

the Doctor Bird

Words of the week:

Learn all about
Jamaican birds
during the
birdwatching tour
at Hope Gardens on
Saturday, April 2,
starting at 6:45am.



Events

Ads

Classifieds

Household
Help



Photo of the week

Sweetwood Market, New Kingston

Follow U.S. Embassy
Jamaica



Events



Jamnesia Surf Camp presents
SUNDAY SURF DAZE!
Join us for discounted learn-to-surf lessons celebrating the 10th Anniversary of Makka Pro
CLASSES BEGIN APRIL 2016



KINGDOM
Entertainment
presents
C
LOUNGE

DJ MARLON
spining
Reggae Gospel & House

April 1, 2016
Devonshire, Devon House
7 - 12 p.m.
Ticket \$1,500
Info :call 576-8364

Singles Speed Dating
Games & lots more

iCool "Life!"
CME CREATIVE MEDIA Events
JA SMALL BUSINESS LOANS

THE JAMAICA ORCHID SOCIETY
UNDER THE PATRONAGE OF THE MOST HON P.J. PATTERSON ON, OCC, PC, QC,
FORMER PRIME MINISTER OF JAMAICA

PRESENTS



ORCHID EXPLOSION

SATURDAY, APRIL 2ND & SUNDAY, APRIL 3RD 2016
ADMISSION \$500 | **9AM TO 5PM**
(CHILDREN UNDER 12 FREE)
PART PROCEEDS IN AID OF THE JAMAICA CANCER SOCIETY

JAMAICA HORTICULTURAL SOCIETY SHOW GROUNDS
GIBSON DRIVE, HOPE PASTURES, KINGSTON 6

PRESENTATIONS & WORKSHOPS:

SATURDAY, APRIL 2ND
11:00AM - POTTING AND RE-POTTING CATTLEYS
12:00PM - CARING FOR PHALAENOPSIS ORCHIDS
3:30PM - POTTING AND RE-POTTING SUN VANDAS

SUNDAY, APRIL 3RD
11:00AM - HOW TO CONTROL ORCHID INSECTS AND PESTS
12:00PM - AN INTRODUCTION TO JAMAICAN ORCHIDS
2:00PM - FERTILISERS AND SUPPLEMENTS

ORCHID EXHIBITS • WORKSHOPS • ORCHID PLANTS AND RELATED PRODUCTS • APPAREL • CLASSIC CARS • HIGH END VEHICLES • GARDEN ACCESSORIES • POTTERY • JEWELRY AND MUCH MORE...

REFRESHMENTS ON SALE



Story Time
2.4.16 @ 1pm



Bookophilia

92 Hope Road Kingston 6 Jamaica . 876-978-5248 . info@bookophilia.com

TUNE IN!

OUTSIDE BROADCAST AT EDEN GARDENS*
FEATURING
Markland 'Action' Edwards & Wesley 'Burgerman' Burge

BLACK ORCHID | Tulios

FRI. APRIL 1, 2016
EDEN GARDENS | 2PM - 5PM



THE KIWANIS CLUB OF NORTH ST. ANDREW
Anniversary
Fete on the Farm
in association with Main Event Entertainment Group
Sunday, April 10, 2016 @ Ham Stables, Portmore.
12 noon - 12 midnight.

Bring the entire Family!

The day will feature a wide variety of sampling booths & refreshment, contests, fashion show, exciting live entertainment and so much more.

Activities include:
A friendly match of Ludo & Dominoes
Slingshot archer & a lot more games

Tantalize your taste buds with fabulous food items, fruits, pastry, beverages; at our food stall.

Entertainment by:
Stokey Love, Kurt Riley King Shiloh Disco & many more.

DIRECTIONS
From Portmore 1-95
Turn right at Caribbean Estates, venue is located 3 minutes on the right hand side.
From Spanish Town
Take the Bernard Lodge Road, venue is located 10 minutes on the left hand side.

Tickets \$4,000 pre-sold or \$4,500 @ the gate. (inclusive of meals & drinks)

Tickets Outlets:
- RIBBIZ DELTA LOUNGE (11 Kings House Rd, Kingston)
- THE BOOK AND STATIONERY PLACE (Shop 50 Partners Mall Portmore)
- University College of the Caribbean (17 Worthington Avenue)

Come chill & have fun!
Proceeds in aid of UHWI Pediatric ward.




