

DR. BIRD NEWSLETTER



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U.S. Embassy, Kingston, Jamaica

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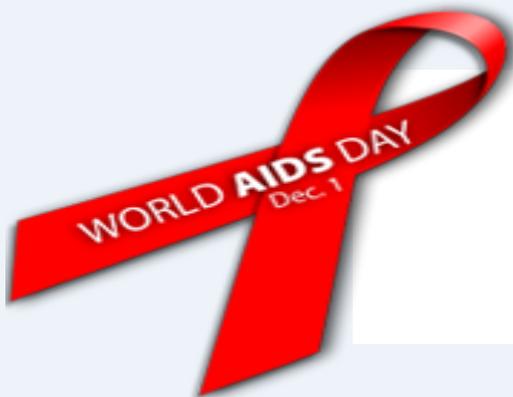
@

DRBIRD@STATE.GOV

**Holiday
Edition**

Events

WEAR IT WITH PRIDE, HELP US SAVE A LIFE



Let us join hands in support of our loved ones...

Purchase a pin for \$250.00

Or a pin & candle for \$500.00

Tel: (876)-925-0021-2

DECEMBER 1, 2014

SANTA CHARITY GOLF EVENT

COCKTAILS & REGISTRATION
DECEMBER 5, 2014

SANTA 4 JR.'s
DECEMBER 6, 2014

SANTA
DECEMBER 7, 2014

Presented by:

Under the distinguished patronage of:

British High Commission Kingston

In partnership with:

C.B. FACEY FOUNDATION
A Charitable Organization of the Pan-Jamaican Group of Companies

Grosvenor Galleries CHRISTMAS FAIR
Sat. 6th & Sun. 7th December 2014
10 a.m. - 6 p.m.

Do your Christmas shopping at our annual garden fair! Lots of unique gift ideas you wont find anywhere else!

ART ANTIQUES WOODWORK MOSAICS JEWELRY
PHOTOGRAPHY CERAMICS GALLERY INDIAN LINENS
POTTERY CRAFT BOOKS T-SHIRTS PLANTS
AROMATHERAPY PRODUCTS CANDLES ORCHIDS
HONEY PRODUCTS MARKS SCULPTURE
STAINED GLASS ANTIQUES HANDBAGS LEATHER-WORK
HANDMADE SOAPS & BEAUTY PRODUCTS CALABASH ART
PAINTINGS DRIFTWOOD ARTS & FURNITURE PRINTS
CURIOS UNUSUAL GIFT ITEMS CARVINGS GLASSWARE

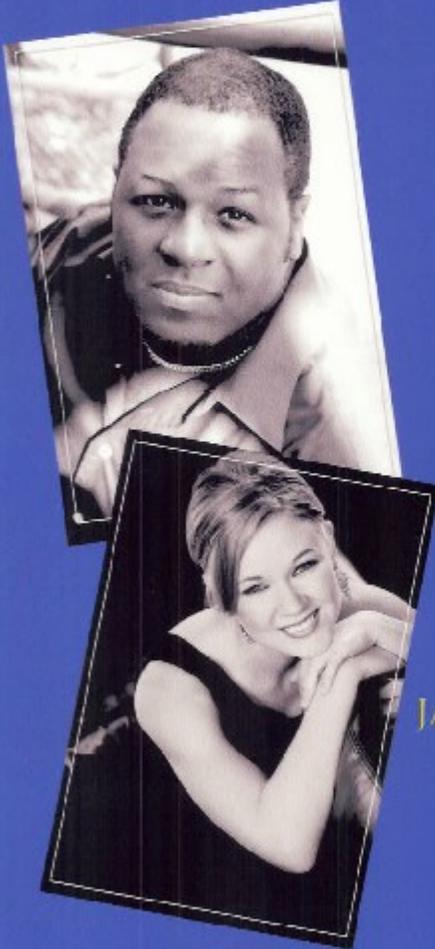
Events

MRS. VALERIE FACEY, HON. D. LITT AND DR THE HON VINCENT LAWRENCE, OJ
DISTINGUISHED PATRONS OF THE ST ANDREW PARISH FOUNDATION

