

The U.S. Embassy is advising its employees to exercise additional vigilance from tonight throughout this weekend in anticipation of protests associated with the February 14th anniversary of the Bahraini uprising.

Employees are being instructed to remain clear of all restricted areas (available at <https://goo.gl/Sgn9GE>) and to remain clear of demonstrations and large gatherings of people. If traveling by car, you should know and plan your route well and formulate an alternative routing in the event that you are detoured.

For further information:

- See the [State Department's travel website](#) for the [Worldwide Caution](#), [Worldwide Travel Alert](#), Travel Warnings, Travel Alerts, and Bahrain [Country Specific Information](#).
- Enroll in the [Smart Traveler Enrollment Program \(STEP\)](#) to receive security messages and make it easier to locate you in an emergency.
- Contact the [U.S. Embassy in Manama](#), located at Bldg 979, Road 3119, Block 331, Zinj, at (973) 1724-2700. The afterhours emergency number for U.S. citizens is (973) 1724-2957, and the fax number is (973) 1725-6242.
- Call [1-888-407-4747](tel:1-888-407-4747) toll-free in the United States and Canada or [1-202-501-4444](tel:1-202-501-4444) from other countries from 8:00 a.m. to 8:00 p.m. Eastern Standard Time, Monday through Friday (except U.S. federal holidays).
- Follow us on [Twitter](#) and [Facebook](#).