

# the Doctor Bird

## Words of the week:

*Remember, Father's Day is June 19. Make sure to treat your father to something special!*



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Lime Cay

**Follow U.S. Embassy**

**Jamaica**



# Events



  
Edna Manley College  
of the Visual and Performing Arts

Invite you to  
*A Taste of the Arts*

Thursday, June 9 at 6:30 PM  
Edna Manley College of the Visual and Performing Arts  
1 Arthur Wint Drive,  
Kingston 5

RSVP: [marketing@emc.edu.jm](mailto:marketing@emc.edu.jm) or 920-4633



THE AMERICAN WOMEN'S GROUP OF JAMAICA 

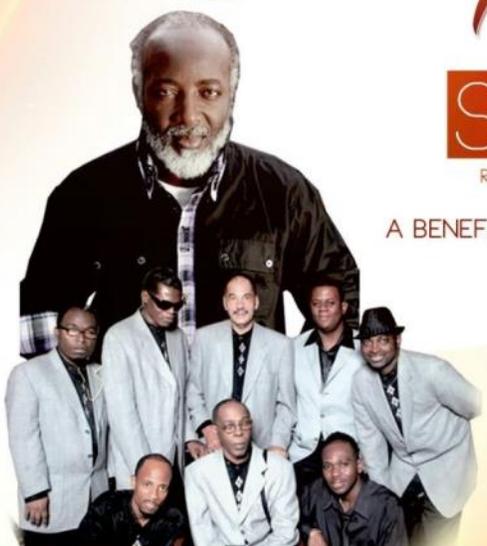
PRESENTS

# Escape 2016

AN ALL INCLUSIVE EVENT

**SAT JUN 11<sup>TH</sup>**  
RENDEZVOUS 7:00 P.M.

A BENEFIT FOR OUR SCHOLARSHIP FUND AND CHARITIES



CONTRIBUTION  
PRE-SOLD  
**\$6000**  
AT THE GATE  
**\$6500**  
GATE PRIZES &  
SURPRISES

*Venue*

AMERICAN INTL SCH OF KGN (AISK)  
2 COLLEGE GREEN AVE. HOPE PASTURES

**RENEGADES DISCO**

*"An Epicurean Escape"*

FOR INFO EMAIL: [AWGJAMAICA@GMAIL.COM](mailto:AWGJAMAICA@GMAIL.COM)

FLYART BY: SWISS/SKS LTD

**FREDDIE MCGREGOR AND FAB 5**

## Jesse's Afro-Caribbean Drumming Workshop!

3:30-5:30pm Saturday June 11th  
12:00-2:00pm Sunday June 12th

\$2000 one-day / \$3000 weekend package



\*Adults Only TrueSelf Centre  
\*Bring a Drum if You Can 14 Roselle Ave, Kgn. 6

**Register Now: [jessegdrumming@gmail.com](mailto:jessegdrumming@gmail.com) or 386-9347**

## FATHERS' DAY Brunch

SUNDAY, JUNE 19, 2016  
@ THE LAWNS OF HOPE ZOO

BRUNCH SERVED 10 A.M. - 3 P.M.

CHILDREN: \$1,500 ADULTS: \$3500

PRIZES & SURPRIZES  
LIVE ENTERTAINMENT

SEE TESSA LEWIN FOR TICKETS, CALL EXTN. 6159  
PART PROCEEDS TO LODGE ST. JOHN CHARITIES:  
UTECH SCHOLARSHIPS AND INNERCITY BASIC SCHOOLS

## Journaling: A Tool on the Journey with Susan Goffe



Sunday June 19th | 2:00-4:30pm | TrueSelf Centre | 14 Roselle Ave

Journaling can be a tool for observing, recording, reflecting on and guiding your journey. Let's explore different approaches and techniques, which may be used as part of this rewarding practice.

\$800 Early Bird | \$1000 Drop-in  
Early Bird Registration: [trueselfpractice@gmail.com](mailto:trueselfpractice@gmail.com)

## Save The Date



JUNE 19 – 28, 2015

## Sanaa Studios

Invites You to View Works by Artist :

**Denise Inglis  
Maureen Spencer  
Glynn Manley  
Andy Golding  
Sandra Richards**

**ALL WORKS OF ON SHOW  
June 22nd – June 27th  
10:00 am - 5:00 pm**

See time for Interactive Discussions with the Artists

### VENUE:

SANAA STUDIOS  
25 Barbican Road, Kingston 6  
(inside Burger King compound)

