

# DR. BIRD NEWSLETTER



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Office**

**U.S. Embassy, Kingston, Jamaica**

**December 4, 2014 VOL 12. Issue 1**

[Events](#) | [Ads](#) | [Classifieds](#) | [Household Help](#)

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Jamaica**



**DR. BIRD WILL RETURN  
JANUARY 2015  
HAPPY HOLIDAYS**

**Holiday  
Edition**

# Events

**SANTA'S GROTTTO**  
5-21 December 2014

**Come to meet live Santa from the North!**  
Fr 2-6pm, Sa 10am-6pm, Su 12-4pm  
Meeting with Santa, refreshments, gifts, photos, poinsettias, Christmas trees and deco, and more!

**Green Cafe and Plant Nursery**  
152 Constant Spring Road  
(by the Golf Course entrance gate)

500 J\$/child  
tel: 595 35 59

[greencafejamaica](#)

**Come and Support our CLC Fundraiser**

**Saturday Dec 6**  
**11 am to 5 p.m**

All rides & face painting (Kids 2-6 years old)  
Free entrance for adults

Food and Drinks for sale on premises  
**Tickets for children \$2,000**  
Contact us on 863-2926/755-1255  
[alinelunaless@yahoo.com](mailto:alinelunaless@yahoo.com)  
21 Grosvenor Terrace, Kgn 8

**Jamaican Epilepsy Assn.**  
**Fish Fry & Bake Sale**

**18 December, 2014**  
**11:30 AM - 2:30 PM**

**Call us to order: 968-8274**

**Jamaican Epilepsy Assn.**  
Pick up at  
Andrews Memorial Hospital  
27 Hope Road, Kingston 10  
[jaepilepsy@cwjamaica.com](mailto:jaepilepsy@cwjamaica.com)

**M E N U**

**ESCOVITCHED FISH**  
**BAMMY**  
**FESTIVAL**  
**VEGGIES**

**Contribution: \$1000**  
**Drinks & Cake on Sale**

*Marcia A. Whyte*

**Author** of 'Escape From Shanty Town'  
Cordially invites you to the official Book Launch of:  
**'Too Gone, Too Long'**

Saturday December 13, 2014 at 6:00 p.m.  
Bookophilia,  
92 Hope Road, Kingston 6  
*Includes live readings and official book signing*

R.S.V.P. 876 427 6368

# Events



KATRINA ABRAHAM'S

*Open Studio 2014*

ENJOY A VARIETY OF ORIGINAL LANDSCAPE AND ABSTRACT OIL PAINTINGS, HAND PAINTED COFFEE MUGS, FRUIT BOWLS, WINE GLASSES AND MORE!

**DECEMBER 13TH AND 14TH, FROM 10AM TO 6PM**

20 RIDGEFIELD AVE, KGN 8  
BRIDGEMOUNT (BESIDE ORANGE GROVE)  
3 MINUTES FROM MANOR PARK!

PASS MANOR PARK. KEEP RIGHT ON STONY HILL ROAD.  
LEFT ON FOURWINDS AVE. RIGHT TO BRIDGEMOUNT.  
1ST LEFT ON BRIDGEMOUNT PARK AVE WHICH TURNS  
INTO RIDGEFIELD AVE!

**Grosvenor Galleries**  
**CHRISTMAS FAIR**  
**Sat. 6th & Sun. 7th December 2014**

10 a.m. - 6 p.m.

**Do your Christmas shopping at our annual garden fair! Lots of unique gift ideas you wont find anywhere else!**

ART ANTIQUES WOODWORK MISCANES JEWELRY  
PHOTOGRAPHY POTTERY CRAFT BOOKS T-SHIRTS PLANTS  
POTTERY CRAFT BOOKS T-SHIRTS PLANTS  
AROMATHERAPY PRODUCTS CANDLES ORCHIDS  
HONEY PRODUCTS CARVINGS SCULPTURE  
STAINED GLASS ANTIQUES HANDBAGS LEATHER-WORK  
HANDMADE SOAPS CALABASH ART  
POTTERY CRAFT BOOKS T-SHIRTS PLANTS  
CURIOS UNUSUAL GIFT ITEMS CARVINGS GLASSWARE  
ART ANTIQUES WOODWORK MISCANES JEWELRY  
PHOTOGRAPHY POTTERY CRAFT BOOKS T-SHIRTS PLANTS  
AROMATHERAPY PRODUCTS CANDLES ORCHIDS  
HONEY PRODUCTS CARVINGS SCULPTURE  
STAINED GLASS ANTIQUES HANDBAGS LEATHER-WORK  
HANDMADE SOAPS CALABASH ART

