

the Doctor Bird

Words of the week:

The Dr. Bird will be moving to a bi-weekly schedule for the summer. The next issue will be distributed on Thursday, July 28th.



[Events](#)

[Ads](#)

[Classifieds](#)

[Household Help](#)



Photo of the week

Red Hills

Follow U.S. Embassy

Jamaica



Events



LONGBOARDER
ROSELLE BEACH - JAMAICA
BAR & GRILL

SUMMER SERIES

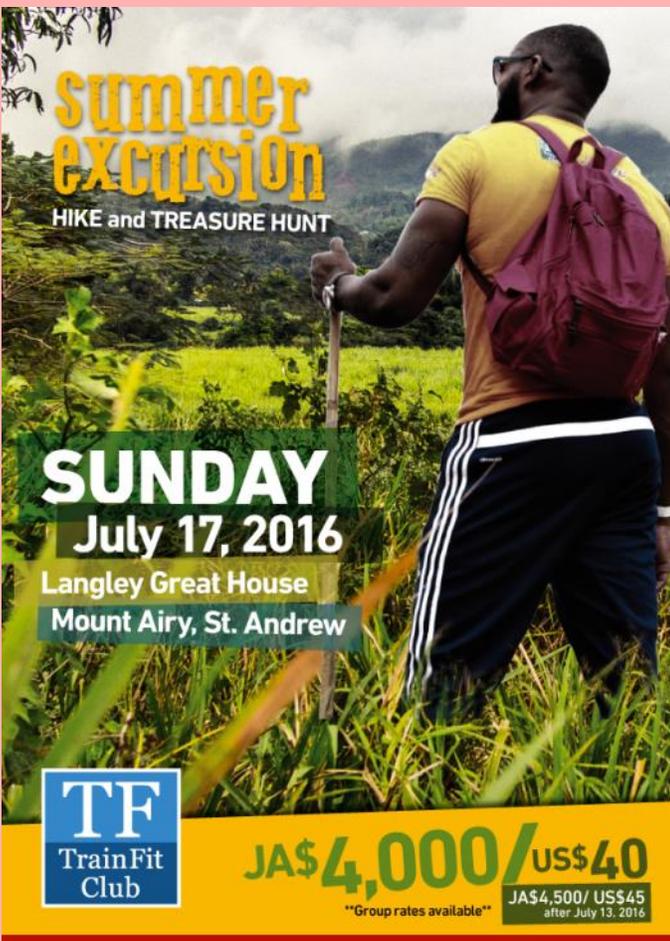
PART 2

SATURDAY JULY 16
12PM-9PM • HAPPY HOUR 6PM-7PM



redselecter

"FLY TO THE MOON"
FRIDAY JULY 15, 2016
WICKIE WACKIE BEACH
BULL BAY
NO ADMISSION FEE
MUSIC BY SAWANDI (TRACK 63) & TAJ MAHAL (THIRD DIMENSION)
HOSTED BY NICK MACK
LONGSIDE UNCLE RONNIE & 8 MILE
PACK YOUR COOLERS!
BRING YOUR PICNIC
BASKETS, MARSHMALLOWS AND BEACH BLANKETS!
KICK OFF TIME 10 PM!

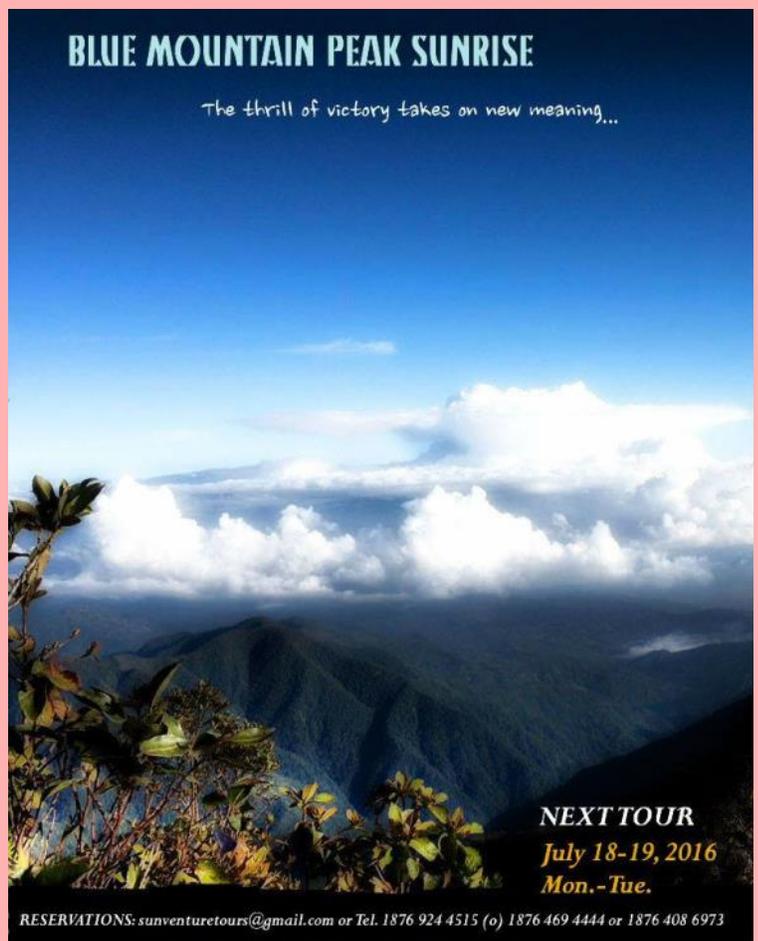


summer excursion
HIKE and TREASURE HUNT

SUNDAY
July 17, 2016
Langley Great House
Mount Airy, St. Andrew



JAS\$4,000 / US\$40
Group rates available JAS\$4,500 / US\$45 after July 13, 2016