**Contact Details**  
876.977.4792 876.382.4303  
[www.sanaastudios.com](http://www.sanaastudios.com)  
[info@sanaastudios.com](mailto:info@sanaastudios.com)



MONDAY June 22  
DENISE INGLIS

PAINTING & ASSEMBLAGE

Open Discussion with Artist  
at 12:00 PM - 1:30 PM



FRIDAY June 26  
MAUREEN SPENCER

PAINTINGS IN OILS & PASTELS  
PHOTOGRAPHY

Open Discussion with Artist  
at 12:00 PM - 1:00 PM



FRIDAY June 26  
GLYNNE MANLEY

ABSTRACT MINIATURE PAINTINGS

Open Discussion with Artist  
at 1:30 PM - 2:30 PM



FRIDAY June 26  
ANDREA GOLDING

SEA GLASS & STONES JEWELLERY

Demonstration & Open Discussion with Artist at  
12:00 PM - 1:30 PM & 5:30 PM - 6:30 PM



SATURDAY June 27  
SANDRA RICHARDS

COPPER JEWELLERY

Demonstration & Open Discussion  
with Artist 1:00 PM - 2:30 PM



SATURDAY June 27  
KOTE KIDS SPECIAL  
10:00 AM 1:00 PM

POTTERY, JEWELLERY  
DRAWING & PAINTING  
SPECIAL \$1,250/3 HRS  
ORIGINAL PRICE \$2,500/3 HRS

**JUN 19 2016 10am-5pm**

**FATHER'S DAY Grillin' Picnic**

It's Father's Day, let daddy relax and children run free. At the Zoo there lots to do and lots to see. Petting Zoo and Budgie Feeding will be available. Book your baskets and bring your blanket. For more information on your basket choice email number of family members, name and contact number to: [BOOKINGS@HOPEZOOKINGSTON.COM](mailto:BOOKINGS@HOPEZOOKINGSTON.COM)

#HopeZoo



Saturday  
June 4, 2016  
10am -5pm  
Parade  
**Lemonade Sale**  
*Immaculate Conception  
High School  
Key Club*

Saturday  
June 4, 2016  
6.45am -8.30am  
meet at the Parade  
**Bird Watching Tour**  
*Hope Gardens/  
Bird Life Ja.  
\$200 adults*

Saturday  
June 4, 2016  
6.45am-8.30am  
Shell Bandstand  
**Community Yoga**  
*\$600 towards JAYA &  
Hope Gardens*

Sunday  
June 5, 2016  
12pm-6pm  
Shell Bandstand  
**Ocho Rios  
Jazz Festival  
Closing Concert**

Saturday  
June 11, 2016  
6.45am-8.15am  
Shell Bandstand  
**Community Yoga**  
*JAYA  
\$600 towards JAYA &  
Hope Gardens*

Saturday  
June 18, 2016  
7am-10am  
Shell Bandstand  
**International  
Yoga Day Celebration**  
*Jamaica Yoga Association  
JAYA*

Sunday  
June 19, 2016  
4pm-6pm  
Shell Bandstand  
**Jamaica Military Band**  
*JDF / Hope Gardens  
Admission Free*

Sunday  
June 19, 2016  
6am-12pm  
**Road Race 5k&9k**  
Everyone's a Winner  
Best Dressed Chicken  
*Running Events*

Saturday  
June 25, 2016  
6.45am-8.15am  
Shell Bandstand  
**Community Yoga**  
*JAYA  
\$600 towards JAYA &  
Hope Gardens*

Saturday  
June 25, 2016  
**Colour Me Happy  
Road Race &  
After party**



Hope Gardens, Kingston, Jamaica

RELAX Bring a friend or family member to  
**YOGA in PARADISE**  
at **Hermosa Cove**  
on **Saturday, June 11th**  
from **10:30am to 4:30pm**

ENJOY CONNECT



\$65 US for a day of balancing YOGA,  
a gourmet LUNCH & lying on the BEACH

Email: [omwellnessrhythms@gmail.com](mailto:omwellnessrhythms@gmail.com) or  
call: (876) 410-8740 to sign up

GraceKennedy Education Run 5K  
DOWNTOWN

GraceKennedy  
EDUCATION RUN

"Unleashing Jamaica's Potential"

