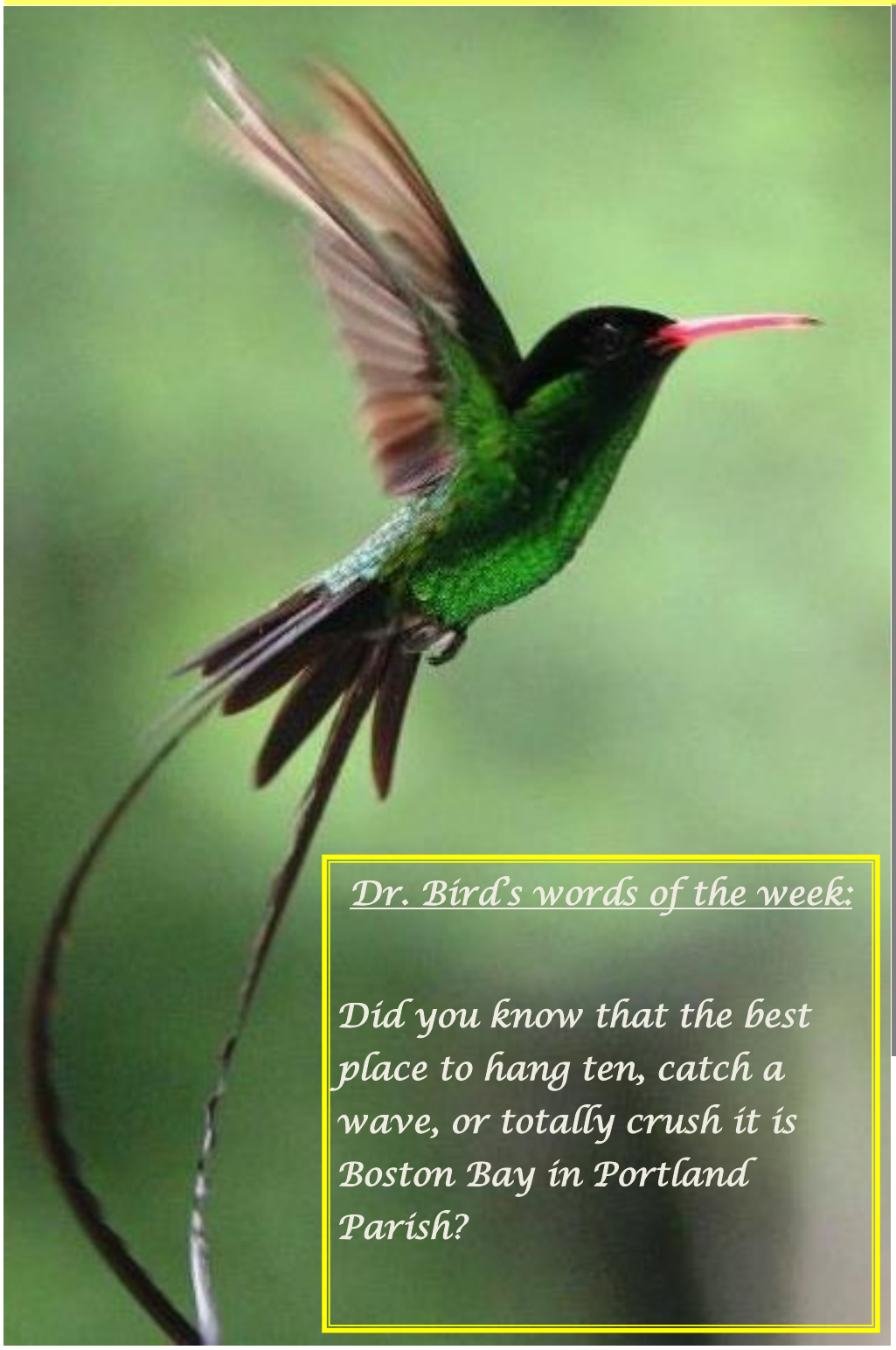
the Doctor Bird



Dr. Bird's words of the week:

Did you know that the best place to hang ten, catch a wave, or totally crush it is Boston Bay in Portland Parish?

