

the Doctor Bird

Words of the week:

Join other birdwatchers on a "field trip" to Castleton Botanical Gardens on Saturday, February 27th. Departing Manor Park at 6:30am from Rubis.



Events

Ads

Classifieds

Household
Help



Photo of the week

Devon House

Follow U.S. Embassy
Jamaica



Events



AISK XPTO Presents

Winter WONDERLAND

FAMILY FUN FAIR & DANCE-OFF COMPETITION

MC Paula Ann Porter-Jones and other guest performers

FEATURING **One Third**

SATURDAY FEB. 27, 2016 @ AISK
5:30pm to Midnight
Raffle...Games...Prizes & Surprises

TICKETS: JA\$2,500 Per Person * Includes Chinese Food & Drink * Tickets Available at: AISK • Cannonball Cafe

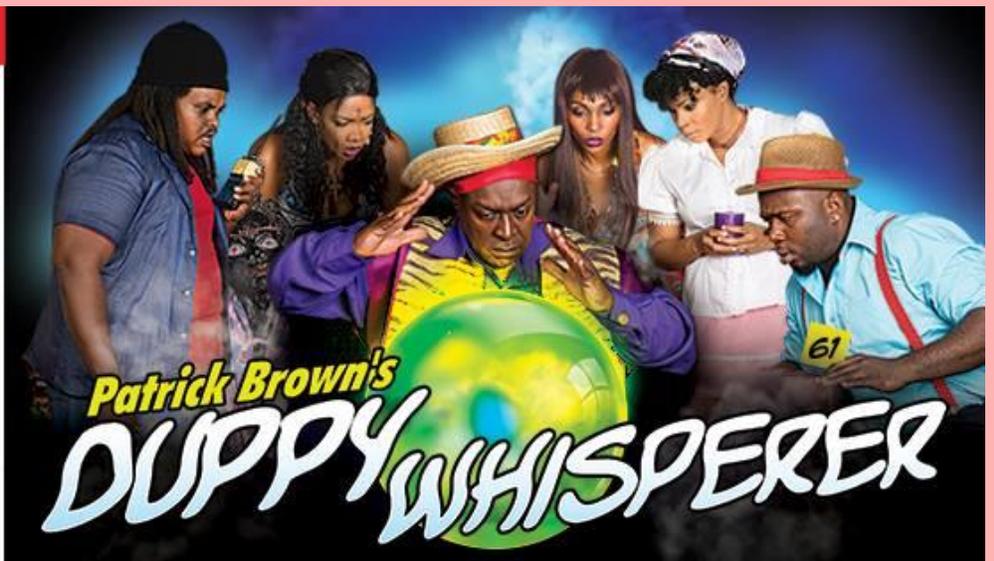
NOW PLAYING

Starring
Glen "Titus" Campbell
Courtney Wilson
Camille Davis
Sharee Elise
Sakina Deer
David Crossgill

Playing **TUES TO FRI @ 8PM**
SAT & SUN @ 5PM & 8PM

\$1,500
DOWNSTAIRS

\$1,800
BALCONY



Patrick Brown's
DUPPY WHISPERER

NATIONAL GALLERY OF JAMAICA

Last Sundays

February 28, 2016

VIEW:
MASCULINITIES

FEATURING:
TRIBE SANKOFA

DOORS OPEN FROM:
11:00 AM - 4:00 PM

PERFORMANCE
STARTS AT
1:30 PM



For more information call: (876) 922-1561 & 3
E-mail: info@natgalja.org.jm
Blog: nationalgalleryofjamaica.wordpress.com
Image: Cosmo Whyte - Ginal, 2014 (detail)

**FREE ADMISSION
FREE TOURS**

jeepjamaica
presents their

ULTIMATE SAFARI ADVENTURE



**2 FULL DAYS OF OFF ROADING FUN!
+ FAMILY CAMP OUT**

March 12th & 13th, 2016

Email: jamaica4x4challenge@gmail.com
for details on Bookings, Route, Accommodations and Meal Plan.