BLUE MOUNTAIN PEAK SUNRISE
The thrill of victory takes on new meaning...

NEXT TOUR
July 18-19, 2016
Mon.-Tue.

RESERVATIONS: sunventuretours@gmail.com or Tel. 1876 924 4515 (o) 1876 469 4444 or 1876 408 6973

SOUTH COAST FESTIVAL
JULY 23
 ANTHONY CRUZ
 TABITA PAYNE
 SPATAN ANGEL
 MENDZ
 TOMMY B

RUM FOOD MUSIC

VILLAGE AND CULTURE EXPO SPECIAL VIP ZONE

TIGER MARKET LAWN MANCHESTER AVE MAY PEN CLARENDON

SAVE THE DATE

SANAA MARKET

Saturday July 30th
 9:30 am - 5:00 pm

FUN, FOOD, FANTASTIC FINDS
 Art, Craft, Ceramics,
 Jewellery & Fashion...
 Bring a Friend & Enjoy.

Venue:

25 Barbican Road, Kingston 6
 (inside Burger King compound)

876.977.4792 876.382.4303
 www.sanaastudios.com
 info@sanaastudios.com

UJIMA NATURAL FARMERS MARKET Across the Road

MAKKA PRO 2016 international surfing contest

JULY 25 - 31, 2016

CELEBRATING 10 YEARS
WILL YOU BE THERE?

ICAH WILMOT
 2015 OPEN CHAMPION

JANICE WILMOT
 2015 WOMENS CHAMPION

GARREN PRYCE
 2015 JUNIOR CHAMPION

#MAKKAPRO2016 • WWW.MAKKAPRO.COM



<p>PEPPERMINT PARADISE</p> <p>Let us free you from stress with a full body scrub using Caribbean Brown Sugar and Peppermint infused Coconut Oil to increase circulation. You are then immersed in a hydrating Organic Honey wrap. Once nourished you will receive a Cold Stone Deep Tissue back massage with our FieldSpa Cooling Coconut Oil to ease sore muscles. Complete with an Aveda mini anti-aging facial combining tourmaline charged minerals.</p> <p>2 HOURS US\$200 PER PERSON</p>	<p>DETOXIFYING DAY</p> <p>Heat things up in our Mountainside Sauna before a Mint Sea Salt scrub to exfoliate dry skin. You will then be wrapped in healing Aloe Vera to hydrate the skin. A Cold Stone Full Body Massage with Peppermint and Sweet Orange Coconut Oil will strengthen your immune system. Finally a Reflexology session, will boost circulation to the organs and leave you feeling completely renewed from within.</p> <p>3 HOURS US\$300 PER PERSON</p>
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www.strawberryhillhotel.com
Tel: (876) 944-8400 or (876) 619-7872 | info@strawberryhillhotel.com
Bookings required, parking available. Spa Gift Certificates Available.
Tax & service charges included.



Join Sezi for a Power yoga session for strength. Breathe, Flow, Sweat, Smile and finish with a Sweet Savasana.

YOGA ONLY US\$20	YOGA, JUICE & LUNCH US\$50
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SATURDAY JULY 16TH 10:30 A.M.

Please RSVP to spa@strawberryhillhotel.com or call (876) 944-8400
Bookings required. Parking available.

Prices are inclusive of 20% tax & service charges.
www.strawberryhillhotel.com | Address: New Castle Road 81 St. Andrew, Jamaica



STRAWBERRY HILL

LOVE WHERE YOU LIVE

JET FUNDRAISER AT STRAWBERRY HILL

SATURDAY JULY 23 RD 10:00 A.M.

The Jamaica Environment Trust Celebrates it's 25th anniversary at Strawberry Hill with a Round Robin Yoga class taught by Subhadra Bowman, Donovan Manning, Sienna Creasy and Malika Omawale.

YOGA + WINE TASTING
JMD\$2,500

Enjoy live music and a wine tasting Summer Flight by CPJ.

BRUNCH JM
JMD\$3,500

Stay after for a Special Strawberry Hill Brunch

ALL CLASS PROCEEDS GO TO JET.