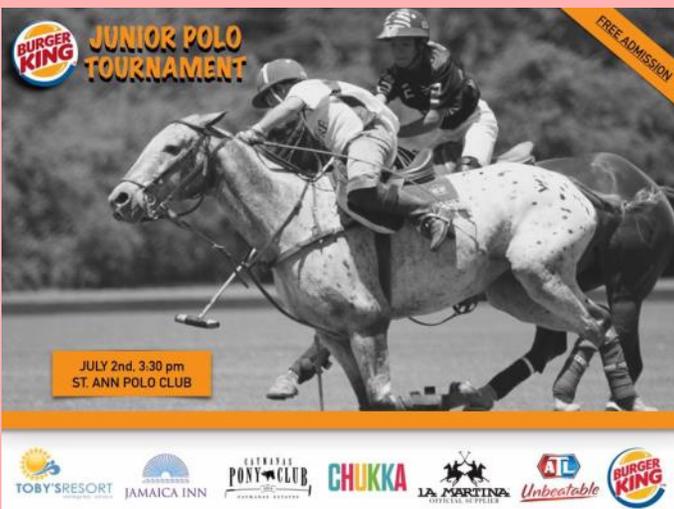
**SAVE** the date  
**JULY 10, 2016**  
Kingston Waterfront, 6:15 AM  
#whywerun



**BURGER KING** JUNIOR POLO TOURNAMENT

FREE ADMISSION

JULY 2nd, 3:30 pm  
ST. ANN POLO CLUB



TOBY'S RESORT JAMAICA INN  
GRAND PONY CLUB  
CHUKKA  
LA MARTINA  
Unbeatable BURGER KING

**REGISTER NOW!**

the shipping association of jamaica  
**THE SHIPPING INDUSTRY 5K ROAD RACE 2016**  
IN AID OF THE MARCUS GARVEY SCHOOL, GREENWICH TOWN

**SUNDAY, JUNE 26, 2016 · NEWPORT WEST, KINGSTON**

**ENTRY FEE** \$1000 per person &  
\$800 per person (groups of 50 +)

**SIGN UP AT [WWW.RUNNINGEVENTSJA.COM](http://WWW.RUNNINGEVENTSJA.COM)**  
or call the Shipping Association of Jamaica  
4 Fourth Avenue, Newport West, Kingston 13

**TEL: (876) 923-3491-2**



**yoga angels** INTERNATIONAL

YOGA TRAININGS & RETREATS  
ADULTS AND KIDS YOGA IN SCHOOLS, CHURCHES, HOMES  
FOR HEALTH, FITNESS & SPORTS INJURIES

 CALIFORNIA

- Kids Summer Yoga
  - Roxbury Park, Beverly Hills  
June 11-August 6 2016
- Kids Yoga Training
  - Yoga The Children's Way  
September 3-11, 2016
- Adult 200 Hour
  - Courses and Certification  
October 1-30, 2016

 JAMAICA

- Adults 200 Hour
  - Courses & Certification  
July 8-31, 2016
- Jamaica Yoga Retreats
  - Montego Bay  
July 1-6, 2016
  - Treasure Beach  
July 27-31, 2016

310-497-7270 | [www.yogaangels.com](http://www.yogaangels.com) | [info@yogaangels.com](mailto:info@yogaangels.com)





**ZOO KINGSTON**  
HOPE ZOO PRESERVATION FOUNDATION

**Corporate Lymé**  
At **Serengeti**

Kingston's most beautiful watering hole located inside the Hope Zoo

**Every Friday 6pm - 1am**  
Entry Free before 8pm | Refreshments on sale  
Karaoke starting at 6pm

For special bookings please contact Hope Zoo at 927-1085

**"Wine Down Wednesdays"**

(6 - 10PM)  
*Attractive Wine Specials*  
**\$500 Per Glass On Special Wines**

Brought to you by




RODECA  
**TRIVENTO** ARGENTINA VINA MAIPO

[/100boperoad](#)  
[/harbourwineandspirits](#)




**Barbican Beach Bar**  
13 East Kings Road  
Kingston

**KARAOKE**

LET'S ROCK N ROLL!!!!

**THIS AND EVERY SATURDAY**

Radbirds Karaoke Jamminz  
www.radbirds.com 562-8010

show time  
**8 p.m**

**THE JAM IS BACK**



**THIS AND EVERY THURSDAY**

LIVE IMPROVISED MUSIC FROM **8PM - 12AM**

**CONSTANT SPRING GOLF CLUB**  
152 CONSTANT SPRING RD  
FREE ENTRY

Constant Spring Golf & Country Club in association with **FETEDAYZ**

Presents **FRIDAYZ ON THE GREENZ**

Music by **SQUEEZE & Friends**

**A First Friday Jammz..**  
A Corporate Network Lymé...

Constant Spring Golf Club House  
5pm - midnight  
Every First Friday - Starting June 3, 2016

Non members - **\$500**  
Drinks on sale



**CRIGHTON** Automotive Ltd

# Advertisements

All vendor advertising features local businesses that have been personally used and are recommended by a member of the U.S. Embassy community.

