

**Demonstration Notice #1**  
**March 14, 2011**

At approximately 1530 hours (3:30 PM) local time on 14 March, Embassy Manama received confirmation that foreign military elements are entering Bahrain along the King Fahad Causeway from Saudi Arabia.

The guidance remains the same as follows: Embassy Manama is advising all US citizens to remain in their residences until further notice due to the ongoing demonstrations and reports of violence throughout the past 24 hours. There is no indication that U.S. citizens are being threatened or targeted. Spontaneous demonstrations and violence are expected throughout the next several days.

We remind American citizens that even demonstrations intended to be peaceful can turn confrontational and possibly escalate into violence. American citizens are therefore urged to avoid the areas of demonstrations if possible, and to exercise caution if within the vicinity of any demonstrations. American citizens should stay current with media coverage of local events and be aware of their surroundings at all times.

For the latest security information, U.S. citizens living and traveling abroad should regularly monitor the Department of State's Bureau of Consular Affairs Internet website at <http://travel.state.gov>, where the current Worldwide Caution, Country Specific Information for Bahrain, Travel Warnings and Travel Alerts can be found. Up-to-date information on security can also be obtained by calling 1-888-407-4747 toll-free in the United States and Canada or, for callers outside the United States and Canada, a regular toll line at 1-202-501-4444. These numbers are available from 8:00 a.m. to 8:00 p.m. Eastern Time, Monday through Friday (except U.S. federal holidays).

The U.S. Embassy in Manama can be reached at (973) 1724-2700; the afterhours emergency number is (973) 1724-2957; the fax number is (973) 1725-6242. The Embassy's web site, which includes travel information and the Worldwide Caution is at <http://bahrain.usembassy.gov>. Demonstration Notices can be found at <http://Bahrain.usembassy.gov/demonstration.html>. To register in the Smart Traveler Enrollment Program please visit <https://travelregistration.state.gov>. The Consular Section can be reached at [ManamaConsular@state.gov](mailto:ManamaConsular@state.gov)