Please RSVP to spa@strawberryhillhotel.com or contact Sienna Creasy (876) 550-2797

*Bookings required. Parking available. Prices are inclusive of 20% tax & service charges.



www.strawberryhillhotel.com
Address: New Castle Road 81, St. Andrew, Jamaica



PILOXING BARRE

SATURDAY, JULY 16th

4 Tom Redcam Avenue (N.D.T.C)

REGISTER NOW

REGISTER NOW

\$1000

with **HERBALIFE** Protein Shake

TIME: 3:00 to 4:00pm





Shreya Sethi
from New Delhi, India
Traditional Yoga Flow

16.7.16 | TIME 6:45am
Hope Gardens,
Shell Bandstand

MINIMUM CONTRIBUTION: **\$600**

UPCOMING EVENTS

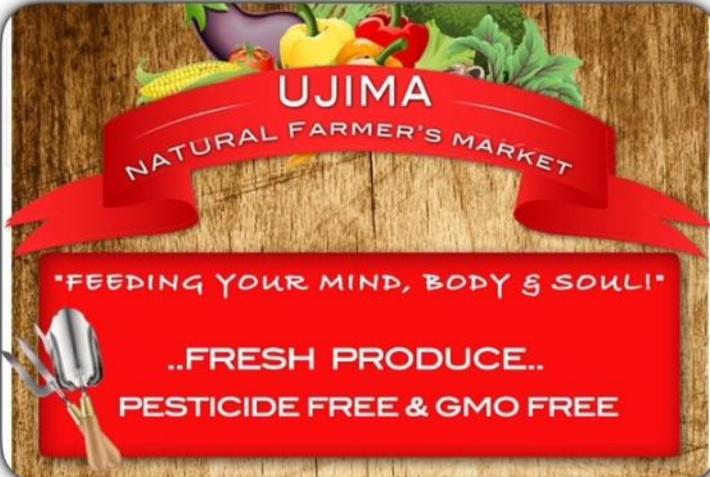
Jamaica Yoga Association
All levels welcomed

One Love • One Yoga • One Jamaica

Classes start at 6:45am
All classes to be held at Hope Gardens, Shell Bandstand

New suggested minimum contribution \$ 600
Walk with a mat or a towel as mats are no longer available

July 2	Subhadra Bowman Yoga Angels	Aug 20	Sonita Abrahams Afya Studio
July 16	Tricia Jameson Equipoise Yoga	Aug 27	Buffy Campbell
July 23	Jamaica Environment Trust (JET) 25th Anniversary Yoga Fundraiser at Strawberry Hill, Contribution \$2,000	Sep 10	Vitra Gopee -V- CHAI Studio
July 30	Janelle Oswald Ital Yoga	Sep 17	Malika OMawale
Aug 13	Maria Lapushkina Art of Living	Sep 27	Special Yoga Practice to Celebrate Yoga Month



UJIMA
NATURAL FARMER'S MARKET

"FEEDING YOUR MIND, BODY & SOUL!"

..FRESH PRODUCE..
PESTICIDE FREE & GMO FREE

EVERY 2ND & LAST SATURDAY
10AM-3PM
22 BARBICAN RD



"Wine Down Wednesdays"

(6 - 10PM)
Attractive Wine Specials
\$500 Per Glass On Special Wines

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BODICA **TRIVENTO** ARGENTINA VINA MAIPO

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[/harbourwineandspirits](#)




Barbican Beach Bar
13 East Kings Road
Kingston

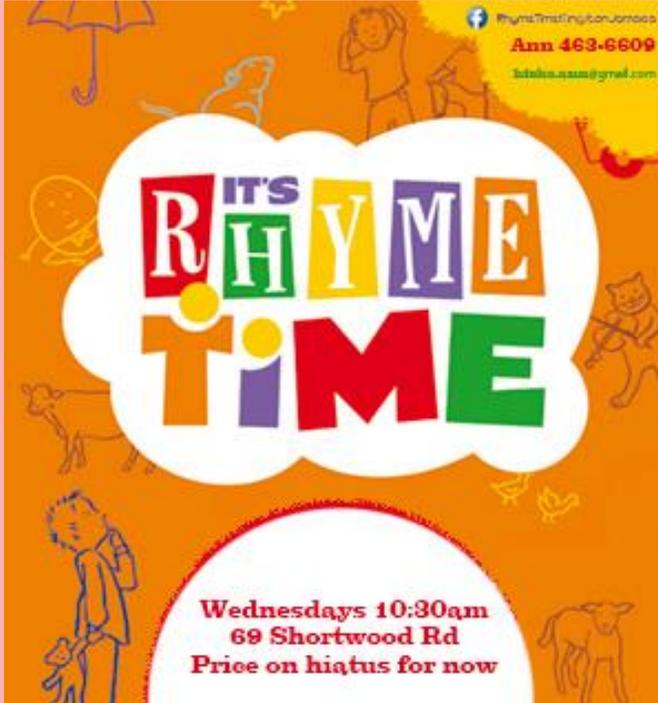
KARAOKE

LET'S ROCK N ROLL!!!!