Events

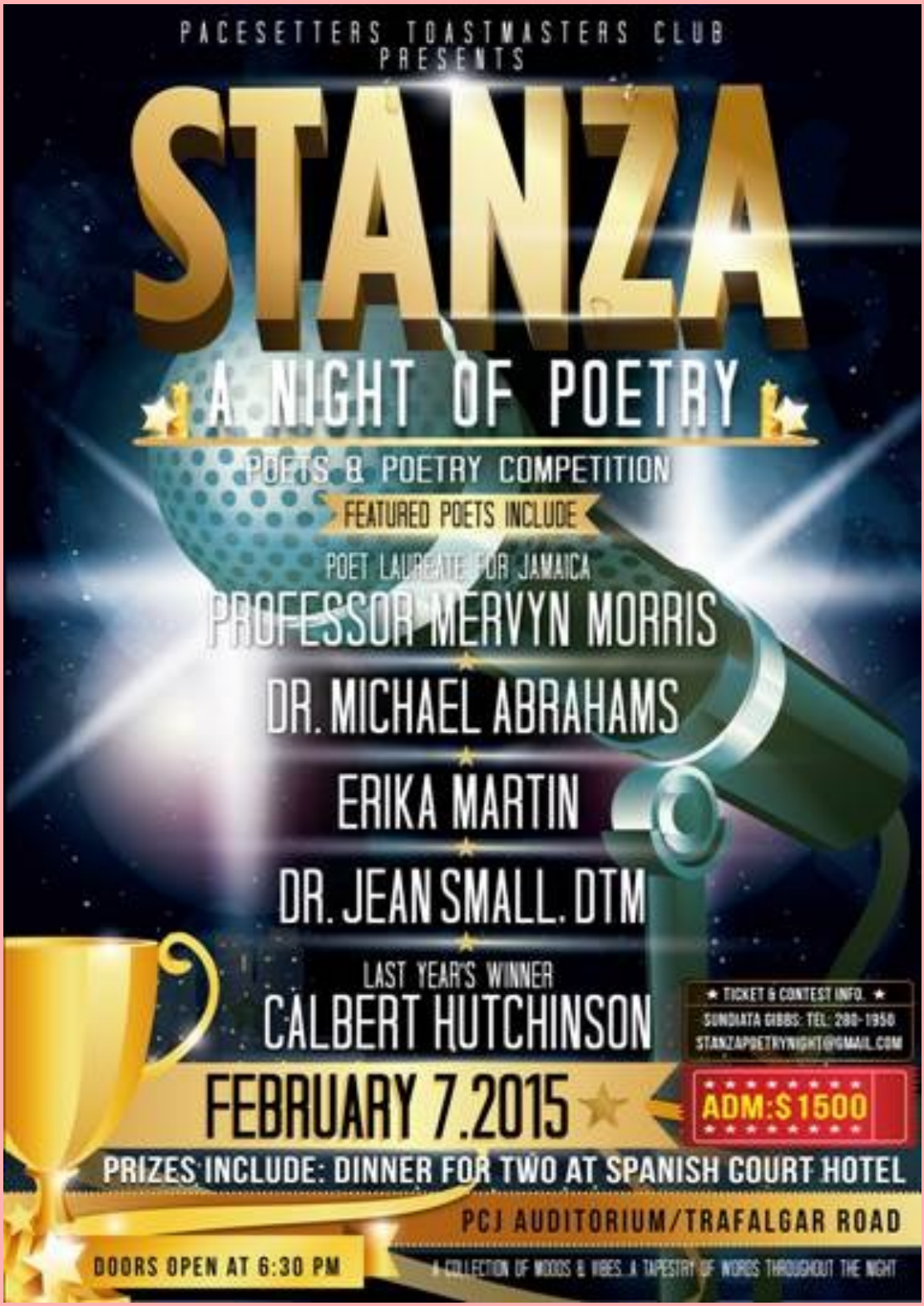
Ads

Classifieds

Household Help

Follow U.S. Embassy Jamaica

Events


PACESETTERS TOASTMASTERS CLUB
PRESENTS
STANZA
A NIGHT OF POETRY
POETS & POETRY COMPETITION
FEATURED POETS INCLUDE
POET LAUREATE FOR JAMAICA
PROFESSOR MERVYN MORRIS
DR. MICHAEL ABRAHAMS
ERIKA MARTIN
DR. JEAN SMALL. DTM
LAST YEAR'S WINNER
CALBERT HUTCHINSON
TICKET & CONTEST INFO.
SUNDIATA GIBBS: TEL: 280-1950
STANZAPOETRYNIGHT@GMAIL.COM
FEBRUARY 7.2015
ADM:$1500
PRIZES INCLUDE: DINNER FOR TWO AT SPANISH COURT HOTEL
PCJ AUDITORIUM/TRAFALGAR ROAD
DOORS OPEN AT 6:30 PM
A COLLECTION OF MOODS & VIBES. A TAPESTRY OF WORDS THROUGHOUT THE NIGHT

Events

THE LATIN AMERICAN WOMEN'S CLUB

cordially invites you to our

Valentine's Wine and Cheese Party

At the residence of the

Hon. Kenny Benjamin O.J.C.D. J.P.