Limited Space Available // Reserve your spot today.

SANAA MARKET

Saturday February 27th 9:30 am - 5:00 pm

FUN, FOOD, FANTASTIC FINDS
Art, Craft, Paintings, Jewellery, Fashion
& more.

Bring a Friend & Enjoy.




Open discussion with
Renowned Photographer
"Donnette Zacca"
1:30 pm - 2:30 pm

 25 Barbican Road, Kingston 6
(inside Burger King compound)
876.977.4792 876.382.4303
www.sanaastudios.com info@sanaastudios.com

UJIMA NATURAL FARMERS MARKET Across the Road



Dance of the Chairs 2011 (detail)

Wax, Dye & Thread

an exhibition by
Margaret Stanley

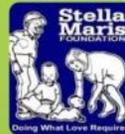
at
Grosvenor Galleries
1 Grosvenor Terrace, Manor Park, Kingston 8
Telephone 924-6689

Saturday March 12, 2016
at 6:30 pm.

Opening Remarks
Carol Campbell
Designer/Goldsmith & Lecturer Edna Manley
College of the Visual & Performing Arts

Exhibition continues until March 15th
Tuesday - Saturday 10 am - 5 pm

BE A PART OF OUR MISSION!



SUPPORT THE FOUNDATION!

- The Stella Maris Foundation (SMF) is a Ministry of the Stella Maris Church.
- It is integral to the development of the Grants Pen Community; and significantly impacts the lives of our neighbours.
- Committed to the promotion of goodwill and sustainable social and economic growth.
- SMF provides various skills training and social programmes - including: adult literacy, ICT, electrical and plumbing, scholarships, day-care, health & outreach, mediation & counselling services.
- At all times we seek to live out our motto...by "Doing what LOVE requires".

STELLA MARIS FOUNDATION
PRESENTS

Miss May's Hellshire Style

Fish Fry

FRIDAY MARCH 18, 2016
TICKETS ONLY \$1,350



At
Stella Maris Church Hall
11:00 am to 4:00 pm

Delivery Available for 6 or more purchases
in the corporate area.

Green Fa Life Production... In association with **RedBones Blues Cafe**



Presents

The Congos, Prince Alla & Kiddus I

In Concert

special guest artistes
Imna de Yard Nyahbinghi Chanters



Ruffi-ann Donovan Joseph + Danny English Sangie Davis + K Vibes Magma

Band by: **Pon Fyah Band**
Show Time : 8pm

Refreshment food on sale

Sat. 27 February 2016 Admission **\$800**

Venue : RedBones Cafe.. 1 Argyle road, (corner Lady Musgrave Road)



JAMAICA SOUTH AFRICA FRIENDSHIP ASSOCIATION

AFRICA CONNECT

INVITING ALL ART, CRAFT, POTTERS/CERAMIC ARTISTS

HERE'S AN OPPORTUNITY TO SELL &/ DISPLAY YOUR AUTHENTIC WORKS

SIGN UP FOR JASAFSA'S AFRICA CONNECT & BECOME A MEMBER



RETURNING **SUNDAY MARCH 20, 2016**
9:00am-6:00pm

23 HAINING RD, NEW KINGSTON
BRING YOUR OWN TENT/TABLE/CHAIRS/ DISPLAY BOOTHS

Call (876)-298-9126 / (876)-620-7314 / (876)-343-7995
jasafa2015@gmail.com / [f https://www.facebook.com/jasafa](https://www.facebook.com/jasafa)



RESTORE AND RENEW YOGA RETREAT 2016

Friday March 18 to Sunday March 20th

Sessions will be led by renowned wellness practitioners - Sonita "Afyra" Abrahams, Vitra Gopee -V-, Natalie Murray, Malika Omawale.



