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## Pakistan State Alumni E-Newsletter (Second Edition)

### Thank You!

Congratulations to all the members of the Pakistan-U.S. Alumni Network for their efforts to revitalize this network. With the recently formed chapters of Azad Jammu and Kashmir and Gilgit-Baltistan, the network spreads across all provinces of Pakistan. As you will learn in this edition, alumni are winning awards, conducting workshops, developing projects to help their communities, and working together and across regions to do what they can to make Pakistan better for all. It is impressive to see what the PUAN alumni have done in the past few months. The next six months will make this network even more dynamic. Congratulations!

We hope that you continue to be in touch with us through the Internet: [alumni.state.gov](http://alumni.state.gov) and on Facebook: <http://www.facebook.com/StateAlumni>. We are always open to your new and creative ideas. On behalf of the Embassy in Islamabad and our consulates in Lahore, Karachi, and Peshawar.

Thank You!

Brent Beemer  
Cultural Attaché  
U.S. Embassy, Islamabad

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# Pakistani Exchange Alumni Earn Awards, Honors

## Filmmaker, Alumna Wins Prestigious Award

Vital Voices 2010 alumna Samar Minallah is the Executive Director of Ethnomedia, a non-government organization that advocates for social justice. She has been selected to be a 'Chiang Lin Tien Fellow' for her professional achievements and hands-on use of media for positive societal changes.



Samar Minallah

Samar's short documentary helped to challenge the age-old custom of Swara — involuntary marriage of female children to settle a

grievance. Later, a law was amended to criminalize giving girls as compensation for misdeeds.

The fellowship is a tribute to the late Dr. Chang Lin Tien, former chair of TAF's Board of Trustees and former chancellor of the University of Berkley. The program intends to foster dialogue and understanding between Asians and Americans who are noted for their accomplishments in their respective professional fields.

## Alumna Leads Football Team in Bangladesh Competition

December — The Young Rising Star Football Club's Rawalpindi Captain and U.S. government Youth Enrichment alumna Sana Mahmood led the women's football team in a

competitive South Asian Women Football Championship held in Bangladesh. The ambitious organizers hope the competition will be a popular, annual event.

**Congratulations to Pakistani alumni for having the fastest growing rate of participation on the State Alumni Web site in October, December, and January!**

Please visit our new Web site  
<https://alumni.state.gov/pakistan/>

## Alumni Creativity Shines in International Contests



DSC Limited Chairman H. S. Narula (left) gives H.M. Naqvi (center) prize for his novel, "Home Boy."

International Writing Program alumna Mubashir Khawaja and Nauman Shaukat. The U.S. Department of State selected Khawaja for the quarterly FlipCam drawing for his story, "Finding Peace in Different Faiths" and Shaukat received runner-up in the photo contest "Postcards from Home: Show Us Where You're From."

Exchanges Connect is an international online community managed by the U.S. Department of State, Bureau of Educational and Cultural Affairs.

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In yet another competition, Exchanges Connect announced two winners — U.S. Youth Exchange Study Program

## From ECA Alumni Office — Global News

Find more information regarding competitions and available project funds at <https://alumni.state.gov>.

### ECA Alumni Project Competition

Compete in this 8th annual funding opportunity to support Mission engagement with alumni. This competition is for embassy public affairs sections only. In FY2011: 1) all posts worldwide are eligible to apply, and 2) maximum funding amount is \$25,000 per post. Proposal submissions can support multiple elements of the post's unique alumni program. Proposal deadline is March 21, 2011.

### Alumni Engagement Innovation Fund

Alumni can receive funds to address global issues on a local, national, regional, and international level. AEIF enables exchange alumni opportunities to create and implement innovative projects to address global problems.

Alumni can submit proposals up to \$35,000. Project ideas will be accepted until March 13, 2011. Review the AEIF Web site to review eligibility criteria at <https://alumni.state.gov/aeif-info>.