Friday, 13th February 2015

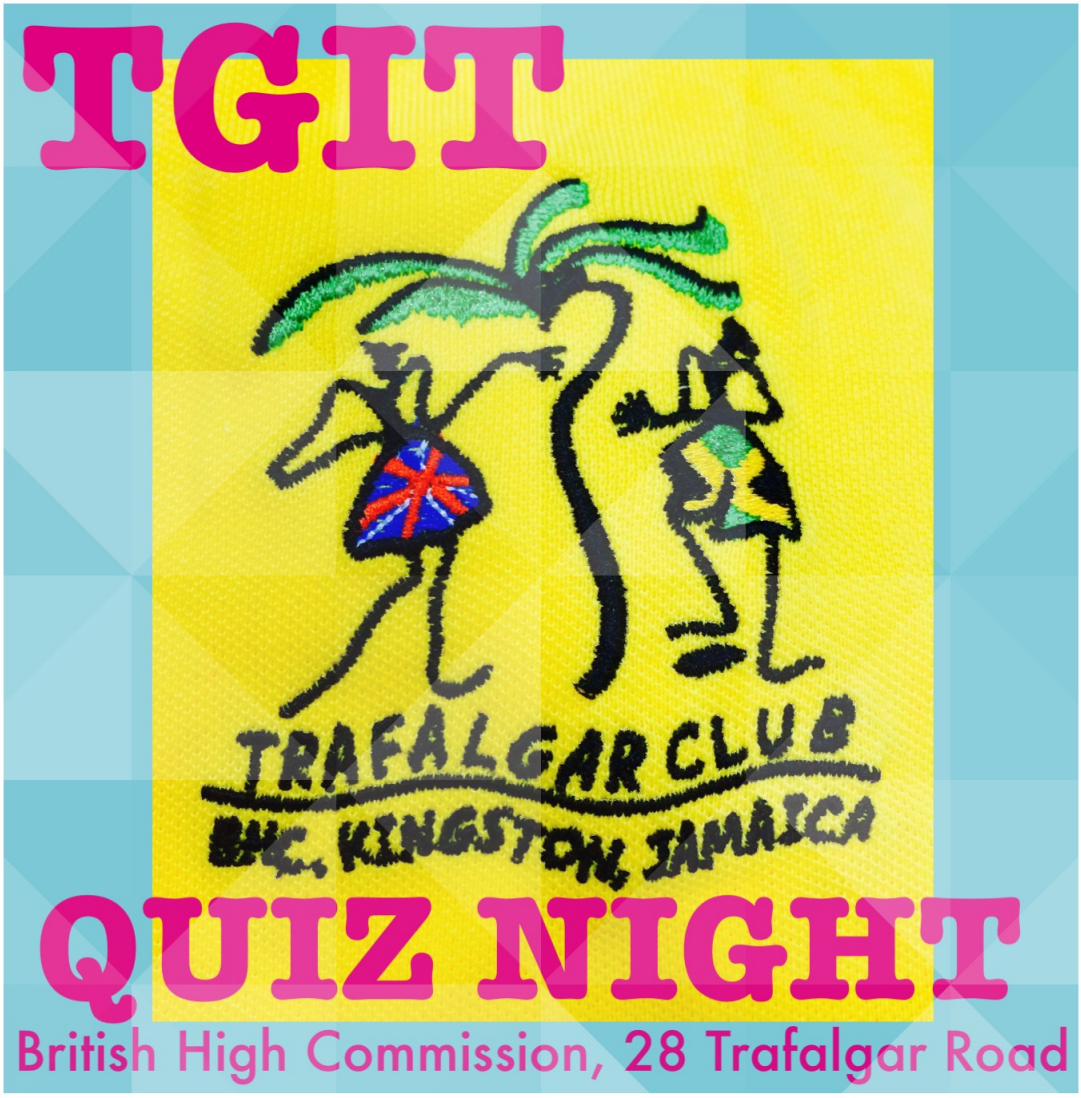
7:30 PM

9 Montgomery Rd
Stony Hill

Contribution: $3500 per person
In aid of our many charities

Dress: Casually Elegant
Dance Music

Events



$500 per team

Maximum of 6 people

19th February

Food & Drink on Sale 7-11pm

Admission FREE just make sure you are on the list. Guests must have a BHC SPONSOR and name their sponsor on arival. Please bring identification with you.

Email KINGSTON.TRAFALGARCLUB@FCO.GOV.UK by 12 noon on the day
Limited secure parking available for DIPLOMATIC vehicles on a first come first served basis.

NO WEAPONS ALLOWED

Events

The Sagicor Sigma Run will take place on February 22, 2015 in New Kingston. The Sigma Run is one of the largest and one of the most successful races in the Caribbean! The proceeds this year will be donated to the Neonatal Unit at the Cornwall Regional Hospital.

Deadline to sign up will be *Wednesday, February 4th*(next week). Registration fee J$1000 and an optional shirt fee of $1500.

Events

THE ASHE COMPANY
PRESENTS
'DED LEFF'
A MUSICAL PLAY BY MICHAEL HOLGATE
OPENING
FRIDAY
JAN 23
2015
NEW
THE VIBES THEATRE
8 CARGILL AVENUE, KINGSTON 10.
PLAYING: FRI. TO SUN. @ 8PM.
FOR TICKETS AND BENEFIT HOUSES:
CONTACT: (876) 960-2985 OR 353- 2287
VISIT: WWW.THEASHECOMPANY.ORG

Events

REGGAE MONTH 2015 CALENDAR

SUN	MON	TUES	WED	THURS	FRI	SAT
REGGAE		Jan 20 Reggae Month Media Launch Ranny Williams Entertainment Centre				