**Featured advertiser recommendation:**



**TIRED OF WAITING AT THE CAR WASH?**

**Now**

**As Low As \$700**

**SWIFT SUDS**

**MOBILE AUTOWASH**

**Bringing the car wash to YOU!**

- WASH & VACUUM • ENGINE WASH
- UPHOLSTERY SHAMPOO

**Carpet & Upholstery Cleaning**

**Rug Care Experts**

*We Specialise In:*  
**Cleaning & Caring For Leather, Upholstery & Car Seats**

**Serving Kingston, St. Andrew & Portmore**

**Call: (876) 448-8082**  
**298-5918**  
*for further details*

Recently, we had a gasoline spill in our car. Our efforts to remove the odor failed miserably. We asked around and got a recommendation for "Swift Suds," a car washing company who will come right to you.

With only a couple hours notice, the crew arrived at

our complex and began working on the car. They cleaned thoroughly inside and out, including the interior ceiling. They did such a great job, that all of our neighbors brought their cars out and got them washed too! The crew worked hard and until after it was dark. I highly recommend their service, so if you have a need please give them a try. The boss is Nigel Warrington, 876-448-8082, and the leader of our crew was Andre Thomas, 409-2572.



**RH**  
**RELAXING HANDS**  
 SPA WELLNESS CENTRE  
 96, HOPE ROAD, KGN 6.  
 CALL: 585-7077 OR 348-7774

*Summer Special!*

**MANICURE & PEDICURE**  
 Come and Get your Nails Beautiful for the summer!

**FEMALE \$1500**  
 Reg Price: \$2,200  
 Save: \$700

**MALE \$1700**  
 Reg Price: \$2,600  
 Save: \$900

Summer Special prices do not apply to Manicures and Pedicures done separately. Valid June 2<sup>nd</sup> July 30<sup>th</sup> 2016. We also do facials, body massage & other treatments.



**DIVE JAMAICA**  
**LEARN HOW TO SCUBA DIVE**

[www.yardseconserve.com](http://www.yardseconserve.com)

**PADI**



**Learn to dive with the Yardie Divers**

**Our Dive Classes Include:**

- PADI Discover Scuba Divers
- PADI Open Water Diver
- PADI Advanced Open Water
- PADI Rescue Diver
- PADI Dive Master
- PADI Skin Diver

**Call us now:**  
 Tel: 876 586-5478, 876 579-8219  
 Email: yecltd@hotmail.com

# Advertisements

All vendor advertising features local businesses that have been personally used and are recommended by a member of the U.S. Embassy community.

"Healing Through Touch Therapy"



**Perfectly Kaam**  
Kameela Abdul-Maajid Massage Therapist

**SPECIALIZING IN:**  
Thai Fusion Massage  
Restorative Massage  
Sweedish Massage  
Deep Tissue Massage

Available Evenings & Weekends  
876-474-2907  
perfectlykaam@gmail.com  
facebook.com/perfectlykaamessages

Discounts available with the purchase of massage packages.  
15% off on your first massage. Offer valid till February 29, 2016



Thursday  
**YOGA CLASSES**  
with Leanne

13 BENSON AVE  
KINGSTON 8  
9:00 AM  
COST: \$1,000  
876.464.6929



Powell Gardener  
ODAIN SMALL

**Home-grown Chickens**  
For Sale: ~5lbs for \$1000

Freshly butchered and frozen  
Free delivery to Powell and US. Embassy  
Call or text: 864-0393

**"Unforgettable Taste"**



**FF FOREVERFREE**

**NATURAL FOODS CAFÉ**  
Open Since Nov 17<sup>th</sup>

- Pizza (cheese, veggie)
- Natural Juices
- Health food store items
- Fresh coffee, tea
- Sandwiches and Wraps (chicken, tuna, ackee and saltfish)

