

DR. BIRD NEWSLETTER



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U.S. Embassy, Kingston, Jamaica

November 13, 2014 VOL 11. Issue 2

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Jamaica**



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DRBIRD@STATE.GOV

**Fall
Edition**

Weekly News



**Thank you to all the
volunteers at the
International Proxy
Parenthood Bazaar**



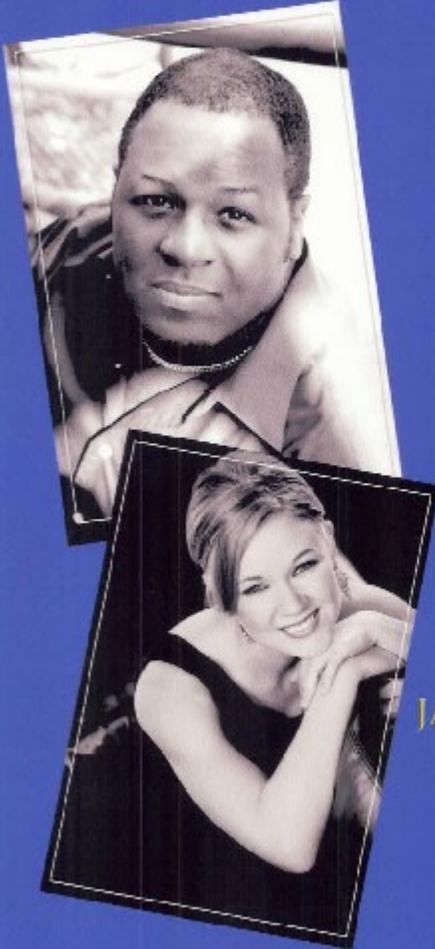
Events

MRS. VALERIE FACEY, HON. D. LITT AND DR THE HON VINCENT LAWRENCE, OJ
DISTINGUISHED PATRONS OF THE ST ANDREW PARISH FOUNDATION

INVITE YOU TO

Festum Sancti Andreae

A GALA MUSICAL EVENING AND BENEFIT BANQUET
IN AID OF COMMUNITY OUTREACH PROJECTS OF ST ANDREW PARISH CHURCH



PRESENTED IN ASSOCIATION WITH
LIME FOUNDATION

FEATURING REFRAINS FROM
THE CLASSICAL MASTERS AND MEDLEY
OF JAMAICAN FOLK SONGS
PERFORMED BY THE CELEBRATED
JAMAICAN-BORN TENOR

PAUL ANTHONY WILLIAMSON

WITH CANADIAN SOPRANO
ALLISON CECILIA ARENDS
AND

ROGER WILLIAMS
ON PIANO

TUESDAY 2ND DECEMBER 2014
JAMAICA PEGASUS HOTEL AT 6.30 P.M.

DRESS: BLACK TIE
CONTRIBUTION: \$20,000

FOR FURTHER INFORMATION,
PLEASE CONTACT 1-876-881-7720
OR EMAIL: SAFOUNDATION3@GMAIL.COM

Events



DRESS FOR SUCCESS®
JAMAICA

PRESENTS

DRESSED TO THE TEA

A blooming tea affair

November 29
British High Commission
4:00pm
Contribution: \$4,500

Dress code: Tea party chic (touch of sunshine)
RSVP by Nov 25: 547-4356/ jamaica@dressforsuccess.org

Designed and Printed by Paperboy JA.



Events

GROSVENOR GALLERIES
 1 Grosvenor Terrace, Kingston 8, Jamaica
 876-924-6684, 876-931-5569
 grosvenorgallery@cwjamaica.com

**XMAS ART & CRAFT
 WORKSHOP FOR KIDS**
 Monday 15th - Tuesday 23rd December
 2014

Mondays - Fridays, 9 a.m. - 12 p.m.
 Early drop-off available. Ages 4 - 11 yrs.
 7 day session \$9,800 or \$1,500 per day.
 Absolutely all materials included.
 Kids take home all their works of art!

We'll be working with all sorts of art mediums and materials - acrylics, watercolours, fabric paint, dyes, shells, sand, beads, clay, driftwood, hardboard, paper, canvas, t-shirts, cushions, coconuts, seedpods, rocks, tiles and more!

CREATE * LEARN * EXPLORE * RECYCLE * GROW

Grosvenor Galleries
CHRISTMAS FAIR
 Sat. 6th & Sun. 7th December
 2014
 10 a.m. - 6 p.m.

Do your Christmas shopping at our annual garden fair! Lots of unique gift ideas you won't find anywhere else!