INVITE YOU TO

Festum Sancti Andreae

A GALA MUSICAL EVENING AND BENEFIT BANQUET
IN AID OF COMMUNITY OUTREACH PROJECTS OF ST ANDREW PARISH CHURCH



PRESENTED IN ASSOCIATION WITH
LIME FOUNDATION

FEATURING REFRAINS FROM
THE CLASSICAL MASTERS AND MEDLEY
OF JAMAICAN FOLK SONGS
PERFORMED BY THE CELEBRATED
JAMAICAN-BORN TENOR

PAUL ANTHONY WILLIAMSON

WITH CANADIAN SOPRANO
ALLISON CECILIA ARENDS
AND

ROGER WILLIAMS
ON PIANO

TUESDAY 2ND DECEMBER 2014
JAMAICA PEGASUS HOTEL AT 6.30 P.M.

DRESS: BLACK TIE

CONTRIBUTION: \$20,000

FOR FURTHER INFORMATION,
PLEASE CONTACT 1-876-881-7720
OR EMAIL: SAPFOUNDATION3@GMAIL.COM

Events



DRESS FOR SUCCESS®
JAMAICA

PRESENTS

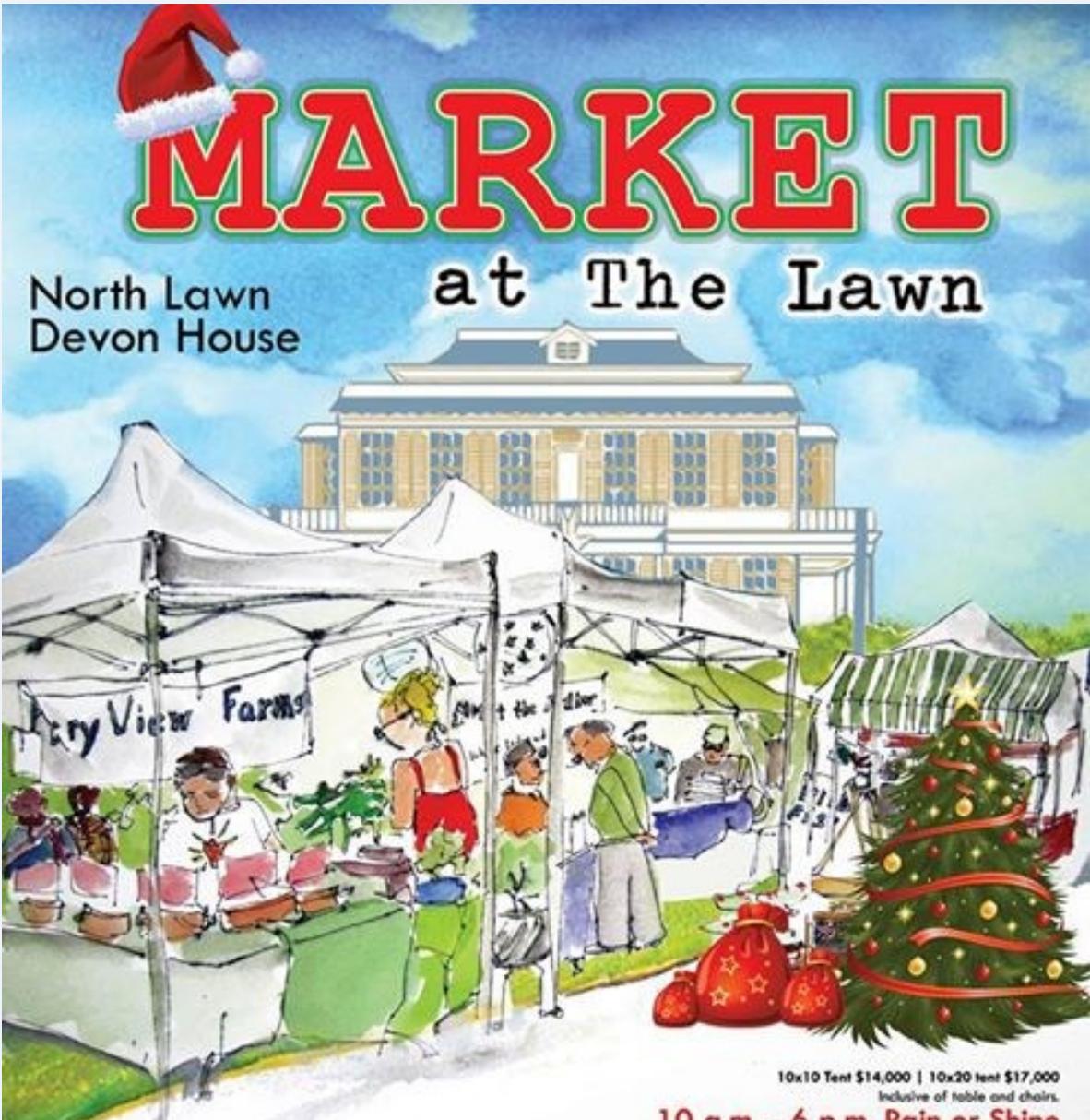
DRESSED TO THE TEA

A blooming tea affair

November 29
British High Commission
4:00pm
Contribution: \$4,500

Dress code: Tea party chic (touch of sunshine)
RSVP by Nov 25: 547-4356/ jamaica@dressforsuccess.org

Events



MARKET
at The Lawn
North Lawn
Devon House