631-8274, 413-9802  
freedomlives4@yahoo.com

COMMERCE COURT PLAZA 6 HAGLEY PARK RD KGN 10  
SHOP 13, UPSTAIRS

**WEEKLY SCHEDULE** 

**YOGA . PILATES**

<b>MONDAY</b> 6:00 - 7:30 PM Yoga	<b>THURSDAY</b> 6:00 - 7:15 PM Yoga for Relief & Release
<b>TUESDAY</b> 9:30 - 10:45 PM Gentle Mindful Yoga	7:30 - 8:45 PM Candlelight Yoga
6:00 - 7:30 PM Yoga-Lates	<b>SATURDAY</b> 9:00 - 10:00 AM Open Pilates
<b>WEDNESDAY</b> 6:00 - 7:00 PM Pilates	10:30 - 11:45 AM Yoga for Stress Release & Relaxation
7:30 - 8:45 PM Moving Meditation Yoga	<b>SUNDAY</b> 11:00 - 12:15 PM RISE Yoga - Donation Based Class
	<small>Part proceeds go to RISE Life Management Services</small>



20 BAMB00 AVE, KINGSTON 8 (CNR OF WELLINGTON & BAMB00 AVE)  
876 977 6735 | 876 383 7669 | AFYAJAMAICAGMAIL.COM  
WWW.AFYAJAMAICA.COM | @AFYAJAMAICA | AFYA JAMAICA



**SMALL GROUP FITNESS CLASSES**

CLASSES ARE A HYBRID OF WEIGHT TRAINING, CARDIO, KICKBOXING AND CORE STRENGTH.

MONDAYS, TUESDAYS & THURSDAYS  
8:30AM-9:30AM

**\$12,500 PER MONTH**

Instructors have combined kickboxing & martial arts experience of over 25 years

176 Old Hope Road  
876-416-1347 / 876-631-1419

**SPACES ARE LIMITED!!!**

**WATER SPOT**

22 Barbican Road, (6)  
(Next door to Orchid Village Plaza, Opposite Burger King)

Mon-Fri 10am-7pm  
Saturdays 9am-7pm

Reverse Osmosis and Alkaline Water



Assorted Sport Bottles and Dispensers

**Save Money and the environment by re-using your 5 Gallon, 3 Gallon, 1 Gallon, 5 Litre, and 1.5 Litre Bottles!**

Refills starting as low as \$60.00  
Sport Bottles starting at \$1,000.00  
SlimLine Dispensers starting at \$1,000.00  
Counter Top Coolers starting at \$10,000.00

**Rm Services**  
Making your job easier

1-876-3233624/3745367  
E-mail: thebug7474@gmail.com

Rory-Shane Watson and his wife Marsha Pessoa are former flight attendants with Air Jamaica and Caribbean Airlines with over sixteen years respectively of experience in the aviation and hospitality management industries.

They are about to launch their business which will provide personal assistant services to persons who have very hectic schedules and who need honest help. Rory-Shane has had a public passenger general driver's license for over 20 years. The starting price for services is \$1,000.00 JMD

Among the services that we offer are:

- ✓ Schedule doctor's visits and transportation to Doctors, Veterinarian.
- ✓ Taking your motor vehicle for fitness examination, motor vehicle valuations; Tax office.
- ✓ Taking your vehicle to align and Balance your tyres.
- ✓ Taking your vehicle to replace your tyres and parts.
- ✓ Being your designated driver if you drink and need transportation home, or trips to the country and family and friends visiting from abroad.
- ✓ An extra hand for help when needed. Have a function, need assistance at your place of business to complete a project, extra hands at a restaurant etc.

We look forward to serving you.

## Classifieds



### **2009 Honda Pilot EX-L**

GREAT vehicle with lots of get up and go! This is an eight (8) passenger vehicle. Alternatively, the third row can be folded down to fit lots of cargo. Lots of bells and whistles. It has a few dings and scratches but there are no remaining duties. Vehicle will be available starting July 1, 2016. Asking US\$21,612. If interested, please e-mail [pointgee@yahoo.com](mailto:pointgee@yahoo.com).

### **2012 SUZUKI SWIFT**

5 door hatchback. 2012 model. Only 9,200km. Metallic grey body with black interior. Full Stewarts Suzuki dealership service history. Excellent condition. Air Conditioning, Power Steering, Power Windows, Central Locking, Tilt Steering, Telescopic Steering, Multifunction Steering Wheel, Smart Key (Button Start), 6 Airbags (Front/Sides/Curtain), Power Mirrors, Tachometer, Original Radio/CD Player, Anti-Theft System, Rear Glass Demister, 5 Seat Belts, Tinted side windows, Keyless Entry, Anti-Lock Brakes, Original Alloy Rims (16 inch)

Valued by MSC McKay at JMD 2,000,000 on 3rd June 2016.