1 Grosvenor Terrace, Kingston 8 (opposite Manor Park Plaza)
 924-6684, 931-5569, grosvenorgallery@cwjamaica.com

ART ANTIQUES WOODWORK MOSAICS JEWELRY
 PHOTOGRAPHY CERAMICS COFFING INDIAN LINENS
 POTTERY CRAFT BOOKS T-SHIRTS PLANTS
 AROMATHERAPY PRODUCTS CANDLES ORCHIDS
 STAINED GLASS ANTIQUES HANDBAGS LEATHER-WORK
 HANDMADE SOAPS & BEAUTY PRODUCTS CALABASH ART
 PAINTINGS DREFTWOOD BOWLS & FURNITURE PRINTS
 CURIOS UNUSUAL GIFT ITEMS CARVINGS GLASSWARE
 ART ANTIQUES WOODWORK MOSAICS JEWELRY
 PHOTOGRAPHY CERAMICS COFFING INDIAN LINENS
 POTTERY CRAFT BOOKS T-SHIRTS PLANTS
 AROMATHERAPY PRODUCTS CANDLES ORCHIDS
 STAINED GLASS ANTIQUES HANDBAGS LEATHER-WORK

S.A.N.T.A
 CHARITY GOLF EVENT

COCKTAILS & REGISTRATION
 DECEMBER 5, 2014

SANTA 4 JR.'s
 DECEMBER 6, 2014

SANTA
 DECEMBER 7, 2014

3RD ANNUAL

cb
 GROUP

UWI 5K
 WALK GOOD, RUN GREAT
 FOR EDUCATION & SPORTS DEVELOPMENT

SUNDAY
 Nov 16, 2014
 7:00am

UWI MONA BOWL
 The home of the
UWI USAIN BOLT TRACK

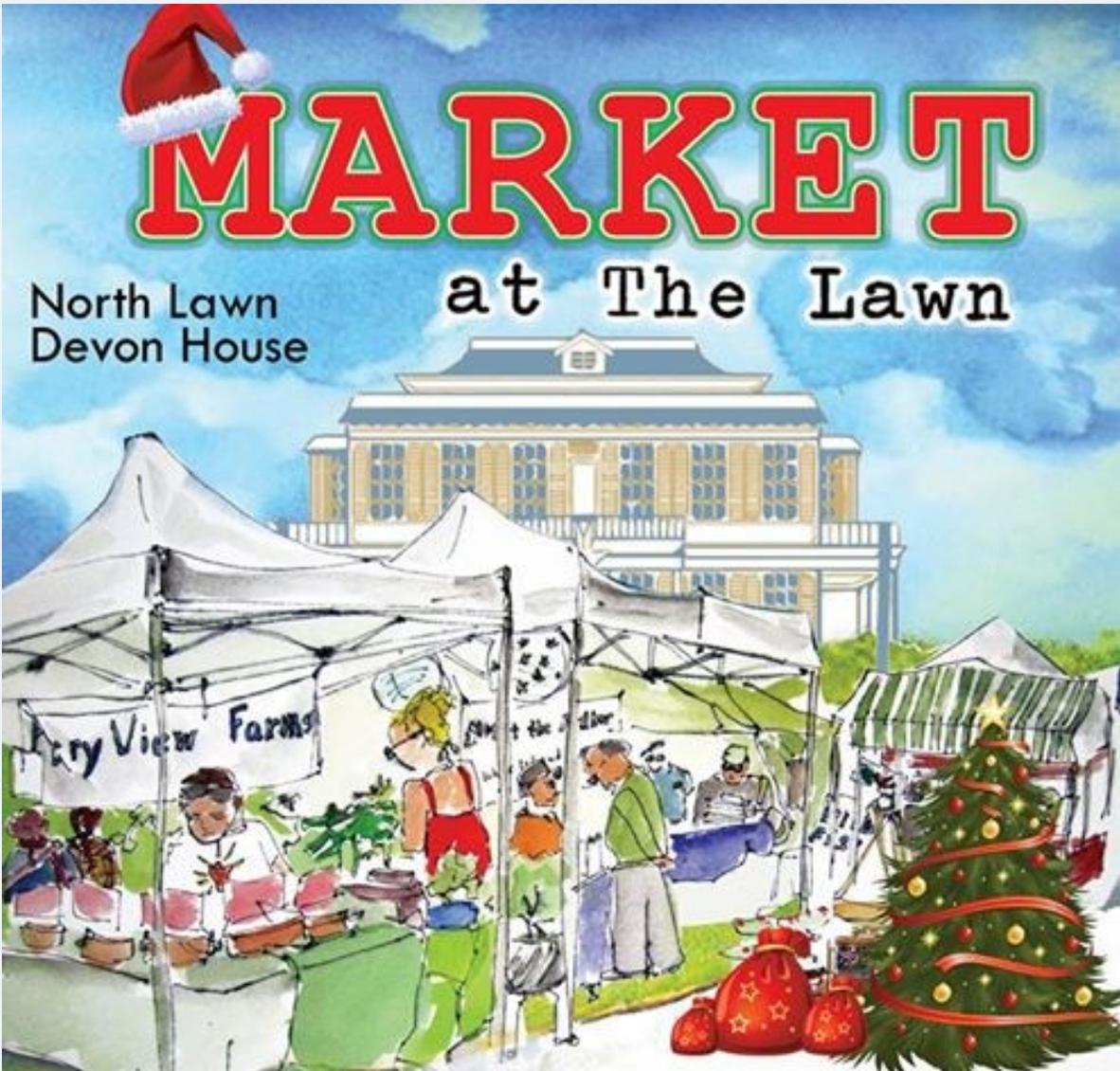
ADULT \$1000
 \$500 (with student ID)