Sonita
Core Strengthening Pilates



Vitra ~v~
Yoga for Relief and Release



Natalie
To Juice or Not To Juice



Malika
Mindful Vinyasa Flow

Garden or Pool View Deluxe Rooms		
ALL INCLUSIVE	Book Early and Save	Final Booking Date
US\$180	Now to February 25	March 14, 2016
PER PERSON PER NIGHT	Get 20% Off	

CALL YOUR TRAVEL AGENT OR RESERVATIONS AT SEAGARDEN
Tel: (876)979-7761
Visit: www.seagardenjamaica.com
Email: reservation@seagardenjamaica.com

BELLAMY . BOURNE . DENVER . RICKI
IN ASSOCIATION WITH

ABSOLUT.

INVITE YOU TO

SUCKING TOO REAL FLOAT HAUNTED SOUND BANG FOG
BIG PEOPLE PARTY MINISTRY OF FOG
HMA + NO LIE ROLLY POLLY
TRUCK ON D ROAD DON'T TELL ME DAT W
TO MEH HEART + TOUCHLESS
PRESS A BUTTON SHAKE DAT CONQUER HIGH PARTNER PETER
LEH GO - I LOVE SOCA
DIFFERENTOLOGY CALL MY NAME
TOUCHLESS THIEF A WINE FOG
LIFE OF THE PARTY
SHE BRARY WE DOWN THIS OWAN
FANTASTIC FRIDAY
MIDNIGHT FOG
BOTTLE OF PUN
PUN FETE

I SOCA JAMAICA

JAMAICA'S COOLEST COOLER FETE!

Carnival Wednesday
MAR 30TH 2016
KINGSTON, JAMAICA

Must Be 18 years and older to Drink. ID Required. Drink Responsibly.



Now Accepting Entries

World Reggae Dance Championships

Win over \$2,000,000 in cash and prizes

Dance Categories: Roots Reggae, Dancehall and Dance Narrative

Eligibility: Age: 18 years and older

Group: 3-6 persons

International Groups are welcomed

Entry Deadline: Friday, April 29, 2016

Entry forms and guidelines are available at www.jcdc.gov.jm

For further information contact:
Tel: (876) 926-5726 Fax: (876) 960-4521
JCDC Offices islandwide
Head Office: 3-5 Phoenix Avenue, Kingston 10.

[f](#) [t](#) [YouTube](#) [in](#) [i](#)



Now Accepting Entries

JCDC Culinary Arts Competition 2016

Categories Include

- Cooking A&B
- Hor d'oeuvres, Sandwiches and Salads
- Bake Treats
- Cold Desserts
- Fruit and Vegetable Carving
- Hot Off the Grill
- Mixology
- Table Setting and Napkin Folding
- Rising Star Chef
- Dutchie Dash
- Nyam on a Budget
- Sponsors Products

Entry Deadline: Friday, April 29, 2016

The competition is open to individuals, schools, colleges, churches, community private/public sector groups

For further information visit:
• Head Office: 3-5 Phoenix Avenue, Kingston 10
• Tel: (876) 926-5726-9 Fax: (876) 960-4521
• Website: www.jcdc.gov.jm
• All JCDC Parish Offices Islandwide

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JCDC
An Agency of the Ministry of Youth and Culture

The JAMAICA Creative Writing Competition & Exhibition

Now Accepting Entries

- ◆ Plays
- ◆ Poems
- ◆ Novels
- ◆ Essays
- ◆ Short Stories

Entries must be sent via email to: library@jcdc.gov.jm and 3 hardcopies along with completed entry form submitted to any JCDC Office islandwide.

ENTRY DEADLINE: FRIDAY, APRIL 29, 2016

Entry forms and guidelines are available at www.jcdc.gov.jm or any JCDC Parish Office Islandwide

[f](#) [t](#) [YouTube](#) [in](#) [i](#)



SAVE THE DATE

JAKE'S OFF ROAD TRIATHLON

300M OCEAN SWIM **26K OFFROAD BIKE** **7K RUN**

SATURDAY APRIL 30, 2016

COMPETE AS AN INDIVIDUAL OR TEAM

[jakestriathlon](#) [jakesoffroadtriathlon](#) | ALL PROCEEDS GO TO BENEFIT "BREDS" TREASURE BEACH CHARITY.