10x10 Tent \$14,000 | 10x20 tent \$17,000
Inclusive of table and chairs.

10 a.m. - 6 p.m. Rain or Shine

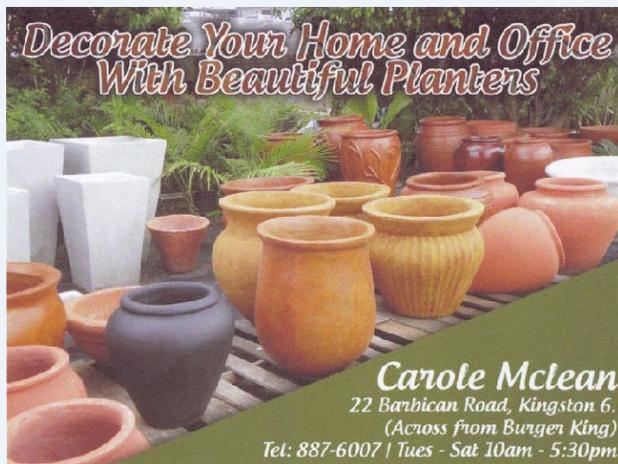
NOVEMBER	30TH	2014
DECEMBER	07TH	
DECEMBER	14TH	
DECEMBER	21ST	

REGISTER TODAY
Call: 428-6523 | 382-7662 | 470-5877
thelawnkingston@gmail.com
www.marketatthelawn.com

Join us for the best holiday bargains Jamaica has to offer!

Advertisements

*Decorate Your Home and Office
With Beautiful Planters*



Carole Mclean
22 Barbican Road, Kingston 6.
(Across from Burger King)
Tel: 887-6007 | Tues - Sat 10am - 5:30pm



le-bambou Spa
The home of Jamaica's premier
bamboo therapeutic massage!

MAKEUP SPA &

OPENING HOURS
9:30AM - 7:00PM
MONDAY - SATURDAY

SERVICES :

- Massages
- Waxing
- Tweezing
- Body Scrub
- Facials
- Make-up Consultation
- Diamond Microdermabrasion
- Make-up Application
(Bridal, Personal, Photo shoots, Portraits).

Brands Carried :

- AJ CRIMSON..
- PALLADIO
herbal & vitamin enriched cosmetics
- scott barnes
- CAO COSMETICS.