Preferred currency Pounds Sterling (subject to exchange rate at time of payment) to be paid to UK bank account.

Call 404 2416 or email [benflatman@hotmail.com](mailto:benflatman@hotmail.com)



### **2014 Jeep Wrangler Unlimited Sport**

4WD, Under 15K mileage (14,900), Left Hand Drive, Three-piece modular Freedom Top, Automatic Transmission, White exterior, Black Cloth Interior, Excellent Condition.

\$29,999 USD plus one year duty for non-diplomats. Available June 30th.

For more information or pictures, please contact Joshua Yerace at [yeracej@gmail.com](mailto:yeracej@gmail.com) or (876) 877-9676.





### **2001 Mitsubishi Montero Sport**

Price J\$900.000.00 with new Parts available.

Please call - 361-1028

21ft Mako. 225hp Mercury (1998). Fully equipped boat, ready to go. Equipment includes: GPS; fish finder; depth finder; sound system with amplifier and sub woofer; marine radio; navigation lights; anchor light; cabin lights; triple bank battery charger (to hook up to the mains); three batteries; rod holders; bait well; various storage spaces; all the ropes and fenders you need; bow and stern anchors; life jackets, etc, etc. Kept on a trailer between outings. Trailer included in the price. Lots of bits are new as we spent time and money this last year fixing her up.

Price - US \$11,000 (negotiable)

**If interested please call or whatsapp/message Chris +1876**

**5794451**



### **2014 Toyota RAV-4**

Asking: US \$24,500 (J\$ 3,100,000)

For non-diplomats, duties due: J\$ 1,071,201.40

Valuation: J\$ 4,100,000 (market value), J\$ 3,485,000 (forced-sale value)

2.0L, right-side drive, automatic, 4X2. Purchased new Feb. 2015. 12,000km/7,500 miles

Tinted windows, keyless ignition, smart-entry finger-activated door locks, bluetooth, USB, parking sensor, auto rain sensor. No duties for diplomat-diplomat sale. Non-diplomat sale price TBD based on pro-rated duties. Email: [artist@kbgraphicstudio.com](mailto:artist@kbgraphicstudio.com) Call: Kevin 876-789-7693



**2006 Mitsubishi Endeavor**

81,000 Miles or 130,356.86 KM

4-Door, Front Wheel Drive

V-6/3800cc Engine

\$11,000.00 (US)

No Duties

Available 1 July 2016

[Baron.k.mason.mil@mail.mil](mailto:Baron.k.mason.mil@mail.mil)

876-361-2985

**2009 Nissan Pathfinder LE (black)**

LHD, 7 seats, good condition, \$2M OBO

(or US equivalent)

Please contact Sarah  
([sarahhsia@gmail.com](mailto:sarahhsia@gmail.com)) or

Demar 382-6899.



**2009 Toyota Mark X**

\$1.8 Million

Excellent condition

Call 371-0737





### **2011 Nissan Tiida**

Diplomat owned, right hand drive, imported from Japan, 26,500 Km, available late July/early August,

US \$6900 plus applicable duty

Email: [brian.jungwi@gmail.com](mailto:brian.jungwi@gmail.com) or call 559-4873

### **2010 Nissan Lafesta**

Gas, automatic, RHD, gray exterior, black interior, station wagon, FWD, navigation system, DVD player

J\$1,195,000

Contact: Michael at 295-8061



### **2011 NISSAN FRONTIER**

PRO 4X CREW CAB Edition. Price \$3,650,000.00. Black, Automatic, 4x4, V6 gas engine, Four door, Left hand drive pickup. Low miles: 10,500. Leather interior, AC, Power windows and mirrors, Power and heated seats, Cruise control, Sunroof, Bluetooth, Nissan alarm, iPod interface. Exterior and interior in excellent condition. No duties. One owner. (876) 564-3812





### **2013 Suzuki SX4 (Blue)**

FOR SALE: 5 seater, automatic, petrol engine car, with 4x4 crossover capabilities. Under two years on the road and less than 10,000km on the clock. One owner- female.

Available from end June.

Diplomatic sale price: USD16,000 (or equivalent in GBP) plus duties for non-diplomats.

Please contact Sarah on

[sb1984@hotmail.co.uk](mailto:sb1984@hotmail.co.uk) or call on 3710503.