1 Grosvenor Terrace, Kingston 8 (opposite Manor Park Plaza)  
924-6684, 931-5569, grosvenorgallery@cwjamaica.com

**S·A·N·T·A**  
**CHARITY GOLF EVENT**

COCKTAILS & REGISTRATION  
DECEMBER 5, 2014

**SANTA 4 JR.'s**  
DECEMBER 6, 2014

**SANTA**  
DECEMBER 7, 2014

Part of

Avant Academy of Music  
Presents...

A Sunday Evening of  
**Nat "King" Cole**

Sunday  
December 7, 2014  
6:00 pm

**Unforgettable**  
Sung by Michael Sean Harris

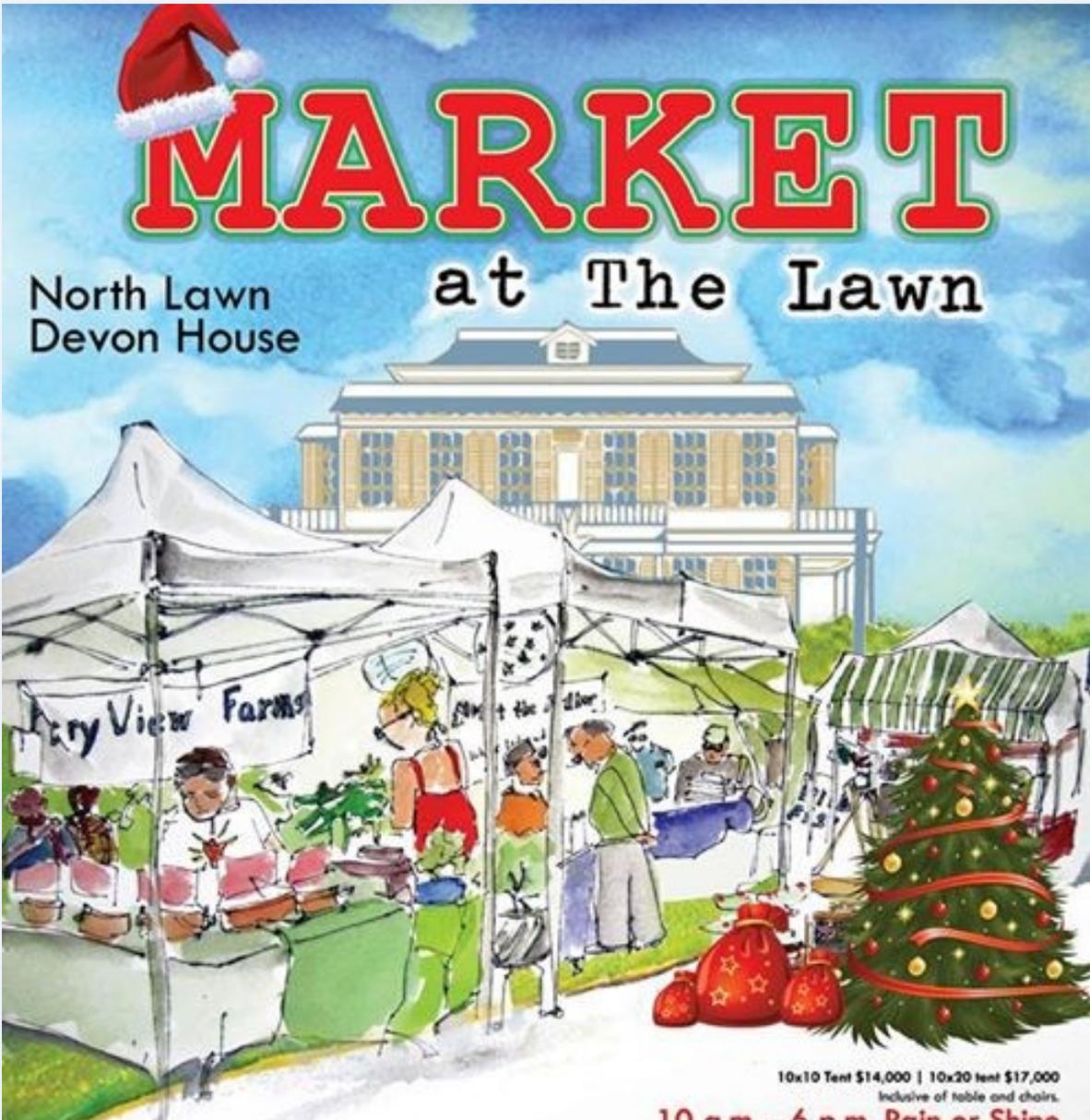
Desi Jones on Drums  
Seretse Small on Guitar  
Adrian Hemans on Keyboard  
Dwayne Livingstone on Bass guitar

