

**Spontaneous demonstrations take place in Bahrain from time to time in response to world events or local developments. United States citizens should keep current with media coverage of local events and be aware of their surroundings at all times. If you encounter a large public gathering or demonstration, depart the vicinity immediately. U.S. citizens should avoid the following areas:**

**On Thursday April 28, 2011, at 1500 in the vicinity of Sitra, Jiddhafs, Al Mosalla, Tashan Sanabis**

**On Thursday April 28, 2011, at 1830, in the vicinity of Sitra**

**On Thursday April 28, 2011, at 2030, in the vicinity of Al Diar**

**On Friday April 29, 2011, at 1600, in the vicinities of Sitra and Al Diar**

**On Saturday April 30, 2011, at 1600, in the vicinity of Al Akhar**

For the latest security information, U.S. citizens living and traveling abroad should regularly monitor the Department of State's Bureau of Consular Affairs Internet website at <http://travel.state.gov>, where the current Worldwide Caution, Country Specific Information for Bahrain, Travel Warnings and Travel Alerts can be found. Up-to-date information on security can also be obtained by calling 1-888-407-4747 toll-free in the United States and Canada or, for callers outside the United States and Canada, a regular toll line at 1-202-501-4444. These numbers are available from 8:00 a.m. to 8:00 p.m. Eastern Time, Monday through Friday (except U.S. federal holidays).

The U.S. Embassy in Manama can be reached at (973) 1724-2700; the afterhours emergency number is (973) 1724-2957; the fax number is (973) 1725-6242. The Embassy's [web site](#) includes [travel information](#) and the

[Worldwide Caution](#) and [Demonstration Notices](#). All U.S. citizens are encouraged to enroll in the [Smart Traveler Enrollment Program](#). The Consular Section can be reached at [ManamaConsular@state.gov](mailto:ManamaConsular@state.gov).