JCDC NATIONAL FESTIVAL OF THE ARTS 2016 OF THE ARTS

CHASE
Credit Cards, Auto Loans, Insurance, Finance
Working for you

National Finals

APRIL 5 - APRIL 29, 2016
Little Theatre, 4 Tom Redcam Drive, Kingston 5,
10:00 a.m. daily
Admission: Adults \$400, Children \$200
Special Group Rate Available

MUSIC
April 5-8

TRADITIONAL FOLK FORMS
April 12-15

SPEECH
April 18-20

DRAMA
April 21-22

DANCE
April 25-26 & 28-29

DEAF DANCE FESTIVAL
Wednesday, April 27
4:00 p.m.

DRUMFEST
Monday, April 11
Louise Bennett Garden Theatre
36 Hope Road, Kingston 10, 4:00 p.m.

SPONSORS:
Nestlé, Excelsior, happy 100, JCD, United Republic of Jamaica, Lifespan

For Further Information
Contact: JCDC Head Office
3-5 Phoenix Avenue, Kingston 10
Tel: (876) 926-5726-91 Fax: 960-4521
Website: www.jcdc.gov.jm








THE ULTIMATE JOURVET FETE + ROAD MARCH

Bacchanal JOURVET

Sparkles

FEATURING:
KES THE BAND
RICARDO 'YAGABOND' DRUE
DJ PRIVATE RYAN
RICHIE RAS + DJ SMOKE

MAS CAMP STADIUM NORTH
10PM FRIDAY
APRIL 1ST

GENERAL ADMISSION
PRESOLD \$2000
AT THE GATE \$2500
18+ TO DRINK
ID REQUIRED. DRINK RESPONSIBLY.

VIP ULTRA-ALL-INCLUSIVE
PRESOLD \$5000
AT THE GATE \$6000
18+ TO ENTER

TICKETS AVAILABLE AT:
- MAS CAMP
- ANMARS VILLAGEMALL
- ANMARS SOVEREIGN
- ANMARS KING ST.
- PITA GRILL
- 20M TICKETS
- 10M
- THE SPOT (UWI)
- MEGAMART
- WATERLOO
- MEGAMART
- PORTMORE



SAVE THE DATES

PETROLEUM CORPORATION OF JAMAICA presents

Jamaica Alternative Energy Expo 2016

We have the power today to change tomorrow

Energy Tips on how to save and much more
(Daily conferences - Reserved Spots Only) • Speakers from Jamaica and Overseas

Thursday, April 7th
10:00AM - 6:00PM

Friday, April 8th
10:00AM - 6:00PM

Jamaica Pegasus Hotel
81 Knutsford Boulevard,
King, Jamaica

FREE
Conferences are FREE.
Attendees MUST sign up
for booth, spaces & sponsorship only.
Tel: (876) 978-6629 / 2376-1776
Email: info@alternativeenergyexpo.com

OVER 40 EXHIBITORS

SPONSORED BY:
ANEXTECH, GREENWAVE, IOS, JPS, 106, OUR, KINEX, PEGASUS, ICON, CITI, ID, 106

SAVING ENERGY THE ALTERNATIVE WAY



ROAD RACE SERIES 2016
ENTERTAINMENT, AWARDS, REFRESHMENTS
FOR THE WHOLE FAMILY!

with **The Best Dressed Chicken**
EVERYONE'S WINNER

SAVE THE DATE

April 10 6:30am	8K Run 5K Run, Walk Stroller	June 19 6:30am	9K Run 5K Run, Walk Stroller
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STROLLER AWARDS **FIRST 2000 PARTICIPANTS**

The Hope Botanical Gardens

For race information visit: www.RunningEventsja.com | Phone: (876) 967-4903 | Email: info@RunningEventsja.com

True Craftsman
T10 CRICKET
Fiesta & After Party
2016

SABINA PARK
JOIN US FOR THE AFTER PARTY
WITH DJ COURTNEY

\$1,500
(FOOD & DRINKS ON SALE)

APRIL 16 2016
SATURDAY
11:00 AM

COME SUPPORT YOUR CONSTITUTION
IRISH • SCOTTISH • ENGLISH

Contact us at tcevents33@gmail.com or 1 (876) 564-3235
Tickets may be purchased at Spades Night Club: 9-11 Phoenix Avenue, Generations: 86 Mannings Hill Road or at the gate.