at the  
**PCJ Auditorium**

Tickets available at  
**Avant Academy of Music**  
66 Paddington Terrace • Tel: 946-0828

**\$2,000 presold • \$2,500 at the gate**

# Events



**MARKET**  
at The Lawn  
North Lawn  
Devon House

10x10 Tent \$14,000 | 10x20 tent \$17,000  
Inclusive of table and chairs.

**10 a.m. - 6 p.m. Rain or Shine**

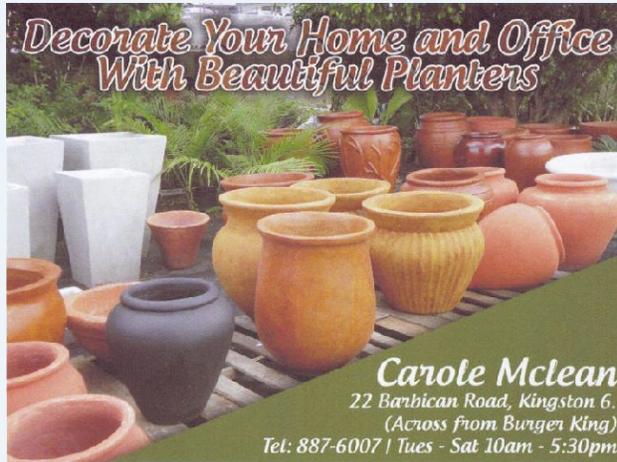
NOVEMBER	30TH	<b>2014</b>
DECEMBER	07TH	
DECEMBER	14TH	
DECEMBER	21ST	

**REGISTER TODAY**  
Call: 428-6523 | 382-7662 | 470-5877  
thelawnkingston@gmail.com  
www.marketatthelawn.com

Join us for the best holiday bargains Jamaica has to offer!

# Advertisements

*Decorate Your Home and Office  
With Beautiful Planters*



**Carole Mclean**  
22 Barbican Road, Kingston 6.  
(Across from Burger King)  
Tel: 887-6007 | Tues - Sat 10am - 5:30pm



**le-bambou Spa**  
The home of Jamaica's premier  
bamboo therapeutic massage!

**MAKEUP SPA &**

**OPENING HOURS**  
9:30AM - 7:00PM  
MONDAY - SATURDAY

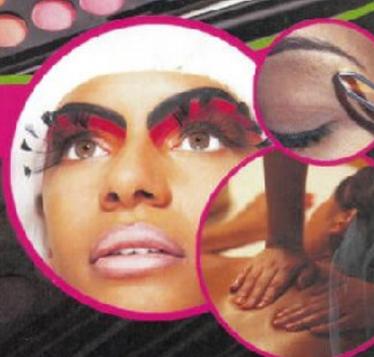
**SERVICES :**

- Massages
- Waxing
- Tweezing
- Body Scrub
- Facials
- Make-up Consultation
- Diamond Microdermabrasion
- Make-up Application  
(Bridal, Personal, Photo shoots, Portraits).