THIS AND EVERY SATURDAY

show time
8 p.m

Barbican Beach Bar
www.barbicanbeachbar.com
562-8018



Phyllis Trindley on Facebook
Ann 463-6609
Isabella.azusa@gmail.com

IT'S RHYME TIME

Wednesdays 10:30am
69 Shortwood Rd
Price on hiatus for now

Constant Spring Golf & Country Club in association with **FETEDAYZ**

Presents **FRIDAYZ ON THE GREENZ**

Music by Musical Legend **SQUEEZE & Friends**

A First Friday Jammz..
A Corporate Network Lyne...

Constant Spring Golf Club House
5pm - midnight
Every First Friday - Starting June 3, 2016

Non members - **\$500**
Drinks on sale

CRICHTON Automotive Ltd




Advertisements

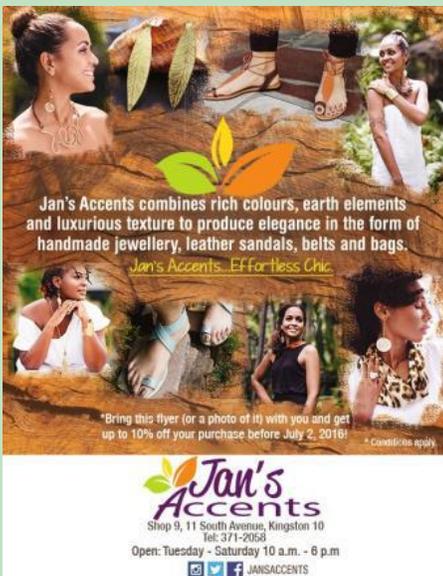
All vendor advertising features local businesses that have been personally used and are recommended by a member of the U.S. Embassy community.

Featured advertiser recommendation:



Hormone Free, Grass Fed Beef

Located in Ocho Rios, this butcher provides great cuts of beef with delivery service to Kingston. Using local beef, that is grass fed and hormone free, but is processed in a different way that most local beef. The owner is trained in North American standards with a degree in retail meat cutting. What apparently makes this beef different is in the dry aging process, which results in improved texture and flavor. It's the same beef you probably know best from Uncorked's delicious and locally world-famous burgers! Visit their [website](#) for more information, or give them a call to order.



Advertisements

All vendor advertising features local businesses that have been personally used and are recommended by a member of the U.S. Embassy community.

BOOK NOW
30% OFF
 WITH LOCAL I.D.
 1-876-619-1382
 1-876-619-1441
 www.chukka.com

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Serving Kingston, St. Andrew & Portmore

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 298-5918
 for further details

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 Open Since Nov 17th

- Pizza (cheese, veggie)
- Natural Juices
- Health food store items
- Fresh coffee, tea
- Sandwiches and Wraps (chicken, tuna, ackee and saltfish)

631-8274, 413-9802
 freedomlives4@yahoo.com

COMMERCE COURT PLAZA 6 HAGLEY PARK RD KGN 10
 SHOP 13, UPSTAIRS

Thursday
YOGA CLASSES
 with Leanne

13 BENSON AVE
 KINGSTON 8
 9:00 AM
 COST: \$1,000
 876.464.5929

WEEKLY SCHEDULE **afya**

YOGA . PILATES

MONDAY 6:00 - 7:30 PM Yoga	THURSDAY 6:00 - 7:15 PM Yoga for Relief & Release
TUESDAY 9:30 - 10:45 PM Gentle Mindful Yoga	7:30 - 8:45 PM Candlelight Yoga
6:00 - 7:30 PM Yoga-Lates	SATURDAY 9:00 - 10:00 AM Open Pilates
WEDNESDAY 6:00 - 7:00 PM Pilates	10:30 - 11:45 AM Yoga for Stress Release & Relaxation
7:30 - 8:45 PM Moving Meditation Yoga	SUNDAY 11:00 - 12:15 PM RISE Yoga - Donation Based Class
	Part proceeds go to RISE Life Management Services

CONTACT US
 20 BAMBOO AVE, KINGSTON 8 (CORNER OF WELLINGTON & BAMBOO AVE)
 876-977-6755 | 876-383-7669 | AFYAJAMAICA@GMAIL.COM
 WWW.AFYAJAMAICA.COM | @AFYAJAMAICA | AFYA JAMAICA

"Healing Through Touch Therapy"

Perfectly Kaam
 Kameela Abdul-Maajid Massage Therapist

SPECIALIZING IN:
 Thai Fusion Massage
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Available Evenings & Weekends
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Discounts available with the purchase of massage packages.
 15% off on your first massage. Offer valid till February 28, 2016.

SMALL GROUP FITNESS CLASSES

CLASSES ARE A HYBRID OF WEIGHT TRAINING, CARDIO, KICKBOXING AND CORE STRENGTH.

MONDAYS, TUESDAYS & THURSDAYS
 8:30AM-9:30AM

\$12,500 PER MONTH

Instructors have combined kickboxing & martial arts experience of over 25 years

176 Old Hope Road
 876-416-1347 / 876-631-1419 | SPACES ARE LIMITED!!!

WATER SPOT

22 Barbican Road, (6)
 (Next door to Orchid Village Plaza, Opposite Burger King)

Mon-Fri 10am-7pm
 Saturdays 9am-7pm

Reverse Osmosis and Alkaline Water

Assorted Sport Bottles and Dispensers

WATER SPOT

Save Money and the environment by re-using your 5 Gallon, 3 Gallon, 1 Gallon, 5 Litre, and 1.5 Litre Bottles!