\$500 for the Kids 2K

Amazing Prizes

Proceeds in aid of scholarships and the development of sports.

Events



MARKET
at The Lawn

North Lawn
Devon House

10x10 Tent \$14,000 | 10x20 tent \$17,000
Inclusive of table and chairs.

REGISTER TODAY
Call: 428-6523 | 382-7662 | 470-5877
thelawnkingston@gmail.com
www.marketatthelawn.com

10 a.m. - 6 p.m. Rain or Shine
NOVEMBER 30TH
DECEMBER 07TH
DECEMBER 14TH
DECEMBER 21ST

2014

Join us for the best holiday bargains Jamaica has to offer!

Advertisements

REFLEXOLOGY CORPORATE PACKAGE

Reflexology is more than a foot rub it is a therapeutic experience which improves circulation, relief pain and relaxes the mind and body. Reflexology treatment in the workplace is very popular and has many benefits such as:

Substantial decrease of staff being ill and away from work.

Staff members look towards going to work and feel a sense of acknowledgement by their company

Healthy practice for the staff member's lifestyle

Group sizes are from nine to twenty persons and are discounted

For special rates and information please email Glendine Martin at call4urreflexes@yahoo.com OR CALL: 891-3390



Keeping Your Employees Healthy.

November 2014

EVENT CALENDAR

FRIDAY	SATURDAY	SUNDAY	
31 <i>Game Night: Dominos, Poker... @ 5:00pm</i>	1 <i>Nature Walk @ 10:00am</i>	2 <i>Nature Walk @ 10:00am</i>	
7 <i>Game Night: Dominos, Poker... @ 5:00pm</i>	8 <i>Nature Walk @ 10:00am</i>	9 <i>Nature Walk @ 10:00am</i>	
14 <i>Game Night: Dominos, Poker... @ 5:00pm</i>	15 <i>Nature Walk @ 10:00am</i>	16 <i>Nature Walk @ 10:00am</i>	
21 <i>Game Night: Dominos, Poker... @ 5:00pm</i>	22 <i>Nature Walk @ 10:00am</i>	23 <i>Nature Walk @ 10:00am</i> <i>Yoga in the River w/Elizabeth/True-self</i>	
28 <i>Game Night: Dominos, Poker... @ 5:00pm</i>	29 <i>Nature Walk @ 10:00am</i> <i>Saturday Market: Fresh Produce & Clothes</i>	30 <i>Praise & Worship w/ Myabingh Rasta @ 10:00am</i> <i>Cook-Out by the River @ 11:00am</i>	

Mid-Week Room & Spa Special Monday-Wednesday
Valid until Nov.26
50% OFF All Rooms & Cabins 25% OFF All Spa Services

1 HOPEWELL ROAD, IRISH TOWN, BLUE MOUNTAINS
ST ANDREWS, JAMAICA



Monday to Saturday 10am - 10pm | 632.5500 | 970.3406

Advertisements

Leaders-to-Leaders (Jamaica)

