

Three race series at Hope Gardens: 5k March 23rd, 6k April 13th and 7k June 15th. Sign up now for all three for \$2500 and save \$500. Or sign up just for the 5k. www.Runningeventsja.com



Follow US Embassy Jamaica on



DR. BIRD NEWSLETTER

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U.S. Embassy, Kingston, Jamaica

March 13, 2014 VOL. 3 Issue 2

In Concert

STEVEN WOODHAM
VIOLIN

MARÍA JOSÉ PARKER
PIANO



With a special Photograph Exhibition on 'Jamaican Images' by Geoffrey Parker



The Lisa Naricisse Performing Arts Centre
Immaculate Conception High School
152c Constant Spring Road
Kingston 8
Jamaica

Saturday, March 15, 2014
Time: 7:00 pm

Admission:
Adults \$2,000
Students \$1,000

present
3rd Annual JAMAICA COFFEE & RUM FEST
Cave Valley, St. Ann

Sat. Mar. 15, 2014

Coffee Farm Tour.

Come indulge in

- A variety of Coffee & Rum Drinks
- Exhibitions
- Mixology & Barista Competitions
- Movie House & Kiddies Village

Plus
Visit the Coffee Museum & Grand Farmers' Market

Catch your own fish and cook it on spot!

Baronhall Estate
Cave Valley, St. Ann
Gate opens @ 9:00am

SPONSORS: 106, 26, OBSERVER

Adults: \$350 presold \$500 at the gate
Children: \$200

Facebook: Jamaica Coffee & Rum Fest

For more information call 620-8588 or 470-8536 or email: 20twentyevents@gmail.com



Eat What You Love, Love What You Eat



Stop obsessing about food and your weight. Free yourself from diets and overeating. Live the vibrant and healthy life you deserve.
(and yes, you can eat chocolate!)

8 week Am I Hungry?® non-diet Weight Management & Healthy Living Program

Starting Wednesday 26th March at GYMKHANA
Wyndham Hotel, 77 Knutsford Boulevard, New Kingston
Wednesdays @ 12.30-2.00pm

To book your place on the course contact Joanne at jmoller@wellcoaches.com or call 424-9325



All U.S. citizens who live outside of the United States and want to vote by absentee ballot must complete a new Federal Post Card Application (FPCA) **every year** if they wish to vote from abroad. For more information, please visit the www.fvap.gov

Submit ads for the Dr. Bird by Tuesday COB for Thursday publication.
Please email birdr@state.gov

Fisher-Price Rainforest Bouncer-Swing-Activity Mat Set

- Rainforest Bouncer (excellent condition) (\$4,500JDM)
- Rainforest Open-Top Cradle Swing (never used) (\$7,500JDM)
- Rainforest Melodies and Lights Deluxe Gym/Activity Mat (excellent condition) (\$4000JDM)
- Or all three for **\$15,000JDM**

Email Gary at CorseGR@gmail.com



Mixed Shih Tzu and Poodles for sale

All puppies are fully vaccinated

males \$13,000.00

females \$15,000.00

Call Christine

848-3517



Numark NS7FX Professional DJ controller with Motorized Platters with Flight Ready Case - GREAT DEAL!!



Contact: michelle.d.foote@gmail.com
USD\$750

Rear Facing Infant Car Seat - \$8,500



Child Play Bench - \$5,000



Toddler Strolling Car with Seat Belt and Bleeping Horn - \$8,500

2 Graco Play Pens - \$10,000 each



Apartment for Rent:

54-D- TRAFALGAR RD, US \$1700; 2 Bedrooms 2 Bathrooms apartment. Beautifully refurbished, tastefully furnished with hardwood floors, ensuite laundry (washer/dryer), dishwasher. 24 hour manned security, pool, indoor mailbox, garbage disposal, elevator. Contact Ph: 876-507-1843; ivygrannum@yahoo.com



Contact number: 569-6326

FOR SALE: **FLOW HD recorder**: allows you to program, pause and record any TV show, records series, can record 2 shows simultaneously (24 000 JMD), **GPS Garmin Nuvi 42** with USA map (new, never used), suitable for Jamaica (10 000 JMD), **Voltage converters** 110v <->220v, 500 Watt (1100JMD) and 1000 Watt (1700JMD), **Iron** (2000 JMD).

All bought in 2013. Phone 370 7290.



