have learned a basic lesson by visiting CRS and Springfield Research Services that as the parliamentarian are the people we are suppose to serve so why don't pay attention in their focused area which is their constituencies.

Research Centre of Pakistan is planning to start working on developing constituencies profile after the budget session.

In Chicago, I visited three schools (although it was not the part of programme but I thought that children are the purest part of any society to talk and listen).

That turns out to be very lovely and unforgettable experience. Kids were very curious about women and children rights and social values.

In Lindblom Science and Math Academy, I talked to two classes and the rest of the

children were so excited to see me that they requested their teachers to arrange another visit, but unfortunately the other day was not a school day and I was leaving for Pakistan.

In every school when ever I asked children that what they know about Pakistan the immediate reply was a country on war and where women wears conservative dresses and do not have rights.

Now this is the area where American media is playing a poor job. Instead of focusing only on war, terrorism, women rights; Pakistan has a lot more to focus on such as a rich, beautiful and diverse culture, historical and beautiful places and very courageous men and women, facing the ongoing war on terror with dignity and that the women and children rights are not denied religiously and constitutionally but due to poverty, illiteracy, ignorance and ongoing conflict situation these rights are not properly granted.

Media is not providing the proper information to American public by not showing them the positive facts of Pakistan. The thing which pleasantly amazed me as Pakistani was that Americans are the least judgmental people very courteous and cooperative.

Unfortunately Pakistan is portrayed very negatively on international media but in America no one ever judged me with that image.” Every one welcome me hear my views with grace and respect. Respect for law and freedom of expression are the two fundamental aspect American society. This was a unique experience.”



*International Visitor Leadership Program Alumna Ayesha Sadaf discusses journalism*

### **Journalism: Best Practices for Health Reporting at Margalla College**

International Visitor Leadership Program alumnae Saadia Mahmood, Ayesha Adnan, and Afshan Shiraz led an April 27 discussion on “Journalism: Best Practices” for more than 40 postgraduate students from the Mass Communication department of F.G. Margalla College for Women in Islamabad.

Drawing from their 2009 International Visitors Leadership Program for journalists on visual storytelling and health reporting, the enthusiastic alumnae shared their professional experiences with the local community.

The U.S. Alumni Lecture Program, initiated by the U.S. Embassy, endeavors to strengthen the relationship between the U.S. Embassy, alumni of Department of State academic and professional development exchange programs, and the community.

## **Almunus Anwar Promotes Coastal Ecology of Karachi**

International Visitors Leadership Program alumnus Farhan Anwar coordinated and conducted a process of debate and consultation April 24 and June 17 with relevant stakeholders with the aim of facilitating the development of an integrated approach on protecting and sustainably utilizing the coastal riches of Karachi. Most scientists increasingly feel that Pakistan cannot treat the coast in isolation and must adopt an integrated approach, targeting control of both coastal and land-based activities relevant to their impact on the coastal ecology, to attain desired results.

The objective is to develop a baseline for something on the pattern of an *Integrated Coastal Zone Management* plan for Karachi with consensus among all the stakeholders taking into account the policy, planning, technical, social, economic, legal and regulatory aspects of the debate.



## Visibility in Society: Voices from the Baluchistan State Alumni Association

*Baluchistan State Alumni Association President Mir Aurangzeb contributed information for this article.*

The ship of the Baluchistan State Alumni Association has started sailing and though its pace is slow, the movement is constant. Indeed in some circles we are showing that our visibility and membership is increasing.

We are holding big functions to attract more and more people towards our exciting programs.

The following events are a few of our activities during the recent months.

The government of Baluchistan Social Welfare Department had arranged a walk to attract the attention of the society towards children with special needs.



*Association donates carpet to school for handicapped children*

The State Alumni Association Baluchistan actively participated in this function. Association President Mir Aurangzeb and his spouse joined the walk with banners and the association distributed to the participants at the end of the walk.

The association distribution has donated a carpet to the School for Handicapped.

The National Accountability Bureau Baluchistan had arranged a seminar on the topic of anti-corruption. Alumnus Farkhanda Aurangzeb attended as a guest speaker at this well-attended occasion.

Provincial Minister Rahila Durrani participated March 23 World Water Day celebrations as the primary guest of the occasion. Durrani is an International Visitors Leadership Program fellow.

The association established a legal aid cell that will provide free legal aid to needy and suppressed people. During the last three months, the association defended 20 clients and also provided legal aid to many others.

The association gave Kidney Centre Quetta financial aid for the treatment of kidney patients.

Mir Aurangzeb gave 50,000 rupees and arranged an additional donation from Rotary Club Quetta Cosmopolitan.

Association members actively participated in a tree plantation campaign and personally planted trees at different locations throughout the city.



*Association celebrates Water Day*

U.S. Consulate Karachi Public Affairs Officer Dr. Elizabeth Colton attended the dinner with members of Baluchistan State Alumni Association. Auarangzeb presented souvenirs and shields to the guests.