Advertisements



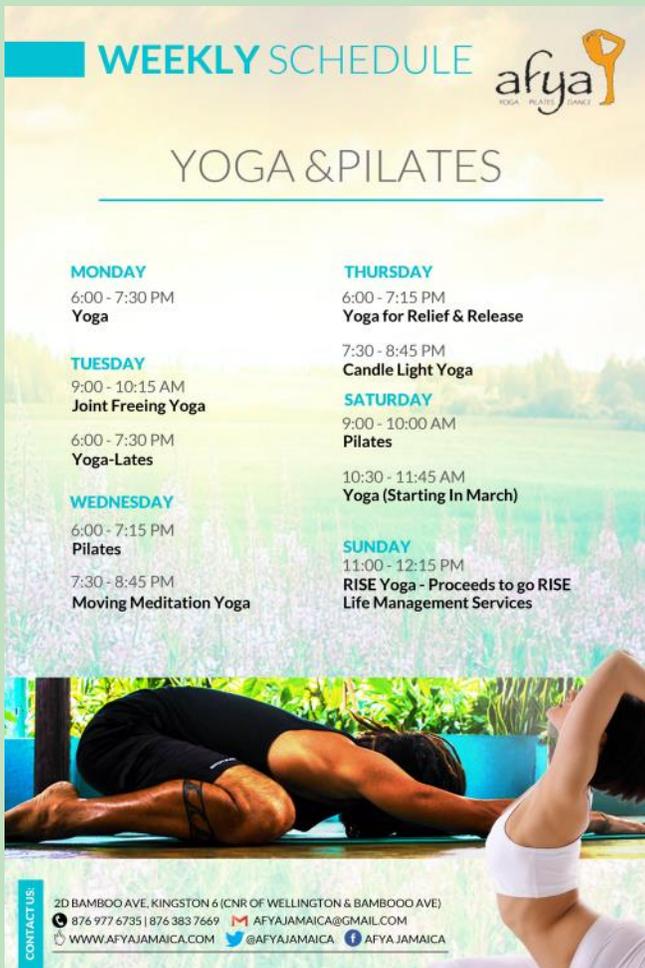
SALE

PATWA APPAREL

WEDNESDAY

JAN 27 2016 **EVERYTHING \$1,000.00**

Shop #12 Devon House
Kingston



WEEKLY SCHEDULE **afya**
YOGA PILATES DANCE

YOGA & PILATES

<p>MONDAY 6:00 - 7:30 PM Yoga</p> <p>TUESDAY 9:00 - 10:15 AM Joint Freeing Yoga</p> <p>6:00 - 7:30 PM Yoga-Lates</p> <p>WEDNESDAY 6:00 - 7:15 PM Pilates</p> <p>7:30 - 8:45 PM Moving Meditation Yoga</p>	<p>THURSDAY 6:00 - 7:15 PM Yoga for Relief & Release</p> <p>7:30 - 8:45 PM Candle Light Yoga</p> <p>SATURDAY 9:00 - 10:00 AM Pilates</p> <p>10:30 - 11:45 AM Yoga (Starting In March)</p> <p>SUNDAY 11:00 - 12:15 PM RISE Yoga - Proceeds to go RISE Life Management Services</p>
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CONTACT US:
2D BAMBOO AVE, KINGSTON 6 (CNR OF WELLINGTON & BAMBOO AVE)
876 977 6735 | 876 383 7669 | AFYAJAMAICA@GMAIL.COM
WWW.AFYAJAMAICA.COM | @AFYAJAMAICA | AFYA.JAMAICA



Isabelle's dayspa

Are you a Member of Isabelle's Spa Membership Club?
Sign up for our Spa Membership and enjoy savings between 50-90% on our spa menu.