# Pakistan-U.S. Alumni Network Celebrates Expansion

*U.S. government exchange program alumni founded the Pakistan-U.S. Alumni Network. The group's mission is to achieve U.S. and Pakistani common objectives and goals, strengthen people to people ties, share academic and professional insights, and motivate local communities. The network is comprised of eight regional chapters throughout Pakistan.*

## Islamabad Hosts Gathering For Country-Wide Alumni Chapters

November 4 to 5 — For the first time, all eight regional chapters of Pakistani alumni of U.S. government exchange programs met in Islamabad. Participants envision a joint effort to continue the spirit of exchange programs by strengthening the bilateral U.S.-Pakistan relationship and effectively use alumni networks to promote positive change in Pakistan.

Chapter representatives and the U.S. Embassy Cultural Affairs Attaché Brent Beemer and Deputy Cultural Affairs Attaché Julia Fendrick shared areas of common interest and long-term strategies for activities.



*U.S. Embassy Islamabad Deputy Cultural Affairs Attaché Julia Fendrick hosts an alumni reception for members of all eight regional chapters of Pakistani alumni.*



*The Pakistan-U.S. Alumni Network Azad Jammu and Kashmir Alumni Core Group design their mission and common goals during their inaugural meeting in Muzaffarabad.*

## Azad Jammu and Kashmir Alumni Chapter Sets Goals

November 15 — Twelve U.S. government alumni decided that the time was right to form Azad Jammu and Kashmir's first Pakistan-U.S. Alumni Network chapter. The energetic group gathered in Muzaffarabad for their inaugural meeting and shared ideas for the chapter's mission as well as specific ways they could make their goals into a reality.

The new alumni chapter unanimously elected Pakistan Education Leadership Institute alumni Mr. Khan Bahadur Abdullah and Mr. Khawaja Tariq Shafi as their first President and Secretary General.

The alumni have selected various areas of concern including their appropriate school curriculum areas for their region such as English language, science, and mathematics, cultural exchanges, environment, educational management, anti-narcotics support activities, school adoption, and school reforms to benefit local communities.

## Pakistan-U.S. Alumni Network Organizes Strategic Workshop

December 4 — The Pakistan-U.S. Alumni Network organized a national strategic planning workshop in Islamabad to solidify the efforts of the past few months. The eager group included U.S. government exchange program alumni representing six of Pakistan's eight regional chapters: Gilgit-Baltistan, Azad Jammu Kashmir, Punjab, Jamshoro, and Islamabad.

When the meeting concluded, the group had finalized six-month action plans and discussed ideas and plans for long-term strategies.



*Representatives of six alumni chapters meet in Islamabad to co-ordinate their action plans.*



*Pakistan-U.S. Alumni Network Khyber Pukhtunawa Chapter members meet in January 2011 to chalk out future plans.*



## Youth Entrepreneurship Can ‘Change the ‘World



*State alumnus Samir Anwar Butt gives recommendations to hopeful business owners.*

October 6 — An audience of 150 students from 12 university undergraduate programs participated in an alumni seminar titled

"Youth Entrepreneurship for Global Leadership" at the National Library of Pakistan, Islamabad.

The event focused on enterprise development, job creation, and strategies to foster youth entrepreneurship. Alumni from U.S. government academic and professional development exchange programs, including the chairman of Gallup Pakistan, the government's political advisor to the Minister of Youth, and representatives of several national companies, addressed an enthusiastic audience.



*U.S. Department of State's 2009-10 Youth Exchange Study program alumni Farwa Manekia and Rizwan Mujtaba designed and implemented a project titled "Healing by Caring," in which 50 young volunteers from the Society for International Education, including YES and Children's Council, helped rehabilitate survivors of the recent floods by tapping into their creative talents. The program assisted 570 children who live in camps in Karachi, Sonda (Thatta), and Sujawal.*



*Dr. Muhammad Ali, center, discusses the role of universities in community building.*

## Rebuilding Communities Requires Hard Work

December 20 — While visiting Islamabad, Dr. Muhammad Ali Chaudry, a lecturer at Rutgers University's Division of Continuing Studies and founder of the Interfaith Network of North America, participated in a Higher Education Commission digital video conference.

He spoke to students and university administrators from 15 Pakistani universities about

the critical role and responsibility of universities to help build communities.