CWC The Canadian Women's Club of Jamaica
Under the patronage of Mr. Sylvan Fabi
the Canadian High Commissioner of Jamaica,
and his wife Mrs. Jany Joyal
presents their annual show

SPRING INTO FASHION

SUNDAY APRIL 17, 2016 5:00PM
at the residence of the Canadian High Commissioner
14 Seymour Avenue, Kingston 6

COMPÈRE: JOAN McDONALD

SPECIAL GUEST MODELS
Miss Jamaica World 2015, Dr. Sanneta Myrie,
Miss Jamaica Model, Crystal Mason, Althea Laing,
Imani Duncan-Price & Bernadette Matalon

FASHIONS BY
Courtney Washington, Carlton Brown, Heather
Laine, Mark Anthony, Mutamba, Keneea Linton,
TNT Fashions. Hats by Cinderella Hats.

CONTRIBUTION: \$2000
1st Prize: Weekend for 4 at Jewel Resorts

TICKETS AVAILABLE AT:
All Cannonball Cafes, Tea Tree Creperie
Participating Fashion Houses
CWC Members

Complimentary Bar & Gate Prizes & Surprises
All proceeds are used to support our charities including the STEP Centre.

CULINARY FEDERATION OF JAMAICA
PRESENTS

CHEFS ON SHOW
★ ★ ★ ★ ★ 2016
AN EVENING OF DELECTABLE CUISINE

APRIL 27TH, 2016
6PM - 10PM

GARDENS OF JAMAICA PEGASUS

TICKETS: \$4,500
(FOOD + DRINK INCLUSIVE)

TICKETS AVAILABLE @ THE JAMAICA PEGASUS

PROCEEDS TO SUPPORT THE NATIONAL CULINARY TEAM AT THE TASTE OF THE CARIBBEAN COMPETITION IN MIAMI, FLORIDA

DESIGNED BY INSIGHTSTUDIOSJAM.COM | 899-5913

HOPE ZOO KINGSTON
HOPE ZOO PRESERVATION FOUNDATION

Corporate Lyme At Serengeti

Kingston's most beautiful watering hole located inside the Hope Zoo

Every Friday 6pm - 1am
Entry Free before 8pm | Refreshments on Sale
Karaoke starting at 6pm

For special bookings please contact Hope Zoo at 927-1085

Sweetwood Market
Every Friday & Saturday | 6AM - 5PM

Sweetwood Market **BUY FRESH BUY LOCAL** **78 Knutsford Blvd**

JuveSpree and the Oxford presents **MIRAGE** SOCA WEDNESDAYS

MIRAGE.JUVESPREE.COM
DRINK INCLUSIVE + SOCA INCLUSIVE + VIBES INCLUSIVE
EUROCARIBE
SOCA DANCEHALL EDM

1A OXFORD RD. NEW KINGSTON | THE OXFORD
GUEST LIST ONLY | GET LISTED AT MIRAGELIST@JUVESPREE.COM

CRU
BAR & KITCHEN

TUESDAY'S Wine Affair

BUY 1 BOTTLE OF WINE GET 1 FREE

71 Lady Musgrave Rd. Kgn, Jamaica Tel: (876) 579-9362

THE JAM IS BACK
THIS AND EVERY THURSDAY

LIVE IMPROVISED MUSIC FROM **8PM - 12AM**

CONSTANT SPRING GOLF CLUB
152 CONSTANT SPRING RD
FREE ENTRY

Barbican

STEAK NIGHTS
EVERY FRIDAY AT BBB...
\$1500 PLUS A GLASS OF WINE

Advertisements

All vendor advertising features local businesses that have been personally used and are recommended by a member of the U.S. Embassy community.

"Healing Through Touch Therapy"



Perfectly Kaam
Kameela Abdul-Maajid Massage Therapist

SPECIALIZING IN:
Thai Fusion Massage
Restorative Massage
Sweedish Massage
Deep Tissue Massage

Available Evenings & Weekends
876-474-3907
perfectlykaam@gmail.com
facebook.com/perfectlykaammassage

Discounts available with the purchase of massage packages. 15% off on your first massage. Offer valid till February 29, 2016.