OLD NAVY TANK TOP

SIZE: LARGE

PRICE: \$800 JMD

COLOR: GREY & WHITE STRIPE

CONTACT LISA AT

702-6193



FOR SALE - BRAND NEW Mens Suede Shoes - only \$9500; Size: 10 D (will fit 10 1/2) Brand: Florsheim Est 1892. Comes with velvet custom made dust cover for each shoe. Call Dwayne - 483-8208



FOR SALE - BRAND NEW: H&M Dress - \$4900, Size: 4 (US) Brand: H&M

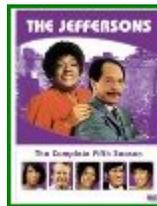
Call Andrea 397 8586 or

email ange2cel@gmail.com



Tulle Ballgown with Satin Beaded Halter Bodice Style 6280
David's Bridal Collection

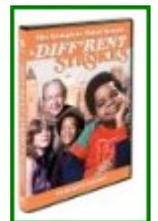
"Are you interested in buying a wedding dress or maybe you know someone? David's Bridal, white, size 10, halter back, princess cut/ball gown style (same dress as seen in pic). Please call 533-7369 for more info.!"



The Jefferson's - the Complete Fifth Season \$2000.00



MacGyver - The Complete Sixth Season \$2500.00



Diff'rent Strokes: The Complete Third Season \$2000.00

Contact Mark at 366-6156 or

email: cambie26@hotmail.com

WANTED: a recommendation of a nurse with CPR training that would ideally be a live in helper with babies. Call 463-6609.

Sydonne Rose seeks full time live-out employment . She washes, cooks, cleans and irons well. She is very good with the elderly or small children. Also very dependable, honest and takes instructions well. Please call her at 384-1967.

Miss Early Williams, excellent household helper who has worked with both US and British Diplomats for over 15 years. Comes highly recommended with references. Wash, cooks, cleans and irons well. She is available for live-in and for immediate hire. Call 410-8239.

Practical nurse available for live-in helper duties – great with the elderly and kids of all ages. Call Linda on 355-2129.

Vacancy No: V007 - 2014

OPEN TO: All Interested Candidates

POSITION: **Registered Nurse, FSN-8, FP-6 (Developmental Level)**

Registered Nurse, FSN-9, FP-5 (Full Performance Level)

OPENING DATE: March 3, 2014

CLOSING DATE: March 17, 2014

WORK HOURS: Part-time; 24 hours/week

The U.S. Embassy in Kingston, Jamaica is seeking an individual for the position of Registered Nurse in the Management Section.

BASIC FUNCTION OF POSITION This position is one of two primary health care providers serving the Embassy. The incumbent will serve as Registered Nurse and will provide the full range of professional nursing services to American and Locally Employed Staff. A copy of the complete position description listing all duties and responsibilities is available from the Human Resources Office. External applicants may request a copy by emailing hrokingstonjobs@state.gov.

Vacancy No: V009 - 2014

OPEN TO: All Interested Candidates

POSITION: Motor Pool Attendant, FSN-2, FP-CC*

OPENING DATE: March 12, 2014

CLOSING DATE: March 26, 2014

WORK HOURS: Full-time; 40 hours/week

SALARY: *Ordinarily Resident: J\$964,728 p.a. (Starting salary) (Position Grade: FSN-2)

*Not Ordinarily Resident: US\$20,217 p.a. (Starting salary)

(Position Grade: FP-CC is confirmed by Washington)

The U.S. Embassy in Jamaica is seeking a **Motor Pool Attendant** to work on a full-time basis in the **General Services Office** of the United States Embassy.

BASIC FUNCTION OF POSITION The incumbent will attend to the fueling and washing needs of Government-Owned vehicles, providing full service to motor pool customers.

A copy of the complete position description listing all duties and responsibilities is available from the Human Resources Office. External applicants may request a copy by emailing hrokingstonjobs@state.gov.

2008 Mitsubishi Pajero

Under 45,000km
Fully loaded
Leather, sunroof
3.1mil ONO
Call: 479-2009



2011 Toyota Prado

Fully loaded, black
Under 30,000km
5.5mil ONO
Call:
479-2009

2007 GMC Yukon Denali

Left hand drive,



Very very low mileage (5167 miles)

Price - 6 million negotiable

Call 925-9003 for further information



CATERING SERVICES

PRIVATE PARTIES & DINNERS

UP TO 8 PERSONS

\$50 USD FLAT RATE + THE COST OF FOOD

Private Chef Services Also Available

CONTACT

864-0340 OR 787-9876

CHRISTOPHER.BOXE@GMAIL.COM

2009 Toyota RAV4



\$15,500 U.S.

(approximately \$1 Million JD duty for non-diplomat)

email: chestersandman@gmail.com

- Black exterior, Tan interior
- Left side drive
- 4 Speed Automatic/4WD
- 35,000 miles
- Regular maintenance performed, battery replaced July 2013
- New Michelin tires August 2013
- Available mid-May 2014

Guess what?