Students from University of Faisalabad, Gujrat, Peshawar, Central Punjab, and COMSATS shared their own stories of how their universities participated in earthquake and flood relief. The U.S. Embassy, in collaboration with the Pakistan-U.S. Alumni Network, organized the DVC.

## PELI Alumni Turn Great Ideas Into Action

December — The Pakistan Educational Leadership Institute provides individuals with training and guidance while developing master action plans for potential leaders who would like to impact their communities.

PELI alumna Rehana Qaisar, arranged an awareness seminar, a student walk, and an art work exhibition to

promote recycle/reuse at Shining Star Public School Rawalpindi that attracted 300 participants.

Nawab Khan, who lives in Basima, Washuk, a remote district in Baluchistan, arranged a three-day awareness workshop to stop illegal hunting of Houbara Bustard, an endangered bird of the Nag Valley of Baluchistan.



## ***Leaders Group Meets Educational and Cultural Affairs Assistant Secretary Stock***

*Contribution written by 2010 PYSLP Alumna, Qazi Fahad Ahmed*

I am highly grateful and thankful that on the 60th anniversary of Fulbright, I was selected as the principal candidate for the 2010 Pakistani Young Student Leaders Program on Comparative Public Policy. This program was funded by the U.S. Department of State.

The program was mainly focused on comparative public policy consisting the issues of hunger crisis, security issues and community services. Our daily lectures were held in University of Massachusetts, Amherst, with U.S. students of UMASS.

During our study tour to New York, we had a significant meeting with Pakistani ambassador to United Nations Mr. Abdullah Hussain Haroon, who apprised us the role of UN helping Pakistan and maintaining peace among the nations in 21<sup>st</sup> century. He was very keen to answer our every question on every aspect of

Pakistan. He apprised his plans to help flood victims in Pakistan. The meeting wasn't the part of our program but as I have good relations in UN mission Pakistan so I put efforts to arrange it.

During our Washington D.C. tour, we also had the meeting with ECA Assistant Secretary of United States Ann Stock. She was really interactive and frank and mentioned us about the future plan for scholarship programs. She was very much excited when I presented her Ajrak, as a token of honor and prestige. She was very much gratified when I told her the history of Ajrak. We were also invited by Pakistan Ambassador Mr. Hussain Haqqani, though he had busy schedule but he still guided us very well about future challenges of new generation of Pakistan in 21<sup>st</sup> century in U.S. and all around the world.

He said this year around 5,300 Pakistani students enrolled in American universities and 11,000 from Nepal. He

forced on the fact that Nepal is smaller than Pakistan but still it has larger number of students here in United States. He emphasized that Pakistani students should develop their interest to study in U.S. institutes. For me the most exciting part was the trip to New York, Boston (MIT and Harvard) and Washington D.C.

Before visiting the United States, our impression towards the country was pretty different but after being there I found total reversal of it. American foreign policy is different then American society. We were treated extremely humble and honorable way which clearly reflects the value of American society. There was no bias discrimination and hatred against Pakistanis. Many common Americans don't know about Pakistan and its issues. They only know what our and their media portrays. What I observed in the United States is that their media is much more professional and strong. They thoroughly support their



## U.S. Breast Cancer Specialist Addresses Growing Problem

January 22 — “The breast cancer mortality rate in Pakistan is the highest in the world, due to social stigma and cultural barriers. Women are hesitant to talk about the problem and to approach a doctor for diagnosis,” said breast cancer specialist Dr. JoAnne Zujewski of the National Cancer Institute during an address at the Higher Education Commission in Islamabad.

More than 40 health professionals as well as audiences from eight Pakistani

universities (thanks to digital video conference technology) participated in the discussion. Zujewski highlighted the relationship between a country’s mortality rate and self-evaluation rates, mass media awareness campaigns, and family and societal support for breast cancer patients and survivors. The U.S. Embassy Cultural Affairs Section, Pakistan-U.S. Alumni Network and Pakistan’s Ministry of Health organized the DVC.



