

the Doctor Bird



[Events](#)

[Ads](#)

[Classifieds](#)

[Household
Help](#)

[Jobs](#)

Follow U.S. Embassy
Jamaica



Events



CELEBRATE International JAZZ DAY

Thursday April 30, 2015
East Lawns of Devon House
at 7:00 pm

Contribution:
\$1,500.00

All Star EMCVPA Cast
Maurice Gordon • Michael Sean Harris
Ibo Cooper • Ruth Royes
Orville Hammond • Jon Williams
Gay Magnus • Rafael Salazar • Lori Burnett

Guest Performer - International
United States Bassist - Wayne Batchelor

PLUS Special Student Performances

Events



Join us for a Mother's Day picnic outing at Holywell

Sunday, May 10th @ 10:00 a.m.

The Jamaica Conservation and Development Trust has reserved two large gazebos and organized the following activities :

For Children —Nature Trail Discovery with a ranger and
plant a flower for mom 500JD per child

&

A coffee tour

1500JD for adults, children (6-12) 750 JD

Entrance to Holywell is 50JD per child and 200JD per adult there is a playground and trails to explore.

Pack a picnic lunch, bring your camping chairs and picnic blankets.

Enjoy the day celebrating our mom's in the beautiful

Blue Mountains!

RSVP to CLOK@state.gov by Wednesday May 6th

if you plan to attend and with which activities you would like to participate in so the rangers can make arrangements

For more Information check out the website:

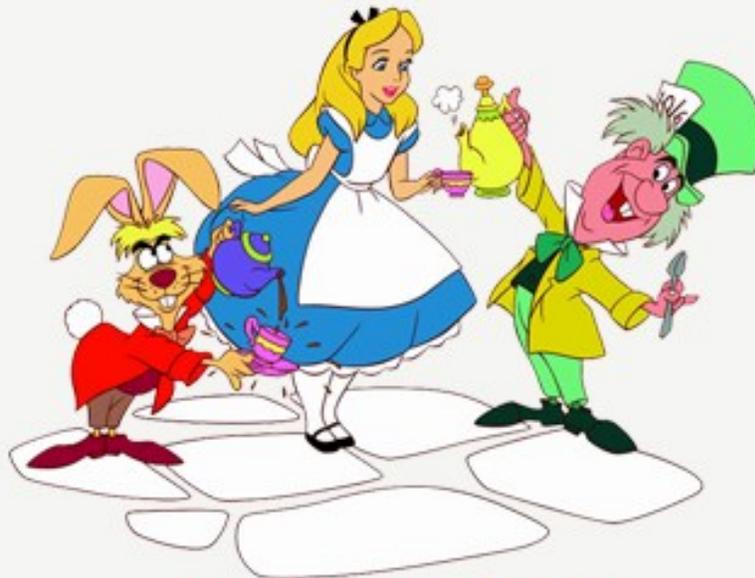
www.blueandjohncrowmountains.org

Events



MOTHERS' DAY MAD HATTERS LUNCH

This Mothers' Day grab a fancy hat and bring a mother or two for a merry Mad Hatters Lunch. A delicious savoury buffet followed by a magical desert and complimentary glass of bubbly for all mothers.



**For bookings call 447-87-49
Adults \$3000 / children \$1500
158 Constant Spring Road  [greencafejamaica](#)**

Events

IDEAS
IMAGINE DAT
ENTERTAINMENT AGENTS

In Assoc. with

Gee Wee
restaurant & lounge

presents

COMEDY TAINMENT

Mothers' Day Show

SUNDAY, MAY 10TH, 2015
Gee Wee Parking Lot
1A Caledonia Ave. Kgn 5

STARRING:
Pretty Bwoy Floyd
FEATURING:
Chris 'Johnny' Daley
Leighton Smith

Lots of Prizes and Surprises! | For info: 876.378.5610 | [f](#) [t](#) /comedytainment