Refills starting as low as \$60.00
 Sport Bottles starting at \$1,000.00
 SlimLine Dispensers starting at \$1,000.00
 Counter Top Coolers starting at \$10,000.00

Rm Services
 Making your job easier

1-876-3233624/3745367
 E-mail: thebug7474@gmail.com

Rory-Shane Watson and his wife Marsha Pessoa are former flight attendants with Air Jamaica and Caribbean Airlines with over sixteen years respectively of experience in the aviation and hospitality management industries.

They are about to launch their business which will provide personal assistant services to persons who have very hectic schedules and who need honest help. Rory-Shane has had a public passenger general driver's license for over 20 years. The starting price for services is \$1,000.00 JMD

Among the services that we offer are:

- ✓ Schedule doctor's visits and transportation to Doctors, Veterinarian.
- ✓ Taking your motor vehicle for fitness examination, motor vehicle valuations; Tax office.
- ✓ Taking your vehicle to align and Balance your tyres.
- ✓ Taking your vehicle to replace your tyres and parts.
- ✓ Being your designated driver if you drink and need transportation home, or trips to the country and family and friends visiting from abroad.
- ✓ An extra hand for help when needed. Have a function, need assistance at your place of business to complete a project, extra hands at a restaurant etc.

We look forward to serving you.

Classifieds

The American Embassy Kingston



The American Embassy Kingston has for sale by open bids the following:

- Household Furniture
- Office Equipment
- Equipment & Miscellaneous Items

Public viewing and auction will be held on Saturday July 16, 2016 between 8.30 am and 3pm. The auction will be conducted at 211A Constant Spring Road. Entrance will be on Grosvenor Terrace.

- Registration fee of J\$100.00
- Same day removal
- Cash payment only

For more information please contact the:
General Services Office - Warehouse
American Embassy Kingston
142 Old Hope Road, Kingston 6
Phone: 702-6000

Classifieds



2013 Ford Escape

In country three years (no duty to pay). Under 15,000 miles. Perfect condition. USD \$25,000, available 30 AUG. BONUS: Sirius Satellite radio subscription active through DEC. Contact schimmelmr@state.gov

2012 SUZUKI SWIFT

5 door hatchback. 2012 model. Only 9,200km. Metallic grey body with black interior. Full Stewarts Suzuki dealership service history. Excellent condition. Air Conditioning, Power Steering, Power Windows, Central Locking, Tilt Steering, Telescopic Steering, Multifunction Steering Wheel, Smart Key (Button Start), 6 Airbags (Front/Sides/Curtain), Power Mirrors, Tachometer, Original Radio/CD Player, Anti-Theft System, Rear Glass Demister, 5 Seat Belts, Tinted side windows, Keyless Entry, Anti-Lock Brakes, Original Alloy Rims (16 inch)

Valued by MSC McKay at JMD 2,000,000 on 3rd June 2016.

Preferred currency Pounds Sterling (subject to exchange rate at time of payment) to be paid to UK bank account.

Call 404 2416 or email benflatman@hotmail.com



2007 Nissan Dualis

Crossover SUV. Only 74,500 km. 1.4 million JMD/\$11,000 USD (for diplomatic buyers). Please contact Kevin at dumont309@hotmail.com or 469-1761.





2001 Mitsubishi Montero Sport

Price J\$900.000.00 with new Parts available.

Please call - 361-1028

2009 Volkswagen Tiguan

Low mileage: 25,500 miles.

Diplomatic driven

Leather interior, excellent condition

Good Service record

Call Donna 819 6969; 432 0778

Price US\$18,000



2014 Toyota RAV-4

Asking: US \$24,500 (J\$ 3,100,000)

For non-diplomats, duties due: J\$ 1,071,201.40

Valuation: J\$ 4,100,000 (market value), J\$ 3,485,000 (forced-sale value)

2.0L, right-side drive, automatic, 4X2. Purchased new Feb. 2015. 12,000km/7,500 miles

Tinted windows, keyless ignition, smart-entry finger-activated door locks, bluetooth, USB, parking sensor, auto rain sensor. No duties for diplomat-diplomat sale. Non-diplomat sale price TBD based on pro-rated duties.

Email: jenniferwhite259@hotmail.com or Call: Jennifer 876-371-0590.



2013 Suzuki SX4 (Blue)

FOR SALE: 5 seater, automatic, petrol engine car, with 4x4 crossover capabilities. Under two years on the road and less than 10,000km on the clock. One owner- female.

Available from end June.

Diplomatic sale price: USD16,000 (or equivalent in GBP) plus duties for non-diplomats.

Please contact Sarah on

sb1984@hotmail.co.uk or call on **3710503**.

2009 Nissan Pathfinder LE (black)

LHD, 7 seats, good condition, \$2M OBO

(or US equivalent)

Please contact Sarah
(sarahhsia@gmail.com) or

Demar **382-6899**.