CHOOSE FROM ONE OF OUR MEMBERSHIP PACKAGES

<p>Nail Membership (30 Days) \$ 5,960</p> <p>Flawless nails at all times. With this membership package, you are entitled to</p> <ul style="list-style-type: none"> o 2 Manicures or 2 Acrylic Nail Services** o 2 Pedicures o Unlimited Re-polish o Membership Pricing on all other services <p>**Acrylic Services will attract an additional membership cost of \$1000</p>	<p>Isabelle's Membership (30 Days) \$15,960</p> <p>This is our all in one package where our clients can enjoy the best of both worlds, Nail Services and Spa services for one monthly price. This makes the perfect pampering gift for that special person in your life or as a treat to yourself. Everyone should indulge in this package at least once. As an Isabelle's Member, you are entitled to</p> <ul style="list-style-type: none"> o (2) Manicures or Acrylic Service o (2) Pedicures o Unlimited Re-polish o (1) Isabelle's Signature Massage (90 Minutes) o (3) Massages of your choice o (1) Treatment Facial of your choice o 16 Minute Body Steam (Detox) o Membership Pricing on all other services 	<p>Gentleman's Membership \$ 10,950</p> <p>At Isabelle's, we encourage our men to take care of themselves. We have a special membership option for them. This package will ensure that our men are well kept for the 30 days.</p> <ul style="list-style-type: none"> o (1) Pedicure o (1) Upper Body Massage o (1) Swedish Massage o (1) Cleansing Facial o Membership Pricing on all other Services
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Spa Membership (30 Days)
\$ 9,960

Unwind with weekly massages and a detailed skin care regime to ensure you are always looking and feeling your best. You are entitled to

- o (1) Cleansing Facial
- o (1) Upper Body Massage
- o (1) Swedish(Full Body) Massage
- o (1) 15 Minute Body Steam (Detox)
- o Membership Pricing on all other services

Orchid Village, Shop 38
20 Barbican Road,
Liguanea, Kingston 6

Tel: (876) 970-0025 / 970-0125
Mobile: (876) 423-2604
isabellesdayspa@gmail.com

www.isabellesdayspa.com



THE JAM IS BACK

THIS AND EVERY THURSDAY

LIVE IMPROVISED MUSIC FROM **8PM - 12AM**

CONSTANT SPRING GOLF CLUB
152 CONSTANT SPRING RD
FREE ENTRY



Thursday YOGA CLASSES
with Leanne

13 BENSON AVE
KINGSTON 8
9:00 AM
COST: \$1,000

876.464.5929



Powell Gardener
ODAIN SMALL

Home-grown Chickens

For Sale: ~5lbs for \$1000

Freshly butchered and frozen
Free delivery to Powell and US. Embassy
Call or text: 864-0393

"Unforgettable Taste"

Cars for Sale



NISSAN VERSA, 2012

ASKING PRICE 1.9 Million, Negotiable. Consistently Serviced and Maintained. Call: 347-2282

Features: Air Conditioning, Power Steering and Windows, Central Locking, Tilt Steering, Multifunction Steering Wheel, Tachometer, Anti-Theft System, Rear Glass Demister, 5 Seat Belts (Front Pre-Tensioned), Tinted (Aftermarket), Keyless Entry, Anti-Lock Brakes, Colour Keyed Bumpers, Colour Keyed Mirrors, Factory Alloy Rims (15 Inch), High Mounted Brake Lamp

1983 Land Rover Defender Series 111

Gas engine, stick shift. Asking \$500k.
Call Chris at 806-8772.