**Brands Carried :**

- AJ CRIMSON..
- PALLADIO  
herbal & vitamin enriched cosmetics
- scott barnes
- CAO COSMETICS.

**Tel: 632-7054 | Fax: 632-7055**  
**Email: tonezatrois@gmail.com**  
**13 West Kings House Road Kingston 10 Unit #6**  
(Across from TruckStop)



## Need A Baby Sitter?

**Corrine Campbell** is a kind, honest, caring babysitter / helper, available for immediate employment. She is excellent with children of all ages. She can be contacted at **434-5023** at any time. References are available upon request.

**Neris Nelson** is an experienced babysitter seeking employment with a family. She is honest, punctual and caring. She is available for day time work only. Interested families may call **420-7484** any time after 4pm. References are available upon request.

# Advertisements

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PIKININI has already started to "fill our Christmas Stockings" with awesome Christmas stock.

For easy options we have made a list of the items and the ages groups that they are recommended for.

Here at PIKININI, we would love to take care for your gifting needs for your precious little friends and family members, so place your orders soon. Remember, will also be happy to package and Tag your gifts for you.



We look forward to making your Hand Made gift giving experience a seamless one.

Tick, Tock... Tick... Tock ...CHRISTMAS IS A COMING!!!

To place an order:  
email - soroltd@yahoo.com  
call - (876) 866 7680



## Newborns

- Pacifier Clips
- Tammies
- Booties
- Head bands

Blankets - 3 week order time

## 3 Months to 2 Years



- Tammies
- Booties
- Embellished Tanks
- Head bands
- Hair clips

## 3 Years and Up



- Sling totes
- Tablet Slings
- Embellished Tanks
- Head bands
- Hair clips



**HOLIDAY EDITION**

**WINDSOR RIDGE**  
JAMAICA

**THE COOKING EXPERIENCE**

DATE: DECEMBER 13, 2014

TIME: 6:00PM - 8:30PM

COST: \$2500 PER PERSON    \$4000 PER COUPLE

**INCLUSIONS**  
INSTRUCTIONAL COOKING || BEVERAGES  
ALL INGREDIENTS || MEAL PREPARED || RECIPES

**RESERVATIONS**  
EMAIL: SERVINGYOU@WINDSORRIDGEJAMAICA.COM  
TEL: 413-3325 || 585-0369 || 446-7077 || 899-6925  
RESERVATIONS MUST BE MADE BY WED DEC 10, 2014



# Advertisements



Rent A Car Caribbean and Tours Limited/  
Caribbean Auto Sales  
8 Central Avenue, Kingston 10  
926-7823/532-2695/850-6431  
email: rentacarcaribja@yahoo.com  
website: www.rentacarcaribja.com

**REBRANDING & CUSTOMER APPRECIATION DAY**

Time: 4:00 pm  
Date: December 19, 2014



**Homemade Mince pies for sale**

A dozen for \$1200.00

\*Suitable for Vegetarians  
\*Contains nuts, gluten and shell. Approx Size 1.5"

Email: Vanessaopper481@hotmail.com for orders  
\*Best fresh so some lead time recommended to start this season

*Wendy Anne* PHOTOGRAPHY

**HOLIDAY portraits 2014**





**HOLIDAY Cards & Tags Available**

Dates: Nov 16th, 23rd, 30th, Dec 6th, 7th, 13th, 14th, 20th, 21st

<b>Sorrel Sensation: \$8,000</b> 30 minute Photo Session 5 Images low resolution *Images can be printed or emailed up to 4x6" (1) 8x10 and (2) 5x7's of your choice	<b>Painsettas Paradise \$11,500</b> 30 minute Photo Session 10 Images low resolution *Images can be printed or emailed up to 5x7" (2) 8x10s and (4) 5x7's of your choice	<b>Irie Christmas \$18,000</b> 30 minute Photo Session 15 Images high resolution *Images can be printed or emailed up to 8x10" (1) 14x20 canvas print, (2) 5x7's and (4) wallets of your choice
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**Take it All and Some! \$30,000**  
 30 minute Photo Session  
 All High Resolution Images  
 (1) 16x20 canvas print, (2) 5x7's and (4) wallets of your choice