*Walk raises funds for special needs children*

## Women Water Professionals Attend Workshop, Discuss Participation in Pakistan

SaciWATERS, Women for Water Partnership and NetWater Shirkat Gah Karachi, and Management and Development Center organized a May 25 to 26 training workshop on gender, Integrated Water Resource Management and the role of women water professionals in

Pakistan. International Visitors Leadership Program participant, environmental specialist, and core member of Pak-U.S. Alumni Network Rahat Najam attended the workshop.

The objective of the workshop was to discuss and

deliberate on the issues of women's participation and gender equity in the work place and how Pakistani can create a network of women water professionals.

*Pak-U.S. Alumni Network Rahat Najam gives remarks during water workshop*





## YES Alumni Story: My Experiences in United States

*Contribution written by  
YES Alumnus Sheharyar Khan*

Getting selected for the Youth Exchange Study Scholarship was like a dream come true. I was privileged to be a part of a prestigious program where the level of competition was so high that only a few students got the opportunity to go through the final procedure and step in the United States.

Even though I was depressed to leave my family and friends, I decided to keep up with the excitement of this exchange year which would bring a dramatic difference in my life.

On my way from the Baltimore Airport to the American University (venue for our orientations) I pondered on the challenges and difficulties, most likely to take place due to different language, tradition and a one sided opinion of the Muslim world as portrayed by the media.

The warm welcome and kind attitude of everyone made my adjustment phase way too easier than I had expected it to be.

Prior to my departure I always heard that as an exchange student I will be the "cultural ambassador" of my country, an expression which I considered to be really cool, however after coming thousands of miles away from my homeland I realized that it is a big responsibility to represent my country in the best possible way.

My main intention was not to waste a single moment and take advantage of every opportunity. I got involved in

numerous extracurricular activities such as soccer, Nordic skiing and was an active member of several clubs. Also I tried to maintain good grades and was honored to be in the "An honor Role".

I represented my country and exchange organization in the AYUSA leadership Summit San Jose, and BUBW Conference Baltimore in which exchange students from all around the world gathered and highlighted the global problems with their possible solutions.

The main vision of Senator Kennedy and senator Lugar (founders of the YES program) was to build better understanding between the young people of the United States and the Muslim world.

As an exchange student people ask me a lot of questions about my country, traditions, religion etc. Surprisingly some of them do not even know the geographical location and maybe I will be the only Pakistani in their life. I decided to interact with as many people as possible and share my cultures and values.

I volunteered in my host family's church, local recreation centre and some non-profit organizations, where I was able to accomplish my goal of doing more than 115 hours of volunteer work.

My family and friend played a very vital role in making this exchange year so fun filled and worth remembering. I admire my host family for hosting me and considering me as a part of their family.

Their love and support contributed in making my exchange year to be the best



*YES alumnus Sheharyar Shah enjoys time with U.S. friends*

year of my life and their assistance in everything helped me to face different challenges with great courage and I believe that now there is a special bonding with them which will last forever.

I have always tried to be nice to everyone and I believe that my positive attitude has changed the opinion of a lot of people about my country and the Islamic world. The differences between the Islamic and the western world are mainly exploited by the media and other sources.

It is a completely different USA in Hollywood movies and a complete different Pakistan or Islamic world than portrayed by the media. I believe that I can change the perspective of a lot of people back home about the USA by just sharing my exchange experience.

I hope to encourage my American friends to come visit Pakistan so they can see the similarities between the two nations for themselves, not just the version of the mainstream media. I plan to spread this message through Internet magazines and other sources.

### **IVLP Alumni Talk about Museum Preservation**

State alumni fellow Rashiq Ahmer gave an interactive lecture June 30 regarding his International Visitor Leadership Program. Museum professionals gathered for the workshop at Lok Virsa museum. The U.S. Embassy Islamabad and the

National Institute of Folk and Traditional Heritage collaborated to create the workshop.

Ahmer, an Archaeological conservator shared stories of his visits to various museums in the United States. He shared his appreciation of the role of the government and interest of the people in preserving U.S. history and traditions.

A U.S. Embassy representative highlighted the U.S. government's role in preserving places around the world.

The U.S. Embassy Islamabad's Information, Research and Communication section also shared information about museums in the United States and various forms of outreach, including social media targeting youth.



## Islamabad Hosts Championship



The Young Rising Stars Women’s Football Club created history by winning Pakistan’s National Football Championship for the second time. YRS was founded in 2007 with ECA/YEP funding. Assistant Cultural Affairs Officers Jason Seymour and Linda Blount were among the chief guests at the Aug. 4 event, presenting medals, cups and special prizes to the tournament participants. On this occasion the Club President also donated Rs. 20,000 from the winning prize for the flood relief fund. Electronic and print media heavily covered the event..



Youth Exchange and Study Alumnae Fellows Waleed-bin-Waheed and Mehwish Zuberi spoke about their trip to the United States on Islamabad’s popular radio network, FM-Power 99 during an Aug. 5 interview. They answered

questions on the topic of the day: youth perceptions on provincialism for national collective harmony. They emphasized the pivotal role that youth can play in bridging cultural divides across Pakistan.