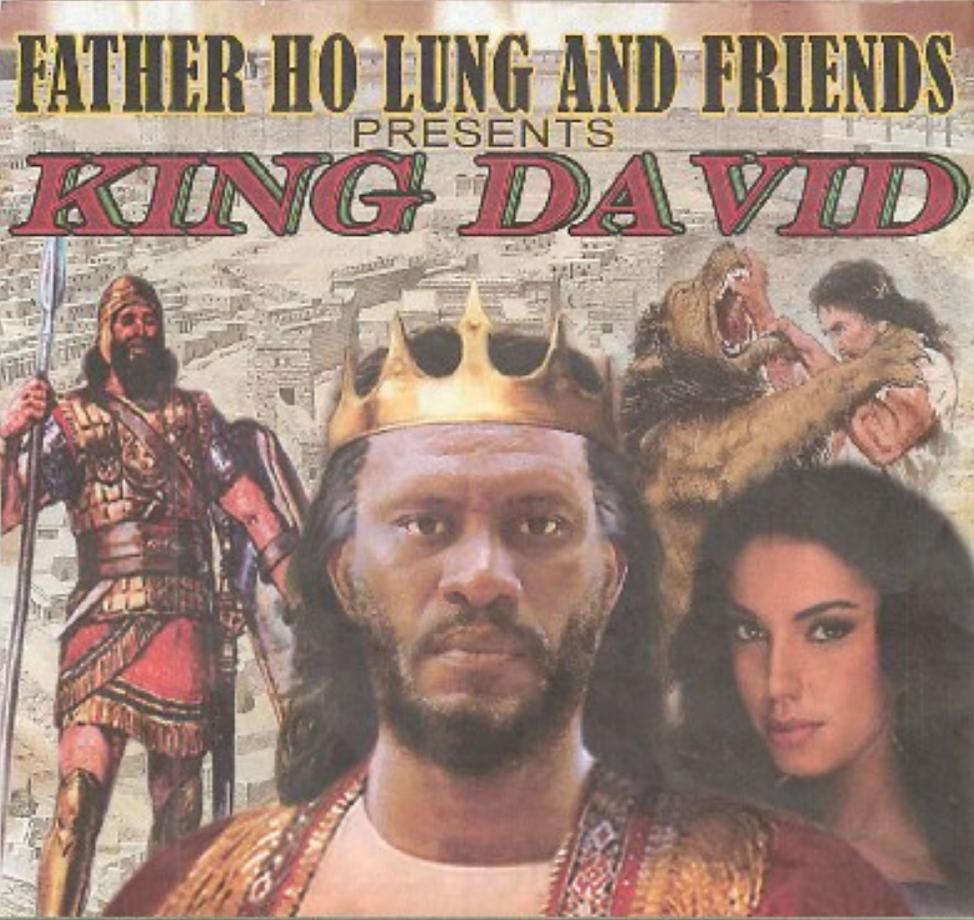
ADM: \$1000 Presold | **\$1200** Gate

Partners:

merge
Events
entertainment

Eden
Spa

Events



**FATHER HO LUNG AND FRIENDS
PRESENTS
KING DAVID**

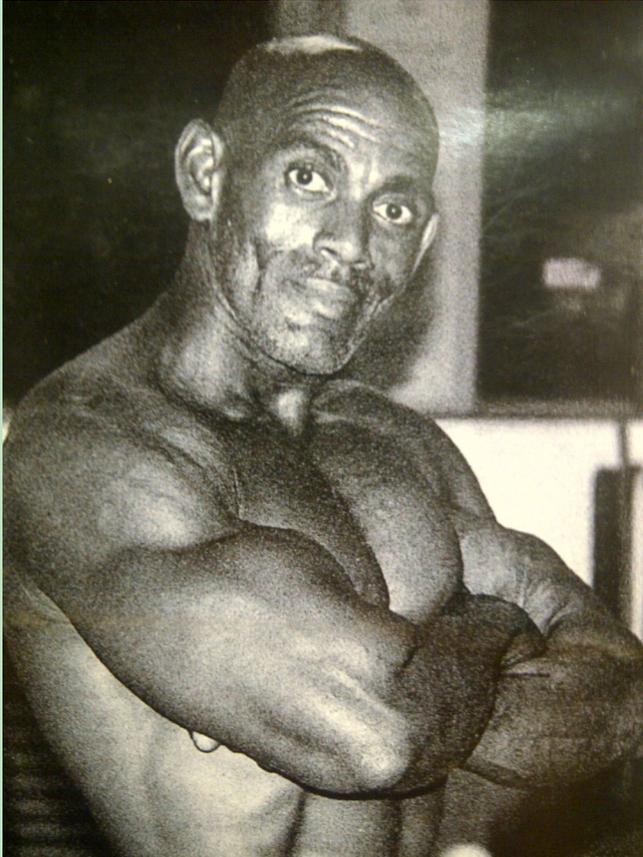
**NATIONAL ARENA
MAY 9-10 & 16-17, 2015
SPECIAL SCHOOL SHOWS - \$600.00
MAY 7-8 & MAY 13-15, 2015 AT 10:30AM**

Purchase tickets online at www.missionariesofthepoor.org
**948-0280/ 948-6173/ D-585-2263/580-9046/481-4795;
1-806-1222/806-1177**

All proceeds are for the homeless poor and the abandoned children served by the Missionaries of the Poor

Advertisements



David Johnson, is an ISSA certified personal trainer. David has over ten years of personal training experience in the U.S. and Jamaica. David customizes each workout plan to ensure you get the best training for your fitness level and goals. He specializes in weight loss, muscle toning, and body sculpting. Expanded services include weight training, aerobics conditioning, flexibility, and wellness. David trains at Powell Plaza on Tuesdays and Thursdays from 5:30-6:30 AM and 4:30-6:00 PM; and Saturdays 10:00-12:00. He is available other times upon request.

Please call him at 1 876 298 3064.



Natural Goats' Milk Skin Care

Goats milk is a natural moisturizer and skin rejuvenator. Lipoproteins present in goats' milk, absorb easily into our skin to seal in moisture, prevent dryness and premature aging. Lactic acid, naturally present in goats' milk and part of the "alpha hydroxy" family, penetrate the top layer of the skin to help your body shed dead skin cells, leaving you with glowing skin. It is close to our skin's pH level - keeping your skin in perfect balance - which eczema, acne, psoriasis and other painful skin conditions may benefit from.

The nitty gritty on our series:

Pure Niceness - color coded in green
Lively Up Yu'Self - color coded in red
Cease & Settle - color coded in gold
Beeni Bit - packaged in sleek aluminum bottles
Light Up Yu Life - soy wax candles
Moist - facial care



Cheryl Hewitt
876.521.9270

A PROUD PRODUCT OF JAMAICA



Joanna Hart
joahart@gmail.com

Articulture

Landscaping
Aesthetic tree pruning
Plant disease control
Fertilizing
Garden maintenance

Call for a free consultation
(876) 859-3758

"In addition to the above mentioned in my flyer, I offer a unique service whereby I come in and work with your gardener in any area of your garden that could use some improvement i.e. redistributing plants, revamping areas, pruning, or anything that could

Advertisements

The American Embassy Kingston



The American Embassy Kingston has for sale by sealed bids the following vehicles:

- 2004 Ford Explorer
- 2006 Toyota Hiace (15 Seater)
- 2010 Ford Edge
- 2010 Ford Explorer
- 2010 Ford Explorer
- 2010 Ford Explorer

Public viewing will be held on Friday May 1, 2015 between 5 pm and 7pm and on Saturday May 2, 2015 between 9 am and 4 pm. The viewing will be conducted in the Bamboo Avenue parking lot off Wellington Drive.