*From right: Pakistan Institute of Medical Sciences, Project In-charge, Dr. Shafqat Shiekh and speaker Dr. JoAnne Zujewski address Pakistani health experts.*

## Gender-Based Violence Motivates Pakistani Activists, Legislators

December 7 — Thirty undergraduate students from three different universities of Islamabad/Rawalpindi commemorated 16 Days of Activism Against Gender-Based Violence in Islamabad.

Exchange alumni Sameena Imtiaz, Judge Majid Bashir, Shabana Fayyaz, and Nargis Hashmi shared their perspectives on how gender-based violence affects civil society, government, academia, and the media. Afterwards, the U.S. Embassy screened a new documentary titled ‘Making the Mark: Story of Pakistani Women.’ The film depicts the many challenges and successes of women in a male-dominated, conservative society.

The U.S. Embassy, Cultural Affairs Attaché Brent Beemer and Deputy Cultural Affairs Attaché Julia Fendrick



*State Alumna Shabana Fayyaz talks on gender-based violence at National Library.*

were on hand to discuss the U.S. Mission’s collaborative efforts with local partners in raising awareness against gender-based violence.

## Innovative Director Encourages Youth to Contribute

January 20 — Executive Director of Innovation in Civic Participation Susan Stroud spoke on youth civic engagement with a select group of 20 young U.S. government exchange alumni at the National Library of Pakistan.

The U.S. Embassy Culture Affairs Section, in collaboration with the Pakistan-U.S. Alumni Network, Islamabad Chapter organized the session.

Alumni of different U.S. government cultural exchange programs shared stories of their community activities and suggestions on how to create a proactive youth civic engagement portfolio. They also addressed roles of leadership, changing and diverse social responsibility, and team building.

The participants discussed volunteering in society in an open and frank conversation about new technology and cultural hindrances and social barriers.



## Active Alumni Join International Celebration of Human Rights

December 10 — Three U.S. government exchange program alumni, Judge Majid Bashir, Peer Syed Muddassir Shah, and Barrister Chuan, commemorated International Human Rights Day at the National Library in Islamabad by sharing their optimism and concerns regarding the current and future realities for Pakistani and Muslim foundations for human rights.

The Citizen Exchange alumnus Haseeb Ahmed Kiyani moderated the session. U.S. Embassy, Deputy Cultural Affairs Attaché Julia Fendrick and U.S. Embassy, Cultural Affairs Attaché Brent Beemer also attended.

*State Alumnus Umair Jam addresses a National Library audience and defends the protection of human rights.*



## Pakistani Alumnus: An Unforgettable Adventure

*Contribution written by Benjamin Franklin Alumnus Samana Ali.*

On the 26<sup>th</sup> of June 2010, seven Pakistani youngsters departed Benazir Bhutto International Airport in Islamabad in order to fly to Washington, D.C. We arrived at Dulles International airport around afternoon and were driven to the Fairfax Campus of George Mason University VA by a cheerful and welcoming group of mentors who were to take care of us for the coming month.

On reaching the campus we were escorted to President's Park where we were housed in a dorm building called Madison along with groups from Tajikistan, Afghanistan and Turkmenistan and also ten American students.

Benjamin Franklin Summer Institute for Central and South Asia with Institute of Conflict Analysis and Resolution proved to be an incredibly enriching experience for me and the rest of the participants. The first week fired off with classes of peace building, mediation, conflict analysis, and American government systems. A highlight was the trip to Monticello, Thomas Jefferson's house. As we savored the much praised 'American Experience', it



*Excited Benjamin Franklin participants focus on peace building in the United States.*



was 4<sup>th</sup> July in a wink of an eye. We spent the afternoon of the day of America's birthday cooking meals from our own respective countries and having a large buffet for lunch. That evening we went to watch a baseball game of the Potomac Nationals which ended with a breath taking display of fireworks.

Trips to interesting places like the Air and Space Museum, Capitol Hill, American Indian Museum, the U.S. State Department and the World Bank made every moment worthwhile. We learned something new every day with environment change simulations, classes on Media, lectures by important personalities such as UN Speaker Will Davis and interesting activities that were

both fun and enriching.