New! Michael Kors Men's Watch  
Date/Day Setting - Stop Watch - link band  
US\$250 or nearest offer Call 260-0957



### **Tires 265/60/18 Michelin Latitude HP - Prado / Lexus**

**\$700 - Price negotiable**

📍 Jamaica Kingston, Uptown Norbrook

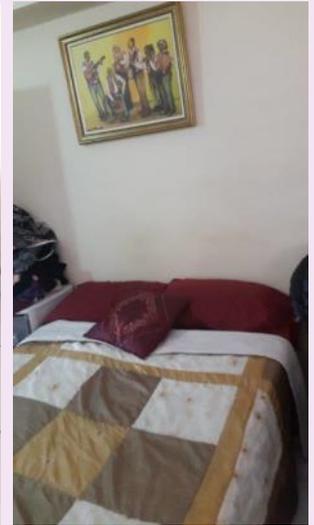
Five tires, 4 have 75% tread left, 1 is 100% like new. these came from a 2012 Prado and are perfect for a Lexus GX460/GX470 with 18 inch rims. These sell for \$220USD each in the US (before shipping and GCT). PM me for pick up location. \$700 USD / JD equivalent OBO



Email: [Jersey0531@gmail.com](mailto:Jersey0531@gmail.com) or Mobile – +1 (876)-564-7453

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Household Items for Sale: Full bed (mattress & base) \$15,000, Whirlpool Fridge (56"x22") \$25,000, Futon \$12,000, Digital Scale \$1800, Wooden Closet ( 4ft x 7ft)\$17,000, Vases, Wineglasses, Coffee Maker, Storage Bins and more. Contact [asmith@jm.peacecorps.gov](mailto:asmith@jm.peacecorps.gov) for more information including full list of items and prices.



## Household Help

**Hyacinth McKellop** is a loving nanny that worked for our family for 2 years in Jamaica and 2 years in Israel. She took care of our two children while we were at work and also helped out with the cleaning, cooking, and other tasks around the home. We cannot say enough wonderful things about Hyacinth, any family will be lucky to have her! **She can be reached at 876-404-5425.**

Fantastic helper has a slot available – **Yvonne** can come twice a month, weekly, or another arrangement! No matter how you leave it, when you come home your apartment will be spotless. She was also happy to leave a big cut fruit salad for an extra \$1000! Responsive, reliable and reasonable, **you can contact Yvonne at 843-3614.**

**Winsome Crooks** is an experienced household helper who is looking for part time day work. She currently works for us part time and has previously worked for other British High Commission families as well. She is trust worthy, honest and very hard working in her household tasks of cleaning, laundry and ironing. She has also cooked Jamaican food for us and helped prepare other dishes. Our children love how friendly she is and like interacting with her. **She can be contacted at 856 3553.** If you would like any further information, please contact Robin at 424 9325.

Dependable and Honest Helper/Nanny available July 1. Our helper/nanny **Miss Claudette** has been with our family since the time we arrived in August, 2014. Miss Claudette has never once called in sick, missed a day of work or arrived late. She is extremely dependable and honest. She cooks, cleans, irons, prepares the children for school, communicates with the school on our behalf and helps us manage our home. She is kind but firm with our children and completes all tasks before leaving for the day. **Please reach out directly to Miss Claudette: 783-7832.** For a reference, contact Cindy: 389-1480

**Joan Clarke** is an excellent nanny. She has worked with diplomatic families for many years. She was gentle and kind, but made sure my children followed the rules. My children absolutely adored her. I strongly recommend her for child care. She was willing to help out around the house, too, cleaning floors and cooking. **Joan can be reached at 589-0223.** For a reference, contact Meg at 487-8440.

**Pansy Johnson**—available July 1—has worked for my family for six months. She has affectionately cared for my three boys (4, 6, and 10), getting them ready for school in the morning, playing in the afternoon, and helping with homework in the evenings. Pansy keeps the house clean, clothes ironed, and is dependable to complete any other assigned task: paying bills, food preparation, etc. **You can reach Pansy at 770-2428.** For a reference, contact Johnathan: [jroy@teamroy.com](mailto:jroy@teamroy.com).