For more information please contact the:
General Services Office - Motorpool
American Embassy Kingston
142 Old Hope Road, Kingston 6
Phone: 702-6000 Fax: 702-6390
Email: Kingston.procure@state.gov



MANDEVILLE • OCHO RIOS • KINGSTON

THERAPEUTIC MASSAGE

Jamaica's leading pain resource! A therapeutic massage with our experienced, highly trained therapists is more intense, focusing on effectively dealing with long term, chronic pain. Deeply eliminating muscle tension, mobilizing joints leaving you relaxed and pain free!

ELIMINATE PAIN WITH:

Deep Tissue Sculpting • Myofascial Release • Sports Massage
Therapeutic Exercises for Chronic Pain • Detox Lymphatic Drainage

LIVE PAIN FREE ~ CALL TODAY!

(876) 422-0779 / 931-4205

office@doctorheinzebeck.com / www.doctorheinzebeck.com

LEANNE'S 2HR SUNDAY SIGNATURE

YOGA

10am - 12pm

Cost: \$15.00

Chinese Benevolent Assoc.
176 Old Hope Road

876-464-5929 (call for dates)
www.facebook.com/leanneslifestyleyoga

All levels welcomed!



Advertisements

CHILITOS
PRESENTS

CINCO DE MAYO

**SATURDAY
MAY 9TH, 2015**

@ 64 HOPE ROAD
7:00 PM TO 1:00 AM
ENTRY: FREE

MUSIC PROVIDED BY: 



MEDICAL HOUSE CALLS & ON-SITE VISITS Primary Care Physician



Dr Michele J. Prendergast BSc (Cum Laude), BBMedSci, MBBS (UWI)

SERVICES INCLUDE BUT ARE NOT LIMITED TO :

DIAGNOSIS AND TREATMENT OF COMMON AILMENTS

MANAGEMENT OF CHRONIC ILLNESSES

IV FLUIDS, IV/IM MEDICATION, ORAL MEDICATION

NEBULIZATIONS

WOUND CARE & SUTURES

TREATMENT OF COMMON SKIN CONDITIONS

**FOR APPOINTMENTS CALL
876-798-3942**



Certified massage therapist, Kameela Abdulmaajid, can provide healing and rejuvenating massages either at her clinic or in the privacy of your own home. Whether your body needs a light, relaxing touch or deep tissue pressure, each of her massages is customized to attend to your personal needs. The therapy can also infuse massage and yoga to remind the body of its natural ability to heal itself; heal and refresh. She already attends to Embassy clients in Powell Plaza and can easily add you to her work load, or you can meet her at her space: Bikram Yoga Jamaica on 17 Latham Avenue, Kingston 10. For appointments call, email, or Whatsapp Kameela at [1876-474-2907](tel:18764742907), kabdulmaajid@gmail.com.

Advertisements



**Turkish
Doner
Kebab**

**We are ready to serve you
at your birthdays, weddings,
celebrations & special occasions.
For reservation
@ 5462220 or 5244844**

ENJOY THE PRIVILEGE OF DIPLOMATIC AUTOMOBILE SALES
AND TAKE ADVANTAGE OF OUR UNIQUE NEW VEHICLE
PURCHASE PROGRAM EXCLUSIVELY FOR DIPLOMATS.

Our Program Features:

- All-new U.S specification vehicles
- Privileged Diplomatic pricing
- Custom order or choose from vehicles in stock
- Worldwide delivery*
- Guaranteed full factory warranty coverage worldwide for most vehicles

Plus

Exclusive Guarantees

- Lowest Price Guarantee
- 100% Price Protection
- 100% Rebate Protection

Eligibility:

The Diplomatic Automobile Sales program is available to Diplomats and employees of U.S. federal agencies or any agency assigned to a U.S. embassy, consulate or mission worldwide.



Diplomatic Automobile Sales 

Quality – Expertise – Luxury

Contact us today to learn more about our program and take advantage
of your exclusive benefits and savings:

516.496.1806 www.diplosales.com diplosales@diplosales.com

*Delivery of your vehicle arranged almost anywhere in the world. Subject to applicable international agreements and may not be available in every country.