From the trip to the United Nations, the Rockefeller Tower, Hard Rock Café, to the ferry trip around New York, the lights of Times Square and the night at the New Jersey Sheraton Hotel, we absorbed into our senses, each sight and sound, living a dream! After a month on the 24<sup>th</sup> of July 2010, as the sun rose over the dense vegetation of George Mason University we found parts of our family leave, group by group. Tears, promises to keep in touch, hugs and never ending good byes dominated our last day. As we bid our new family good bye, I remember one of the Ben Franklin fellows saying, "There is nothing like Goodbye, it's always see you later."

## Alumni Share Tales of Academic Programs

December 14 — Teachers from 10 different education institutes convened at the National Library, Islamabad to discuss the Pakistan Educational Leadership Institute program. Alumni discussed their experiences studying in the United States and said teachers should consider using popular U.S. methodologies, such as research and inquiry, instead of the methods that are still prevalent in Pakistan. Since 2004, 160 Pakistani educators have completed



*Local teachers take part in a session at the National Library.*

the PELI program. Through their Master Action Plans these alumni



*PELI Alumna Dr. Noshaba gives a presentation on the Pakistan Educational Leadership Institute.*

have in turn trained 15,000 local teachers across Pakistan.



### Pakistan-U.S. Relations Need More Confidence

October 18 — Alumni from U.S. exchange programs and members of the Youth Parliament of Pakistan participated in the forum on “The United States and its Strategic Relationship Building Initiatives in South Asia.”

Dr. Isobel Coleman, senior fellow for U.S. foreign policy at the Council on Foreign Relations, spoke about U.S. foreign policy from a global

perspective. Dr. Coleman highlighted key strategic relationship-building steps such as bilateral engagement between the United States and Pakistan.

International Visitor Leadership Program alumnus, Chairman of Defense and Strategic Department Quaid-i-Azam University, Dr. Riffat Hussain, moderated the program.

*U.S. Speaker Dr. Isobel Coleman and State alumnus and former Member of the National Assembly Syed Fakhar Imam discussed measures to strengthen Pakistan-U.S. relations.*

### Pakistani Business Women Demonstrate Leadership

October 26 — Embassy Islamabad sponsored a seminar on "Women Business Leadership" for 60 undergraduate female students from 10 Islamabad and Rawalpindi universities and degree colleges.

The seminar focused on a variety of issues affecting Pakistani women including entrepreneurship, innovation,

technology, and leadership to women in their respective fields and areas of interest.

Speakers included U.S. academic and professional development exchange program alumni Hussan Bano Burki, Samar Minallah, Zainab Jamal and Tooba Awan of Youth and Exchange Study and the Study of U.S. Institutions.



*Alumni offer inspiring message to young Pakistani women business leaders.*



*Students interact with U.S. Embassy Cultural Affairs Attaché Brent Beemer after talk by Legislative Fellows.*

### Legislative Fellows Mentor Future Leaders

December 1 — Participants of the Legislative Fellows program in Islamabad led a State Alumni Mentorship Program for 40 undergraduate students from five different law schools. The Legislative Fellows Program was a two-way exchange program for professionals and young leaders from Bhutan, India, Kazakhstan, Kyrgyzstan, Nepal, Pakistan, and the United States.

Speakers included exchange alumni Sardar Ali Haidery Haseeb Kiyani, and Umair Jam, who talked about how the program has affected their professional and academic careers and Amaar Farooq, the Youth Parliament of Pakistan, Minister of Law and Human Rights, who discussed the impact of young Pakistanis. U.S. Embassy Cultural Affairs Attaché Brent Beemer closed the session.



## Annual ECA Alumni Project Competition 2010 Funds Pakistani Projects

*The State Department's Bureau of Educational and Cultural Affairs Annual Alumni Project Competition 2010 funds alumni projects throughout the world. Here are just two noteworthy endeavors by alumni who are making a difference in their communities.*

### Youth Leadership and Professional Development Training Program

**Karachi** — An enthusiastic 200 prominent guests, including 30 International Visitor Leadership Program alumni from Jamshoro, Hyderabad and Karachi, attended the December 29 launch ceremony of the Youth Leadership and Professional Development Training Program.

The project aims to train 180 Pakistani undergraduate students of higher educational institutions through six workshops and 12 FM radio programs on skills development, civic engagement and volunteering, and community services.

