

# the Doctor Bird

Words of the week:

The next issue of the  
Dr. Bird will be  
distributed on  
October 27th



[Events](#)

[Ads](#)

[Classifieds](#)

[Household](#)

[Help](#)

[Jobs](#)



[Photo of the week](#)

Monkey Island, Port Antonio

Follow U.S. Embassy

Jamaica



## Events

Canadian Women's Club of Jamaica invites you to it's



**FAMILY HARVEST FAIR**

Plus!  
Many gate prizes  
and Kid's Zone.

ADMISSION: ONLY \$100.00 JMD  
Saturday, October 22, 2016  
10am-5pm  
Grosvenor Café  
1 Grosvenor Terrace, Kingston 8



*Be inspired by Jamaica's finest artisans*  
POTTERY, JEWELLERY, BAKED GOODS, PHOTOGRAPHY AND MORE.

\*All proceeds go to the charitable events CWC organizes.  
Spread the word and help raise money.



In an effort to help the thousands of Haitians who were left devastated by the fury of Hurricane Matthew on Tuesday, charity organization, Food For The Poor (FFP) Jamaica is making a local appeal for Jamaicans to assist.

According to a report from the United Nations, "the destruction wrought by Hurricane Matthew has affected 350,000 Haitians and left the country facing its 'largest humanitarian event' since the devastating earthquake six years ago."

The Charity has advised that cash donations are the best way to help so persons can donate at: [www.foodforthe poor.org/hurricane](http://www.foodforthe poor.org/hurricane)

# HALLOWEEN

AT  
**Candy Craze**  
with Mrs. J. Perry



**OCTOBER 22<sup>ND</sup> and 29<sup>TH</sup> | 9:00 AM - 11:00 AM**

**UPPER MANOR PARK PLAZA**  
184 CONSTANT SPRING RD. KINGSTON  
**AGES 4-10**

GAMES | WHO-WORE-IT-BEST COSTUME CONTEST | SUPER SWEET GOODIE BAGS |  
CANDY CRAFT STATION | MINI MILKSHAKES | CUPCAKE DECORATION STATION |  
TRICK OR TREAT TOTE BAG DECORATION STATION | PRIZES AND SURPRISES

**\$2,500** PER PERSON  
**REGISTER TODAY!**

**TICKETS AVAILABLE**  
**924-4881**

OFFER IS FINAL AND IS NOT REFUNDABLE  
Terms and Conditions Apply.

## IELTS COURSES FALL 2016

**3 and 4 week intensive courses for  
IELTS preparation**

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**IELTS ACADEMIC SESSION 1**  
Sept 6-29  
Tue, Weds, Thurs, 3:30-6:30pm  
Cost: (US) \$1,000

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**IELTS ACADEMIC SESSION 2**  
Oct 4-27  
Tue, Weds, Thurs, 3:30-6:30pm  
Cost: (US) \$1,000

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**IELTS ACADEMIC SESSION 3**  
Nov 1-19  
Tue, Weds, Thurs, 3:30-6:30pm and Sat 9:30am-12:30pm

**IELTS GENERAL COURSES AVAILABLE BY REQUEST**



**K.B.C.**  
LEARNING

For information and registration  
**Contact: Jason Anderson**  
KBC Learning, LLC  
Tel: 1 (876) 827-4000  
Or Email: [janderson@kbclearning.com](mailto:janderson@kbclearning.com) or [English.ielts@hotmail.com](mailto:English.ielts@hotmail.com)



WHERE FASHION · ART · LIFESTYLE MEET COMMERCE.  
THE SHOPPING PLAYGROUND OF THE STYLISH.

**MoDA**  
MARKET

PRESENTED BY  American Yellow Pages

THE WORTHINGTON AT SPANISH COURT  
NOVEMBER 19-20, 2016

PROFESSIONAL ROAD RACE MANAGEMENT SERVICES

## RUNNING EVENTS LIMITED



# 2016 Road Race Calendar

**Last Lap! September to December**

September		
Sat 24th	 CUMI Come Run	Tryall Golf Club Hanover
October		
Sat 8th	 Digicel Imagine 5K Run	Downtown Kingston
Sun 16th	 JN Heroes in Action 5K	Falmouth Pier Trelawny
Sun 23rd	 Burger King Mandeville 5K & 7K	Mandeville
Sat 29th	 ICWI Pink Run	<b>NEW!</b> ICWI Building New Kingston
November		
Sun 6th	 Burger King Portmore 5K & 10K 4X1500m School Relays	Portmore Mall
Sun 13th	 CB Group UWI 5K Smart Eggs Kids K	UWI Mona Bowl
December		
Sat 3rd	 Reggae Marathon, Half Marathon & 10K	Long Bay Beach Park, Negri

As of 20th July 2016. Subject to change.