Empowerment through knowledge
presents

2014 – 2015 SPEAKER SERIES

Cloud Computing and IT Security: risks and privacy challenges

 <p>SPEAKER</p> <p>Mervyn Eyre PRESIDENT & CEO, BUSINESS CARIBBEAN CENTRAL AMERICA REGION Understanding hybrid Cloud Computing, moving firm critical operations into the cloud.</p>	 <p>SPEAKER</p> <p>Donald O. Barnett PARTNER, KING Protecting intellectual property, financial data, and your firm's reputation in the face of growing cyber security breaches.</p>	 <p>SPEAKER</p> <p>Alvie Ennis HEAD OF ENTERPRISE SOLUTIONS FOR DIGITAL BUSINESS Cloud Computing, an evolving business paradigm: minimizing risk, improving trust.</p>	 <p>SPEAKER</p> <p>Jenson Sylvester DIRECTOR OF GROW & SUSTAINABLE ACCOUNTS, GOLDMANS BROTHERS (2013-2014) Building Business Continuity and Resiliency through the Cloud.</p>
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David McBean
FED. PRINCIPAL, DAVID McBEAN & ASSOCIATES

Where: Jamaica Pegasus Hotel, Kingston Jamaica
Date: Wed. 26th, Nov. 2014 at 12noon

Tickets Lunch Inclusive
\$5500/person inclusive of plated lunch

RESERVE TICKETS:
www.leaderstoleadersjamaica.com

LIMITED SEATING

SPONSORS

PRESENTING SERIES SPONSORS



www.leaderstoleadersjamaica.com

NEXT EVENT

Technology and its transforming effects on work: aligning HR metrics and technology to drive business strategy
Wednesday 28th Jan. 2015
(learn more at www.leaderstoleadersjamaica.com).

Follow us on:   

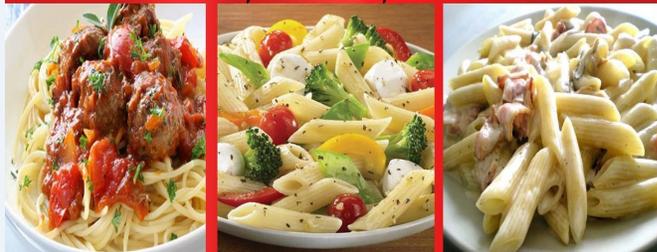
DESIGNED BY ALL SIGNS LTD. 795-1194



13 East Kings House Rd

PASTA NIGHT

This and every Thursday
5:00pm - 10:30pm



EAT ALL YOU WANT
from our selection of delicious pasta dishes for only

<p><i>Different Pasta dishes every week</i></p>	<p>\$1000 UNDER 12</p>	<p>FREE Glass of Wine included</p>
	<p>\$500 UNDER 4</p>	
	<p>FREE</p>	
	<p>By Reservation, send names by Email: barbicanbeachbar13@gmail.com</p>	

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sojourn

Adventure Travel Magazine by Classic Journeys



CLASSIFIEDS



Daniel is a highly educated certified personal trainer since 2005 with a solid knowledge of bio- mechanics. He will design a customized resistance program to suit your needs. He has a variety of “Dan-Tech” techniques that will permit you to achieve a more fulfilled, healthy, non-sedentary lifestyle. His mantra is “your physical development is my satisfaction”. He works with all ages and gender from beginners to advanced. Join him in fighting osteoporosis, diabetes, heart disease - or to loose unwanted lipids, sculpt, tone or de-stress.

Daniel comes highly recommended. Introductory offer during October is \$2500 per session at Afya Yoga, Pilates and Dance Studio, 2D Bamboo Ave, Kingston 6 (behind the US Embassy). Home visit negotiable.

Call Daniel at 422-7255, Afya at 977-6735, email at afyajamaica@gmail.com for further information. References available.



2012 Nissan X-Trail

SUV 5 door, 38,000 Km, Excellent condition and full service history. J\$3.42M [Contact Sobia Cell:285-1944, Sobi38@hotmail.com](mailto:Sobi38@hotmail.com)



**42" Samsung LCD television
FOR SALE!**
Comes with wall mount.
\$60,000 o.b.o

**Contact: Christopher Boxe
864-0340**

CLASSIFIEDS

For Sale:

Elliptical Machine 35,000J\$,
New Nike Mercurial cleats Men
size 7.5 -
10,000J\$, 2008
Ford Escape-No
duty owed; Local
valuation per-

formed at MSC McKay; 100K
miles; Leather interior; Left-
hand drive. Price \$1.8 million

Contact 556-4544



White 2008 Mitsubishi Pajero GLS

**5 Doors | 7 Seater | RHD/4WD | Gas | V6
| Manumatic | AC | Air Bags | Tachometer | Anti
Theft Sys, 6 CD Changer, Antilock, Fully Powered,
Interior clean like NEW (seats covered), Wood
Grain Interior, Serviced only by dealer.**

Call 899-8392