**MAHOAGANY
TREE BAR**

Is now open

DEVON HOUSE

Reservations Ph. 906 7165 or 908 4310

DANCERS REPUBLIC
PRESENTS



EL Gran Tumbao Part II

SAT MARCH 15TH:

PEPPERS BAR & GRILL IN GORE COMPLEX WATERLOO ROAD.

PERFORMANCE & PARTY 9:00PM TO 2AM

PRICE: \$500 PRESOLD AND \$800 AT THE GATE

FREE LATIN DANCE WORKSHOPS 12PM TO 4PM (SALSA BEG, SAL INT/ADV, KIZOMBA, DOMINICAN BACHATA)



PERFORMERS/INSTRUCTORS

ALECIA CARIBE - FRANCE | NELSON CAMPOS - UK
SEAN BABATUNDE-UK | TONY VIVALASALSA - UK
ARELIS "MADICFEET" BEATO-NY | JENNIFER BENAVIDEZ - MEXICO

FOR MORE INFORMATION CONTACT DAMION (4858630)
EMAIL: EVENTS@DANCERSREPUBLIC.COM



PLEASE JOIN US FOR THE
LAUNCH OF **CALABASH 2014**

Thursday, March 20th, 2014
7:00pm
Red Bones Blues Cafe
1 Argyle Road, Kingston



CLAIMS DONE FOR YOU!!

DON'T HAVE TIME TO DO YOUR GCT CLAIMS?

DON'T BE STRESSED, JUST CALL JORGE AND I WILL
DO THEM FOR YOU!!

ALL INFORMATION IS KEPT CONFIDENTIAL

CONTACT INFORMATION

Business telephone: 879-0926

Email address Jorge.portillo0609@gmail.com

You're invited to the 2014 Jamaica Polo Association

KEELING CUP POLO TOURNAMENT

Quarter Finals
TUESDAY MARCH 11, 2014
 Match 1 @ 3:00 PM (KPC)
 Match 2 @ 3:00 PM (STAPC)
 Match 3 @ 4:00 PM (STAPC)
 Venues: Kingston Polo Club & St. Ann Polo Club

Semi Finals
THURSDAY MARCH 13
 Match 1 @ 3:00 PM
 Match 2 @ 4:00 PM
 Venue: St. Ann Polo Club

Final
SATURDAY MARCH 15, 2014
 @ 4:00 PM @ St. Ann Polo Club

A 4 gpal handicap tournament for local players, where at least one member of each team must be from a different club.

1921 1926

This cup was first played for in 1936, and was presented in honour of Mr. A. L. Keeling, President of the A.J.P.A. between 1921 and 1935.

ADMISSION IS FREE

St. ANN POLO CLUB & EQUESTRIAN CENTRE
 GREAT FALLS, JAMAICA

March 23rd

Round Robin Yoga

@ The Chinese Benevolent Ass.
 176 Old Hope Road

- Come and enjoy the unique teaching styles of 4 teachers in one class.
- There will be a prize giveaway at the end of the class
- Entries will be accepted on the class day

Cost \$1500

10am to 12:30pm

For more details contact us at:
 876-464-5929

Xtreme MILC WILD

PLASTIC & FIBERGLASS Fabrication/Repair

Have BROKEN, SPLIT, CRACKED PLASTICS or FIBERGLASS, don't throw them away, it's more than likely they can be fixed or remade for less than half the price new ones would cost! We repair most types of products constructed of Plastic or Fiberglass. Clients cannot believe that even severely damaged products can be repaired or refabricated and restored to a "good as new" condition both functionally and aesthetically. We work in the automotive, industrial, insurance, agricultural, construction, marine & residential sectors.

FREE ESTIMATES

Back to it's Original Look & Strength.....

Commercial & Residential

- Kiosk
- Counters
- Booths
- Signs
- Etc...

Restaurants / Hotels/ Agro

- Counters
- Seating (chairs / booths / benches)
- Bar and bar seating
- Trash cans and planters
- Tables
- Head boards and bed frames
- Whirlpools, Pool slides
- Liquid tanks
- Chemical storage tanks
- Etc...

Automotive & Marine

We specialize in custom fabrication, bodywork, spraying, restoration, upholstery

For example:- Bumpers, Plastic Fenders, Door Panels, Spoilers, Tire Covers, Dashboards, Side Skirts, Custom Made Body Kits, Radiator Fans, Fan Guards, Wave Runners, Boats, Manne components, Motor Cycles, Quads.....

Contact info:
 Lime: 797-1762 Digicel: 294-3383
 near Barbican Square, Kng. 6
 call for precise directions.....