Register online! [RunningEventsJa.com](http://RunningEventsJa.com)







REGISTRATION OPEN  
**4**  
DAYS TO GO

**PACERS**  
the road, our gym

*Half Marathon & 10K*  
Bvd Shopping Centre to Fort Clarence  
October 22, 2016 | 4:15am

Proceeds in aid of Jamaica Council of persons with Disabilities

Email for info: [pacersrunningja@gmail.com](mailto:pacersrunningja@gmail.com)





**ORAL CANCER**  
**WALK/RUN**  
+ AFTER PARTY

HELP JAMAICA  
SMILE  
FOUNDATION

SATURDAY, OCTOBER 29, 2016  
HOPE BOTANICAL GARDENS  
AT 4PM

MUSIC BY DJNARITY & Y.B



HOPE ZOO

**BOO**  
AT THE ZOO

SATURDAY, OCTOBER 29TH  
AT 6:00 PM

WHO WILL WEAR  
THE WILDEST, SCARIEST,  
MOST FUN COSTUME?

ADMISSION:  
\$1200 PRE-SOLD  
\$1500 AT THE GATE  
\$1000 FOTZ MEMBER

PRIZES! SURPRISES!  
TRICK OR TREAT  
HAUNTED HOUSE

REFRESHMENTS  
ON SALE

TICKET OUTLETS: BABY BOP, PARTY EXPERIENCE, FONTANA, CANDY CRAZY  
FOLLOW US ON SOCIAL MEDIA FOR CONTESTS AND GIVEAWAYS

   #HOPEZOOKINGSTON MORE INFO: 927-1085



**PINK RUN 2016**  
Reach Recovery<sup>2</sup>

*Save the Date*  
**29.10.16**  
SATURDAY | OCTOBER 29TH, 2016 | 6:30AM

**RUN FOR A CAUSE**

Join us as we celebrate life & breast cancer awareness

FOR MORE INFORMATION VISIT [pinkrunja.com](http://pinkrunja.com) REGISTER AT [runningeventaja.com](http://runningeventaja.com)  
JAMAICA CANCER SOCIETY (876) 978-0375

**JAMAICA FOOD & DRINK FESTIVAL**  
DRINK-NYAM-JAM  
October 26-30 Kingston

<b>OCT 26</b> 2016	<b>Pork Palooza</b> Licensed to Thrill 7PM - 11PM	<b>OCT 27</b> 2016	<b>Crisp</b> Crisp Fom & Beer 7PM - 11PM	<b>OCT 27</b> 2016	<b>Vinlage</b> Celebrating Monsoon 50 7PM - 11PM	<b>OCT 28</b> 2016	<b>Stix &amp; Stones</b> Brewery & Sports 7PM - 11PM
<b>OCT 28</b> 2016	<b>Meet Street</b> Food Truck Festival DAY 1 5PM - 12AM	<b>OCT 29</b> 2016	<b>Meet Street</b> Food Truck Festival DAY 2 2PM - 12AM	<b>OCT 29</b> 2016	<b>Picante</b> Spicy Gourmet 7PM - 11PM	<b>OCT 30</b> 2016	<b>Brunch at The Gallery</b> An Affair Privé 11AM - 1PM

TICKETS ALSO NOW AVAILABLE AT



STRAWBERRY HILL



**PRINCIPLES OF AYURVEDA**

SATURDAY OCTOBER 22, 2016

Learn the basic principles of Ayurveda from international expert Andrea Emmerich. Take home useful practices for an everyday healthy lifestyle regimen.

ELEMENTAL YOGA FLOW WITH SIENNA CREASY AT 10 A.M.

Book a Signature Session with Andrea.  
Only 4 spaces available: \$150 per person

Experience a customized Ayurvedic treatment tailored to your unique constitution from visiting master practitioner from Los Angeles. Practices include Ayurvedic massage techniques: abhyanga, garshana, vishesh and marma points. US\$150 per person.

**ELEMENTAL YOGA FLOW 10 A.M. - 11:00**  
**AYURVEDA WORK SHOP 11:30 - 1:00**  
**YOGA AND WORKSHOP: \$30**

Bookings required, parking available.  
Prices are inclusive of 20% tax and service charges.