Powell Gardener
ODAIN SMALL

Home-grown Chickens
For Sale: ~5lbs for \$1000

Freshly butchered and frozen
Free delivery to Powell and US. Embassy
Call or text: 864-0393

"Unforgettable Taste"




Thursday
YOGA CLASSES
with Leanne

13 BENSON AVE
KINGSTON 8
9:00 AM
COST: \$1,000
876.484.5929



FF FOREVERFREE

NATURAL FOODS CAFÉ
Open Since Nov 17th

- Pizza (cheese, veggie)
- Natural Juices
- Health food store items
- Fresh coffee, tea
- Sandwiches and Wraps (chicken, tuna, ackee and saltfish)

631-8274, 413-9802
freedomlives4@yahoo.com

COMMERCE COURT PLAZA 6 HAGLEY PARK RD KGN 10 SHOP 13, UPSTAIRS

WEEKLY SCHEDULE 

YOGA & PILATES

MONDAY 6:00 - 7:30 PM Yoga	THURSDAY 6:00 - 7:15 PM Yoga for Relief & Release
TUESDAY 9:00 - 10:15 AM Joint Freeing Yoga	7:30 - 8:45 PM Candle Light Yoga
6:00 - 7:30 PM Yoga-Lates	SATURDAY 9:00 - 10:00 AM Pilates
WEDNESDAY 6:00 - 7:15 PM Pilates	10:30 - 11:45 AM Yoga (Starting in March)
7:30 - 8:45 PM Moving Meditation Yoga	SUNDAY 11:00 - 12:15 PM RISE Yoga - Proceeds to go RISE Life Management Services



CONTACTOR:
2D BAMBOO AVE, KINGSTON 6 (COR. OF WELLINGTON & BAMBOO AVE)
876-977-6735 / 876-383-7669 | AFYAJAMAICA@GMAIL.COM
WWW.AFYAJAMAICA.COM | @AFYAJAMAICA | AFYAJAMAICA



Are you a Member of Isabelle's Spa Membership Club?
Sign up for our Spa Membership and enjoy savings between 50-90% on our spa menu.

CHOOSE FROM ONE OF OUR MEMBERSHIP PACKAGES

Full Membership (30 Days) \$15,999	Isabelle's Membership (30 Days) \$15,999	Customer's Membership \$10,999
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Includes: 10 treatments, 10 massages, 10 facials, 10 manicures, 10 pedicures, 10 body wraps, 10 hair treatments, 10 waxing services, 10 haircuts, 10 styling services, 10 hair extensions, 10 hair color services, 10 hair straightening services, 10 hair braiding services, 10 hair weaves services, 10 hair relaxers services, 10 hair perms services, 10 hair blowouts services, 10 hair straightening services, 10 hair braiding services, 10 hair weaves services, 10 hair relaxers services, 10 hair perms services, 10 hair blowouts services.

Isabelle's dayspa
United Village, Shop 18
15 Bambuco Road, Kingston 8
876-474-5100 / 876-474-5101
www.isabellestayspa.com



SMALL GROUP FITNESS CLASSES

CLASSES ARE A HYBRID OF WEIGHT TRAINING, CARDIO, KICKBOXING AND CORE STRENGTH.

MONDAYS, TUESDAYS & THURSDAYS
8:30AM-9:30AM
\$12,500 PER MONTH

Instructors have combined kickboxing & martial arts experience of over 25 years.

176 Old Hope Road
876-416-1347 / 876-631-1419

SPACES ARE LIMITED!!!

WATER SPOT

22 Barbican Road, (6) (Next door to Orchid Village Plaza, Opposite Burger King)

Mon-Fri 10am-7pm
Saturdays 9am-7pm

Reverse Osmosis and Alkaline Water



Assorted Sport Bottles and Dispensers

Save Money and the environment by re-using your 5 Gallon, 3 Gallon, 1 Gallon, 5 Litre, and 1.5 Litre Bottles!

Refills starting as low as \$60.00
Sport Bottles starting at \$1,000.00
SlimLine Dispensers starting at \$1,000.00
Counter Top Coolers starting at \$10,000.00



Rory Services
Making your job easier

1-876-3233624/3745367
E-mail: thebug7474@gmail.com

Rory-Shane Watson and his wife Marsha Pessoa are former flight attendants with Air Jamaica and Caribbean Airlines with over sixteen years respectively of experience in the aviation and hospitality management industries.

They are about to launch their business which will provide personal assistant services to persons who have very hectic schedules and who need honest help. Rory-Shane has had a public passenger general driver's license for over 20 years. The starting price for services is \$1,000.00 JMD

Among the services that we offer are:

- ✓ Schedule doctor's visits and transportation to Doctors, Veterinarian.
- ✓ Taking your motor vehicle for fitness examination, motor vehicle valuations, Tax office.
- ✓ Taking your vehicle to align and Balance your tyres
- ✓ Taking your vehicle to replace your tyres and parts.
- ✓ Being your designated driver if you drink and need transportation home, or trips to the country and family and friends visiting from abroad.
- ✓ An extra hand for help when needed. Have a function, need assistance at your place of business to complete a project, extra hands at a restaurant etc.