CLASSIFIEDS



Toyota RAV 4 28,000km

2,100,00 JMD

4WD automatic, 2362 cc, Garmin GPS w/ Jamaica Map

Price as per independent evaluation

Contact Mr. Christophe Ferrer 564-3975

Christophe.ferrer@gmail.com



FOR SALE: 2011 Ford Escape Limited Edition

Very good condition, many amenities including backup camera, moon roof, leather seats, Sirius Radio capability, and Sync voice command

\$15,000USD for members of diplomatic corps, all others duties apply.

Available late June / early July 2015

Please contact sarah.vanhorne@gmail.com

2009 Volkswagen Tiguan

Low milage 19,700 miles

Leather interior, Excellent condition

Good service record

Price US\$21,500

Call Donna 819 6969

or email dannah02@gmail.com



CLASSIFIEDS



AQUA SILVER HYUNDAI Tucson 2010
AC/ AUTOMATIC 4 wheel Drive
Right Hand Drive
Mileage: 51587 miles
\$ 2 Millions Negotiable
CONTACT Mr Coy at 294 8173

FOR SALE: 2013 Toyota RAV4 4WD

Features: Excellent condition - like new! Only 15,000km, still under warranty. Right-hand drive, automatic transmission, 4 cyl. Steel Black/Green exterior, black cloth interior, zero dents/scratches. Power steering, power windows, and mirrors. Central locking, ABS system, Cruise control, AC, rear tinted windows, AM/FM, CD player, USB and AUX ports, Cargo cover, spare tire, alloy wheels. Diplomatic owner, frequent oil/filter changes and upkeep, great for mountain and beach driving

Asking US\$25,000 – plus a few months of duties left for non-diplomats (around \$3,000), bought new in JA, available beginning of April

Call: 470-8228 or email nicholegraber@gmail.com



Black Suzuki Grand Vitara!
2012 model, only 14,700 km,
5 doors, excellent condition,
new battery, J\$ 2,5M
E-Mail (Maria) at
postfach-mc@web.de

CLASSIFIEDS

2013 Jeep Wrangler 4WD/2 Door Sport

5-Speed Automatic Transmission
3.6 Liter V6 Engine
R17 OWL On/Off Road Tires (never fear a pothole, again!)
Removable Hard Top (Freedom Panels)
Approximately 8,000 miles
Made in the USA!
Approximately J\$2.7 million in duty for non-diplomats
Available April 30

Asking US\$26,000

Contact: cmbennett212@yahoo.com



Toyota Corolla 2006, motor 1.5

::::EXCELLENT CONDITION::::

A/C, central door lock with key remote, alarm system,
radio/cd player with remote control, 2 new tires, very clean upholstery,
low mileage: 33,635kms,

Price: JMD \$1.2M Neg.

Contact email: corolla2006jam@gmail.com



CLASSIFIEDS

FOR SALE: 2008 Suzuki Swift (silver)

Right-hand drive

Automatic transmission

Regularly serviced; new tires and rims in 2014

Price: US\$7,200, no duties

Available mid-June

Contact: ebertsuzanne@hotmail.com



For Sale, 2008 Mazda Demio
109,000 kilometers. Great on
gas mileage.

\$950,000 JMD

Contact Jim

jsbradley99@gmail.com

Stentor Student I Cello size
1/4 with cover and bow -
for sale

For more details contact
424-9325



CLASSIFIEDS

Items For Sale

Contact: Gretchen Hess at gretchenhess@hotmail.com

Mirror - wood with cork 5,000 JD



Computer Desk with keyboard tray 7,500 JD



Booster Seat 2,000 JD



TV Stand – large enough for 60” TV – 7,000 JD



York R301 Folding Rowing Machine – 33,000 JD

Excellent Condition. Air Magnetic Resistance: smooth, fluid rowing action with 16 resistance levels

Console: Backlit LCD screen displays time, distance, pulse, calories, and strokes/min

CLASSIFIEDS

Ben & Jerry

almost 3 years old, male, vaccinated, health checked, wormed and neutered, very friendly, trusting, adorable outdoor cats

need a new loving home

Sadly, we will not be able to take them with us when we have to leave Jamaica.