Tel: (876) 944-8400 or (876) 619-7872 | [spa@strawberryhillhotel.com](mailto:spa@strawberryhillhotel.com)  
[www.strawberryhillhotel.com](http://www.strawberryhillhotel.com) | Address: New, Castle Road B1, St. Andrew, Jamaica **FIELLOSPA**

**BENEFIT CONCERT**

*An Evening With*  
**The Jamaican Folk Singers**



Sunday, October 30, 2016, at 5pm  
**The University Chapel**  
The University of the West Indies, Mona Campus  
**REG: \$2000 • STUDENTS: \$1500**  
PROCEEDS IN AID OF STUDENTS' TUITION FEES



**Barbican Beach Bar**  
13 East Kings Road Kingston

**KARAOKE**

LET'S ROCK N ROLL!!!!

**THIS AND EVERY SATURDAY**

show time  
8 p.m

**Paul Hicks Entertainment**  
www.paulhicks.com/entertainment  
562-9070

**"Wine Down Wednesdays"**

(6 - 10PM)  
*Attractive Wine Specials*  
**\$500 Per Glass On Special Wines**

Brought to you by



**100 ONE HUNDRED**

**HARBOUR WINES & SPIRITS**  
*Towards the Margins*

BODEGA **TRIVENTO** VINA MAIPO  
ARGENTINA

[/100boperoad](#)  
[/harbourwineandspirits](#)



**CRU**  
BAR & KITCHEN

**TUESDAY'S Wine Affair**

**BUY 1 BOTTLE OF WINE GET 1 FREE**

71 Lady Musgrave Rd. Kgn, Jamaica Tel: (876) 579-9362

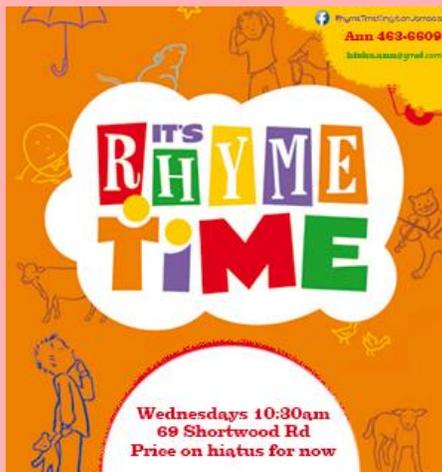


**UJIMA**  
NATURAL FARMER'S MARKET

"FEEDING YOUR MIND, BODY & SOUL!"

..FRESH PRODUCE..  
PESTICIDE FREE & GMO FREE

**EVERY 2<sup>ND</sup> & LAST SATURDAY**  
10AM-3PM  
22 BARBICAN RD



**IT'S RHYME TIME**

Ann 463-6609  
rhyme.ass@gmail.com

Wednesdays 10:30am  
69 Shortwood Rd  
Price on hiatus for now

# Advertisements

All vendor advertising features local businesses that have been personally used and are recommended by a member of the U.S. Embassy community.

## Featured advertiser recommendation:

78 Knutsford Blvd 906.4854

**Sweetwood Market**

Coronation Market Vendors / Aunt Merl's Fish

Jan's Accents combines rich colours, earth elements and luxurious texture to produce elegance in the form of handmade jewellery, leather sandals, belts and bags.

Jan's Accents... Effortless Chic

\*Bring this flyer (or a photo of it) with you and get up to 10% off your purchase before July 2, 2016! \*Conditions apply.

**Jan's Accents**  
Shop 9, 11 South Avenue, Kingston 10  
Tel: 371-2054  
Open: Tuesday - Saturday 10 a.m. - 6 p.m.  
@jansaccents

**Blake's Water Store**  
Drinking & More

Drink Healthy  
Drink to Life  
Drink WATER

NOW IN  
**LIGUANEA**  
AT THE MONA PLAZA  
(Beside Westside)

Fill and go with your **5 GAL BOTTLE** for just **\$300**

**5 Liters** for only **\$100**

Relax and have coffee or tea while you surf the internet with our **FREE WIFI** the purity of WATER...DEFINED

FOR MORE INFO CALL:  
**1876-630-3184 / 630-3347**

**Isabelle's dayspa**

Are you a Member of Isabelle's Spa Membership Club? Sign up for our Spa Membership and enjoy savings between 50-90% on our spa menu.