## Environmental Activist, Pakistani Alumnus Meets with Nepali Prime Minister, President

The International Visitors Leadership Program Alumnus and Environmentalist Rahat Najam visited Nepal March 24 to 30 to attend the “Workshop on Integrated Lake Basin Management for the Sustainability of Himalayan Lakes.”

National Lake Conservation Development Committee Nepal organized the workshop in collaboration with the Ministry of Environment and multiple NGOs in Nepal including the International Lake Environment Committee.

Masahisa Nakamura from Japan delivered a detailed talk on Integrated Lake Basin Management and its network in the world.



*Environmentalist Rahat Najam (dressed in red) meets Prime Minister of Nepal*

The March 26 to 29 workshop began in Kathmandu and ended with a field trip to Pokhara.

The Minister of Tourism and Civil Aviation Nepal inaugurated the workshop. Workshop participants from Nepal, India, Phillipine, Bhutan and Pakistan presented various technical papers.

**Meetings with Key Officials of Nepal**  
Workshop participants from, Japan, Phillipine, India, Pakistan, and Bhutan attended March 24 meetings with the Nepali Prime Minister Madhav Kumar Nepal and President Dr. Ram Baran Yadav.  
They exchanged views about the regional work on lake conservation with a particular focus on the role of Nepal in conservation of the Himalayan region.  
Meetings with Nepali’s President Ram Baran Yadav also highlighted the benefits of regional cooperative work.



*Environmentalists Rahat Najam (dressed in green) meet with the President of Nepal*

The International Lake Environment Scientific Committee Chairman Dr.



## American Information Resource Centers in Pakistan

**Lincoln Corner  
Islamabad**  
International Islamic  
University  
Central Library  
Phone: 051-9257996  
[lcislamabad@gmail.com](mailto:lcislamabad@gmail.com)

**Lincoln Corner  
Karachi**  
Rangoonwala Community Center  
The Library  
Phone: 021-4938025  
[lckarachi1@gmail.com](mailto:lckarachi1@gmail.com)

**Lincoln Corner  
Peshawar**  
University of Peshawar  
Central Library  
Phone: 091-5846626  
[lc.pesh@gmail.com](mailto:lc.pesh@gmail.com)

**Lincoln Corner  
Muzaffarabad**  
University of Azad Jammu and  
Kashmir  
City Campus  
Muzaffarabad  
Phone: 05822-923137  
[lc.uajk@gmail.com](mailto:lc.uajk@gmail.com)

**Lincoln Reading  
Lounge**  
National Library of  
Pakistan  
Constitution Avenue  
Islamabad  
Phone: 051-9206436 Ext. 241  
[lr lounge@gmail.com](mailto:lr lounge@gmail.com)

**Martin Luther King Jr.  
Reading Room**  
The Islamabad Club  
Murree Road

Islamabad  
Phone: 9046229  
[mlkreadingroom@gmail.com](mailto:mlkreadingroom@gmail.com)

**Helen Keller  
Community Friendship  
Center**  
National Library and Resource  
Center  
F-7 Markaz  
Islamabad  
Phone: 9102422  
[helenkeller.isb@gmail.com](mailto:helenkeller.isb@gmail.com)

**Susan B. Anthony  
Reading Room**  
Fatima Jinnah Women University  
Central Library  
Rawalpindi  
Phone: 9270050-57 Ext. 128  
[sbareadingroom@gmail.com](mailto:sbareadingroom@gmail.com)

### Sites of Interest

For Electronic Journals:  
[islamabad.usembassy.gov/  
ejournals.html](http://islamabad.usembassy.gov/ejournals.html)

Topics of Interest:  
[islamabad.usembassy.gov/  
topics\\_of\\_interest.html](http://islamabad.usembassy.gov/topics_of_interest.html)

Useful Links:  
[alumni.state.gov](http://alumni.state.gov)  
[www.usefpakistan.org](http://www.usefpakistan.org)  
[www.useducation.com.pk](http://www.useducation.com.pk)

[www.usaid.gov/pk](http://www.usaid.gov/pk)  
[america.gov](http://america.gov)  
[www.unitedstatesvisas.gov](http://www.unitedstatesvisas.gov)  
[educationusa.state.gov](http://educationusa.state.gov)  
[exchanges.state.gov](http://exchanges.state.gov)  
[www.rewardsforjustice.net](http://www.rewardsforjustice.net)  
[www.uscis.gov/portal/site/uscis](http://www.uscis.gov/portal/site/uscis)  
[www.state.gov](http://www.state.gov)

U.S Embassy Links:  
[islamabad.usembassy.gov/  
pakistan/irc.html](http://islamabad.usembassy.gov/pakistan/irc.html)

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lc\\_pakistan.html](http://islamabad.usembassy.gov/lc_pakistan.html)  
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educational\\_exchange.html](http://islamabad.usembassy.gov/educational_exchange.html)  
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