20.01.2015

Please contact us on 503 0318



Two Bedroom Townhouse; 1 1/2 Bathroom

Location: Barbican Terrace, Kingston 6

Amount: \$65,000.00 neg.

Ms. Smith: 356-9248 or 546-2888 for viewing & details.



Gardens of Arcadia

3 bedrooms Penthouse apartment with 2 bathrooms.

Gated community with 24 hour security.

Contact: Mrs. Williamson at 9208545 or 9694080



Household Help

Michele Nelson has worked for me almost three years. She is always on time, works diligently a full day and ensures all her tasks are thoroughly completed. I have never had to worry about anything disappearing and when she cleans she returns everything back to its spot. Michele does cleaning, laundry and ironing (and never burns clothes) and can do cooking and child care. She also works for another embassy family. Michele's daily date is very reasonable: 3000 JD. She has never skipped a day. She has two more days available as several families she worked for have left. I highly recommend Michele. **She can be reached at telephone number 451-6204.**

Sharon Wong is an excellent housekeeper and nanny. We spent a long time interviewing other nannies to find the right fit for our toddler and what struck us was her punctuality, humbleness and willingness to learn. She learned our toddlers routine, our eating and cleaning preferences, and knows how to balance housework and nanny duties. Sharon does our errands, always bringing the exact change and finds the best prices around town and sleeps over when we need it. She is looking for full time or part time work starting around May 11th. **Her number is 289-0648.** Feel free to contact her directly or email me for any additional information: zeledon.esther@gmail.com.

Juliet White has been a Nanny and/or Housekeeper for numerous Embassy families for several years. She is outstanding with children, a good cook and an asset to any family. She is completely reliable, always on time and always ready to help. She has an amazing way with children, and was always calm and patient with them, never raising her voice. She kept our house in beautiful condition, our laundry done and our house organized and always has a smile on her face for us. She can be contacted directly at 286-1930. Please feel free to get in touch for references by e-mail at redalenfraser@gmail.com or Rebecca.molinoff@gmail.com, or by phone at 620-1007.

Dorothy Montgomery has been our helper since September of 2014. Due to a change in job status, we no longer need her full-time therefore we are looking to share her with another family. She has been a wonderful nanny to our almost 2 year old daughter, Alexandra, who has grown to love her. Dorothy is kind, caring and patient with Alex and takes care of all of her needs including playing with her, feeding her, cleaning up and recently she has been helping with potty training. Dorothy is honest and reliable and she has 20 years of experience working with the diplomatic community. Currently Dorothy works for us three days of the week, however we are flexible with the days of the week/amount of days so we can work with your schedule. If you want to speak directly to Dorothy, please call her at 876-423-6980, or you can contact me, Dawn Yerace, for more information at dawndegranger9804@hotmail.com

Sonia Richards has experience in taking care of kids from new born to teenager. She has worked with a past employer who had kids ranging from 6 mths, 4 years and 10 years old. Her other experience includes housekeeping which includes washing, ironing, cleaning and dusting and preparing the family daily meals. **Telephone # 452-7316**



Peace Corps/Jamaica Vacancy Announcement
Language and Cross Culture Coordinator (LCC)

Peace Corps Jamaica (PC/J) is seeking to recruit an experienced training/ facilitation professional for a full-time position located in Kingston:

REMUNERATION

Basic Salary Range: J\$2,031,499 to J\$2,434,392 per annum. Salary will be commensurate with experience and previous salary history. Allowances: \$141,588 per annum, with a bonus at 8.33% of Basic Salary, and Health and Life Insurance. This is a one year contract with four annual renewal options.

Email vacancy@jm.peacecorps.gov for details about the job, information on required qualifications, and the application process. Peace Corps reserves the right not to consider applications received after closing date and/or failing to follow application instructions. Appointment will be based on successful security clearance and availability of funds. Applications are due by the latest 9:00 a.m. on May 4, 2015.