CHOOSE FROM ONE OF OUR MEMBERSHIP PACKAGES

<p><b>Full Membership (\$2,000)</b> \$1,900</p> <p>Includes: 12 months of all services, 2016. This membership package, you are entitled to:</p> <ul style="list-style-type: none"> <li>12 Months or 2 Acrylic Nail Services**</li> <li>2 Pedicures</li> <li>16 Acrylic Nails</li> <li>16 Manicures</li> <li>16 Membership Prizing on all other services</li> </ul> <p>**Acrylic Services will attract an additional membership cost of \$100</p>	<p><b>Isabelle's Membership (\$1,000)</b> \$10,000</p> <p>This is our all-in-one package where our clients can enjoy the best of the world's. Nail Services and Spa services for one month's price. This means you can enjoy everything you love for just one month's price. Includes:</p> <ul style="list-style-type: none"> <li>12 Months or 2 Acrylic Nail Services**</li> <li>12 Pedicures</li> <li>12 Manicures</li> <li>12 Months of your choice</li> <li>12 Treatment Prizing on all other services</li> </ul> <p>**Acrylic Services will attract an additional membership cost of \$100</p>	<p><b>Spa Member's (\$5,000)</b> \$5,000</p> <p>Includes: 12 months of all services, 2016. This membership package, you are entitled to:</p> <ul style="list-style-type: none"> <li>12 Months or 2 Acrylic Nail Services**</li> <li>12 Pedicures</li> <li>12 Manicures</li> <li>12 Months of your choice</li> <li>12 Treatment Prizing on all other services</li> </ul> <p>**Acrylic Services will attract an additional membership cost of \$100</p>	<p><b>Spa Member's (\$10,000)</b> \$10,000</p> <p>Includes: 12 months of all services, 2016. This membership package, you are entitled to:</p> <ul style="list-style-type: none"> <li>12 Months or 2 Acrylic Nail Services**</li> <li>12 Pedicures</li> <li>12 Manicures</li> <li>12 Months of your choice</li> <li>12 Treatment Prizing on all other services</li> </ul> <p>**Acrylic Services will attract an additional membership cost of \$100</p>
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www.isabelledayspa.com

**DIVE JAMAICA**  
LEARN HOW TO SCUBA DIVE

Learn to dive with the **Yardia Divers**

Our Dive Classes Include:

- PAID Diver's Scuba Diver
- PAID Open Water Diver
- PAID Advanced Open Water
- PAID Rescue Diver
- PAID Dive Master
- PAID Ship Diver

CALL US NOW!  
TEL: 878-580-5478, 570-570-8278  
Email: you@divinjamaica.com

Powell Gardener  
ODAIN SMALL

**Home-grown Chickens**  
For Sale: ~5lbs for \$1000

Freshly butchered and frozen  
Free delivery to Powell and US. Embassy  
Call or text: 864-0393

**"Unforgettable Taste"**

**\* NOW ALSO OFFERING: BANANAS AND PLANTAINS! \***  
Taking orders for ripe bananas and ripe or green plantains

**Yola Handmade Leather Sandals**

Place your order today!  
Contact 843-0455

# Advertisements

All vendor advertising features local businesses that have been personally used and are recommended by a member of the U.S. Embassy community.

**BOOK NOW**  
**30% OFF**  
 WITH LOCAL I.D.  
 1-876-619-1382  
 1-876-619-1441  
[www.chukka.com](http://www.chukka.com)

**CHUKKA** It's Time to Play!

**THE MEAT EXPERTS**  
 EST. 2015

Locally produced quality gourmet cuts, aged to perfection for more flavourful and tender meat

**Order now!**  
[orders@meatexpertsja.com](mailto:orders@meatexpertsja.com) | 633-3790

**WEEKLY SCHEDULE** *afya*

**YOGA . PILATES**

<b>MONDAY</b> 6:00 - 7:30 PM Yoga	<b>THURSDAY</b> 6:00 - 7:15 PM Yoga for Relief & Release
<b>TUESDAY</b> 9:30 - 10:45 PM Gentle Mindful Yoga	7:30 - 8:45 PM Candlelight Yoga
6:00 - 7:30 PM Yoga-Lates	<b>SATURDAY</b> 9:00 - 10:00 AM Open Pilates
<b>WEDNESDAY</b> 6:00 - 7:00 PM Pilates	10:30 - 11:45 AM Yoga for Stress Release & Relaxation
7:30 - 8:45 PM Moving Meditation Yoga	<b>SUNDAY</b> 11:00 - 12:15 PM RISE Yoga - Donation Based Class
	Part proceeds go to RISE Life Management Services

20 BAMBOO AVE. KINGSTON 6 (COR. OF WELLINGTON & BAMBOO AVE)  
 ☎ 876 977 6751 (876) 583 7869 📍 AFYA JAMAICA ONLINE  
 WWW.AFYAJAMAICA.COM @AFYAJAMAICA AFYA JAMAICA

**FF FOREVERFREE**

**NATURAL FOODS CAFÉ**  
 Open Since Nov 17<sup>th</sup>

- Pizza (cheese, veggie)
- Natural Juices
- Health food store items
- Fresh coffee, tea
- Sandwiches and Wraps (chicken, tuna, ackee and saltfish)

631-8274, 413-9802  
[freedomlives4@yahoo.com](mailto:freedomlives4@yahoo.com)