2009 Toyota Mark X

\$1.8 Million

Excellent condition

Call **371-0737**



2012 Honda Fit

A/C, Aluminum Rims

Automatic/Tiptronic transmission

RHD, FWD, Gas, CC

Rating: 1300

Price **\$1.58M** Call or
WhatsApp **876-295-8061**

2012 RAV4 G

Excellent condition. One careful owner. Valued at JMD\$ 3,340,000. Only 25km. OPEN TO OFFERS.

Perfect for town and weekends away.

Metallic Grey bodywork, Power Steering, Genuine Leather Upholstery, Factory Alloy Rims (17 Inch), Sun-roof (Powered Glass), Roof

Luggage Rails, Hill Descent Control, Factory Radio/CD Player/USB/MP3/WMA.

E: ben.flatman@britishcouncil.org

M: +44 (0) 7766 070404



2012 (no duty) White Honda CRV

2.0L EX Auto 4WD – 17,500 miles (28,000Km)

Valued at J\$3.5M (20 Jun 16)

UK high spec model. Full Honda servicing with receipts. Tax until 31 Jan 17, 4 recent tyres, new battery, 18 inch Alloys, full leather, air conditioning (dual climate control), power windows with full tint, panoramic sunroof, electric driver's seat, heated front seats, adjust-able rear seats, central locking, alarm, multifunction steering wheel with voice control, Bluetooth, radio/CD/navigation system, 2 x USB/MP3 sockets, reverse camera, front & rear parking sensors, 6 air-bags, ABS & traction control. **Call Allan on 371-0465** to arrange viewing.





2013 Rav4

Fully Loaded High End - 20,500km - Valued at J\$4.45m . 2.5L 4WD, with split leather interior, low mileage at 20,500km. Valued at J\$4.45million - All reasonable offers considered!

Please call **Francis on 279-2337** or email francisburak@gmail.com

Honda CR V

2.0 Liter engine AWD. Available August 15th. May 2012 Duty free. 17000 KM. Excellent mint condition. Sparingly used. All accessories.

Price: J\$ 3.4 Million.

Contact: monitagopal@yahoo.co.uk



2010 Toyota Corolla GLi 4 Door Sedan

Excellent condition, features Air Conditioning, Power Steering, Power Windows, Central Locking, Tilt Steering, Airbag(s) (Dual Front), Power Mirrors, Tachometer, Anti-Theft System, Rear Glass Demister, 5 Seat Belts, Seat Covers, Tint, Keyless Entry, Anti-Lock Brakes, Driving Lamps, Colour Keyed Bumpers, Colour Keyed Mirrors, Alloy Rims (Factory 15"), 4 Mudflaps, 4 Window Rain, Visors, High Mounted Brake Lamp, 4 Wheel Disc Brakes, Rocker Panel Mldgs, Radio/CD/USB/MP3.

Price- USD 15000 (negotiatble)

Contact Navita on: 823-3140/442-9421 /via whatsapp or burgplatz@yahoo.com





2013 Jeep Wrangler Rubicon 10th Anniversary

The nicest Jeep on the Island, LOW MILES - 3.6L V6 engine, 6-speed manual trans, 17 x 7.5 Rubicon 10th anniversary wheels, chrome/leather-wrapped shift knob, 3" Lift, LT285/70R17E T/A on/off-road tires, Mopar rock rails, Mopar slush mats, red front/rear tow hooks, remote USB ports, Rubicon 10th anniversary heated leather seats, silver interior accents, steel front/rear bumpers, tire pressure monitoring display, Uconnect voice command w/Bluetooth, vehicle info center, 3-piece hard top, UCONNECT 730N AM/FM stereo w/CD/DVD/MP3 player, 40GB hard drive w/20GB available, 6.5 touch screen, GPS navigation, SiriusXM, Uconnect hands-free communication w/voice command, BODY COLOR 3-PIECE HARD TOP freedom panel storage bag, rear window defroster, rear window wiper w/washer, tinted rear windows, MAX TOW PKG class II receiver hitch, 4-pin trailer tow wiring, Electronic lockers and Disconnects, High lift Jack and carrier and owner's manuals, \$42,000 US for Diplomats. \$42,000 US + duty for non diplomats. Call 876-702-6395.

2012 Suzuki Swift

Asking \$1.4Million or nearest offer for almost new 4 doors 2012 Suzuki Swift – call Mr. Scott 433-2246



2012 Nissan X-Trail For Sale

Diplomat Owned – Available 10 October 2016

USD15,000.00 (plus applicable duty)

Dark Blue - Right-hand drive - Imported from Japan - Good condition

Air Conditioning, Power Steering, Power Windows, Anti-lock Braking System, CD player, 4Wheel Drive

Call Aaron at 702-6022 to arrange viewing.