Feb 1 Grounation Series Institute of Jamaica Ecumenical Service Ranny Williams Entertainment Centre Trench Town Festival "Jammin at the Bass" Ambassador Theatre	Feb 2 Uptown Mondays Savannah Plaza	Feb 3 JaRIA Open University Ranny Williams Entertainment Centre JaRIA Live Ranny Williams Entertainment Centre	Feb 4 Reggae Wednesday The Genesis-Reggae Relay Ranny Williams Entertainment Centre Lyming at Culture Yard Trench Town Weddy Weddy Burlington Ave	Feb 5 JaRIA Open University Ranny Williams Entertainment Centre Nyabinghi Night Trench Town Merritone Waterfalls	Feb 6 JaRIA Open University Ranny Williams Entertainment Centre Trench Town Festival Dancehall Night, Kids Fun Day & Miss Mini Trench Town Trench Town JaRIA Friday Mixer Ranny Williams Entertainment Centre	Feb 7 Trench Town Festival Road Race & Sports Day Boy's Town Trench Town Rock Concert Trench Town
Feb 8 Grounation Series Institute of Jamaica Reggae Praise Ranny Williams Entertainment Centre	Feb 9 Uptown Mondays Savannah Plaza	Feb 10 JaRIA Open University Ranny Williams Entertainment Centre JaRIA Live-Ladies' Night Ranny Williams Entertainment Centre	Feb 11 Reggae Wednesday Aggregations Ranny Williams Entertainment Centre Weddy Weddy Burlington Ave	Feb 12 JaRIA Open University Ranny Williams Entertainment Centre Merritone Waterfalls	Feb 13 JaRIA Open University Ranny Williams Entertainment Centre JaRIA Friday Mixer Ranny Williams Entertainment Centre	Feb 14 Sound Explosion-Stone Love & DJs Ranny Williams Entertainment Centre