COMMERCE COURT PLAZA 6 HAGLEY PARK RD KGN 10  
 SHOP 13, UPSTAIRS

**WATER SPOT**

22 Barbican Road, (6)  
 (Next door to Orchid Village Plaza, Opposite Burger King)

Assorted Sport Bottles and Dispensers

Mon-Fri 10am-7pm  
 Saturdays 9am-7pm

Reverse Osmosis and Alkaline Water

**Save Money and the environment by re-using your 5 Gallon, 3 Gallon, 1 Gallon, 5 Litre, and 1.5 Litre Bottles!**

Refills starting as low as \$80.00  
 Sport Bottles starting at \$1,000.00  
 SlimLine Dispensers starting at \$1,000.00  
 Counter Top Coolers starting at \$10,000.00

**SMALL GROUP FITNESS CLASSES**

CLASSES ARE A HYBRID OF WEIGHT TRAINING, CARDIO, KICKBOXING AND CORE STRENGTH.

MONDAYS, TUESDAYS & THURSDAYS  
 8:30AM-9:30AM

**\$12,500 PER MONTH**

Instructors have combined kickboxing & martial arts experience of over 25 years

176 Old Hope Road  
 876-416-1347 / 876-631-1419 | SPACES ARE LIMITED!!!

*Rm Services*  
 Making your job easier

1-876-3233624/3745367  
 E-mail: thebug7474@gmail.com

Rory-Shane Watson and his wife Marsha Pessoa are former flight attendants with Air Jamaica and Caribbean Airlines with over sixteen years respectively of experience in the aviation and hospitality management industries.

They are about to launch their business which will provide personal assistant services to persons who have very hectic schedules and who need honest help. Rory-Shane has had a public passenger general driver's license for over 20 years. The starting price for services is \$1,000.00 JMD

Among the services that we offer are:

- ✓ Schedule doctor's visits and transportation to Doctors, Veterinarian.
- ✓ Taking your motor vehicle for fitness examination, motor vehicle valuations; Tax office.
- ✓ Taking your vehicle to align and Balance your tyres.
- ✓ Taking your vehicle to replace your tyres and parts.
- ✓ Being your designated driver if you drink and need transportation home, or trips to the country and family and friends visiting from abroad.
- ✓ An extra hand for help when needed. Have a function, need assistance at your place of business to complete a project, extra hands at a restaurant etc.

We look forward to serving you.

## Classifieds



### **2013 Rav4**

Fully Loaded High End - 20,500km - Valued at J\$4.3m . 2.5L 4WD, with split leather interior, low mileage at 20,500km. Valued at J\$4.3million - All reasonable offers considered!

Please call **Francis on 279-2337** or email [francisburak@gmail.com](mailto:francisburak@gmail.com)

### **2012 SUZUKI SWIFT**

5 door hatchback. 2012 model. Only 9,200km. Metallic grey body with black interior. Full Stewarts Suzuki dealership service history. Excellent condition. Air Conditioning, Power Steering, Power Windows, Central Locking, Tilt Steering, Telescopic Steering, Multifunction Steering Wheel, Smart Key (Button Start), 6 Airbags (Front/Sides/Curtain), Power Mirrors, Tachometer, Original Radio/CD Player, Anti-Theft System, Rear Glass Demister, 5 Seat Belts, Tinted side windows, Keyless Entry, Anti-Lock Brakes, Original Alloy Rims (16 inch)

Valued by MSC McKay at JMD 2,000,000 on 3rd June 2016.

Preferred currency Pounds Sterling (subject to exchange rate at time of payment) to be paid to UK bank account.

Call 404 2416 or email [benflatman@hotmail.com](mailto:benflatman@hotmail.com)



### **BMW X6 2009**

Excellent Condition

Mileage: 40375

Tel: 876 579 6211

Email: [roseaus@hotmail.com](mailto:roseaus@hotmail.com)





**Subaru WRX 2007**

white sedan

\$1.5mil negotiable

Fast 2.0L turbo charged engine.

Upgraded turbo, low mileage.

Kindly contact: Tan on 579 – 9588 or  
Kraig on 847-3827

**2009 Volkswagen Tiguan**

Low mileage: 25,500 miles.

Diplomatic driven

Leather interior, excellent condition

Good Service record

Call Donna 819 6969; 432  
0778

Price US\$18,000



**2013 VW Tiguan 2.0 Trend**

- SUV, 5 seats

- All duty paid

- Full ATL service history available

- Diplomat owned; only 12,000 miles

- Available late October

- Price: \$3.6 million (McKay valuation)

- Contact Julia (622-0188 or

[julia.sutherland@fco.gov.uk](mailto:julia.sutherland@fco.gov.uk))





### **2013 Suzuki SX4 (Blue)**

FOR SALE: 5 seater, automatic, petrol engine car, with 4x4 crossover capabilities. Under two years on the road and less than 10,000km on the clock. One owner- female.