TrimbleAD@State.gov

Household Help

Gracie Fallin has been a fabulous helper for the last year. She has an easy-going, bubbly personality and she's trustworthy, and dependable. Aside from childcare (kids love her!), she cooks, cleans, and runs errands as needed. Gracie doesn't need a lot of direction or oversight and she's very security conscious - she has worked for several Embassy families (RSO/DEA/GSO) and she's very familiar with Embassy procedures and personnel (GSO/Guards). We would love for her to find a great family. Gracie prefers to work in the Diplomatic community. **Feel free to contact me hadisney@gmail.com or contact Gracie directly at 476-9610.**

Winsome Crooks is an experienced household helper who is looking for Saturday work. She currently works for us part time and has previously worked for other British High Commission families as well. She is trust worthy, honest and very hard working in her household tasks of cleaning, laundry and ironing. She has also cooked Jamaican food for us and helped prepare other dishes. Our children love how friendly she is and like interacting with her. **She can be contacted at 856 3553.** If you would like any further information, please contact Robin at 424 9325.

Nadine Johnson has worked for my family for the last four years, three of those in Jamaica and the last year in Virginia (where we are until mid June). She is an excellent nanny, playing for hours with the kids while at the same time keeping the house really clean. She is really great with children, achieving the right balance of play and firmness when they misbehave. I trust her completely with my kids and in my home. Nadine is looking for full time work with a diplomatic family. If you have any additional questions, please do not hesitate to email me at pauline.kastner@gmail.com. Nadine also worked for Meg Campbell, another FSO. She can also give a reference for Nadine. Her email is uvameggie@aol.com. **Nadine's U.S. phone number until June 18 is 571-489-9570**, after June 18, her Jamaican number is 876-856-2545. Her email address is nadinemichaeldaniel@gmail.com.

Keisha Malcolm is looking for work as a babysitter and/or helper. She is available afternoons and evenings during the school season and either part- or full-time during the summer. She is currently a helper at a preschool and has summers off. **Her contact number is 504-6057.**

Ms. Barbara Bailey has worked with diplomatic families from the US, Canadian, French and German missions over the last 20 years. She has served as a devoted helper to our family since we arrived at post in March 2012. Duties assigned to Ms. Bailey include general housekeeping, laundering/ ironing, cooking and afterschool child care. With the departure of several families from post, she is currently looking to secure employment on Tuesdays and Wednesdays. In early July she will also be available on Mondays and Thursdays. Ms. Bailey is soft-spoken, diligent in her duties and sincerely caring of those she serves. If interested in obtaining her services, please **send her an e-mail at barbaratheresabailey@gmail.com**. You can also try to give her a call at (876) 877- 8747. Should you need further reference, please do not hesitate to contact me. tnpointer9165@yahoo.com.

Household Help

Hyacinth McKellop is a loving nanny that worked for our family for 2 years in Jamaica and 2 years in Israel. She took care of our two children while we were at work and also helped out with the cleaning, cooking, and other tasks around the home. We cannot say enough wonderful things about Hyacinth, any family will be lucky to have her! **She can be reached at 876-404-5425.**

Fantastic helper has a slot available – **Yvonne** can come twice a month, weekly, or another arrangement! No matter how you leave it, when you come home your apartment will be spotless. She was also happy to leave a big cut fruit salad for an extra \$1000! Responsive, reliable and reasonable, **you can contact Yvonne at 843-3614.**

Ms. Dorothy Montgomery has worked for our family for two years caring for our 2 year old daughter and performing light housework. Dorothy has over 20 years of experience working with the diplomatic community. I believe her particular strength is caring for babies and young children. She takes my lead in my daughter's care but I am also comfortable leaving her in Dorothy's capable hands. Dorothy has proven to be caring, dependable, punctual and extremely trustworthy. My daughter loves Dorothy and tells her so every day. Dorothy's last day with us is planned for June 9th, but we can be flexible with her leaving date if you need her earlier. **You can reach Dorothy at 423-6980.** If you have any questions or would like more information about our experiences with her, you can contact Dawn at dawndegrance9804@hotmail.com .

Joan Clarke is an excellent nanny. She has worked with diplomatic families for many years. She was gentle and kind, but made sure my children followed the rules. My children absolutely adored her. I strongly recommend her for child care. She was willing to help out around the house, too, cleaning floors and cooking. **Joan can be reached at 589-0223.** For a reference, contact Meg at 487-8440.

Pansy Johnson—available July 1—has worked for my family for six months. She has affectionately cared for my three boys (4, 6, and 10), getting them ready for school in the morning, playing in the afternoon, and helping with homework in the evenings. Pansy keeps the house clean, clothes ironed, and is dependable to complete any other assigned task: paying bills, food preparation, etc. **You can reach Pansy at 770-2428.** For a reference, contact Johnathan: jroy@teamroy.com.

Miss Jean Jones has worked for a USAID family for 3 years and also a DEA/US Diplomat family for 3 years as well. Total of 6 years work experience with US Embassy families. She has great experience with children from ages 2 to teenage years. She is an excellent cook, she cleans immaculately well, irons, dusts and does about everything in the home. She is available for full time live in job and comes highly recommended by her previous US Embassy employers. **Her contact number is 483-4440.** Call her today.

