

List of Fruits and Vegetables Admitted to the United States

This list was taken from the APHIS-PPQ (Vegetable and Quarantine Protection) Manual and the admitted products have been grouped according to the degree of difficulty for their export:

- 1) For products in Group One, only an import permit is necessary. The importer applies for this in the United States to USDA-APHIS.
- 2) For products in Group Two, it is necessary to comply with a basic safety regime.
- 3) For products in Group Three, it is necessary to comply with a more complicated safety regime, which requires more attention on the part of the exporter and SAG-SENASA.

Products in Group One

Bananas
Carrot
Eggplant
Lettuce
Lemon
Onion

Loroco
Okra
Pineapple
Yuca
Watermelon/Melon/Pumpkin
Cut flowers/Ornamental Plants

Group Two

Basil
Chamomile
Rambutan

Group Three

Grapefruit
Mango
Orange
Papaya
Chiles
Tomato

For more information please contact:

www.aphis.usda.gov/import_export/plants/manuals/ports/downloads/fv.pdf

José Antonio Ortiz, USDA-APHIS-Honduras, Tel. 236-9320 x4655

Assistance for Finding Foreign Buyers

*SAG – Agrobusiness Unit – DICTA
232-6652/232-4096/232-2451/239-0336
Contact buyers

*FPX – Producers and Exporters Federation
566-0795 www.fpxhn.net www.fpxhn.net/piideh
Contact buyers

*Chamber of Commerce of any American city
Contact information available online

*Honduran Consulate in Miami
Marianela Rodas, Trade Commissioner, Consulate of Honduras:
marianelarodas78@yahoo.com
Information on customs in Miami and registering company brands in the US
Assistance in finding buyers and in participating in trade fairs

*Technoserve (NGO)
tns@technoserve.hn

Information on helping your business to grow and on exporting

Steps in Honduras

Government of Honduras requirements for exporting agricultural products:

<http://www.sic.gob.hn/portal/servicios/exportador/>

Main steps include:

- Export permit from SENASA (SAG)
- CAFTA-DR form from SIC
- Central Bank form if worth more than \$3000

Please note that these steps involve the Government of Honduras and US Embassy officials cannot assist in complying with them.

For Processed Foods

Processed foods, such as rosquillas, candy, bread, etc. must comply with other rules from the US Food and Drug Administration.