Available from end June.

Diplomatic sale price: USD16,000 (or equivalent in GBP) plus duties for non-diplomats.

Please contact Sarah on

[sb1984@hotmail.co.uk](mailto:sb1984@hotmail.co.uk) or call on **3710503**.

### **2009 Nissan Pathfinder LE (black)**

LHD, 7 seats, good condition, \$2M OBO

(or US equivalent)

Please contact Sarah  
([sarahhsia@gmail.com](mailto:sarahhsia@gmail.com)) or

Demar **382-6899**.



### **2009 Toyota Mark X**

\$1.75 Million

Excellent condition

Call **371-0737**



### **Mazda Axela 2008**

Reliable car that brought joy to owner – who is now leaving Jamaica.

Grey sedan

\$1.1mil negotiable

Lady driven, peppy 2.0L engine, reliable, automatic with leather/suede interior.

Kindly contact: Tan on 579 – 9588 or Kraig on 847-3827

### **2010 Toyota Corolla GLi 4 Door Sedan**

Excellent condition, features Air Conditioning, Power Steering, Power Windows, Central Locking, Tilt Steering, Airbag(s) (Dual Front), Power Mirrors, Tachometer, Anti-Theft System, Rear Glass Demister, 5 Seat Belts, Seat Covers, Tint, Keyless Entry, Anti-Lock Brakes, Driving Lamps, Colour Keyed Bumpers, Colour Keyed Mirrors, Alloy Rims (Factory 15"), 4 Mudflaps, 4 Window Rain, Visors, High Mounted Brake Lamp, 4 Wheel Disc Brakes, Rocker Panel Mldgs, Radio/CD/USB/MP3.

**Price- USD 15000 (negotiatble)**

**Contact Navita on: 823-3140/442-9421 /via whatsapp or [burgplatz@yahoo.com](mailto:burgplatz@yahoo.com)**



### **2008 Nissan Navara Aventura**

Black Leather Seat, Sunroof

Lady Driven

\$2m.

Faye Manning

Cel: 838-9181/776-9490



2007 BMW 525i Station Wagon

- 2497cc, 6 cylinder
- Only 49,000 km
- Monaco Blue metallic with beige leather interior
- One owner from new
- Fully serviced by main dealer
- Price: USD 18,000 (J\$2.4m), all duty paid
- Note: This is a LHD manual car imported from BMW Paris
- Available end October
- Contact Michael Lodge (833 6189 or 967 2200) or at [mlodge@isa.org.jm](mailto:mlodge@isa.org.jm)



Items for sale



All item are negotiable

Contact [redfeczko@yahoo.com](mailto:redfeczko@yahoo.com)

## Household Help

If you are looking for an amazing and dependable housekeeper, look at no other posted advertisements than THIS one! **Mrs. Barbara Bennett** is a meticulous cleaner, a great cook and, having worked for many expats in her life, can follow any American recipe to a "t" as well as whip up something delicious for your family even when you might think there is no food in the house. Barbara is amiable without being chatty, is trusted with keys to our apartment and comes and goes while I am at work and is already cleared to work at Powell Plaza. I am leaving post and my replacement is hiring her 2 of the 3 days we had her work so she would love to work for a single person or couple that need someone one or two days a week. She can be reached directly at Barbara Bennett 876-799-2059.

Dependable household helper available for live in. **Miss Ann** has over 15 years' experience working with children of all ages. She is an excellent cook, cleans and irons extremely well. **Call her 431-1848.**

**Winsome Crooks** is an experienced household helper who is looking for Saturday work. She currently works for us part time and has previously worked for other British High Commission families as well. She is trust worthy, honest and very hard working in her household tasks of cleaning, laundry and ironing. She has also cooked Jamaican food for us and helped prepare other dishes. Our children love how friendly she is and like interacting with her. **She can be contacted at 856 3553.** If you would like any further information, please contact Robin at 424 9325.

**Rose James** has worked as our nanny/helper for 1.5 years. Prior to this, she worked for a USAID family for 4 years. Rose has been with US Embassy families since 2009. She has extensive childcare experience (ages 1-11) and has been excellent with our toddler. Rose is also willing to take care of any household task - including cooking, cleaning, ironing and laundry. She is able to work full or part-time and is always flexible with her days/hours to suit our family's needs. I trust her explicitly and would highly recommend her. **Rose is available Oct 1st and may be reached at 826-1453.** Please contact sarahobenson@gmail.com or sebert@usaid.gov for references.