Tel: 632-7054 | Fax: 632-7055
Email: tonezatrois@gmail.com
13 West Kings House Road Kingston 10 Unit #6
(Across from TruckStop)



Need A Baby Sitter?

Corrine Campbell is a kind, honest, caring babysitter / helper, available for immediate employment. She is excellent with children of all ages. She can be contacted at **434-5023** at any time. References are available upon request.

Neris Nelson is an experienced babysitter seeking employment with a family. She is honest, punctual and caring. She is available for day time work only. Interested families may call **420-7484** any time after 4pm. References are available upon request.

Advertisements

CALL AHEAD OR SEND ROBERT AN EMAIL
AT

robert @distilledja.com

TO RESERVE YOUR TABLE NOW !

STOP BY DISTIL BAR AND
JOIN IN THE FUN!

distil
BAR

MARKETPLACE, 67 CONSTANT SPRING RD



Barbican Beach Bar
13 East Kings House Rd

PASTA NIGHT

This and every Thursday
5:00pm - 10:30pm



EAT ALL YOU WANT
from our selection of delicious pasta dishes for only

<i>Different Pasta dishes every week</i>	\$ 1000	<i>FREE Glass of Wine included</i>
	UNDER 12	
	\$ 500	
	UNDER 4	
	FREE	

By Reservation, send names by
Email: barbicanbeachbar13@gmail.com

Follow us on  

800-200-3887 • moreinfo@classicjourneys.com

sojourn

Adventure Travel Magazine by *Classic Journeys*



CLASSIFIEDS



Daniel is a highly educated certified personal trainer since 2005 with a solid knowledge of bio- mechanics. He will design a customized resistance program to suit your needs. He has a variety of “Dan-Tech” techniques that will permit you to achieve a more fulfilled, healthy, non-sedentary lifestyle. His mantra is “your physical development is my satisfaction”. He works with all ages and gender from beginners to advanced. Join him in fighting osteoporosis, diabetes, heart disease - or to loose unwanted lipids, sculpt, tone or de-stress.

Daniel comes highly recommended. Introductory offer during October is \$2500 per session at Afya Yoga, Pilates and Dance Studio, 2D Bamboo Ave, Kingston 6 (behind the US Embassy). Home visit negotiable.

Call Daniel at 422-7255,
Afya at 977-6735, email at
afyajamaica@gmail.com
for further information.
References available.

2012 Nissan X-Trail

SUV 5 door, 38,000 Km, Excellent condition and full service history. J\$3.42M [Contact Sobia Cell:285-1944, Sobi38@hotmail.com](mailto:Sobi38@hotmail.com)



Commercial RIVERGRILLE BBQ

grill measures 24"x56" closed. Grill area 19.5"x52"

Brand new, never used

Asking only JAD \$70,000.00

Call Heather 990-8894



CLASSIFIEDS



Nintendo Wii For Sale

Comes with 2 games

\$6,500 o.b.o

Contact Christopher Boxe

864-0340



Baby Items for Sale

- New Dr. Brown Sterilizer \$2,500
- New Fisher Price chatter phone \$1,000
- New Fisher Price laugh & learn music player \$1,000
- New Baby spring float sun canopy \$2,500
- New Medela glass nipple bottles \$1,000
- 2 New swing & shut toilet lock \$1,000
- Lightly used Eddie Bauer wood High Chair \$3,500

Contact info 368-0193 Sara



2012 Mitsubishi ASX 4WD

Lady Driven • 28,000km • Dealer Serviced •

1 year Warranty

1 Free service still available at Dealer

4 NEW Tyres

Push Start (Comfort Access/ Key-less entry- button on door handle) Highway **36.7 Miles to the gallon** (7.7 litres every 100km)

6 disc CD changer, USB, Fog Lamps, Roof Rails

Security and Tracking System Included (Valued at \$30,000)