SUN	MON	TUES	WED	THUR	FRI	SAT
Feb 15 JaRIA/ UWI Music Symposium Ranny Williams Entertainment Centre Grounation Series Institute of Jamaica Fi Wi Sinting Hope Bay, Portland	Feb 16 JaRIA/ UWI Music Symposium Ranny Williams Entertainment Centre Uptown Mondays Savannah Plaza	Feb 17 JaRIA Open University Ranny Williams Entertainment Centre JaRIA Live Ranny Williams Entertainment Centre	Feb 18 JaRIA Trade Fair Ranny Williams Entertainment Centre Reggae Wednesday Progressions Ranny Williams Entertainment Centre Weddy Weddy Burlington Ave	Feb 19 JaRIA Trade Fair Ranny Williams Entertainment Centre JaRIA Dance Vibes Ranny Williams Entertainment Centre JaRIA Open University Ranny Williams Entertainment Centre	Feb 20 JaRIA Trade Fair Ranny Williams Entertainment Centre JaRIA Open University Ranny Williams Entertainment Centre JaRIA Friday Mixer Ranny Williams Entertainment Centre	Feb 21 Dance Vibz - Creative Dance in Reggae Louise Bennett Garden Theatre
Feb 22 Grounation Series Institute of Jamaica Dennis Brown Tribute Kingston Waterfront	Feb 23 JaRIA Movie Night Ranny Williams Entertainment Centre Uptown Mondays Savannah Plaza	Feb 24 JaRIA Open University Ranny Williams Entertainment Centre JaRIA Live Ranny Williams Entertainment Centre	Feb 25 Reggae Wednesday Reggae Run Weh Ranny Williams Entertainment Centre Weddy Weddy Burlington Ave	Feb 26 JaRIA Open University Ranny Williams Entertainment Centre	Feb 27 JaRIA Open University Ranny Williams Entertainment Centre JaRIA Friday Mixer Ranny Williams Entertainment Centre	Feb 28 JaRIA Honour Awards The Courtleigh Auditorium

JaRIA EVENTS SPONSORED EVENTS

Advertisements

KeFit by Kingston Kefir

Text orders to 782-5004 by 10 am for the next day
Tuesday deliveries in Kingston 8
Thursday deliveries in Kingston 6 and 10.
Standard size
250 ml Plain Flavored (and sweetened)
whole milk $320 $335
skim milk $340 $355
We recycle bottles, so other sizes available on request. Bring in screw cap bottles for Ja$20 such as Welches, Tropical Rhythms, etc. Regular flavors are: almond, vanilla, coconut. Fruit flavors available seasonally.
Check our Facebook page, Kingston Kefir for latest flavors.

Advertisements

Document Guru is located at 191 Constant Spring, in the shopping center with the drive-thru patty shop across from Immaculate Conception school. Document Guru can help with all your document needs, such as color printing, binding, posters, business cards, and passport photos. You can even email your requests for pick-up at: thedocumentguru@gmail.com.

Selection of earrings, rings, pendants in white or yellow gold, polished

stainless steel, copper with turquoise pendant, pre-owned all at very

affordable prices, 260-0957

CLASSIFIEDS

Black Suzuki Grand Vitara!
2012 model, only 14,700 km,
5 doors, excellent condition,
new battery, J$ 2,5M
E-Mail (Maria) at
postfach-mc@web.de

Downsizing Sale – Various Items available:

Baby Stuff: **Fisher-Price Baby/Toddler activity table** $3,500, **Fisher-Price Jungle Baby Mobile** (with remote control) $2,200. **Safety First Infant Car seat** $8,000 **or Full Stroller & Infant Car Seat Set for** $22,000. **Convertible Crib/Toddler bed** $20,000

Furniture etc: **Samsung Stainless Steel Refrigerator,** (side by side doors) 1 year old - $110,000, **Wood Coffee Table/ 2 x side tables -** $6,000. **Ashley Plush Corner Couch** (chocolate Brown) $65,000. **Antique Wooden Bedside Table** - $5,000. **TV stand/Entertainment Centre** - $8,000

*****ALL PRICES NEGOTIABLE FOR QUICK SALE*****

Please contact Andrea tel # 397 8586 or email ange2cel@gmail.com or Dwayne tel # 483 8208.