**Keisha Malcolm** is looking for work as a babysitter and/or helper. She is available afternoons and evenings during the school season and either part- or full-time during the summer. She is currently a helper at a preschool and has summers off. **Her contact number is 504-6057.**

Our housekeeper **Latesha Forbes** is currently available for work three days a week. She has worked for us for a year and a half and proved to be punctual, reliable, and trustworthy. In addition to excellent cleaning skills, she is a great cook, and has watched our 5 year old son. **She can be reached at 849-9641.** Feel free to contact us for references. Kmahoney77@gmail.com or bradleyjs@state.gov

**Terry** has been our helper for two years and has proven herself to be outstanding, trustworthy, and completely reliable. She is always on time and ready to work. She keeps our house in beautiful condition and is very well organized. She's always on top of the laundry and her ironing has been excellent. Extremely flexible, Terry is always willing to try or do new things and needs little supervision. She has a pleasant disposition and always has a smile on her face. We highly recommend her. She will be available to start work 1 Oct, 3 days a week. **She can be contacted directly at # 351-2457.**

Need a mature live out helper who cooks, cleans, irons and interacts well with children of all ages, call **Norma on 885-3774.** She has over 20 years' experience as a household helper

## Household Help

**Marcia Reid** has been working as maid and nanny for foreign diplomats for more than 18 years. The last 8 for Spanish diplomats. She is extremely reliable, hard working and very good with kids (she was employed the last four years only to take care of two young kids overseas). Never heard a bad word from any of her former employees. She is available from now. **Her phone number is 4077824.**

Fantastic helper has a slot available – **Yvonne** can come twice a month, weekly, or another arrangement! No matter how you leave it, when you come home your apartment will be spotless. She was also happy to leave a big cut fruit salad for an extra \$1000! Responsive, reliable and reasonable, **you can contact Yvonne at 843-3614.**

**Joan Clarke** is an excellent nanny. She has worked with diplomatic families for many years. She was gentle and kind, but made sure my children followed the rules. My children absolutely adored her. I strongly recommend her for child care. She was willing to help out around the house, too, cleaning floors and cooking. **Joan can be reached at 589-0223.** For a reference, contact Meg at 487-8440.

**Ms. Carol Henry** has been employed by expat families working for the Canadian High Commission (CHC) over the past 14 years and comes highly recommended. Carol has high standards of cleanliness and an impressive work ethic. She appreciates constructive criticism and is quick to adapt to your preferences. Children are drawn to her and she is an excellent cook, especially of Jamaican classics. She is a great source of information on Jamaica and has typically become a close friend of the Canadians she works for. Carol is available Monday, Wednesday and Thursdays and **can be reached at 876-572-6366.** Please feel free to contact for additional references: [kelly.thompson@international.gc.ca](mailto:kelly.thompson@international.gc.ca)

**Barbara Bailey** is an experienced household helper who is looking for part time work. She is available on Mondays and Tuesdays. She currently works for me part time and has worked with numerous US and other mission personnel. She is trustworthy, honest, very hard worker and does an outstanding job of ironing. **She can be reached at 877-8747.**

**Stacian Morgan Bennett** is a dependable and honest household helper who is looking for full-time work (Monday through Friday—she is open to an alternative schedule). Stacian has been with our family for four years and has done an outstanding job in all of her household tasks: cleaning, laundry/ironing, buying groceries, cooking and watching our children. Stacian is trustworthy and interacts well with all. She knows the Embassy routines, such as FM repairs, GSO visits, residential guard duties, pack out, etc. A bonus is that Stacian has completed a course of study in Hotel House-keeping. **Stacian can be contacted at 375-1695.** For a reference, please contact **Gina Cooper 471-4854.**

**Ms. Christine Morgan** is an excellent house keeper. She is dependable, trustworthy, and needs no supervision. She worked for many US Embassy families and received high marks. She also prepares meals. Currently Christine has 2 days available to work. **She can be reached at 407-1194.** If you have any questions please do not hesitate to contact me. [Paul Blankenship, \(577-3340\).](mailto:Paul.Blankenship@577-3340)

We would like to recommend **Kim** as a nanny/housekeeper. She is great with kids and cleans very well. We use her on days we need extra hands (when we have all 3 kids) or on weekends when our nanny isn't available. She is very responsible, works hard, always extra early and looking for full time work. **Her number is 837-9072.**

Live in helper/caregiver available for immediate hire. Excellent cook, cleans and irons very well and has over 10 years' experience caring for the elderly - call **Jennifer on 438-2070**

# VACANCY ANNOUNCEMENT

U.S. EMBASSY, KINGSTON, JAMAICA W.I.