**Additional Prints Available**  
 4 wallets \$40 | 4x6 \$40 | 5x7 \$60 | 8x10 \$120  
 11x14 \$3,600 | 14x20 \$5,000 | 16x20 canvas \$7,000

Limited Spaces  
 Call to Book your session now! 564.1011  
 or email karacvaz@gmail.com



66 Paddington Terrace, Kingston 6 • avantacademyofmusic.com

**946-0828**

**Avant Academy of Music**

One-on-one attention, at your own pace & schedule - For children & adults

**Music LESSONS**



Guitar • Voice • Drums • Piano

GREEN JAMAICA JCDT JAMAICA CONSERVATION & DEVELOPMENT TRUST BLUE & JOHN CROW MOUNTAINS NATIONAL PARK

**FOOTPRINTS NATURE HIKE & MAROON CULTURE**

Scott's Hall Maroon Community, St. Mary  
(1hr drive from Manor Park)

Take only photographs - leave only footprints ...

**Saturday December 6, 2014**

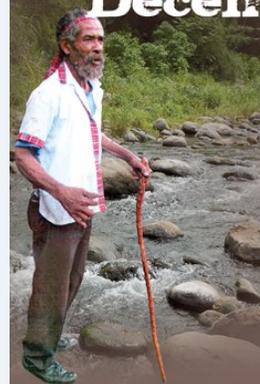
Registration:

**\$2500.00** per person (driving your own car)  
**\$3500.00** per person (taking the bus)  
 Discounts for groups & companies over 10 persons

**Includes:**

- Parking at Emmanuel Christian Academy
- Lunch & Refreshments
- Entertainment

Visit [www.jcdt.org.jm](http://www.jcdt.org.jm) to register or contact JCDT/Green Jamaica



# CLASSIFIEDS



**FOR SALE:** Mitsubishi Grandis 2008. GREAT family car. Has three rows of seats for up to 8 people. Very good condition. Only one owner. Low mileage. US\$13,000 negotiable. **Call Pat at 367-8798.**

**Price Reduced-2008 Ford Escape-Reliable family car. Duty free. Local valuation performed at MSC McKay; 100K miles; Leather interior; Left-hand drive. Selling price \$1.3 million obo.**

**Must Sell.** [Contact 556-4544](tel:556-4544)



**2005 Toyota Prado VX, Leather interior, Seat covers included. Good condition. 1.9M**

**Call 995-6989 / 371-2288**

## **2012 Nissan X-Trail**

SUV 5 door, 38,000 Km, Excellent condition and full service history. J\$3.42M

**Contact Sobia Cell:285-1944. Sobi38@hotmail.com**



# CLASSIFIEDS



## YAMAHA Scooter for sale!

2005 Yamaha motor scooter for sale, model YW50, cc 50, valid certificate of fitness and ready for its new owner!

9,022 km

**65,000 JMD**

**Please contact:**

**Shaun at 840-5974**

**shaunfor-rest@hotmail.com**



## **2.MAZDA CAR FOR SALE**

Year 2004, Sunroof , very good condition.

Asking \$ 680 000

**Contact Mr Less at 863 2926 or Mr Less at 487 0378**



Fisher Price Rainforest Swing, used 3 times. \$10,000

Fisher Price Rainforest Melodies and lights deluxe gym, never used. \$3,500

Safety 1st 3-in-1 Cradle and Comfort bathtub. \$3,000

**Call Hillary 281-7323**

## **For Sale:**

- 2 FLOW analog cable boxes for \$3000J each.
- 1 HD DVR cable box for 20,000J (retails at 45,000)