2009 Volkswagen Tiguan

Low milage: 24,000 miles

Leather interior, excellent condition

Good Service record

Call Donna 819 6969

Or email dannah02@gmail.com



Cars for Sale



2007 Mercedes Benz Sports Coupe

Asking Price – 2 Million Jamaican Dollars

CONTACT: Bevan Shirley

TEL: 579-7990



Mitsubishi ASX 2012

Excellent Condition; Valued at 2.9m, but will take 2.5m

Call for viewing: 876- 382- 5290

For Sale

Children's items for sale including:

- Convertible crib/toddler bed
- Toddler Bed
- Pack-and-Play
- Portable booster seats

See <http://caribbean.craigslist.org/bab/5449179669.html> for photos.

Contact Jonathan at 551-0007.



LIKE NEW - Samsung Galaxy S6 Edge SM-G925T
GOLD 64GB

Very Clean, NO SCRATCHES, NO CRACKS, NO
BLEMISHES

\$65K – Call Gareth 352-6855

Household Help

Sandra has been working for our family for several years and during that time she has taken care of our 3 children, cleaned and been an excellent cook, catering for different needs, one vegan and one vegetarian! She is reliable, hard working and trustworthy. She has worked for Embassy families for many years. She is available for immediate, full time employment but would also accept day work. I would highly recommend Sandra without any hesitation. **Please contact her at 408-4146.** If you would like further information, I can be contacted on 412-2736 (Rachel) .

Ms. Elizabeth Cherry looks for a full time employment as housekeeper/nanny. She is honest, reliable and have many years of experience. **She can be contacted at 581-4390.** If you need further information, please feel free to contact me at marellita@libero.it.

Miss Marcia Dennis is a very reliable, efficient and trustworthy person and is available for immediate hire as a live in or live out household helper. She has over 15 years experience and is excellent with children of all ages. She cooks and cleans immaculately and works very well on her own. Ms. Dennis has not yet worked for a U.S. Embassy family, but comes highly recommended by a member of the Embassy community. Contact Julie Miller at 702-6225 for a recommendation. **Miss Dennis can be reached at 368-9570.**

Miss Jennifer Hamilton is available for days work. She is an excellent housekeeper with over 25 years experience working with both Jamaican and ex-pat households. She is a very good cook with 2 certificates in culinary education: basic and advanced from Grace Kitchens Creative Cooking Courses. She has also worked part-time with catering and assisting at functions. **Phone: 876-407-1190.** References available on request.

I have had the pleasure of employing **Marva Reid** since June 2012 as a part-time helper/nanny for three days a week. Marva is trust worthy, honest and an extremely conscientious hard worker with the highest cleanliness standards! Before working for us, she had worked for 9 years for two U.S. Embassy families with small children. Marva does excellent house-cleaning, ironing, and laundry. **She can be contacted at cell phone number 407-7824.** We highly recommend her and should you need to contact us for further information you can reach me at lilam@iadb.org.

It is with full confidence, that I recommend **Ms. Kamena Salmon** as a nanny/ child-care provider. For two years, Ms. Salmon provided child-care and tutoring for my school-aged daughter and newborn son. In addition to childcare, Ms. Salmon performed housework, cared for our pets, and occasionally assisted with errands and food preparation. She is always on time, trustworthy and was an incredible component to our time in Kingston. **Ms. Salmon can be reached directly at 876-434-3236.** If you have questions, please feel to contact me at aantoinel1@gmail.com.

Madge Sinclair is recommended for work as a nanny, helper, or as-needed babysitter. She has worked in a pre-school and has experience with embassy families as helper and babysitter. She is available to start immediately and can work nights and weekends. Very honest, always on time and extremely flexible with her hours. **Her contact numbers are 374-4541 and 828-3484.** If you would like further information, contact Amarylys at 423-8728 .

Hyacinth McKellop is available to work in February 2016. She is a nanny and also cleans, cooks, and helps with other tasks around the home. She began working for my family in August 2010 as a nanny for our newborn daughter. When our family moved to Israel, Hyacinth joined us after our second child was born and she lived with us until November 2015. Hyacinth is efficient, reliable, and extremely competent. She interacts with children in a fun and patient manner. We cannot say enough wonderful things about Hyacinth! **She can be reached at 876-404-5425.**