Training classes began December 30 at the University in Karachi and organizers included U.S. government exchange alumni and volunteers from Young Social Reformers. A pool of experienced trainers from the professional development sector, and International Visitor Leadership Program alumni held three days of sessions. A local FM radio station broadcast some of the workshops.

Students listened to subjects on the complexities of effective leadership, how to be an excellent communicator and presenter, the importance of self-esteem



*Scores of Pakistanis gather at the University of Karachi for training sessions on various topics including leadership and communication skills.*

and confidence, and career counseling and effective job search strategies. The students also took part in community self-

driven projects during the training including a visit to medical centers such as Khidmat –e- Khalq Foundation.

### Pakistan Youth Leadership Program

**Lahore** — More than 150 guests and 15 alumni attended the October 29 launch of a Pakistan Youth Leadership project, which would give Pakistani students the opportunity to enhance their leadership, oratory, and presentation skills. Sessions would cover leadership, teamwork, English skills, communication and confidence, U.S. history and political structure, and Pakistan-U.S. relations.

Islamabad's December 29 workshop attracted 30 university students who studied those topics as well as the art of

decision making, dispute resolutions, social entrepreneurship, and parliamentary style debating.

Exchange program alumni Dr. Farhan Ebadat Yar Khan, Madhya Gul and Daniyal Talat led the sessions and U.S. Embassy Cultural Affairs Attaché Brent



Beemer distributed certificates at the end of the challenging and exciting day.





## Thespians Put on a Farce

January 14 — “Cheats never prosper and cheaters never prosper,” or so one learned while watching the Urdu comedy “Innocent Cheater” at the Pakistan American Cultural Center in Karachi. The Pakistan-U.S. Alumni Network Sind Chapter co-organized the event. Exchange alumnus Faisal Malik directed the play and Alamgir Khan choreographed dance sequences.

The play tells a greedy tale of corrupt, clever, and cunning entrepreneurs. Set in the modern era, Changezee and helper Jutt mischievously charm and attract people to their peril. They have debts to pay and creditors to manipulate. In addition, Changezee’s daughter, Aania has fallen in love with his clerk Sahil and Changezee does not approve.

The United Nation’s International Association of Theater for Children and Young People Pakistan and City FM89 co-sponsored this event.



## U.S. Information Resource Centers in Pakistan

### Lincoln Corner Islamabad

International Islamic  
University  
Central Library  
Phone: 051-9257996  
[lcislamabad@gmail.com](mailto:lcislamabad@gmail.com)

### Lincoln Corner Karachi

Rangoonwala  
Community Center  
The Library  
Phone: 021-4938025  
[lckarachi1@gmail.com](mailto:lckarachi1@gmail.com)

### Lincoln Corner Peshawar

University of Peshawar  
Central Library  
Phone: 091-5846626  
[lc.pesh@gmail.com](mailto:lc.pesh@gmail.com)

### Lincoln Corner Muzaffarabad

University of Azad Jammu and  
Kashmir  
City Campus  
Muzaffarabad  
Phone: 05822-923137  
[lc.uajk@gmail.com](mailto:lc.uajk@gmail.com)

### Lincoln Reading Lounge

National Library of Pakistan  
Constitution Avenue  
Islamabad  
Phone: 051-9206436 Ext. 241  
[lr lounge@gmail.com](mailto:lr lounge@gmail.com)

### Martin Luther King Jr. Reading Room

The Islamabad Club  
Murree Road  
Islamabad  
Phone: 9046229

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government’s policies.

During our visit, we endeavored to improve the image of Pakistan and we successfully achieved our goal. It was our little contribution to make Pakistan’s image better internationally but still more to do to improve the tarnished image of Pakistan globally. I personally advised youngsters to apply for exchange and scholarship programs and grab the chance to make them better with the determination to serve our nation. After coming back to Pakistan I am working with an NGO for flood hit victims in Sindh area and still helping and contributing in this regard.

I am also a member of a society for student assistance and learning centre in my university through which we teach our junior fellows the subjects in they are having problems. Its kind of conducting lectures to help the students which are weak in studies.