



The Lion Cub

The Newsletter of the American Community in Ethiopia

Community Edition: Thursday, October 25th, 2012

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Antimalaria Prophylaxis Medication

Every year, malaria causes about 216 million new cases and 655,000 deaths. (WHO)

The health unit encourages all travelers to malaria-risk areas to take anti-malarial chemoprophylactic medication.

The current recommended primary chemoprophylaxis regimens involve taking a medicine before travel, during travel, and for a period of time after leaving the malaria endemic area. Beginning the drug before travel allows the anti-malarial agent to be in the blood before the traveler is exposed to malaria parasites.

The most commonly used medications for chemoprophylaxis are: atovaquone/proguanil (Malarone), doxycycline, mefloquine, and primaquine.

Each medication has benefits and drawbacks. A conversation between you and one of the health unit nurses/FSHP is required to determine what is most appropriate for each traveler.

Note that in principle the health unit does not advise a preference for any one agent over another. The choice of anti-malarial agent will be determined by age/weight of patient, medical contraindications, patient preference and availability of medication.

The health unit staff kindly requests **all travelers to complete anti-malaria medication questionnaire two or more weeks prior to travel.** This will maximize the traveler choice of chemoprophylaxis.



The 237th USMC Birthday Ball



On Saturday, November 10th, 2012
Starting at 1800 with cocktails, ceremony at 1900
Sheraton Addis Ababa

The Marine Corps Birthday Ball Tickets are available now!

- *Each ticket will be ETB 1000 or USD55.00. No checks will be accepted. Ticket will include food, wine, beer and juice.*
- *Each table seats 10.*
- *Due to security reasons, all guests must present ID and ticket at the ball. Ensure your guests are informed of this!*
- *If there are any changes in seating or any other matters, we will do our best to accommodate everyone as best as possible.*
- *Tickets will be handed out prior to the event as soon as all guests have been cleared through the RSO's section. So we ask that if you are purchasing tickets for a guest that you provide us with their full name and salutation.*
- *This is a black tie event.*
- *Tickets and seating will go fast, so if you are interested in purchasing tickets for yourself or someone else, email Sgt Riedel, Stephen A. (riedelsa@state.gov) or come by the Marine Detachment office between 1000-1200 or 1400-1600.*



"RUNNING FOR A CHILD"

official fundraising campaign of the
2012 CBE Great Ethiopian Run

1.2 million birr fundraising target in 2012

Since 2005 Great Ethiopian Run has raised more than 3 million birr for 10 charity organizations. The selection of our 2012 beneficiary organisations has been facilitated by the Ministry of Women, Children and Youth Affairs.

2012 BENEFICIARY ORGANIZATIONS FROM FOUR REGIONS OF ETHIOPIA

1 Adama Eneredada Idirs Association

- Supporting a kindergarten for 120 children and provide circus, music & painting training for young children
- Provide educational materials and school uniforms for 288 children
- Provide interest free loan for women

2 Amhara Community Care and Support Coalition

- Providing nutritional support for children living with HIV/AIDS and other vulnerable groups
- Providing school materials and assistance to orphans and vulnerable children
- Providing direct cash support for orphans and vulnerable children

3 Tigray Community Care and Support Coalition

- Paying school fees for more than 12,000 children and Provide educational materials for more than 80,000 children
- Providing loans to families with orphans and vulnerable children
- Provide institutional care for around 3,000 children

4 Hawassa Idirs Association

- Reunify street children with their biological family
- Providing financial support for orphans and vulnerable children and their families
- Providing school uniforms and school materials for children from poor families



1,030,000 birr

was raised in connection with 2011 CBE Great Ethiopian Run for two beneficiary organization, Kechene Children Care Institute & kebebe Tshay Institutional care both working with orphan and vulnerable children. The money was used to build more classrooms, toilets, an additional clinic and to improve their water system.

HOW CAN YOU HELP THIS YEAR?

- 1 Buy the race t-shirt for a price of 200birr of which 115birr goes directly to charity
- 2 Get your organization to make a donation to our fundraising campaign. We will publicize your organization's support in the Capital newspaper & on our website (www.ethiopianrun.org)
- 3 Take a sponsorship form, collect as many pledges as you can from your friends and return the sponsorship form to our office by the end of November



RAISE

1,500 BIRR and receive a signed autograph card from Haile Gebreselassie.

3,000 BIRR and receive an invitation to a post-race lunch at Haile Gebrselassie's residence.

The individual raising the **HIGHEST** amount of money will enjoy two nights for two persons at Hawassa Haile Resort for free.



Official Fundraising Campaign for
2012 CBE Great Ethiopian Run

Classifieds

Recommendations & Domestic Staffing

Gardener: Excellent gardener available immediately for full or part time work: Meseret Habete-giorgis – Araya. Tel 0920 864 908. Really good gardener has worked for over a decade with expatriate families. Can also do day guard, ironing, cleaning, shopping. Hard worker with happy disposition, good at taking initiative. Reference Brent (0911 228 543) or Margaret (0921 622 099).

Housekeeper: Available Immediately - Seble worked for us for a short time and has worked for American Embassy families for several years. She is a very good cleaner and excellent with laundry. She is good with children and can care for pets. Please call Seble at 0910115146. You can also email Erika - themis01@hotmail.com

Taxi driver: Wondwosen Liku is an excellent taxi driver - reliable, fair, honest, and speaks very good English. He has driven for a number of Embassy staff and their families, and is dependable and kind. He can be reached at 0911 346 797 or at wondliku12@yahoo.com

Day Guard Available: Tameru Molla, our substitute day guard, is looking for a full-time position. Tameru is reliable, speaks good English, and is very handy at household chores (gardening, painting, minor repairs, etc.). Tameru has completed the Embassy background check. Contact him directly at 0913333830 or through Warren at x6756.

For Sale

NEW Carter's microfleece Giraffe Costume for infant: Costume is one piece, hooded, zip up. Size: 3-6 months (fits 12.5-16.5 pounds or 5.7-7.5 kg; 24-26.5 inches or 61-67 cm). Asking \$24.00. Please contact KimW2008@gmail.com

EMBASSY OF THE REPUBLIC OF INDONESIA
presents
Taste of Indonesia 2012
Saturday, November 3rd 2012
09.00 am - 15.00 pm

5 birr
Entrance Ticket
Free for kids under 5 years old

~Culinary~
Lontong Sayur
Nasi Goreng
Sate Ayam
Ketoprak
Rendang
Gado-gado
Mie Goreng
Bakso
Tempe

~Handicrafts~
Batik
Accessories
Scarfs
Ornaments

Drinks

Indonesian Foot Massage

and many more...

Further Information:
Mekanisa Road, Higher 23 Kebele 13
House No. 1816, Po Box. 1004 Addis Ababa, Ethiopia

Online Resources:

- oddsinaddis@gmail.com :_Odds and Sods in Addis Ababa - An email listserv that gives updated listings of classifieds, inquiries, etc... for the ex-pat community. Email them to be placed on the list.
- <http://groups.google.com/group/addis-diplo-list?hl=en>: Addis Ababa Diplomat Google Group similar to Craigslist for diplomats here in Addis Ababa. Join the group by using a Google account.
- <http://www.facebook.com/#!/pages/Abyssinia-Eventoch/181024277444> Facebook page for events in Addis
- <http://www.expat-blog.com/en/classifieds/africa/ethiopia/addis-ababa/> Expat life blog from Addis Ababa
- <http://www.pj.dk/> like Amazon, but for people on diplomatic orders