CLASSIFIEDS

FOR SALE

Contact: Vera Harris 385-4323

brunolucia@aol.com



2 lounge chairs for
5.000J\$ each



Wood hutch
10.000J\$



Baby cherry change
table 10.000J\$



Sofa 40.000J\$



Large sofa 40.000J\$



Cherry wood change
table 10.000J\$



For Sale: Sleek and modern baby high chair that is brand new, never used, still in the box. The Keter Multi Dine High Chair is an adaptable chair that changes with your child's needs. The chair converts from a high chair, to a booster chair, to junior chair. The design allows for quick transformation between different seating options, and all the spare parts can be stored within the chair itself. The chair has a sleek, minimalist design with a bright green & white color combination. This is also a great chair for messy eaters: the seat cover can be easily and quickly detached, washed and dried due to its flexible polymer material. The chair has a five-point harness and additional tray. Weight limit is 33lbs for first two conversions and the Junior Chair holds 44lbs. In a tired state, I purchased the same chair twice by mistake from 2 different vendors and now the one vendor will not accept returns. Was US\$129. Will sacrifice for US\$80 (or JA equivalent). **Call Jennifer at 353-7617**

Fairly new crib for
sale. \$10,000 ono.

Call Angela at
382-6287



CLASSIFIEDS



2005 Toyota Prado VX, Leather interior, Seat covers included. Good condition. 1.9M

Call 995-6989 / 371-2288



RECARO High Back Booster Seats (Blk/ Gry) – Excellent condition – Like New.....\$10,000.00 each

Call 371-2288

Antiques For Sale

Call 806-8772 for prices and more information..



Household Recommendations

Ms. Marcia Ellington has been with my family since the birth of my daughter and my family has been very pleased with her. If my three children did not know any better, they would assume Ms. Marcia was their grandmother. When seen with my children, visitors and local Jamaicans alike who observed how she cares for my children, refuse to believe that she isn't a relative. Admittedly, her compassion for children and motherly virtue is what drew us to her and my wife and I think she will fit perfectly with any family. In addition to her mothering nature, Ms. Marcia is reliable, trustworthy and hardworking. She worked full-time at our home performing various housekeeping duties while taking care of our toddler (since her birth). Ms. Marcia has great initiative. Often times when she was done with all housekeeping duties, by observation and situation awareness, she would tackle minor tasks that afforded my wife and I the opportunity to spend more time with the kids on weekends. Ms. Marcia Ellington is currently available three days a week. To setup an interview with **Ms. Marcia**, please call her at **451-0949**. She has undergone a security background check and is cleared by RSO for domestic employment.

Karen is a reliable worker who puts her heart into her work. Karen quickly adapted to our house cleaning system with different soaps, organic products and duty designated towels. Each time she left for the day, our house looked like a hospital! Most importantly, Karen can be trusted. One day while reorganizing our daughter's doll house, Karen found my Tiffany silver & diamond ring. When I returned to the house later that morning, Karen proudly presented me the ring (which I quickly hid from my daughter & forgot to mention to my husband!) Whether it was money or jewelry, Karen can always be trusted with your household items. **Please talk to Gid for an in-depth reference or call Karen direct at: 420-1864**

Ms Barbara Barrett is an excellent housekeeper and comes highly recommended. She has worked for British High Commission families for the last 4.5 years, and has previously worked for families from the UN and other diplomatic missions. She is punctual, reliable, hardworking and extremely trustworthy. She is an excellent cook, and ably manages household work with looking after children including toddlers. She is looking for full time or part time work. **Her phone number is 399-5073**. If you have any questions please do not hesitate to contact me. **Ms. Bhavna Sharma - 469-3379**.

Ms. Christine Morgan has been an excellent house keeper for my family for the past 3 years. She is very dependable, trustworthy, and an excellent house cleaner. She has worked for many US Embassy families over the past years and has always received the highest recommendation. She can also prepare meals. She currently has days available. I highly recommend her. **She can be reached at 407-1194**. If you have any questions please do not hesitate to contact me. **Les deGraffenried, (577-3340)**.