**Call: 556-4544**



# CLASSIFIEDS



**Nintendo Wii For Sale**

**Comes with 2 games**

**\$6,500 o.b.o**

**Contact Christopher Boxe**

**864-0340**



**BabyItems for Sale**

New Dr. Brown Sterilizer \$2,500

New Baby spring float sun canopy \$2,500

New Medela glass nipple bottles \$1,000

Lightly used Eddie Bauer wood High Chair \$3,500

**Contact Sara 368-0193**



**RECARO High Back Booster Seats  
(Blk/Gry) – Excellent condition –  
Like New.....\$10,000.00 each**

**Call 371-2288**

## **Commercial RIVERGRILLE BBQ**

**grill measures 24"x56" closed. Grill area 19.5"x52"**

**Brand new, never used**

**Asking only JAD \$70,000.00**

**Call Heather 990-8894**



# CLASSIFIEDS



**Furniture for sale**

\$ 22000 ( one drawer is not functioning properly)

**Contact Mrs Less at 863 2926**

**or**

**Mr Less at 487 0378**



**Fairly new crib for sale. \$10,000 ono.**

**Call Angela at 382-6287**

# CLASSIFIEDS



**For Sale:** Sleek and modern baby high chair that is brand new, never used, still in the box. The Keter Multi Dine High Chair is an adaptable chair that changes with your child's needs. The chair converts from a high chair, to a booster chair, to junior chair. The design allows for quick transformation between different seating options, and all the spare parts can be stored within the chair itself. The chair has a sleek, minimalist design with a bright green & white color combination. This is also a great chair for messy eaters: the seat cover can be easily and quickly detached, washed and dried due to its flexible polymer material. The chair has a five-point harness and additional tray. Weight limit is 33lbs for first two conversions and the Junior Chair holds 44lbs. In a tired state, I purchased the same chair twice by mistake from 2 different vendors and now the one vendor will not accept returns. Was US\$129. Will sacrifice for US\$80 (or JA equivalent). **Call Jennifer at 353-7617**

## Antiques For Sale

Call 806-8772 for prices and more information..



# Household Recommendations

**Ms. Marcia Ellington** has been with my family since the birth of my daughter and my family has been very pleased with her. If my three children did not know any better, they would assume Ms. Marcia was their grandmother. When seen with my children, visitors and local Jamaicans alike who observed how she cares for my children, refuse to believe that she isn't a relative. Admittedly, her compassion for children and motherly virtue is what drew us to her and my wife and I think she will fit perfectly with any family. In addition to her mothering nature, Ms. Marcia is reliable, trustworthy and hardworking. She worked full-time at our home performing various housekeeping duties while taking care of our toddler (since her birth). Ms. Marcia has great initiative. Often times when she was done with all housekeeping duties, by observation and situation awareness, she would tackle minor tasks that afforded my wife and I the opportunity to spend more time with the kids on weekends. Ms. Marcia Ellington is currently available three days a week. To setup an interview with **Ms. Marcia**, please call her at **451-0949**. She has undergone a security background check and is cleared by RSO for domestic employment.

**Karen** is a reliable worker who puts her heart into her work. Karen quickly adapted to our house cleaning system with different soaps, organic products and duty designated towels. Each time she left for the day, our house looked like a hospital! Most importantly, Karen can be trusted. One day while reorganizing our daughter's doll house, Karen found my Tiffany silver & diamond ring. When I returned to the house later that morning, Karen proudly presented me the ring (which I quickly hid from my daughter & forgot to mention to my husband!) Whether it was money or jewelry, Karen can always be trusted with your household items. **Please talk to Gid for an in-depth reference or call Karen direct at: 420-1864**

**Ms Barbara Barrett** is an excellent housekeeper and comes highly recommended. She has worked for British High Commission families for the last 4.5 years, and has previously worked for families from the UN and other diplomatic missions. She is punctual, reliable, hardworking and extremely trustworthy. She is an excellent cook, and ably manages household work with looking after children including toddlers. She is looking for full time or part time work. **Her phone number is 399-5073**. If you have any questions please do not hesitate to contact me. **Ms. Bhavna Sharma - 469-3379**.

**Ms. Christine Morgan** has been an excellent house keeper for my family for the past 3 years. She is very dependable, trustworthy, and an excellent house cleaner. She has worked for many US Embassy families over the past years and has always received the highest recommendation. She can also prepare meals. She currently has days available. I highly recommend her. **She can be reached at 407-1194**. If you have any questions please do not hesitate to contact me. **Les deGraffenried, (577-3340)**.