**Heather (Dawn) Walker** is looking for work as a full time nanny/helper. Auntie Dawn has been with us for 3 years, helping to raise our daughters now age 3 and 1.5, and keeping our house clean. She is extremely trustworthy, dependable, and kind. We give loads of credit to Dawn for our daughters' sweet and well-mannered behavior and for our tidy and presentable home. Dawn is very quiet but has a heart of gold. She lives in Kingston and is available nights and weekends, too. Recommended by Kacee and Jeremy (528-7719 until June 5, [202-640-2062](tel:202-640-2062) after). **Dawn can be reached directly at 377-5841.**

## Household Help

**Gracie Fallin** has been a fabulous helper for the last year. She has an easy-going, bubbly personality and she's trustworthy, and dependable. Aside from childcare (kids love her!), she cooks, cleans, and runs errands as needed. Gracie doesn't need a lot of direction or oversight and she's very security conscious - she has worked for several Embassy families (RSO/DEA/GSO) and she's very familiar with Embassy procedures and personnel (GSO/Guards). We would love for her to find a great family. **Feel free to contact me hadisney@gmail.com or contact Gracie directly at 476-9610.**

**Ms. Dorothy Montgomery** has worked for our family for two years caring for our 2 year old daughter and performing light housework. Dorothy has over 20 years of experience working with the diplomatic community. I believe her particular strength is caring for babies and young children. She takes my lead in my daughter's care but I am also comfortable leaving her in Dorothy's capable hands. Dorothy has proven to be caring, dependable, punctual and extremely trustworthy. My daughter loves Dorothy and tells her so every day. Dorothy's last day with us is planned for June 9<sup>th</sup>, but we can be flexible with her leaving date if you need her earlier. **You can reach Dorothy at 423-6980.** If you have any questions or would like more information about our experiences with her, you can contact Dawn at 330-3485.

**Nadine Johnson** has worked for my family for the last four years, three of those in Jamaica and the last year in Virginia (where we are until mid June). She is an excellent nanny, playing for hours with the kids while at the same time keeping the house really clean. She is really great with children, achieving the right balance of play and firmness when they misbehave. I trust her completely with my kids and in my home. Nadine is looking for full time work with a diplomatic family. If you have any additional questions, please do not hesitate to email me at pauline.kastner@gmail.com. Nadine also worked for Meg Campbell, another FSO. She can also give a reference for Nadine. Her email is uvameggie@aol.com. **Nadine's U.S. phone number until June 18 is 571-489-9570**, after June 18, her Jamaican number is 876-856-2545. Her email address is nadinemichaeldaniel@gmail.com.

**Keisha Malcolm** is looking for work as a babysitter and/or helper. She is available afternoons and evenings during the school season and either part- or full-time during the summer. She is currently a helper at a preschool and has summers off. **Her contact number is 504-6057.**

**Ms. Barbara Bailey** has worked with diplomatic families from the US, Canadian, French and German missions over the last 20 years. She has served as a devoted helper to our family since we arrived at post in March 2012. Duties assigned to Ms. Bailey include general housekeeping, laundering/ ironing, cooking and afterschool child care. With the departure of several families from post, she is currently looking to secure employment on Tuesdays and Wednesdays. In early July she will also be available on Mondays and Thursdays. Ms. Bailey is soft-spoken, diligent in her duties and sincerely caring of those she serves. If interested in obtaining her services, please **send her an e-mail at barbaratheresabailey@gmail.com**. You can also try to give her a call at (876) 877- 8747. Should you need further reference, please do not hesitate to contact me. [tnpointer9165@yahoo.com](mailto:tnpointer9165@yahoo.com).

# VACANCY ANNOUNCEMENT

U.S. EMBASSY, KINGSTON, JAMAICA W.I.

VACANCY ANNOUNCEMENT NUMBER: 2016-V011

USAID/Jamaica Solicitation

ZIKA Health Advisor

Local Hire U.S. Personal Services Contractor (USPSC)

**PART TIME (20 hours per week)**

SOLICITATION NUMBER:	SOL-532-S-00-16-00008
ISSUANCE DATE:	June 6, 2016
CLOSING DATE/TIME:	June 17, 2016 at 17:00 hrs Eastern Standard Time
POSITION TITLE:	<b>ZIKA HEALTH ADVISOR</b>
MARKET VALUE:	Equivalent to GS 14 - \$87,263 to \$113,444 per annum. These figures are yearly salary for a 40 hour workweek schedule contract; for a 20 hour workweek schedule, the salary as well as annual and sick leave earned during the contract will be pro-rated. Final compensation will be based on the individual's qualifications and salary history.
PERIOD OF PERFORMANCE:	One year, PART TIME (20 hours per week) with the possibility of extensions. Extensions will depend on the individual's performance, continued need for the position, and availability of funds.
PLACE OF PERFORMANCE:	Kingston, Jamaica
SUPERVISION:	Mission Director
SECURITY ACCESS:	Employment Authorization
AREA OF CONSIDERATION:	U.S. Citizens (Resident-hire only). Eligible Family Members are encouraged to apply.