We look forward to serving you.

Classifieds



2013 Toyota Fortuner 4WD

2.7L Petrol, Automatic Transmission. Purchased new in October 2013, Right-hand drive, 7 seats, rear backup camera and parking sensor, USB and AUX ports, Bluetooth, tinted windows, leather interior, in excellent condition with only 25,000 km on it. Great car for exploring on road and off in the mountains or to the beach.

Price: US\$38,500 – No duties remaining. Full payment in U.S. dollars required.

Available as of June 6, although it could be made available sooner. Email kacee.ballew@gmail.com with subject: *Toyota Fortuner*

2004 Toyota Voxy

8 seater, Front and back camera, In dash TV, Automatic door, Fully powered, HID headlamps, 2000 cc engine

Price: J\$990,000.00/ONO

Contact: 289-2638 or 363-3037



NISSAN VERSA, 2012

ASKING PRICE 1.9 Million, Negotiable. Consistently Serviced and Maintained. Call: 347-2282

Features: Air Conditioning, Power Steering and Windows, Central Locking, Tilt Steering, Multifunction Steering Wheel, Tachometer, Anti-Theft System, Rear Glass Demister, 5 Seat Belts (Front Pre-Tensioned), Tinted (Aftermarket), Keyless Entry, Anti-Lock Brakes, Colour Keyed Bumpers, Colour Keyed Mirrors, Factory Alloy Rims (15 Inch), High Mounted Brake Lamp





TOYOTA ESTIMA HYBLID 2007 2400cc

US\$18,000 (including duties)

Diplomat-owned,87000km,constantly maintained,brought from Japan,7-seats,CD/DVD player,able to watch TVJ,corner sensor,sun roof,rear seat TV monitor

Contact:Miho Kanda 864-3022

pandamiho.evolution@gmail.com

BMW320i Hi-Line 2006 2000cc

US\$16,000(including duties)

Diplomat-owned,100,000km,constantly maintained,brought from Japan,leather seats,CD/DVD player

Contact:Miho Kanda 864-3022

pandamiho.evolution@gmail.com



2009 Volkswagen Tiguan

Low mileage: 24,000 miles. Diplomatic driven, Leather interior, excellent condition

Good Service record

Call Donna 819 6969; 432 0778

Price reduced: JMD2.2 million





Toyota Passo - 2007

57000km. Good Shape. Lady driven.

Isofix car seats.

\$720000 or best offer.

524 5558



Mitsubishi ASX 2012

Excellent Condition; Valued at 2.9m, but will take 2.5m

Call for viewing: 876- 382- 5290

Article	Unit price	Number	Subtotal	Remarks	Photo
TOYOTA ESTIMA HYBRID 2007year model 2400cc	US\$15,000	1	US\$15,000	Diplomat-owned,87000km,constantly maintained,brought from Japan,7-seats,CD/DVD player,able to watch TVJ,corner sensor,sun roof,rear seat TV monitor,not including duties	
					
BMW 320i hi-line 2006year model 2000cc	US\$13,500	1	US\$13,500	Diplomat-owned,101,000km,constantly maintained,brought from Japan,leather seats,CD/DVD player,not including duties	
					

Classifieds



Call 348-5366 or email brunolucia@aol.com.





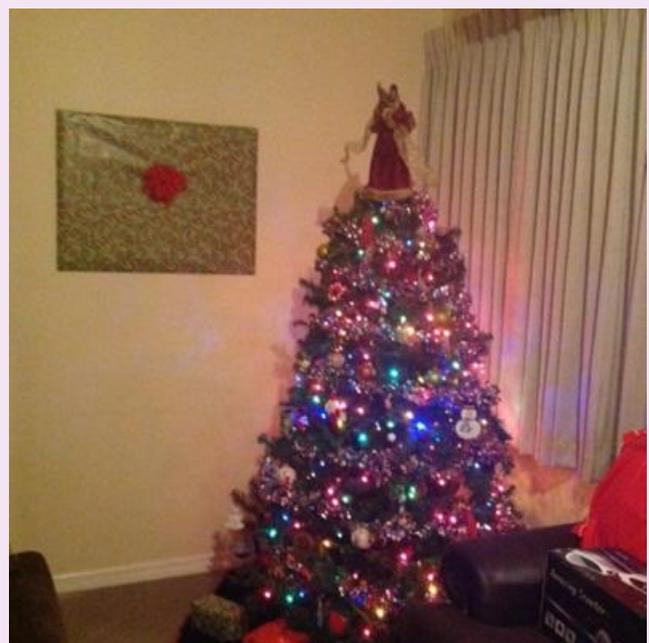
SET of 4 quality deep grey car mats J\$1,200
Almost new! 260-0957

