

Demonstration Notice
March 4, 2011

Please be aware of the planned demonstrations and large gatherings indicated below planned over the next few days. There is no indication that westerners are being threatened or targeted; however, spontaneous demonstrations and clashes are still capable of taking place.

- Saturday, 05 March: At approximately 2:30 PM, demonstrators may attempt to form a "human chain" between Al Fateh Hwy and Pearl Roundabout.

- Sunday, 06 March: At approximately 9:00 AM, a demonstration is planned in the Gudaibiya Area.

- There continue to be on-going demonstrations near the Pearl Roundabout, and numerous demonstrations have been reported at the Salmaniya Medical Center in recent days.

US Citizens are advised to avoid those areas.

If urgent medical care is required, other possible alternatives to Salmaniya Medical Center are listed below:

Bahrain Specialist Hospital	Bahrain Defence Forces Hospital	International Hosp
1781-2080	1765-9999	1759-0495

We remind American citizens that even demonstrations intended to be peaceful can turn confrontational and possibly escalate into violence. American citizens are therefore urged to avoid the areas of demonstrations if possible, and to exercise caution if within the vicinity of any demonstrations. American citizens should stay current with media coverage of local events and be aware of their surroundings at all times.

For the latest security information, U.S. citizens living and traveling abroad should regularly monitor the Department of State's Bureau of Consular Affairs Internet website at <http://travel.state.gov>, where the current Worldwide Caution, Country Specific Information for Bahrain, Travel Warnings and Travel Alerts can be found. Up-to-date information on security can also be obtained by calling 1-888-407-4747 toll-free in the United States and Canada or, for callers outside the United States and Canada, a regular toll line at 1-202-501-4444. These numbers are available from 8:00 a.m. to 8:00 p.m. Eastern Time, Monday through Friday (except U.S. federal holidays).

The U.S. Embassy in Manama can be reached at (973) 1724-2700; the afterhours emergency number is (973) 1724-2957; the fax number is (973) 1725-6242. The Embassy's web site, which includes travel information and the Worldwide Caution is at <http://bahrain.usembassy.gov>. Demonstration Notices can be found at <http://Bahrain.usembassy.gov/demonstration.html>. To register in the Smart Traveler Enrollment Program please visit <https://travelregistration.state.gov>. The Consular Section can be reached at ManamaConsular@state.gov