CLASSIFIEDS

Brand New LG Refrigerator on Sale

Features Price

· Inverter Compressor 105K (neg.)

· Silver Finish

· Easy slide shelves

· Great storage capacity

Contact:

Duane Cunningham 388-1588 or Renae Seivwright

seivwright.r@gmail.com

(It's better to send an email).

Ben & Jerry

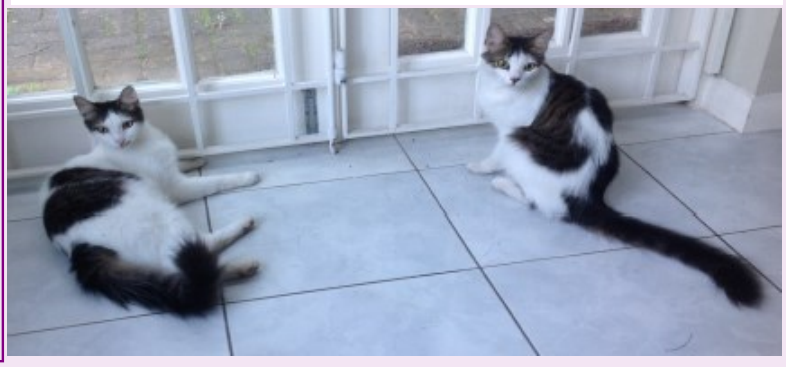
almost 3 years old, male, vaccinated, health checked, wormed and neutered, very friendly, trusting, adorable outdoor cats

need a new loving home

Sadly, we will not be able to take them with us when we have to leave Jamaica.

20.01.2015

Please contact us on 503 0318



2009 Ford Expedition Limited (EL)
No Duty Tax and available in June
5.4 liter V8 engine
4X4
6-speed automatic w/OD
Power-folding third row seats
Brand new GoodYear silent armor "E" load tires
Mileage: 62846.3
SIRIUS Satellite radio
Keypad locking
Price US$ 26,000

SUV for Sale

Contact James : gsp304@hotmail.com

Household Help

Michelle Nelson has worked for me 3 years. She does heavy cleaning, laundry, and can do light cooking. She is thorough, always on time and has never missed a day of work. She works for me and one other Embassy Officer. She has two free days available with the departure of several families, tuesday's and thursday's. She is honest, careful and a good worker and I highly recommend her especially for those who only need househelp one or two days a week. She can be reached at cell 4516204. Please feel free to contact me at ext. 6442 for additional information on salary and reference. Denise Herbol

Kerry-Ann for weekly employment as a nanny and/or domestic helper. She is honest, reliable and punctual. She takes instructions/guidance on cleaning routines and requests very well. She is always willing to be flexible with hours, scheduling and babysitting requests. She can be contacted at 5471052. If you have further questions about my experience with her, please feel free to contact me at marellita@libero.it".

Juliet White has been our Nanny and housekeeper for 6 months while we were living in Kingston, Jamaica and has worked for other Embassy families before that. She is an outstanding employee and an asset to our family. She was completely reliable, always on time and always ready to help. She has an amazing way with our children, and was always calm and patient with them, never raising her voice. She kept our house in beautiful condition, our laundry done and our house organized and always has a smile on her face for us. She can be contacted directly at 286-1930. We'd be happy to provide a reference by e-mail at redalenfraser@gmail.com, or by phone at 622-8210.

Ms Barbara Barett is an excellent housekeeper and comes highly recommended. She has worked for British High Commission families for the last 4.5 years, and has previously worked for families from the UN and other diplomatic missions. She is punctual, reliable, hardworking and extremely trustworthy. She is an excellent cook, and ably manages household work with looking after children including toddlers. She is looking for full time or part time work. **Her phone number is 399-5073**. If you have any questions please do not hesitate to contact me. **Ms. Bhavna Sharma - 469-3379.**

Ms. Christine Morgan has been an excellent house keeper for my family for the past 3 years. She is very dependable, trustworthy, and an excellent house cleaner. She has worked for many US Embassy families over the past years and has always received the highest recommendation. She can also prepare meals. She currently has days available. I highly recommend her. **She can be reached at 407-1194.** If you have any questions please do not hesitate to contact me**. Les deGraffenried, (577-3340).**