For Sale:
Queen bed set
Toddler bed
Men's bicycle (new in box)
Peavey 450W amplifier
...and much more!
Contact Johnathan at 551-0007

Photos:

<http://caribbean.craigslist.org/fuo/5509675585.html>

<http://caribbean.craigslist.org/msg/5509662733.html>



For sale.....6 (six) foot pine, fir-like Christmas tree. Item has collapsible limbs which make for easy storage and adjustable pine cones to accent your Christmas décor. It has served our family well over the years and will always hold a special place in our hearts. Make an offer by e-mailing Tiffany at tnpointer9165@yahoo.com.

Household Help

Sandra has been working for our family for several years and during that time she has taken care of our 3 children, cleaned and been an excellent cook, catering for different needs, one vegan and one vegetarian! She is reliable, hard working and trustworthy. She has worked for Embassy families for many years. She is available for immediate, full time employment but would also accept day work. I would highly recommend Sandra without any hesitation. **Please contact her at 408-4146.** If you would like further information, I can be contacted on 412-2736 (Rachel) .

Ms. Elizabeth Cherry looks for a full time employment as housekeeper/nanny. She is honest, reliable and have many years of experience. **She can be contacted at 581-4390.** If you need further information, please feel free to contact me at marellita@libero.it.

Mature lady, **Miss Hall** seeks live in or live out household helper job. She has over 20 years' experience and works very well with children of all ages. She is an excellent helper and cooks immaculately well. Ms. Hall has not yet worked for a US Embassy family and comes highly recommended by a member of the Embassy community. Contact Julie Miller at 455-8960 for a recommendation. **Miss Hall can be reached at 885-3774.**

Miss Jennifer Hamilton is available for days work. She is an excellent housekeeper with over 25 years experience working with both Jamaican and ex-pat households. She is a very good cook with 2 certificates in culinary education: basic and advanced from Grace Kitchens Creative Cooking Courses. She has also worked part-time with catering and assisting at functions. **Phone: 876-407-1190.** References available on request.

I have had the pleasure of employing **Marva Reid** since June 2012 as a part-time helper/nanny for three days a week. Marva is trust worthy, honest and an extremely conscientious hard worker with the highest cleanliness standards! Before working for us, she had worked for 9 years for two U.S. Embassy families with small children. Marva does excellent house-cleaning, ironing, and laundry. **She can be contacted at cell phone number 407-7824.** We highly recommend her and should you need to contact us for further information you can reach me at lilam@iadb.org.

It is with full confidence, that I recommend **Ms. Kamena Salmon** as a nanny/ child-care provider. For two years, Ms. Salmon provided child-care and tutoring for my school-aged daughter and newborn son. In addition to childcare, Ms. Salmon performed housework, cared for our pets, and occasionally assisted with errands and food preparation. She is always on time, trustworthy and was an incredible component to our time in Kingston. **Ms. Salmon can be reached directly at 876-434-3236.** If you have questions, please feel to contact me at aantoinel1@gmail.com.

Hyacinth McKellop is available to work in February 2016. She is a nanny and also cleans, cooks, and helps with other tasks around the home. She began working for my family in August 2010 as a nanny for our newborn daughter. When our family moved to Israel, Hyacinth joined us after our second child was born and she lived with us until November 2015. Hyacinth is efficient, reliable, and extremely competent. She interacts with children in a fun and patient manner. We cannot say enough wonderful things about Hyacinth! **She can be reached at 876-404-5425.**

Miss Lovelace Jones is available for immediate hire as a live in house hold helper. She comes highly recommended as she has worked a total 4 years as with two US Embassy Diplomat family—DEA and PAS family in the past. She is an excellent cook, irons immaculately well, very reliable, hardworking, trustworthy and gets along beautifully with children of all ages – from toddlers to teenagers. **Call her today on 483-4440.**