## CAREER OPPORTUNITY

### ADMINISTRATIVE ASSOCIATE

**ABOUT FHI 360:** FHI 360 is a nonprofit human development organization dedicated to improving lives in lasting ways by advancing integrated, locally-driven solutions. Our staff includes: experts in health, education, nutrition, environment, economic development, civil society, gender, youth, research and technology— creating a unique mix of capabilities to address today's interrelated development challenges. FHI 360 serves more than 60 countries and all U.S. states and territories.

**PROJECT BACKGROUND:** The 5-year USAID/LAC Regional Workforce Development Program (RWDP) is being implemented by FHI 360 in Honduras, Guatemala, and Jamaica to strengthen the quality of a number of technical tertiary institutions and to improve access to tertiary education in order to increase employment opportunities for disadvantaged youth. To do this, the Program will identify technical degrees demanded by the labor market and will strengthen curriculum, provide professional development for faculty and staff, and improve labor bridging opportunities for students. The program will also provide local and US scholarships for a select number of disadvantaged students.

We are currently seeking qualified candidates for the position of **Administrative Associate** to support the implementation of RWDP activities in Jamaica.

**SUMMARY OF POSITION:** The Administrative Associate is responsible for implementing the procedures related to administrative management, procurement, logistical support, and basic financial support of the program, in accordance with the institutional policies of FHI 360 and in accordance with the application of local laws. The position will be based in Kingston, Jamaica.

**KEY RESPONSIBILITIES:** Procurement and acquisitions in accordance with FHI 360 procedures including: undertaking activities for the hiring of consultants and procurement of equipment and materials necessary for program development; oversight of preparation/management of leases, ensuring compliance in bidding processes, development of purchase orders, contracts, and others for acquisition of goods, works or services; confirming receipt of goods, works or services to the end of relevant contracts.

Administrative tasks including: establishment/maintenance of filing system according to FHI 360 file retention policy; managing administrative processes for local consultants; processing vendor payments; participation in coordination meetings with FHI 360 staff; coordination of human resource management activities according to FHI 360 guidelines and procedures; ensuring operational functions of the office and physical space; coordinating all meetings, workshops and other activities related to the administration of the program; liaising with government institutions, academia, civil society groups and other organizations; and undertaking other activities required by the Jamaica program director.

**MINIMUM REQUIREMENTS:** Associate or Bachelor's Degree in business administration, human resource management or related fields, commensurate with experience. Candidates should have experience in establishing strong working relationships with diverse groups; ability to meet deadlines with strong attention to consistency, detail, and quality; 5+ years of demonstrated experience with office administrative procedures, procurements and basic finance; ability to travel within country or internationally if needed; experience with Microsoft office software applications; good written and oral communication skills; experience working in the Caribbean preferred; experience with USAID projects is a plus.

Physical demands: typical office environment, with ability to sit and stand for extended periods of time; ability to lift 5-50 lbs.

Since the position is based in Kingston, Jamaica, applicants must be Jamaican residents. No re-location expenses will be paid for this position.

**SUPERVISOR:** Jamaica Program Director

This job description summarizes the main duties of the job. It neither prescribes nor restricts the exact tasks that may be assigned to carry out these duties. This document should not be construed in any way to represent a contract of employment.

Interested candidates should send their resume and cover letter to [rwdp.jamaica@fhi360.org](mailto:rwdp.jamaica@fhi360.org) by 5:00 PM on October 28, 2016. FHI 360 is an equal opportunity and affirmative action employer whereby we do not engage in practices that discriminate against any person employed or seeking employment based on race, color, religion, sex, sexual orientation, gender identity, national or ethnic origin, age, marital status, disability, veteran status, genetic information or any other status or characteristic protected under applicable law.

# VACANCY ANNOUNCEMENT

U.S. EMBASSY, KINGSTON, JAMAICA W.I.



## Peace Corps Jamaica Vacancy Announcement

### Peace Corps Medical Officer

The United States Peace Corps seeks a Medical Doctor to serve as a full-time contracted Peace Corps Medical Officer (PCMO), to be based in Kingston. Applicants must be a graduate of an accredited school, with a current license to practice and relevant clinical experience in primary care.

Remuneration: Starting Basic Salary ranges from J\$5,611,649 – J\$6,631,949 per annum depending on education and experience. Allowances total \$153,913 per annum, and a bonus is payable at 8.33% of Basic Salary.

Please visit <https://www.peacecorps.gov/jamaica/contracts/> for details about the job, information on required qualifications, and the application process. Peace Corps reserves the right not to consider applications received after closing date and/or failing to follow application instructions. Appointment will be based on successful security clearance and availability of funds.

**Applications are due by 8:00 a.m. on November 9, 2016.**