Household Help

Rose James has worked as our nanny/helper for 1.5 years. Prior to this, she worked for a USAID family for 4 years. Rose has been with US Embassy families since 2009. She has extensive childcare experience (ages 1-11) and has been excellent with our toddler. Rose is also willing to take care of any household task - including cooking, cleaning, ironing and laundry. She is able to work full or part-time and is always flexible with her days/hours to suit our family's needs. I trust her explicitly and would highly recommend her. Rose is available Oct 1st and may be reached at **826-1453**. Please contact sarahobenson@gmail.com or sebert@usaid.gov for references.

Stacian Morgan Bennett is a dependable and honest household helper who is looking for full-time work (Monday through Friday—she is open to an alternative schedule). Stacian has been with our family for four years and has done an outstanding job in all of her household tasks: cleaning, laundry/ironing, buying groceries, cooking and watching our children. Stacian is trustworthy and interacts well with all. She knows the Embassy routines, such as FM repairs, GSO visits, residential guard duties, pack out, etc. A bonus is that Stacian has completed a course of study in Hotel House-keeping. **Stacian can be contacted at 375-1695**. For a reference, please contact **Gina Cooper 471-4854**.

Madge Sinclair is an excellent nanny and helper now available for full time work. She is also willing to work late during the week, weekends and overnight. She has worked for other diplomat families, has worked at a preschool, came well recommended to us and did not disappoint. She cared for our two toddlers, cleaned, did laundry, ironed, and completed any task we asked of her. Her care for our toddlers was exceptional. She was attentive, loving, caring, patient, kind, yet firm when she needed to be. She was dedicated to any special requests we asked of her regarding our children and made sure she followed our instructions. She was also flexible, dependable, and honest. **You can reach Madge at (876)828-3484 and (876)374-4541**. For a reference please contact Joe at (876) 577-3324.

Dependable and Honest Helper/Nanny available July 1. Our helper/nanny **Miss Claudette** has been with our family since the time we arrived in August, 2014. Miss Claudette has never once called in sick, missed a day of work or arrived late. She is extremely dependable and honest. She cooks, cleans, irons, prepares the children for school, communicates with the school on our behalf and helps us manage our home. She is kind but firm with our children and completes all tasks before leaving for the day. **Please reach out directly to Miss Claudette: 783-7832**. For a reference, contact Cindy: 389-1480

**Administrative Assistant
LINKAGES Jamaica**

Project Description:

FHI 360 is a nonprofit human development organization dedicated to improving lives in lasting ways by advancing integrated, locally driven solutions. Our staff includes experts in Health, Education, Nutrition, Environment, Economic Development, Civil Society, Gender, Youth, Research and Technology— creating a unique mix of capabilities to address today's interrelated development challenges. FHI 360 serves more than 60 countries, all 50 U.S. states and all U.S. territories.

Job Description:

The LINKAGES Administrative Assistant position will be responsible for providing a variety of administrative and office support duties. The range of duties includes, but is not limited to, collecting and verifying data, summarizing and reconciling information or financial data, records management, review and processing, research and inventory, preparation of documents and reports, the use of office technology, compiling records, organizing and maintaining files, posting information.. He/She will require on the job knowledge of FHI360 organizational and departmental policies and procedures in order to communicate information involving programs, functions, and services.

The position will report to the Finance & Operations manager.

Application

Send a CV and motivation letter to JHvatt@fhi360.org by Thursday, July 21, 2016 at midnight (Jamaica time). We appreciate all applications, however, only shortlisted candidates will be contacted.

Statement of Merit Criteria: Property Technician

Location: High Commission of Canada, Jamaica

Competition: LE-06 Property Technician/2016

Position Title: Property Technician

Position Start Date: Thursday, December 1, 2016

Tenure: Indeterminate (Permanent)

Level: LE-06

Starting Salary: JMD \$2,666,697.00 per annum

Application Closing Date: Friday, July 22, 2016 at 1:00pm

Summary of Duties

Under the general direction of the Property Officer, the Property Technician is responsible for:

- the functional operation and maintenance of the mechanical plant and equipment installed at the High Commission of Canada, the Official Residence and the Staff Quarters;
- assisting the Property and Material Manager with the planning, organisation and control of all equipment repairs and replacements projects;
- assisting the Property Officer with the general maintenance and operation supervision at the Chancery;
- performing other related duties, as required.

Area of Selection/Eligibility

This position is open to individuals who are currently resident in Jamaica, who hold current documentation allowing them to work in Jamaica, who meet all of the essential requirements stated below, and whose applications are received by the closing date.

How to Apply

Interested candidates should submit by e-mail an up-to-date Curriculum Vitae (CV) and covering letter which clearly explains how they meet the essential and asset qualifications. The grammar and content of the covering letter may also be used to evaluate the candidate's English language ability and clarity of communication and if applicable, confirmation of their right to work in Jamaica.

Applications must be received by 1:00pm on Friday, July 22, 2016. **Late applications will not be accepted.**

Applications must be submitted by **email** to:

Snr. Management Assistant

Management Division

High Commission of Canada in Jamaica

E-mail to: kngtn-ag@international.gc.ca

Please quote **Ref: LE-06 Property Technician/2016**